

Powerlifting India
East India Classic Powerlifting Championship 2025
Howrah, West Bengal - 09-12-2025 to 13-12-2025
Final Results

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Open - 59kg																						
1	BISWAJIT DEY	18-01-1991	W B	12	58.70	0.165926	185.0	195.0	205.0	195.0 [1]	120.0	122.5	127.5	127.5 [1]	240.0	215.0	227.5	215.0 [2]	537.5	12	89.185225	6
2	PHALGUNIBARAN GHOSH	14-02-1995	JHA	13	58.86	0.165684	170.0	180.0	180.0	170.0 [2]	122.5	122.5	127.5	122.5 [2]	227.5	240.0	247.5	240.0 [1]	532.5	9	88.226730	7
3	KUNDAN KUMAR	26-12-1994	BIH	11	57.45	0.167851	150.0	165.0	170.0	150.0 [3]	90.0	97.5	97.5	90.0 [3]	150.0	180.0	200.0	200.0 [3]	440.0	8	73.854440	27
Open - 66kg																						
1	ANUPOL CHOUDHURY	03-12-2003	ASA	15	65.80	0.156135	215.0	225.0	225.0	215.0 [1]	115.0	115.0	120.0	115.0 [2]	190.0	200.0	207.5	207.5 [4]	537.5	12	83.922563	17
2	ASEEM NITISH KHALKHO	10-06-2005	JHA	19	65.95	0.155947	182.5	187.5	187.5	187.5 [2]	90.0	92.5	92.5	92.5 [4]	215.0	225.0	230.0	215.0 [2]	495.0	9	77.193765	22
3	ASHUTOSH SINGH	06-12-2002	BIH	17	61.45	0.161914	160.0	170.0	170.0	160.0 [3]	100.0	100.0	100.0	100.0 [3]	220.0	230.0	230.0	220.0 [1]	480.0	8	77.718720	21
4	RAJDEEP DAS	29-01-1997	W B	18	64.95	0.157214	140.0	145.0	150.0	145.0 [4]	115.0	115.0	115.0	115.0 [1]	205.0	210.0	212.5	212.5 [3]	472.5	7	74.283615	26
5	BINOD BALMIKI	15-01-1984	ODI	14	65.15	0.156958	110.0	120.0	125.0	120.0 [5]	70.0	75.0	77.5	75.0 [6]	130.0	130.0	140.0	140.0 [5]	335.0	6	52.580930	31
6	AJAY KUMAR BEHERA	02-06-1989	ODI	16	66.00	0.155884	80.0	90.0	90.0	90.0 [6]	70.0	75.0	77.5	77.5 [5]	90.0	100.0	110.0	110.0 [6]	277.5	5	43.257810	32
Open - 74kg																						
1	AKHIL NAG	25-11-2003	ODI	22	72.20	0.148702	215.0	230.0	240.0	230.0 [1]	117.5	125.0	130.0	130.0 [3]	240.0	260.0	270.0	260.0 [1]	620.0	12	92.195240	2 <u>W</u>
2	RAKESH KUMAR BEHERA	13-11-2003	ODI	23	73.05	0.147799	205.0	217.5	222.5	217.5 [5]	122.5	130.0	135.0	135.0 [1]	242.5	257.5	257.5	242.5 [2]	595.0	9	87.940405	8
3	PINKU DEY	23-12-1989	W B	26	73.25	0.147589	215.0	227.5	235.0	227.5 [3]	127.5	135.0	X	135.0 [2]	230.0	240.0	X	230.0 [6]	592.5	8	87.446483	10
4	ANAND TOPNO	07-02-2006	JHA	27	72.55	0.148328	230.0	242.5	242.5	230.0 [2]	105.0	112.5	117.5	112.5 [7]	220.0	235.0	242.5	235.0 [3]	577.5	7	85.659420	12
5	PRIYANSHU RAJ	24-09-2002	BIH	21	73.50	0.147328	210.0	220.0	220.0	210.0 [6]	120.0	127.5	130.0	130.0 [5]	225.0	232.5	240.0	232.5 [4]	572.5	6	84.345280	14
6	PRAN GOPAL PAUL	26-01-2000	TRI	24	72.00	0.148918	200.0	210.0	220.0	220.0 [4]	115.0	125.0	130.0	125.0 [6]	215.0	220.0	235.0	220.0 [7]	565.0	5	84.138670	15
7	AMARJIT DAS	28-03-1995	TRI	25	72.25	0.148649	200.0	205.0	210.0	205.0 [7]	115.0	125.0	130.0	130.0 [4]	220.0	230.0	240.0	230.0 [5]	565.0	4	83.986685	16
Open - 83kg																						
1	SHUVRASHIL MUKHERJEE	29-11-1999	JHA	34	81.10	0.140060	245.0	260.0	267.5	260.0 [1]	155.0	165.0	170.0	170.0 [1]	270.0	285.0	297.5	285.0 [1]	715.0	12	100.142900	1 <u>W</u>
2	AKSHAY GHOSH	05-04-2001	W B	32	82.90	0.138511	230.0	230.0	245.0	230.0 [3]	130.0	140.0	145.0	145.0 [2]	250.0	270.0	X	270.0 [2]	645.0	9	89.339595	5
3	MAHENDRA KUMAR SINGH	23-11-1989	JHA	33	80.60	0.140501	245.0	245.0	255.0	245.0 [2]	130.0	137.5	137.5	137.5 [3]	240.0	245.0	X	240.0 [3]	622.5	8	87.461873	9
4	SANTA LALL RAI	11-08-2001	SIK	35	82.40	0.138935	200.0	205.0	207.5	207.5 [4]	120.0	125.0	130.0	130.0 [4]	200.0	205.0	210.0	205.0 [5]	542.5	7	75.372238	24
5	SUBHANGKAR DEB	31-12-2000	TRI	31	77.15	0.143682	167.5	177.5	182.5	182.5 [5]	95.0	105.0	105.0	105.0 [5]	202.5	210.0	212.5	212.5 [4]	500.0	6	71.841000	29
Open - 93kg																						
1	RAUNAK RAJ	02-11-2004	BIH	36	91.70	0.131725	250.0	262.5	262.5	262.5 [1]	145.0	155.0	160.0	160.0 [1]	255.0	272.5	290.0	272.5 [1]	695.0	12	91.548875	3 <u>W</u>
2	ABHIJIT BISWAS	01-10-1995	W B	39	89.45	0.133345	230.0	237.5	242.5	242.5 [2]	147.5	152.5	160.0	152.5 [2]	225.0	232.5	240.0	232.5 [2]	627.5	9	83.673988	18
3	ANIKET DAS	14-01-2002	TRI	38	90.10	0.132869	197.5	207.5	212.5	197.5 [4]	107.5	112.5	117.5	117.5 [4]	200.0	215.0	220.0	220.0 [3]	535.0	8	71.084915	30
-	SAMBIT RANJAN DAS	17-03-1999	ODI	37	92.10	0.131444	230.0	230.0	230.0	-	X	X	X	-	X	X	X	-	-	-	-	-
-	MINGMA TASHI SHERPA	28-11-1992	SIK	41	88.75	0.133864	200.0	205.0	207.5	205.0 [3]	120.0	125.0	130.0	130.0 [3]	200.0	200.0	200.0	-	-	-	-	-
Open - 105kg																						
1	SHAMS AZAM	01-01-1992	JHA	44	100.25	0.126180	260.0	272.5	280.0	280.0 [1]	130.0	135.0	140.0	140.0 [2]	290.0	302.5	X	302.5 [1]	722.5	12	91.165050	4
2	RAJNISH KUMAR CHOUDHARY	26-02-1998	BIH	42	102.75	0.124721	220.0	235.0	245.0	245.0 [3]	150.0	160.0	160.0	150.0 [1]	250.0	260.0	272.5	272.5 [2]	667.5	9	83.251268	19

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
3	SAPTASWAJIT KAR	23-11-2001	W B	43	100.45	0.126060	250.0	250.0	260.0	250.0 [2]	120.0	130.0	135.0	130.0 [3]	230.0	237.5	X	230.0 [3]	610.0	8	76.896600	23
Open - 120kg																						
1	ARNAV SRIVASTAVA	21-07-2000	BIH	45	109.20	0.121250	270.0	290.0	300.0	300.0 [1]	140.0	150.0	157.5	157.5 [2]	240.0	255.0	262.5	262.5 [3]	720.0	12	87.300000	11
2	DR.MOHIT KHARKI	14-04-1993	W B	46	119.25	0.116565	245.0	265.0	275.0	275.0 [3]	157.5	162.5	167.5	162.5 [1]	270.0	280.0	285.0	270.0 [2]	707.5	9	82.469738	20
3	ABISHEK CHETTRI	19-03-1996	SIK	47	108.90	0.121403	265.0	280.0	285.0	285.0 [2]	140.0	147.5	152.5	147.5 [3]	255.0	265.0	270.0	270.0 [1]	702.5	8	85.285608	13
Open - 120+Kg																						
1	ANISH SHOW	24-03-2002	W B	49	138.45	0.109493	230.0	240.0	245.0	240.0 [2]	160.0	165.0	170.0	170.0 [1]	230.0	240.0	252.5	252.5 [1]	662.5	12	72.539113	28
2	MD. ANAS HAQUE	05-10-2002	BIH	48	120.10	0.116204	240.0	255.0	265.0	265.0 [1]	120.0	130.0	135.0	130.0 [2]	230.0	245.0	260.0	245.0 [2]	640.0	9	74.370560	25

Best Lifter - Open							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	SHUVRASHIL MUKHERJEE	JHA	83kg	81.10	0.140060	715.0	100.142900
2	AKHIL NAG	ODI	74kg	72.20	0.148702	620.0	92.195240
3	RAUNAK RAJ	BIH	93kg	91.70	0.131725	695.0	91.548875

Team Championship - Open				
Place	Team	Points	Best Points	IPF GL Points
1	WEST BENGAL	51	12+12+9+9+9	417.207659
2	JHARKHAND	50	12+12+9+9+8	444.190318
3	BIHAR	50	12+12+9+9+8	414.189423
4	ODISHA	32	12+9+6+5	275.974385
5	TRIPURA	23	8+6+5+4	311.051270
6	SIKKIM	15	8+7	160.657846
7	ASSAM	12	12	83.922563

Abbreviations:

ASA = Assam BIH = Bihar JHA = Jharkhand ODI = Odisha SIK = Sikkim TRI = Tripura W B = West Bengal