

Powerlifting India
National Masters Classic Powerlifting Championship 2025
Kozhikode, Kerala - 02-08-2025 to 07-08-2025
Final Results

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Master 1 - 47kg																						
1	SANGITA DHOLE	02-05-1985	VID	11	45.98	0.283393	95.0	405.0	105.0	105.0 [1]	47.5	52.5	55.0	55.0 [1]	120.0	130.0	437.5	130.0 [1]	290.0	12	82.183970	4
2	VARSHA KELKAR	05-03-1978	MAH	12	46.72	0.278855	95.0	100.0	102.5	102.5 [2]	45.0	50.0	50.0	45.0 [2]	105.0	110.0	115.0	115.0 [2]	262.5	9	73.199438	14
Master 1 - 52kg																						
1	NEETA MEHTA	07-04-1977	MAH	18	49.50	0.263811	100.0	107.5	112.5	112.5 [1]	55.0	60.0	60.0	55.0 [1]	125.0	130.0	433.0	130.0 [1]	297.5	12	78.483773	7
2	PRIYANKA PATTANAIK	01-07-1981	TEL	17	50.36	0.259711	90.0	400.0	400.0	90.0 [2]	45.0	47.5	50.0	47.5 [2]	110.0	117.5	422.5	117.5 [2]	255.0	9	66.226305	21
3	RENU GOPALAKRISHNAN	19-10-1980	KAR	15	50.38	0.259619	82.5	85.0	87.5	87.5 [3]	42.5	45.0	47.5	45.0 [3]	105.0	110.0	115.0	115.0 [3]	247.5	8	64.255703	23
Master 1 - 57kg																						
1	DR. SHARVARI INAMDAR	21-02-1983	MAH	28	55.36	0.239873	120.0	127.5	432.5	127.5 [2]	70.0	72.5	75.0	75.0 [1]	137.5	145.0	150.0	150.0 [1]	352.5	12	84.555233	3 <u>🏆</u>
2	ASHWINI DESAI	12-11-1982	GOA	22	56.78	0.235249	110.0	120.0	130.0	130.0 [1]	60.0	67.5	67.5	60.0 [2]	130.0	440.0	440.0	130.0 [4]	320.0	9	75.279680	11
3	DR. MALLELA SAI RADHA	05-11-1982	TEL	25	55.72	0.238664	95.0	102.5	110.0	110.0 [3]	42.5	47.5	47.5	47.5 [5]	120.0	130.0	135.0	135.0 [2]	292.5	8	69.809220	17
4	RITA GHOSH	12-05-1983	ODI	26	55.70	0.238730	95.0	440.0	440.0	95.0 [5]	45.0	50.0	55.0	55.0 [3]	115.0	125.0	130.0	130.0 [3]	280.0	7	66.844400	20
5	SONIA KAMAT	28-08-1981	TEL	24	55.78	0.238465	97.5	405.0	405.0	97.5 [4]	47.5	50.0	52.5	52.5 [4]	100.0	440.0	110.0	110.0 [5]	260.0	6	62.000900	25
6	SHUBHA PATHAK	14-08-1984	M P	23	54.32	0.243512	67.5	75.0	80.0	80.0 [6]	32.5	37.5	40.0	40.0 [7]	77.5	85.0	90.0	90.0 [6]	210.0	5	51.137520	39
7	BHAVANA MOTWANI	02-08-1982	KAR	20	56.70	0.235499	50.0	57.5	60.0	60.0 [7]	35.0	35.0	42.5	42.5 [6]	70.0	80.0	87.5	87.5 [8]	190.0	4	44.744810	45
-	KALPANA RAMTHILAK	15-01-1983	T N	27	56.96	0.234689	75.0	75.0	75.0	-	37.5	40.0	45.0	40.0 [8]	80.0	90.0	405.0	90.0 [7]	-	-	-	-
Master 1 - 63kg																						
1	RAJASHRI PELNEKAR	06-03-1981	MAH	43	60.86	0.223842	125.0	432.5	135.0	135.0 [1]	50.0	52.5	52.5	50.0 [4]	125.0	130.0	432.5	130.0 [4]	315.0	12	70.510230	16
2	SHIKHA SINGH	16-09-1981	U P	37	61.64	0.221933	105.0	107.5	112.5	112.5 [3]	52.5	55.0	57.5	55.0 [3]	135.0	142.5	450.0	142.5 [1]	310.0	9	68.799230	18
3	VINITA JAIN	11-10-1983	TEL	39	61.74	0.221693	90.0	97.5	402.5	90.0 [4]	60.0	65.0	67.5	65.0 [1]	105.0	112.5	117.5	117.5 [5]	272.5	8	60.411343	31
4	ANITA SONI	19-04-1980	M P	38	62.76	0.219323	70.0	80.0	80.0	80.0 [7]	40.0	47.5	50.0	50.0 [6]	90.0	100.0	105.0	105.0 [7]	235.0	7	51.540905	38
5	NIYATI BURMAN NAIK	20-01-1978	ODI	40	61.90	0.221313	90.0	405.0	440.0	90.0 [5]	40.0	50.0	50.0	40.0 [7]	90.0	100.0	405.0	100.0 [8]	230.0	6	50.901990	40
6	KANCHANA H B	23-05-1985	KAR	34	62.64	0.219596	87.5	90.0	92.5	90.0 [6]	40.0	45.0	45.0	40.0 [8]	97.5	100.0	402.5	100.0 [9]	230.0	5	50.507080	41
7	SINI M A	02-11-1979	KER	35	60.80	0.223992	50.0	55.0	55.0	55.0 [8]	25.0	27.5	30.0	30.0 [9]	85.0	90.0	95.0	95.0 [10]	180.0	4	40.318560	48
8	SARITHA RS	31-05-1982	KER	36	60.06	0.225883	40.0	50.0	60.0	40.0 [9]	25.0	30.0	30.0	25.0 [10]	70.0	80.0	85.0	80.0 [11]	145.0	3	32.753035	50
-	DIPTI DOSHI	02-11-1976	MAH	42	59.30	0.227906	120.0	122.5	130.0	130.0 [2]	75.0	75.0	75.0	-	125.0	135.0	440.0	135.0 [3]	-	-	-	-
-	SNEHALATA BARIK	06-11-1976	W B	44	58.58	0.229900	405.0	405.0	405.0	-	52.5	55.0	60.0	55.0 [2]	442.5	112.5	115.0	115.0 [6]	-	-	-	-
-	SANANDA SEN	25-12-1983	W B	45	62.40	0.220145	97.5	97.5	97.5	-	50.0	52.5	52.5	50.0 [5]	130.0	140.0	442.5	140.0 [2]	-	-	-	-
Master 1 - 69kg																						
1	DEEPA AJAY	18-12-1979	KAR	55	68.12	0.208674	147.5	458.0	158.0	158.0 [1]	80.0	85.0	87.5	87.5 [1]	167.5	177.5	183.5	183.5 [1]	429.0	12	89.521146	1 <u>🏆</u>
2	SUSHMA VERMA	15-04-1984	M P	62	69.00	0.207173	432.5	140.0	145.0	145.0 [2]	75.0	80.0	80.0	75.0 [2]	140.0	150.0	455.0	150.0 [3]	370.0	9	76.654010	10
3	PUJA KUMARI	02-04-1985	M P	61	68.16	0.208604	427.5	130.0	435.0	130.0 [3]	65.0	70.0	72.5	72.5 [3]	140.0	150.0	452.5	150.0 [2]	352.5	8	73.532910	13
4	RUCHI GUPTA	14-07-1978	MAH	65	65.54	0.213451	120.0	425.0	125.0	125.0 [4]	60.0	65.0	65.0	60.0 [7]	125.0	132.5	437.5	132.5 [5]	317.5	7	67.770693	19
5	AGILANDESWARI V	19-06-1985	PUD	64	64.94	0.214651	405.0	105.0	447.5	105.0 [9]	57.5	65.0	70.0	65.0 [4]	120.0	130.0	137.5	137.5 [4]	307.5	6	66.005183	22
6	BABY JOSEPH	08-02-1981	KER	57	67.50	0.209768	100.0	110.0	445.0	110.0 [8]	52.5	52.5	55.0	52.5 [9]	120.0	130.0	442.5	130.0 [7]	292.5	5	61.357140	29

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
7	GREESHMA BERNAD	07-07-1976	KAR	56	65.98	0.212594	97.5	440.0	110.0	110.0 [5]	52.5	57.5	62.5	62.5 [6]	105.0	117.5	425.0	117.5 [9]	290.0	4	61.652260	28
8	MINA PAUL	01-01-1977	W B	67	66.64	0.211342	100.0	110.0	445.0	110.0 [7]	42.5	45.0	47.5	47.5 [10]	110.0	120.0	127.5	127.5 [8]	285.0	3	60.232470	32
9	REKHA SARKAR	14-01-1977	W B	66	67.44	0.209876	85.0	85.0	90.0	90.0 [11]	60.0	65.0	67.5	65.0 [5]	120.0	125.0	130.0	130.0 [6]	285.0	2	59.814660	33
10	TARSHIYA TARANUM	20-01-1983	TEL	59	66.41	0.211774	100.0	107.5	110.0	110.0 [6]	35.0	37.5	40.0	40.0 [11]	112.5	117.5	422.5	117.5 [10]	267.5	1	56.649545	36
11	BARNALI DUTTA BHORALI	01-10-1982	ASA	68	65.26	0.214007	80.0	85.0	87.5	85.0 [12]	35.0	40.0	40.0	35.0 [12]	95.0	100.0	407.5	100.0 [11]	220.0	1	47.081540	43
12	DAMAYANTI SAHOO	06-07-1977	ODI	60	65.51	0.213511	50.0	50.0	50.0	50.0 [13]	25.0	27.5	30.0	30.0 [13]	70.0	72.5	80.0	80.0 [12]	160.0	1	34.161760	49
-	PARVATHI SRIRAM	12-07-1978	TEL	58	66.90	0.210859	95.0	102.5	442.5	102.5 [10]	45.0	52.5	55.0	52.5 [8]	430.0	435.0	435.0	-	-	-	-	-
Master 1 - 76kg																						
1	MAYANI HEMANT KAMBLE	20-06-1983	MAH	87	74.84	0.198610	145.0	155.0	460.0	155.0 [2]	77.5	82.5	85.0	85.0 [2]	160.0	167.5	170.0	170.0 [1]	410.0	12	81.430100	5
2	SUMITRA KAR	18-07-1977	W B	88	72.22	0.202176	450.0	155.0	465.0	155.0 [1]	65.0	72.5	77.5	77.5 [3]	155.0	167.5	477.5	167.5 [2]	400.0	9	80.870400	6
3	MANJUSHA S	22-03-1982	KER	80	72.25	0.202132	130.0	140.0	145.0	145.0 [3]	82.5	92.5	100.0	100.0 [1]	130.0	142.5	467.5	142.5 [3]	387.5	8	78.326150	8
4	MAMTA BHARGAVA	02-09-1985	KAR	79	73.84	0.199922	440.0	440.0	110.0	110.0 [6]	55.0	60.0	62.5	60.0 [5]	440.0	142.5	445.0	142.5 [4]	312.5	7	62.475625	24
5	SOWMYA NUTTAKI	09-12-1980	TEL	84	72.86	0.201266	107.5	115.0	420.0	115.0 [5]	52.5	55.0	57.5	57.5 [6]	125.0	135.0	445.0	135.0 [5]	307.5	6	61.889295	26
6	SARITA KUMARI SAINI	21-01-1984	RAJ	83	74.26	0.199364	110.0	120.0	427.5	120.0 [4]	45.0	55.0	60.0	55.0 [7]	110.0	130.0	445.0	130.0 [6]	305.0	5	60.806020	30
7	JAYEETA SARKAR	24-10-1980	W B	86	73.18	0.200821	95.0	405.0	407.5	95.0 [7]	55.0	62.5	70.0	62.5 [4]	110.0	422.5	425.0	110.0 [7]	267.5	4	53.719618	37
8	RANJANA PATIDAR	05-03-1984	M P	85	71.84	0.202728	50.0	60.0	70.0	70.0 [8]	35.0	45.0	50.0	45.0 [8]	70.0	90.0	405.0	90.0 [8]	205.0	3	41.559240	46
-	MODUGU KANTHA KUMARI	01-01-1979	A P	89	75.94	0.197230	50.0	50.0	50.0	-	40.0	X	X	-	70.0	X	X	-	-	-	-	-
Master 1 - 84kg																						
1	KAVITA RANI	08-11-1984	DEL	109	81.42	0.191236	170.0	180.0	187.5	187.5 [1]	80.0	87.5	92.5	87.5 [1]	170.0	182.5	485.0	182.5 [2]	457.5	12	87.490470	2 <u>☹</u>
2	GULSHAN BANU KAZI	12-04-1978	KAR	103	83.64	0.189167	145.0	157.5	160.0	160.0 [2]	60.0	65.0	72.5	65.0 [4]	185.0	203.0	203.0	185.0 [1]	410.0	9	77.558470	9
3	ANNETTE GOWDA	24-01-1984	MAH	106	81.42	0.191236	135.0	147.5	152.5	152.5 [3]	70.0	77.5	80.0	77.5 [2]	137.5	150.0	152.5	152.5 [4]	382.5	8	73.147770	15
4	ALIFIYA VAGH	25-12-1976	KAR	102	77.82	0.195017	135.0	145.0	460.0	145.0 [4]	62.5	65.0	67.5	67.5 [3]	160.0	165.0	472.5	165.0 [3]	377.5	7	73.618918	12
5	UMAIRA C K	28-10-1983	KER	104	79.84	0.192826	120.0	130.0	445.0	130.0 [5]	50.0	60.0	62.5	60.0 [5]	110.0	120.0	130.0	130.0 [6]	320.0	6	61.704320	27
6	NISHA	07-07-1982	DEL	108	79.42	0.193267	95.0	405.0	110.0	110.0 [6]	50.0	57.5	X	50.0 [6]	130.0	142.5	472.5	142.5 [5]	302.5	5	58.463268	35
-	T. LAXMIBAI SUBUDHI	01-07-1985	ODI	105	76.38	0.196696	45.0	50.0	50.0	-	25.0	30.0	35.0	35.0 [7]	70.0	85.0	90.0	85.0 [7]	-	-	-	-
Master 1 - 84+Kg																						
1	SANGEETA SEHRAWAT	02-03-1981	DEL	122	87.00	0.186364	105.0	115.0	120.0	120.0 [1]	40.0	45.0	47.5	45.0 [2]	135.0	145.0	150.0	150.0 [1]	315.0	12	58.704660	34
2	BHARATI MAHAPATRA	23-10-1981	ODI	119	93.64	0.181786	85.0	85.0	85.0	85.0 [3]	50.0	57.5	60.0	60.0 [1]	100.0	115.0	420.0	115.0 [2]	260.0	9	47.264360	42
3	SEEMA VATSA	01-07-1976	DEL	121	90.50	0.183808	90.0	97.5	402.5	97.5 [2]	40.0	45.0	45.0	40.0 [3]	400.0	105.0	107.5	107.5 [3]	245.0	8	45.032960	44
4	NEETU GAUR	03-01-1980	CHN	120	84.54	0.188379	50.0	65.0	80.0	80.0 [4]	30.0	37.5	42.5	37.5 [4]	70.0	100.0	440.0	100.0 [4]	217.5	7	40.972433	47

Best Lifter - Master 1							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	DEEPA AJAY	KAR	69kg	68.12	0.208674	429.0	89.521146
2	KAVITA RANI	DEL	84kg	81.42	0.191236	457.5	87.490470
3	DR. SHARVARI INAMDAR	MAH	57kg	55.36	0.239873	352.5	84.555233

Team Championship - Master 1					
Place		Team	Points	Best Points	IPF GL Points
1	MAHARASHTRA		57	12+12+12+12+9	388.178774
2	KARNATAKA		43	12+9+8+7+7	367.429862
3	DELHI		37	12+12+8+5	249.691358
4	TELANGANA		37	9+8+8+6+6	320.337063
5	MADHYA PRADESH		32	9+8+7+5+3	294.424585
6	KERALA		26	8+6+5+4+3	274.459205
7	ODISHA		23	9+7+6+1	199.172510
8	WEST BENGAL		18	9+4+3+2	254.637148
9	VIDARBHA		12	12	82.183970
10	GOA		9	9	75.279680
11	UTTAR PRADESH		9	9	68.799230
12	CHANDIGARH		7	7	40.972433
13	PUDUCHERRY		6	6	66.005183
14	RAJASTHAN		5	5	60.806020
15	ASSAM		1	1	47.081540
-	ANDHRA PRADESH		-	-	-
-	TAMIL NADU		-	-	-

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Master 2 - 47kg																						
1	SMITHA THOMAS	23-01-1975	KER	13	46.92	0.277671	85.0	92.5	97.5	97.5 [1]	50.0	52.5	55.0	52.5 [1]	110.0	117.5	125.0	125.0 [1]	275.0	12	76.359525	3 
Master 2 - 52kg																						
1	VIJAYAM K	29-05-1970	KER	19	50.54	0.258883	60.0	70.0	70.0	70.0 [1]	37.5	40.0	40.0	40.0 [1]	87.5	95.0	95.0	95.0 [1]	205.0	12	53.071015	19
Master 2 - 57kg																						
1	EKTA VISHNOI	03-06-1974	DEL	33	56.06	0.237546	110.0	120.0	125.0	125.0 [1]	60.0	65.0	70.0	65.0 [1]	140.0	150.0	160.0	160.0 [1]	350.0	12	83.141100	2 
2	DR. TANUPRIYA HAJRA	16-05-1974	W B	32	55.26	0.240213	77.5	82.5	85.0	82.5 [2]	42.5	45.0	47.5	45.0 [3]	95.0	107.5	112.5	112.5 [2]	240.0	9	57.651120	11
3	POOJA MALVIYA	05-09-1972	M P	30	56.06	0.237546	67.5	75.0	77.5	77.5 [4]	40.0	45.0	47.5	47.5 [2]	85.0	95.0	102.5	102.5 [3]	227.5	8	54.041715	17
4	RATNA DAS	10-09-1974	W B	31	55.62	0.238997	70.0	75.0	77.5	77.5 [3]	37.5	40.0	42.5	40.0 [5]	90.0	95.0	100.0	100.0 [4]	217.5	7	51.981848	21
5	PUSHPA CHOUHAN	20-10-1969	M P	29	56.50	0.236131	40.0	40.0	42.5	42.5 [5]	40.0	45.0	47.5	45.0 [4]	70.0	75.0	80.0	80.0 [5]	167.5	6	39.551943	33
Master 2 - 63kg																						
1	MEENA SHARMA	01-01-1974	M P	50	61.70	0.221789	140.0	145.0	150.0	150.0 [1]	75.0	80.0	80.0	80.0 [1]	130.0	140.0	145.0	145.0 [1]	375.0	12	83.170875	1 
2	INDIRA L	10-05-1967	KER	48	62.90	0.219007	85.0	97.5	105.0	97.5 [2]	40.0	45.0	50.0	45.0 [2]	110.0	120.0	125.0	125.0 [2]	267.5	9	58.584373	10
3	ANNIE SUNIL	26-10-1971	KER	47	61.38	0.222560	67.5	77.5	77.5	77.5 [4]	35.0	35.0	40.0	40.0 [4]	100.0	107.5	115.0	115.0 [3]	232.5	8	51.745200	23
4	JACQUELINE BABITHA XAVIER	01-11-1971	TEL	49	62.80	0.219233	60.0	70.0	80.0	80.0 [3]	40.0	42.5	42.5	42.5 [3]	80.0	92.5	115.0	92.5 [4]	215.0	7	47.135095	28
5	SUSHMA SARULKAR	13-12-1972	MAH	51	62.03	0.221007	60.0	65.0	70.0	65.0 [5]	37.5	40.0	45.0	40.0 [5]	80.0	82.5	87.5	87.5 [5]	192.5	6	42.543848	32
Master 2 - 69kg																						
1	NAMITA NAYAK	12-07-1974	JHA	70	63.14	0.218471	115.0	115.0	126.0	126.0 [1]	68.0	72.5	72.5	68.0 [1]	100.0	133.5	145.0	133.5 [2]	327.5	12	71.549253	5
2	DIPTI BORAH GOGOI	25-12-1974	ASA	75	68.82	0.207475	112.5	120.0	120.0	120.0 [2]	52.5	55.0	60.0	60.0 [2]	132.5	140.0	147.5	147.5 [1]	327.5	9	67.948063	8
3	CHITRA NAIDU	21-06-1975	M P	73	68.46	0.208087	85.0	95.0	100.0	100.0 [3]	45.0	47.5	50.0	47.5 [5]	110.0	117.5	120.0	117.5 [6]	265.0	8	55.143055	13

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
4	SANCHITA SARMA	18-09-1973	ASA	77	67.62	0.209554	85.0	95.0	100.0	95.0 [4]	45.0	47.5	47.5	45.0 [7]	110.0	115.0	122.5	122.5 [5]	262.5	7	55.007925	15
5	BHARATI KENI	23-03-1967	MAH	74	66.68	0.211267	82.5	87.5	92.5	87.5 [5]	40.0	45.0	47.5	45.0 [6]	120.0	125.0	127.5	127.5 [3]	260.0	6	54.929420	16
6	GEETA CHOUHAN	28-06-1972	M P	72	67.20	0.210310	50.0	60.0	72.5	72.5 [7]	45.0	52.5	55.0	55.0 [3]	85.0	100.0	105.0	105.0 [7]	232.5	5	48.897075	26
7	SHAKUNTALA BASPUR	30-01-1970	GUJ	69	67.32	0.210092	80.0	80.0	80.0	80.0 [6]	42.5	45.0	47.5	42.5 [8]	95.0	112.5	112.5	95.0 [8]	217.5	4	45.695010	30
-	PERURI JYOTI VARMA	30-05-1973	A P	76	66.30	0.211982	95.0	95.0	97.5	-	40.0	47.5	52.5	47.5 [4]	105.0	115.0	125.0	125.0 [4]	-	-	-	-
Master 2 - 76kg																						
1	RUBY DAS	14-07-1972	MAH	93	72.28	0.202089	137.5	145.0	152.5	145.0 [1]	62.5	67.5	70.5	67.5 [1]	145.0	155.0	162.5	162.5 [1]	375.0	12	75.783375	4
2	SARMISTHA SENAPATI	07-04-1974	ODI	92	72.94	0.201154	115.0	122.5	127.5	127.5 [2]	60.0	62.5	65.0	65.0 [2]	150.0	160.0	165.0	160.0 [2]	352.5	9	70.906785	6
3	SHWETA DHOLAKIA	30-06-1974	MAH	95	73.32	0.200628	112.5	120.0	125.0	125.0 [3]	52.5	57.5	60.0	60.0 [4]	110.0	117.5	117.5	117.5 [5]	302.5	8	60.689970	9
4	SUDIPTA MALIK	11-09-1969	W B	96	74.32	0.199285	92.5	92.5	95.0	95.0 [5]	47.5	50.0	52.5	52.5 [5]	115.0	117.5	120.0	120.0 [4]	267.5	7	53.308738	18
5	CYNTHIA CUTINHA	21-07-1974	KAR	90	74.30	0.199311	90.0	100.0	105.0	100.0 [4]	45.0	47.5	50.0	50.0 [7]	100.0	110.0	115.0	115.0 [6]	265.0	6	52.817415	20
6	SUSHMA SHARMA	05-10-1973	CHN	97	75.90	0.197279	87.5	92.5	95.0	95.0 [7]	40.0	45.0	47.5	45.0 [8]	117.5	122.5	125.0	122.5 [3]	262.5	5	51.785738	22
7	BITHI SAHA	17-03-1969	W B	94	74.46	0.199102	85.0	95.0	100.0	95.0 [6]	47.5	52.5	52.5	52.5 [6]	90.0	100.0	110.0	110.0 [7]	257.5	4	51.268765	24
8	SWEETY SHARMA	28-12-1973	U P	91	75.54	0.197724	80.0	80.0	90.0	80.0 [8]	60.0	65.0	70.5	65.0 [3]	90.0	97.5	112.5	97.5 [8]	242.5	3	47.948070	27
Master 2 - 84kg																						
1	PRAGATHI MAHAVADI	16-04-1975	TEL	112	78.80	0.193931	100.0	107.5	115.0	115.0 [1]	42.5	50.0	55.0	50.0 [2]	100.0	115.0	122.5	122.5 [2]	287.5	12	55.755163	12
2	VILMA D SALDANHA	02-12-1969	MAH	115	81.14	0.191511	90.0	97.5	102.5	102.5 [2]	52.5	57.5	60.0	57.5 [1]	120.0	125.0	127.5	127.5 [1]	287.5	9	55.059413	14
3	RAJNI MALIK	15-10-1975	DEL	113	76.26	0.196841	100.0	107.5	110.0	100.0 [3]	47.5	50.0	50.0	47.5 [3]	97.5	105.0	125.0	105.0 [3]	252.5	8	49.702353	25
4	ANCY JOSEPH	29-01-1967	KER	110	81.56	0.191100	60.0	80.0	90.0	90.0 [4]	30.0	37.5	42.5	37.5 [4]	70.0	100.0	117.5	100.0 [4]	227.5	7	43.475250	31
5	ASHA WAGHELA	08-03-1966	MAH	114	80.40	0.192251	60.0	62.5	70.0	62.5 [5]	25.0	30.0	35.0	35.0 [5]	70.0	80.0	85.0	85.0 [5]	182.5	6	35.085808	34
Master 2 - 84+Kg																						
1	RANJITA MISHRA	27-03-1972	MAH	124	86.18	0.187014	130.0	137.5	145.0	145.0 [1]	62.5	67.5	72.0	67.5 [1]	145.0	152.5	160.0	160.0 [1]	372.5	12	69.662715	7
2	SHEEJA PANACHI	02-05-1973	KER	123	84.48	0.188431	70.0	85.0	92.5	92.5 [2]	40.0	45.0	47.5	45.0 [2]	100.0	110.0	120.0	110.0 [2]	247.5	9	46.636673	29

Best Lifter - Master 2							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	MEENA SHARMA	M P	63kg	61.70	0.221789	375.0	83.170875
2	EKTA VISHNOI	DEL	57kg	56.06	0.237546	350.0	83.141100
3	SMITHA THOMAS	KER	47kg	46.92	0.277671	275.0	76.359525

Team Championship - Master 2				
Place	Team	Points	Best Points	IPF GL Points
1	KERALA	50	12+12+9+9+8	286.396786
2	MAHARASHTRA	47	12+12+9+8+6	316.124893
3	MADHYA PRADESH	39	12+8+8+6+5	280.804663
4	WEST BENGAL	27	9+7+7+4	214.210471
5	DELHI	20	12+8	132.843453
6	TELANGANA	19	12+7	102.890258
7	ASSAM	16	9+7	122.955988

Team Championship - Master 2				
Place	Team	Points	Best Points	IPF GL Points
8	JHARKHAND	12	12	71.549253
9	ODISHA	9	9	70.906785
10	KARNATAKA	6	6	52.817415
11	CHANDIGARH	5	5	51.785738
12	GUJARAT	4	4	45.695010
13	UTTAR PRADESH	3	3	47.948070
-	ANDHRA PRADESH	-	-	-

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Master 3 - 63kg																						
1	ALEY LIRA PARVEZ	03-07-1959	MAH	53	60.96	0.223593	85.0	87.5	92.5	87.5 [1]	35.0	40.0	45.0	40.0 [1]	110.0	120.0	127.5	127.5 [1]	255.0	12	57.016215	2 
2	KUSUM SHEDHA	01-01-1960	DEL	54	63.00	0.218783	72.5	80.0	80.0	80.0 [2]	32.5	37.5	40.0	40.0 [2]	107.5	115.0	122.0	115.0 [2]	235.0	9	51.414005	3 
Master 3 - 69kg																						
1	JYOTI UDESHI	06-01-1965	MAH	78	67.22	0.210274	90.0	92.5	92.5	92.5 [1]	37.5	42.5	45.0	45.0 [1]	95.0	97.5	102.5	102.5 [1]	240.0	12	50.465760	4
Master 3 - 76kg																						
1	BIDYA PHUKAN	31-12-1961	ASA	100	71.12	0.203801	77.5	77.5	82.5	82.5 [1]	52.5	55.0	57.5	57.5 [1]	87.5	95.0	107.5	107.5 [2]	247.5	12	50.440748	5
2	REENI THARAKAN	08-03-1960	KER	98	72.36	0.201974	60.0	65.0	70.0	70.0 [2]	40.0	40.0	42.5	42.5 [3]	90.0	100.0	110.0	110.0 [1]	222.5	9	44.939215	6
3	DR. PURNA BHARDE	28-07-1958	MAH	99	69.20	0.206841	25.0	X	X	25.0 [3]	40.0	42.5	45.0	45.0 [2]	55.0	X	X	55.0 [3]	125.0	8	25.855125	7
Master 3 - 84kg																						
-	RITA MEHTA	16-03-1960	MAH	116	81.02	0.191629	60.0	60.0	60.0	-	40.0	40.0	47.5	40.0 [1]	50.0	107.5	107.5	50.0 [1]	-	-	-	-
Master 3 - 84+Kg																						
1	MARY BEENA	31-05-1965	KER	125	94.68	0.181167	125.0	130.0	135.0	135.0 [1]	60.0	65.0	67.5	65.0 [1]	135.0	140.0	145.0	145.0 [1]	345.0	12	62.502615	1 
2	MYASA RAMA DEVI	23-03-1963	TEL	126	99.18	0.178745	25.0	30.0	35.0	30.0 [2]	25.0	27.5	30.0	30.0 [2]	30.0	60.0	70.0	60.0 [2]	120.0	9	21.449400	8

Best Lifter - Master 3							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	MARY BEENA	KER	84+kg	94.68	0.181167	345.0	62.502615
2	ALEY LIRA PARVEZ	MAH	63kg	60.96	0.223593	255.0	57.016215
3	KUSUM SHEDHA	DEL	63kg	63.00	0.218783	235.0	51.414005

Team Championship - Master 3				
Place	Team	Points	Best Points	IPF GL Points
1	MAHARASHTRA	32	12+12+8	133.337100
2	KERALA	21	12+9	107.441830
3	ASSAM	12	12	50.440748
4	DELHI	9	9	51.414005
5	TELANGANA	9	9	21.449400

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	SQ [PL]	BP1	BP2	BP3	BP [PL]	DL1	DL2	DL3	DL [PL]	Total	Points	IPF GL Points	Place
Master 4 - 47kg																						
1	JAYASREE G	20-05-1951	KER	14	45.74	0.284919	30.0	35.0	40.0	35.0 [1]	20.0	20.0	22.5	22.5 [1]	60.0	60.0	70.0	70.0 [1]	127.5	12	36.327173	1 🏆

Best Lifter - Master 4							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	JAYASREE G	KER	47kg	45.74	0.284919	127.5	36.327173

Team Championship - Master 4				
Place	Team	Points	Best Points	IPF GL Points
1	KERALA	12	12	36.327173

Abbreviations:

A P = Andhra Pradesh ASA = Assam CHN = Chandigarh DEL = Delhi GOA = Goa GUJ = Gujarat JHA = Jharkhand KAR = Karnataka KER = Kerala M P = Madhya Pradesh MAH = Maharashtra ODI = Odisha PUD = Puducherry RAJ = Rajasthan T N = Tamil Nadu TEL = Telangana U P = Uttar Pradesh VID = Vidarbha W B = West Bengal