

Powerlifting India
National Equipped Bench Press Championship 2025-26
Faridabad, Haryana - 07-01-2026 to 11-01-2026
Final Results

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
Open - 47kg													
1	NIVEDITA DEHARIYA	13-08-1995	M P	22	46.40	0.766598	70.0	75.0	77.5	77.5 [1]	12	59.411345	9
2	AMRUTA BHAGAT	03-10-2001	MAH	20	46.00	0.772996	65.0	72.5	75.0	75.0 [2]	9	57.974700	12
3	SONIMA K B	30-05-1986	KER	19	45.70	0.777917	45.0	50.0	50.0	50.0 [3]	8	38.895850	38
Open - 52kg													
1	PREETI	02-07-1995	UTK	41	52.00	0.692980	67.5	72.5	77.5	77.5 [1]	12	53.705950	19
2	MANISHA SHARMA	01-08-1994	U P	39	52.00	0.692980	65.0	70.0	77.5	70.0 [2]	9	48.508600	26
3	RENUKA GAUTAM	05-08-1998	U P	40	49.32	0.724867	57.5	60.0	65.0	60.0 [3]	8	43.492020	34
Open - 57kg													
1	PISTA BAI GURJAR	01-07-1997	RAJ	68	52.30	0.689729	80.0	87.5	92.5	92.5 [1]	12	63.799933	5
2	RENU CHAUHAN	12-06-2000	PUN	63	56.60	0.648927	70.0	77.5	92.5	77.5 [2]	9	50.291843	22
3	SUPRIYA PANDURANG SUPEKAR	10-10-2001	MAH	65	53.15	0.680833	65.0	67.5	70.0	70.0 [3]	8	47.658310	27
4	AKANKSHA BENIWAL	18-02-1999	U P	64	55.30	0.660219	60.0	65.0	67.5	67.5 [4]	7	44.564783	31
5	RASHMI	29-08-1988	HAR	60	56.65	0.648509	55.0	60.0	65.0	65.0 [5]	6	42.153085	37
6	POOJA SAINI	05-03-1992	UTK	66	56.85	0.646847	52.5	55.0	60.0	55.0 [6]	5	35.576585	40
7	ARSHIDA N K	13-09-2005	KER	62	56.40	0.650611	42.5	50.0	50.0	50.0 [7]	4	32.530550	44
Open - 63kg													
1	RANI KUMARI	06-04-1994	JHA	96	62.88	0.604204	97.5	102.5	102.5	102.5 [1]	12	61.930910	6
2	JYOTI SINGH	01-01-1997	U P	91	60.76	0.617706	100.0	105.0	105.0	100.0 [2]	9	61.770600	7
3	MUKTA PHATAK	10-02-1999	MAH	92	60.52	0.619328	85.0	87.5	90.0	87.5 [3]	8	54.191200	18
4	SUNAINA CHANDILIYA	19-01-2003	HAR	95	63.00	0.603481	75.0	82.5	92.5	82.5 [4]	7	49.787183	23
5	POOJA GUJRATI	04-01-1985	RAJ	98	62.32	0.607632	80.0	87.5	90.0	80.0 [5]	6	48.610560	25
6	NIKKI KUMARI	20-08-1996	BIH	93	62.80	0.604688	60.0	62.5	70.0	70.0 [6]	5	42.328160	36
7	JANCY T P	15-02-1996	KER	90	61.54	0.612570	50.0	57.5	62.5	57.5 [7]	4	35.222775	41
8	SADHIKA P J	16-06-2004	KER	89	59.10	0.629347	47.5	52.5	55.0	55.0 [8]	3	34.614085	42
-	MAYA KANWAR	18-04-1999	RAJ	97	62.32	0.607632	110.0	110.0	110.0	-	-	-	-
Open - 69kg													
1	POONAM	20-08-1990	RAJ	128	64.50	0.594800	125.0	127.5	135.0	135.0 [1]	12	80.298000	1 
2	SUDHA KUMARI	06-01-1979	BIH	123	66.80	0.582644	112.5	120.0	135.0	120.0 [2]	9	69.917280	3 
3	KRISHNA	01-03-1995	HAR	127	67.10	0.581153	95.0	105.0	107.5	105.0 [3]	8	61.021065	8
4	PRIYA GANPAT KANDALKAR	16-12-1984	MAH	121	67.50	0.579197	95.0	100.0	107.5	100.0 [4]	7	57.919700	13
5	SARITA KUMARI	15-08-2001	M P	126	64.76	0.593358	87.5	92.5	92.5	87.5 [5]	6	51.918825	21
6	ADITI RAJASHEKHAR PARSHETTY	20-08-1997	MAH	122	68.38	0.575019	85.0	85.0	92.5	85.0 [6]	5	48.876615	24
7	RAJESH	15-08-1987	DEL	118	67.36	0.579878	75.0	80.0	85.0	80.0 [7]	4	46.390240	29

Place		Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
8		SHWETA RAJ	15-12-1988	U P	120	67.38	0.579780	55.0	60.0	60.0	55.0 [8]	3	31.887900	46
-		SAYMA	23-04-2001	DEL	119	66.23	0.585535	407.5	445.0	445.0	-	-	-	-
-		MANSI SELAR	07-12-2000	M P	124	67.80	0.577754	65.0	65.0	65.0	-	-	-	-
-		B ASHWINI	16-07-1993	KAR	125	63.58	0.600049	77.5	80.0	80.0	-	-	-	-
Open - 76kg														
1		VENIZEIA A CARLO	07-02-2000	KAR	153	75.40	0.546943	107.5	112.5	117.5	117.5 [1]	12	64.265803	4
2		THANGJAM LEIMA CHANU	16-02-1994	MAN	152	69.40	0.570381	95.0	97.5	102.5	102.5 [2]	9	58.464053	11
3		SAKSHI MOR	19-08-1999	DEL	150	73.85	0.552430	100.0	102.5	112.5	102.5 [3]	8	56.624075	15
4		AJEESHA A	31-10-2000	KER	151	73.90	0.552247	90.0	102.5	102.5	102.5 [4]	7	56.605318	16
5		LISA THAPA	27-09-1988	RAJ	155	69.25	0.571050	75.0	82.5	82.5	82.5 [5]	6	47.111625	28
6		MANJU	17-08-1986	DEL	149	71.65	0.560869	55.0	60.0	65.0	60.0 [6]	5	33.652140	43
7		SREELAKSHMI S	12-08-2003	KER	1	71.40	0.561879	57.5	65.0	70.0	57.5 [7]	4	32.308043	45
8		BABY KAUR	04-07-1990	UTK	154	75.30	0.547287	30.0	40.0	50.0	40.0 [8]	3	21.891480	48
Open - 84kg														
1		SANHITA MALLICK	26-11-1986	MAH	178	83.60	0.523071	125.0	132.5	137.5	137.5 [1]	12	71.922263	2 
2		KEERTHANA NAGENDRA	14-02-1994	KAR	180	83.00	0.524565	105.0	112.5	112.5	112.5 [2]	9	59.013563	10
3		PORNIMA SHINDE	11-05-1998	MAH	179	82.32	0.526302	107.5	107.5	107.5	107.5 [3]	8	56.577465	17
4		SAVITA SINGH	22-09-1986	U P	177	80.74	0.530522	72.5	72.5	80.0	80.0 [4]	7	42.441760	35
5		AISHU A	29-10-1997	KER	176	82.78	0.525122	70.0	70.0	75.0	70.0 [5]	6	36.758540	39
6		AMREEN KHAN	01-07-1993	DEL	175	83.90	0.522336	40.0	45.0	50.0	50.0 [6]	5	26.116800	47
Open - 84+Kg														
1		BHAVNA SHARMA	01-12-1992	M P	200	95.20	0.499935	105.0	115.0	X	115.0 [1]	12	57.492525	14
2		PRERNA RAI	21-11-2003	DEL	197	92.98	0.503632	105.0	110.0	117.5	105.0 [2]	9	52.881360	20
3		KONSAM ROSIDA DEVI	23-09-1991	MAN	199	109.20	0.482220	85.0	85.0	92.5	92.5 [3]	8	44.605350	30
4		TINA SHARMA	02-01-1986	DEL	196	104.14	0.487664	70.0	85.0	90.0	90.0 [4]	7	43.889760	32
5		MANISHA PRAJAPAT	03-06-1992	RAJ	201	96.15	0.498440	75.0	82.5	87.5	87.5 [5]	6	43.613500	33
-		CHANGGAMAYUM HEMINGTA DEVI	19-03-1998	MAN	198	128.46	0.468130	77.5	77.5	80.0	-	-	-	-

Best Lifter - Open								
Place		Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	POONAM		RAJ	69kg	64.50	0.594800	135.0	80.298000
2	SANHITA MALLICK		MAH	84kg	83.60	0.523071	137.5	71.922263
3	SUDHA KUMARI		BIH	69kg	66.80	0.582644	120.0	69.917280

Team Championship - Open					
Place		Team	Points	Best Points	IPF GL Points
1	MAHARASHTRA		45	12+9+8+8+8	288.323938
2	RAJASTHAN		42	12+12+6+6+6	283.433618
3	UTTAR PRADESH		40	9+9+8+7+7	240.777763

Team Championship - Open					
Place		Team	Points	Best Points	IPF GL Points
4	DELHI		34	9+8+7+5+5	213.164135
5	MADHYA PRADESH		30	12+12+6	168.822695
6	KERALA		29	8+7+6+4+4	200.013033
7	KARNATAKA		21	12+9	123.279366
8	HARYANA		21	8+7+6	152.961333
9	UTTARAKHAND		20	12+5+3	111.174015
10	MANIPUR		17	9+8	103.069403
11	BIHAR		14	9+5	112.245440
12	JHARKHAND		12	12	61.930910
13	PUNJAB		9	9	50.291843

Place		Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
Sub Junior - 43kg														
1		JEWEL JOHNY	10-06-2011	KER	11	38.20	0.947292	42.5	47.5	50.0	50.0 [1]	12	47.364600	10
2		SEJAL BELWALKAR	19-10-2010	MAH	12	35.00	1.062612	40.0	45.0	47.5	45.0 [2]	9	47.817540	8
3		DHANUSHIYA R	05-04-2007	T N	14	42.60	0.835718	35.0	42.5	47.5	42.5 [3]	8	35.518015	29
4		SMRITI	29-05-2011	HP	13	39.60	0.907051	27.5	32.5	35.0	35.0 [4]	7	31.746785	35
Sub Junior - 47kg														
1		GAYATRI BADEKAR	06-01-2008	MAH	27	46.50	0.765026	65.0	70.0	70.0	65.0 [1]	12	49.726690	5
2		KOMAL SWAMI	02-01-2009	RAJ	30	46.90	0.758849	62.5	65.0	67.5	65.0 [2]	9	49.325185	6
3		SHIVANI SINGH RAWAT	27-07-2007	RAJ	31	47.00	0.757331	50.0	52.5	52.5	50.0 [3]	8	37.866550	24
4		PRITI DUDE	23-12-2010	MAH	26	46.00	0.772996	45.0	45.0	50.0	45.0 [4]	7	34.784820	30
5		SAHIBMEET	12-09-2011	PUN	25	46.15	0.770576	37.5	45.0	45.0	37.5 [5]	6	28.896600	40
6		KAVYA SINGH	08-04-2010	UTK	29	45.90	0.774625	32.5	37.5	37.5	32.5 [6]	5	25.175313	42
7		NAOMI MARTIN	06-09-2011	KER	24	43.30	0.821446	27.5	30.0	40.0	30.0 [7]	4	24.643380	43
Sub Junior - 52kg														
1		TAPASYA MATE	26-02-2009	MAH	45	51.52	0.698305	67.5	67.5	70.0	67.5 [1]	12	47.135588	11
2		KHUSHBU	12-03-2009	UTK	48	50.62	0.708727	50.0	50.0	57.5	57.5 [2]	9	40.751803	18
3		SHRUTIKA PATIL	22-04-2010	MAH	43	51.10	0.703096	52.5	57.5	57.5	57.5 [3]	8	40.428020	19
4		CHANCHAL BHARTI	01-01-2009	RAJ	49	51.38	0.699888	55.0	55.0	55.0	55.0 [4]	7	38.493840	22
5		VARSHA RAWAT	08-05-2013	U P	44	50.70	0.707777	45.0	45.0	52.5	45.0 [5]	6	31.849965	34
6		HEMALATHA S	21-05-2007	T N	47	49.62	0.721022	30.0	35.0	35.0	35.0 [6]	5	25.235770	41
7		JEEVASRI D	12-12-2007	T N	46	49.90	0.717500	27.5	30.0	32.5	32.5 [7]	4	23.318750	44
Sub Junior - 57kg														
1		AKANKSHA KUMAWAT	07-03-2007	RAJ	74	54.00	0.672375	82.5	88.0	95.0	95.0 [1]	12	63.875625	1 
2		JINAL GUJRATI	02-02-2011	RAJ	75	55.45	0.658874	65.0	70.0	72.5	72.5 [2]	9	47.768365	9
3		DEVIKA A	11-03-2008	KER	69	56.50	0.649767	65.0	70.0	70.0	65.0 [3]	8	42.234855	16
4		AVANTIKA	12-02-2008	U P	70	56.90	0.646435	60.0	67.5	67.5	60.0 [4]	7	38.786100	21

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
5	DIKSHA BELAVDEKAR	25-11-2007	MAH	71	56.75	0.647676	50.0	55.0	67.5	55.0 [5]	6	35.622180	27
6	MUSKAN SHARMA	11-01-2008	PUN	72	56.90	0.646435	55.0	62.5	62.5	55.0 [6]	5	35.553925	28
7	VANISHKA BALAMURUGAN	27-01-2007	T N	73	53.55	0.676800	45.0	55.0	55.0	45.0 [7]	4	30.456000	37
Sub Junior - 63kg													
1	SWATI	27-12-2012	DEL	99	62.00	0.609635	90.0	97.5	97.5	90.0 [1]	12	54.867150	3 
2	HIMANI NAGAR	11-05-2008	HAR	102	63.00	0.603481	65.0	72.5	85.0	85.0 [2]	9	51.295885	4
3	THOTA RASHMI	18-08-2007	KAR	103	61.66	0.611798	70.0	75.0	77.5	75.0 [3]	8	45.884850	13
4	SIDDHI KUMARI PANDAY	08-08-2009	RAJ	105	62.22	0.608255	65.0	70.0	77.5	70.0 [4]	7	42.577850	15
5	SHAGUN	22-08-2008	U P	100	61.38	0.613607	60.0	65.0	75.0	65.0 [5]	6	39.884455	20
6	TRIVENI SILAWAT	14-10-2007	M P	104	57.80	0.639199	55.0	60.0	60.0	60.0 [6]	5	38.351940	23
-	JAGJOT KAUR	18-06-2007	PUN	101	61.28	0.614260	87.5	87.5	90.0	-	-	-	-
Sub Junior - 69kg													
1	ISHU LAKRA	08-04-2007	DEL	129	63.28	0.601812	92.5	102.5	113.0	102.5 [1]	12	61.685730	2 
2	NAKSHATRA ANIYERI	12-03-2012	KER	130	67.32	0.580073	60.0	65.0	70.0	65.0 [2]	9	37.704745	25
-	KALYANI WAGHMARE	28-11-2007	MAH	131	65.10	0.591500	70.0	70.0	70.0	-	-	-	-
-	MOHANA G	20-03-2008	T N	133	66.48	0.584257	50.0	50.0	50.0	-	-	-	-
Sub Junior - 76kg													
1	RIYA KANWAR SHEKHAWAT	04-04-2007	RAJ	160	74.00	0.551883	85.0	90.0	111.0	85.0 [1]	12	46.910055	12
2	NIHARIKA	25-07-2007	RAJ	159	73.20	0.554840	80.0	82.5	85.0	80.0 [2]	9	44.387200	14
3	ANNU HOODA	06-07-2008	HAR	158	72.50	0.557513	72.5	75.0	85.0	75.0 [3]	8	41.813475	17
4	DEEPIKA V	06-04-2007	T N	69	69.30	0.570827	50.0	60.0	75.0	60.0 [4]	7	34.249620	31
Sub Junior - 84kg													
1	SATHVI P SALIAN	08-03-2008	KAR	183	82.10	0.526874	90.0	92.5	95.0	92.5 [1]	12	48.735845	7
2	SHARVARI PATIL	13-03-2011	MAH	182	84.00	0.522093	55.0	55.0	62.5	62.5 [2]	9	32.630813	33
3	AVANI PUROHIT	23-07-2009	RAJ	184	77.42	0.540307	50.0	55.0	60.0	55.0 [3]	8	29.716885	39
Sub Junior - 84+Kg													
1	ADITI MANE	19-12-2010	MAH	202	91.40	0.506450	57.5	62.5	72.5	72.5 [1]	12	36.717625	26
2	AARDHYA SHUKLA	10-06-2013	U P	203	100.24	0.492550	62.5	67.5	75.0	67.5 [2]	9	33.247125	32
3	YUHILA R	23-08-2007	T N	204	107.22	0.484240	60.0	65.0	70.0	65.0 [3]	8	31.475600	36
4	ANAYADA BEE	27-05-2011	M P	205	95.36	0.499679	55.0	60.0	70.0	60.0 [4]	7	29.980740	38

Best Lifter - Sub Junior							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	AKANKSHA KUMAWAT	RAJ	57kg	54.00	0.672375	95.0	63.875625
2	ISHU LAKRA	DEL	69kg	63.28	0.601812	102.5	61.685730
3	SWATI	DEL	63kg	62.00	0.609635	90.0	54.867150

Team Championship - Sub Junior				
Place	Team	Points	Best Points	IPF GL Points
1	MAHARASHTRA	54	12+12+12+9+9	214.028256
2	RAJASTHAN	51	12+12+9+9+9	252.266430
3	KERALA	33	12+9+8+4	151.947580
4	TAMIL NADU	32	8+8+7+5+4	156.935005
5	UTTAR PRADESH	28	9+7+6+6	143.767645
6	DELHI	24	12+12	116.552880
7	KARNATAKA	20	12+8	94.620695
8	HARYANA	17	9+8	93.109360
9	UTTARAKHAND	14	9+5	65.927116
10	MADHYA PRADESH	12	7+5	68.332680
11	PUNJAB	11	6+5	64.450525
12	HIMACHAL PRADESH	7	7	31.746785

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
Junior - 43kg													
1	TEKKATI LALITHA VYSHNAVI	28-02-2002	KAR	18	40.20	0.891295	30.0	32.5	32.5	30.0 [1]	12	26.738850	39
-	PRIYANSHI RAJPUT	27-03-2005	RAJ	16	40.25	0.890019	62.5	62.5	62.5	-	-	-	-
Junior - 47kg													
1	LAVANYA K	27-03-2005	T N	34	47.00	0.757331	52.5	60.0	62.5	62.5 [1]	12	47.333188	15
2	POOJA POOJARY	10-02-2002	KAR	35	46.05	0.772187	55.0	60.0	62.5	55.0 [2]	9	42.470285	21
-	ALNA M AJAYAN	17-12-2004	KER	32	46.65	0.762689	40.0	42.5	42.5	-	-	-	-
-	PRATIKSHA LAD	08-04-2003	MAH	33	46.70	0.761916	50.0	52.5	52.5	-	-	-	-
Junior - 52kg													
1	SHRAVANI PATIL	25-12-2003	MAH	51	51.54	0.698080	82.5	85.0	85.0	85.0 [1]	12	59.336800	4
2	BHUMIKA SARSWAT	05-03-2005	RAJ	54	50.12	0.714777	80.0	80.0	80.0	80.0 [2]	9	57.182160	7
3	SHAMITHA M	08-12-2002	KAR	53	51.80	0.695180	62.5	65.0	70.0	65.0 [3]	8	45.186700	17
4	KAJAL SINGH	01-10-2005	M P	50	49.12	0.727473	40.0	50.0	52.5	40.0 [4]	7	29.098920	37
Junior - 57kg													
1	RITIKA AVERE	03-05-2004	MAH	77	55.80	0.655778	77.5	90.0	95.0	90.0 [1]	12	59.020020	5
2	JANVI SONKAR	11-10-2005	M P	81	55.95	0.654470	55.0	62.5	62.5	62.5 [2]	9	40.904375	24
3	MAIBAM GULUBI	19-03-2004	MAN	78	56.92	0.646270	55.0	62.5	70.0	62.5 [3]	8	40.391875	26
4	MONIKA KASHYAP	17-05-2002	RAJ	79	54.40	0.668537	47.5	47.5	55.0	55.0 [4]	7	36.769535	30
5	RINU VERMA	12-08-2005	HAR	80	56.40	0.650611	45.0	47.5	50.0	47.5 [5]	6	30.904023	35
Junior - 63kg													
1	RAVEENA	15-08-2002	DEL	106	61.32	0.613998	105.0	113.0	113.0	113.0 [1]	12	69.381774	1 
2	LAMIYA TARWADI	15-02-2002	MAH	108	62.36	0.607384	85.0	92.5	97.5	92.5 [2]	9	56.183020	8
3	GRACY PRAJAPAT	03-01-2006	RAJ	111	61.46	0.613088	70.0	72.5	75.0	72.5 [3]	8	44.448880	20
4	GRACE JENIT JOY	08-11-2006	KER	107	60.56	0.619057	47.5	52.5	57.5	52.5 [4]	7	32.500493	32

Place		Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
5		KASHISH YADAV	08-11-2006	M P	109	61.78	0.611030	27.5	30.0	30.0	30.0 [5]	6	18.330900	40
-		DHISHA MOHAN	26-04-2006	KAR	110	61.94	0.610014	92.5	92.5	95.0	-	-	-	-
Junior - 69kg														
1		RUTHRA R	12-02-2004	T N	137	68.62	0.573909	110.0	115.0	115.0	115.0 [1]	12	65.999535	2 
2		JAYALAKSHMI ACHARYA	10-05-2004	KAR	138	68.50	0.574462	100.0	105.0	105.0	100.0 [2]	9	57.446200	6
3		KRIPA P BABU	02-09-2004	KER	134	67.52	0.579101	85.0	90.0	92.5	92.5 [3]	8	53.566843	9
4		AYUSHI TIWARI	21-11-2004	UTK	140	67.66	0.578425	80.0	80.0	92.5	92.5 [4]	7	53.504313	11
5		TANU SHUKLA	18-12-2005	RAJ	143	67.40	0.579683	87.5	92.5	92.5	87.5 [5]	6	50.722263	13
6		GARIMA	25-09-2006	U P	135	66.10	0.586205	70.0	70.0	80.0	80.0 [6]	5	46.896400	16
7		ANJALI YEWLE	02-06-2005	MAH	136	64.40	0.595359	67.5	67.5	75.0	67.5 [7]	4	40.186733	27
8		PRIYANSHI KATARIA	25-02-2006	HAR	142	69.00	0.572175	55.0	55.0	62.5	55.0 [8]	3	31.469625	33
9		SAKSHI NARWARIYA	14-01-2005	M P	139	66.88	0.582245	47.5	47.5	52.5	47.5 [9]	2	27.656638	38
-		NAVNEET KAUR	25-10-2006	PUN	141	65.90	0.587244	65.0	65.0	65.0	-	-	-	-
Junior - 76kg														
1		SEJAL MOIKAR	28-09-2002	MAH	161	71.75	0.560467	107.5	112.5	112.5	107.5 [1]	12	60.250203	3 
2		VARSHITA PARIHAR	11-03-2003	RAJ	164	74.48	0.550156	92.5	92.5	92.5	92.5 [2]	9	50.889430	12
3		POOJA JAWA	03-05-2002	RAJ	165	75.60	0.546261	90.0	92.5	92.5	90.0 [3]	8	49.163490	14
4		ALISHA MARIA NORONHA	07-04-2005	KAR	163	71.50	0.561474	80.0	80.0	90.0	80.0 [4]	7	44.917920	18
5		KIRUTHIGA S	10-08-2006	T N	162	69.10	0.571723	50.0	55.0	62.5	55.0 [5]	6	31.444765	34
Junior - 84kg														
1		SHYLASHREE O .	29-11-2004	KAR	188	82.46	0.525941	80.0	85.0	85.0	85.0 [1]	12	44.704985	19
2		JUHI CHHANGANI	27-12-2004	RAJ	189	81.36	0.528835	80.0	80.0	80.0	80.0 [2]	9	42.306800	22
3		KARUNA PRABHU	11-10-2004	KAR	187	82.06	0.526979	77.5	77.5	80.0	80.0 [3]	8	42.158320	23
4		BRAHMACHARIMAYUM NIMI CHANU	09-07-2005	MAN	186	78.30	0.537584	65.0	65.0	70.0	70.0 [4]	7	37.630880	29
-		SAKSHI PAWAR	16-06-2004	MAH	185	83.00	0.524565	70.0	70.0	70.0	-	-	-	-
Junior - 84+Kg														
1		BHUMIKA DAGAR	16-06-2003	DEL	207	96.50	0.497902	105.0	107.5	135.5	107.5 [1]	12	53.524465	10
2		YAGYA	20-03-2005	DEL	206	99.28	0.493858	82.5	82.5	90.0	82.5 [2]	9	40.743285	25
3		CHANDNI	17-10-2005	RAJ	211	90.40	0.508320	70.0	70.0	75.0	75.0 [3]	8	38.124000	28
4		NINGTHOUJAM BIDIYARANI DEVI	01-04-2004	MAN	209	85.20	0.519250	57.5	67.5	82.5	67.5 [4]	7	35.049375	31
5		THENMOZHI G	18-08-2005	T N	210	92.24	0.504932	60.0	60.0	70.0	60.0 [5]	6	30.295920	36
-		ANUSHKA KHOPIKAR	19-06-2002	MAH	208	86.46	0.516402	80.0	80.0	80.0	-	-	-	-

Best Lifter - Junior							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	RAVEENA	DEL	63kg	61.32	0.613998	113.0	69.381774
2	RUTHRA R	T N	69kg	68.62	0.573909	115.0	65.999535
3	SEJAL MOIKAR	MAH	76kg	71.75	0.560467	107.5	60.250203

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
1	VIJAYA VANI	05-06-1983	KAR	170	73.45	0.553905	85.0	85.0	90.0	90.0 [1]	12	49.851450	8
2	MOUSUMI TAKRI	19-05-1981	ODI	168	73.30	0.554465	75.0	80.0	82.5	80.0 [2]	9	44.357200	15
3	KHUSHBOO SHEWANI	11-06-1981	MAH	167	74.25	0.550979	75.0	80.0	80.0	80.0 [3]	8	44.078320	16
4	DEEPA HB	03-01-1980	KAR	169	74.85	0.548849	60.0	70.0	77.5	77.5 [4]	7	42.535798	18
5	NIDHI	26-03-1981	PUN	171	69.30	0.570827	30.0	30.0	35.0	35.0 [5]	6	19.978945	30
Master 1 - 84kg													
1	KAVITA RANI	08-11-1984	DEL	190	81.56	0.528299	90.0	100.0	103.0	100.0 [1]	12	52.829900	6
2	JAGBINDER KAUR	29-03-1979	DEL	191	80.66	0.530743	95.0	102.0	103.0	95.0 [2]	9	50.420585	7
3	GAURI A GHODEKAR	16-04-1983	MAH	193	82.00	0.527136	85.0	92.5	97.5	92.5 [3]	8	48.760080	9
4	DEEPA K S	23-02-1978	KAR	194	76.10	0.544580	67.5	72.5	75.0	72.5 [4]	7	39.482050	21
5	KRISHNA .	31-10-1984	RAJ	192	79.90	0.532875	50.0	50.0	60.0	50.0 [5]	6	26.643750	26
Master 1 - 84+Kg													
1	JISNA IBRAHIMKUTTY	31-05-1985	KER	212	84.80	0.520183	87.5	100.0	105.0	105.0 [1]	12	54.619215	5
2	SMITA CHADHA	06-06-1980	MAH	215	84.22	0.521562	75.0	82.5	82.5	82.5 [2]	9	43.028865	17
3	MANJU GUPTA	04-06-1978	HAR	214	89.96	0.509165	70.0	75.0	80.0	80.0 [3]	8	40.733200	20
4	BABLI	07-10-1985	PUN	216	98.10	0.495526	40.0	47.5	47.5	47.5 [4]	7	23.537485	28

Best Lifter - Master 1							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	SAVITA KUMARI	DEL	52kg	50.18	0.714041	105.0	74.974305
2	JYOTI KANDHARE	MAH	52kg	51.08	0.703328	90.0	63.299520
3	DR. SHARVARI INAMDAR	MAH	57kg	56.10	0.653173	95.0	62.051435

Team Championship - Master 1				
Place	Team	Points	Best Points	IPF GL Points
1	MAHARASHTRA	54	12+12+12+9+9	255.213420
2	DELHI	41	12+12+9+8	224.061640
3	KARNATAKA	41	12+9+7+7+6	206.287456
4	KERALA	19	12+7	76.346668
5	RAJASTHAN	18	12+6	74.548283
6	UTTARAKHAND	17	9+8	77.392936
7	MADHYA PRADESH	17	9+8	72.514321
8	PUNJAB	13	7+6	43.516430
9	ODISHA	9	9	44.357200
10	HARYANA	8	8	40.733200
11	CHANDIGARH	8	8	34.736850

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
Master 2 - 47kg													
1	NICEY K L	07-04-1968	KER	37	47.00	0.757331	25.0	30.0	35.0	30.0 [1]	12	22.719930	10
Master 2 - 52kg													
1	VIJAYAM K	29-05-1970	KER	59	50.04	0.715763	47.5	50.0	50.0	50.0 [1]	12	35.788150	4
Master 2 - 57kg													
1	POOJA MALVIYA	05-09-1972	M P	88	56.30	0.651461	40.0	42.5	45.0	42.5 [1]	12	27.687093	8
2	PREETHA SATHYAN	30-01-1975	KER	87	56.60	0.648927	30.0	30.0	35.0	35.0 [2]	9	22.712445	11
Master 2 - 63kg													
1	SUSHMA SARULKAR	13-12-1972	MAH	117	61.50	0.612829	42.5	45.0	47.5	45.0 [1]	12	27.577305	9
Master 2 - 69kg													
1	SREEJA SAJEEVAN	29-01-1968	KER	148	68.26	0.575579	45.0	50.0	50.0	50.0 [1]	12	28.778950	6
Master 2 - 76kg													
1	SWEETY SHARMA	28-12-1973	U P	172	76.00	0.544914	72.5	77.5	88.0	88.0 [1]	12	47.952432	1 
2	CYNTHIA CUTINHA	21-07-1974	KAR	173	74.00	0.551883	65.0	70.0	70.0	70.0 [2]	9	38.631810	2 
Master 2 - 84kg													
1	SONIKA KHATTAR	25-10-1972	DEL	195	81.80	0.527662	50.0	50.0	60.0	60.0 [1]	12	31.659720	5
Master 2 - 84+Kg													
1	SHEEJA PANACHI	02-05-1973	KER	217	85.24	0.519157	65.0	73.0	77.5	73.0 [1]	12	37.898461	3 
2	GEETHA BAI	03-01-1974	KAR	218	85.95	0.517538	50.0	55.0	55.0	55.0 [2]	9	28.464590	7

Best Lifter - Master 2							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	SWEETY SHARMA	U P	76kg	76.00	0.544914	88.0	47.952432
2	CYNTHIA CUTINHA	KAR	76kg	74.00	0.551883	70.0	38.631810
3	SHEEJA PANACHI	KER	84+kg	85.24	0.519157	73.0	37.898461

Team Championship - Master 2				
Place	Team	Points	Best Points	IPF GL Points
1	KERALA	57	12+12+12+12+9	147.897936
2	KARNATAKA	18	9+9	67.096400
3	UTTAR PRADESH	12	12	47.952432
4	DELHI	12	12	31.659720
5	MADHYA PRADESH	12	12	27.687093
6	MAHARASHTRA	12	12	27.577305

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
Master 3 - 76kg													
1	DR. PURNA BHARDE	28-07-1958	MAH	174	69.40	0.570381	40.0	42.5	46.0	46.0 [1]	12	26.237526	2 

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
Master 3 - 84+Kg													
1	MARY BEENA	31-05-1965	KER	219	96.78	0.497477	70.0	73.0	77.5	77.5 [1]	12	38.554468	1 

Best Lifter - Master 3							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	MARY BEENA	KER	84+kg	96.78	0.497477	77.5	38.554468
2	DR. PURNA BHARDE	MAH	76kg	69.40	0.570381	46.0	26.237526

Team Championship - Master 3				
Place	Team	Points	Best Points	IPF GL Points
1	KERALA	12	12	38.554468
2	MAHARASHTRA	12	12	26.237526

Abbreviations:

BIH = Bihar CHN = Chandigarh DEL = Delhi HAR = Haryana HP = Himachal Pradesh JHA = Jharkhand KAR = Karnataka KER = Kerala M P = Madhya Pradesh MAH = Maharashtra MAN = Manipur ODI = Odisha PUN = Punjab RAJ = Rajasthan T N = Tamil Nadu U P = Uttar Pradesh UTK = Uttarakhand