

Powerlifting India
East India Classic Powerlifting Championship 2025
Howrah, West Bengal - 09-12-2025 to 13-12-2025
Final Results

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Open - 52kg																						
1	PURNIMA KANDULNA	28-01-1987	JHA	18	51.20	0.255926	100.0	110.0	445.0	110.0 [2]	67.5	75.0	77.5	75.0 [1]	150.0	457.5	157.5	157.5 [1]	342.5	12	87.654655	4
2	RIYA SHIL	23-01-2004	W B	16	52.00	0.252508	110.0	117.5	422.5	117.5 [1]	55.0	57.5	62.5	57.5 [2]	120.0	127.5	435.0	127.5 [2]	302.5	9	76.383670	9
3	MICKITA PRADHAN	24-02-1994	SIK	17	51.00	0.256809	90.0	100.0	107.5	107.5 [3]	45.0	52.5	55.0	52.5 [3]	95.0	100.0	105.0	105.0 [3]	265.0	8	68.054385	16
4	SHALINI SONI	15-07-1998	BIH	14	51.00	0.256809	65.0	72.5	77.5	72.5 [4]	37.5	42.5	45.0	45.0 [4]	75.0	82.5	92.5	92.5 [4]	210.0	7	53.929890	25
Open - 57kg																						
1	RITEEKA SINGH	28-04-1998	JHA	23	56.00	0.237741	130.0	135.0	140.0	140.0 [1]	57.5	62.5	65.0	62.5 [1]	140.0	145.0	150.0	150.0 [1]	352.5	12	83.803703	5
2	ANJALI SINHA	18-12-2006	BIH	20	56.70	0.235499	107.5	442.5	442.5	107.5 [2]	57.5	60.0	60.0	60.0 [3]	110.0	115.0	120.0	120.0 [2]	287.5	9	67.705963	17
3	NIBEDITA KARJEE	27-09-1998	W B	19	54.40	0.243224	97.5	405.0	105.0	105.0 [3]	55.0	60.0	62.5	60.0 [2]	100.0	110.0	115.0	115.0 [3]	280.0	8	68.102720	15
4	SUCHITRA BEHERA	19-02-1988	ODI	21	56.30	0.236769	80.0	90.0	90.0	80.0 [5]	50.0	55.0	57.5	55.0 [4]	90.0	100.0	110.0	110.0 [4]	245.0	7	58.008405	21
5	NIRMALI BORAH	30-07-1997	ASA	22	56.40	0.236449	80.0	90.0	95.0	95.0 [4]	42.5	45.0	X	42.5 [5]	87.5	95.0	X	95.0 [5]	232.5	6	54.974393	24
Open - 63kg																						
1	NEHA RANI	19-04-2003	BIH	25	60.95	0.223618	165.0	172.5	477.5	172.5 [1]	70.0	80.0	87.5	87.5 [1]	150.0	160.0	165.0	165.0 [1]	425.0	12	95.037650	1 
2	BIDISHA MAJI	27-08-1997	W B	27	62.90	0.219007	122.5	132.5	437.5	132.5 [2]	65.0	70.0	70.0	70.0 [2]	145.0	155.0	162.5	162.5 [2]	365.0	9	79.937555	7
3	ANJALI SINGH	17-08-1998	JHA	28	62.45	0.220030	427.5	127.5	437.5	127.5 [3]	57.5	65.0	67.5	65.0 [4]	135.0	145.0	150.0	150.0 [3]	342.5	8	75.360275	10
4	NAMITA NAYAK	12-07-1974	JHA	29	62.00	0.221077	120.0	430.0	435.0	120.0 [4]	67.5	77.5	77.5	67.5 [3]	125.0	132.5	437.5	132.5 [4]	320.0	7	70.744640	12
5	SWATI KIRTI	10-05-1981	BIH	24	62.70	0.219459	85.0	92.5	92.5	92.5 [5]	40.0	47.5	47.5	47.5 [5]	110.0	117.5	122.5	122.5 [5]	262.5	6	57.607988	22
6	KARABI DEKA	31-12-1989	ASA	26	62.00	0.221077	80.0	92.5	92.5	80.0 [6]	40.0	42.5	42.5	40.0 [6]	100.0	110.0	447.5	110.0 [6]	230.0	5	50.847710	27
Open - 69kg																						
1	SUDHA KUMARI	06-01-1979	BIH	31	63.90	0.216816	145.0	157.5	170.0	170.0 [1]	85.0	95.0	100.0	100.0 [1]	140.0	155.0	470.0	155.0 [1]	425.0	12	92.146800	2 
2	KATYANI SINGH	18-04-1989	BIH	30	67.40	0.209948	135.0	142.5	150.0	150.0 [2]	60.0	65.0	70.0	70.0 [2]	455.0	155.0	465.0	155.0 [2]	375.0	9	78.730500	8
3	MOUPIYA PAUL	06-01-1998	W B	32	67.80	0.209235	115.0	425.0	427.5	115.0 [3]	60.0	65.0	67.5	65.0 [3]	145.0	155.0	460.0	155.0 [3]	335.0	8	70.093725	13
Open - 76kg																						
1	RIMJHIM KUMARI	15-08-2001	BIH	34	76.00	0.197156	150.0	162.5	175.0	175.0 [1]	77.5	85.0	87.5	85.0 [1]	155.0	170.0	185.0	185.0 [1]	445.0	12	87.734420	3 
2	JAYEETA SARKAR	24-10-1980	W B	36	75.40	0.197899	120.0	125.0	130.0	130.0 [2]	65.0	70.0	72.5	72.5 [2]	125.0	135.0	440.0	135.0 [2]	337.5	9	66.790913	19
Open - 84kg																						
1	SUMITA MARIK	07-03-1989	W B	38	81.70	0.190965	150.0	160.0	465.0	160.0 [1]	85.0	87.5	92.5	87.5 [1]	165.0	172.5	480.0	172.5 [1]	420.0	12	80.205300	6
2	GAU MAYA PRADHAN	18-01-1991	SIK	39	80.35	0.192302	130.0	137.5	142.5	142.5 [2]	60.0	65.0	72.5	72.5 [2]	130.0	135.0	445.0	135.0 [2]	350.0	9	67.305700	18
3	TANALI MISHRA	23-10-2001	ODI	37	79.10	0.193608	100.0	115.0	447.5	115.0 [3]	50.0	55.0	60.0	60.0 [3]	115.0	424.0	440.0	115.0 [3]	290.0	8	56.146320	23
Open - 84+Kg																						
1	SNEHALATA PIDUGU	02-10-1988	JHA	42	105.40	0.175982	165.0	175.0	180.0	180.0 [1]	65.0	72.5	77.5	72.5 [3]	155.0	165.0	475.0	165.0 [1]	417.5	12	73.472485	11
2	KHUSHI KUMARI DEY	04-07-2002	JHA	43	104.50	0.176345	145.0	155.0	162.5	162.5 [2]	70.0	72.5	77.5	72.5 [2]	145.0	155.0	160.0	160.0 [2]	395.0	9	69.656275	14
3	ANITA BEHERA	17-03-1998	ODI	41	114.10	0.172997	135.0	142.5	152.5	152.5 [3]	77.5	85.0	90.0	90.0 [1]	130.0	142.5	457.5	142.5 [3]	385.0	8	66.603845	20
4	DIBYANSHI PARIDA	30-12-1988	ODI	40	102.20	0.177327	105.0	442.5	115.0	115.0 [4]	50.0	55.0	57.5	55.0 [4]	110.0	117.5	420.0	117.5 [4]	287.5	7	50.981513	26

Best Lifter - Open							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	NEHA RANI	BIH	63kg	60.95	0.223618	425.0	95.037650
2	SUDHA KUMARI	BIH	69kg	63.90	0.216816	425.0	92.146800
3	RIMJHIM KUMARI	BIH	76kg	76.00	0.197156	445.0	87.734420

Team Championship - Open				
Place	Team	Points	Best Points	IPF GL Points
1	BIHAR	54	12+12+12+9+9	421.355333
2	JHARKHAND	53	12+12+12+9+8	389.947393
3	WEST BENGAL	47	12+9+9+9+8	373.411163
4	ODISHA	30	8+8+7+7	231.740083
5	SIKKIM	17	9+8	135.360085
6	ASSAM	11	6+5	105.822103

Abbreviations:

ASA = Assam BIH = Bihar JHA = Jharkhand ODI = Odisha SIK = Sikkim W B = West Bengal