

Powerlifting India
Federation Cup Classic Powerlifting Championship 2025
Rait, Himachal Pradesh - 02-11-2025 to 05-11-2025
Final Results

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Open - 47kg																						
1	SABIYA HASHMI	07-09-2002	BIH	12	46.60	0.279574	110.0	117.5	425.0	117.5 [1]	65.0	65.0	74.5	65.0 [1]	130.0	135.0	440.0	135.0 [1]	317.5	12	88.764745	1 
2	SMRITI	29-05-2011	HP	11	39.64	0.335591	30.0	35.0	40.0	40.0 [2]	22.5	27.5	30.0	30.0 [2]	60.0	67.5	75.0	67.5 [2]	137.5	9	46.143763	19
Open - 52kg																						
1	ANAMIKA MUKHERJEE	28-12-1999	JHA	13	50.80	0.257703	75.0	85.0	95.0	95.0 [1]	40.0	45.0	45.0	40.0 [1]	90.0	102.5	112.5	112.5 [1]	247.5	12	63.781493	8
Open - 57kg																						
1	NAINA KUMARI	04-08-2006	HAR	15	57.00	0.234566	105.0	110.0	120.0	120.0 [1]	60.0	65.0	67.5	67.5 [1]	140.0	155.0	460.0	155.0 [1]	342.5	12	80.338855	3 
2	TANUSHREE	20-11-2007	RAJ	14	56.80	0.235186	50.0	60.0	67.5	67.5 [2]	40.0	40.0	42.5	42.5 [2]	100.0	440.0	440.0	100.0 [2]	210.0	9	49.389060	18
Open - 63kg																						
1	REVATHY K	14-12-2002	KER	17	61.10	0.223246	100.0	115.0	122.5	122.5 [1]	60.0	65.0	70.0	65.0 [1]	457.5	165.0	176.0	176.0 [1]	363.5	12	81.149921	2 
2	JAGJOT KAUR	18-06-2007	PUN	16	59.20	0.228178	110.0	420.0	422.5	110.0 [2]	57.5	62.5	62.5	57.5 [2]	130.0	132.5	457.5	132.5 [2]	300.0	9	68.453400	6
Open - 69kg																						
1	ISHU LAKRA	08-04-2007	DEL	18	65.40	0.213728	112.5	120.0	125.0	125.0 [1]	77.5	85.0	90.0	90.0 [1]	127.5	135.0	140.0	140.0 [2]	355.0	12	75.873440	4
2	PRACHI	29-03-2002	HP	19	66.30	0.211982	95.0	110.0	420.0	110.0 [2]	45.0	47.5	50.0	50.0 [3]	130.0	145.0	152.5	152.5 [1]	312.5	9	66.244375	7
3	PARVATHI SRIRAM	12-07-1978	TEL	20	65.00	0.214529	90.0	95.0	102.5	102.5 [3]	45.0	50.0	55.0	50.0 [2]	122.5	132.5	440.0	132.5 [3]	285.0	8	61.140765	9
4	PERURI JYOTI VARMA	30-05-1973	A P	21	67.80	0.209235	75.0	87.5	100.0	100.0 [4]	40.0	50.0	62.5	50.0 [4]	120.0	130.0	437.5	130.0 [4]	280.0	7	58.585800	10
Open - 76kg																						
1	BOLLU LIKITHA	09-07-2009	A P	23	75.50	0.197774	85.0	95.0	102.5	102.5 [1]	40.0	45.0	50.0	50.0 [1]	110.0	120.0	125.0	125.0 [1]	277.5	12	54.882285	13
2	TANNU	15-05-2009	HAR	22	69.80	0.205862	80.0	90.0	90.0	90.0 [2]	35.0	40.0	45.0	40.0 [2]	100.0	110.0	120.0	120.0 [2]	250.0	9	51.465500	17
Open - 84kg																						
1	ETURI LAKSHMI VINAYA SREE	29-01-2008	A P	25	83.80	0.189025	400.0	110.0	447.5	110.0 [1]	45.0	52.5	55.0	52.5 [2]	445.0	115.0	125.0	125.0 [1]	287.5	12	54.344688	14
2	HARLEEN SONI	22-05-2007	HP	24	81.90	0.190773	400.0	400.0	100.0	100.0 [3]	55.0	57.5	60.0	60.0 [1]	100.0	420.0	120.0	120.0 [2]	280.0	9	53.416440	15
3	RAJNI MALIK	15-10-1975	DEL	26	76.30	0.196792	90.0	105.0	X	105.0 [2]	45.0	50.0	X	50.0 [3]	95.0	105.0	112.5	112.5 [3]	267.5	8	52.641860	16
Open - 84+Kg																						
1	RUKSHANA BANO	16-10-1993	RAJ	27	120.80	0.171231	160.0	180.0	190.0	190.0 [1]	70.0	75.0	80.0	75.0 [1]	460.0	160.0	482.5	160.0 [1]	425.0	12	72.773175	5
2	MANISHA PRAJAPAT	03-06-1992	RAJ	28	96.70	0.180031	95.0	105.0	110.0	110.0 [3]	55.0	62.5	70.0	70.0 [2]	122.5	132.5	137.5	137.5 [2]	317.5	9	57.159843	11
3	BHAWNA	28-07-2007	HAR	29	84.10	0.188761	100.0	110.0	445.0	110.0 [2]	50.0	55.0	60.0	60.0 [3]	110.0	120.0	127.5	127.5 [3]	297.5	8	56.156398	12

Best Lifter - Open							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	SABIYA HASHMI	BIH	47kg	46.60	0.279574	317.5	88.764745
2	REVATHY K	KER	63kg	61.10	0.223246	363.5	81.149921
3	NAINA KUMARI	HAR	57kg	57.00	0.234566	342.5	80.338855

Team Championship - Open				
Place	Team	Points	Best Points	IPF GL Points
1	ANDHRA PRADESH	31	12+12+7	167.812773
2	RAJASTHAN	30	12+9+9	179.322078
3	HARYANA	29	12+9+8	187.960753
4	HIMACHAL PRADESH	27	9+9+9	165.804578
5	DELHI	20	12+8	128.515300
6	BIHAR	12	12	88.764745
7	KERALA	12	12	81.149921
8	JHARKHAND	12	12	63.781493
9	PUNJAB	9	9	68.453400
10	TELANGANA	8	8	61.140765

Abbreviations:

A P = Andhra Pradesh BIH = Bihar DEL = Delhi HAR = Haryana HP = Himachal Pradesh JHA = Jharkhand KER = Kerala PUN = Punjab RAJ = Rajasthan TEL = Telangana