

**Powerlifting India**  
**East India Equipped Powerlifting Championship 2024**  
**Bokaro , Jharkhand - 04-09-2024 to 07-09-2024**  
**Detailed Results**

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total Points	IPF GL Points	Place	
<b>Men</b>																						
<b>Open - 59kg</b>																						
1	GOVIND KUMAR	15-01-1994	BIH	1	59.00	0.145591	230.0	240.0	247.5	247.5 [1]	115.0	122.5	125.0	125.0 [1]	220.0	240.0	<del>247.5</del>	240.0 [1]	612.5	12	89.174488	1
2	RAJAT KUMAR DAS	14-03-2001	TRI	2	53.30	0.158007	145.0	<del>157.5</del>	160.0	160.0 [2]	70.0	77.5	<del>80.0</del>	77.5 [2]	145.0	157.5	<del>170.0</del>	157.5 [2]	395.0	9	62.412765	19
<b>Open - 66kg</b>																						
1	MD. SHAKRUDDIN SHAH	15-02-2004	JHA	7	65.30	0.134969	240.0	<del>270.0</del>	<del>270.0</del>	240.0 [1]	150.0	160.0	<del>170.0</del>	160.0 [1]	<del>240.0</del>	210.0	<del>247.5</del>	210.0 [3]	610.0	12	82.331090	5
2	SAKIL ALAM	02-09-1992	BIH	4	66.00	0.133945	220.0	235.0	<del>245.0</del>	235.0 [2]	90.0	97.5	102.5	102.5 [3]	<del>240.0</del>	210.0	220.0	220.0 [2]	557.5	9	74.674338	10
3	ABHIJIT DAS	05-08-2005	W B	8	64.80	0.135718	175.0	195.0	210.0	210.0 [3]	105.0	110.0	<del>115.0</del>	110.0 [2]	215.0	225.0	235.0	235.0 [1]	555.0	8	75.323490	8
4	MICHAEL NINGTHOUJAM	13-12-2002	MAN	6	66.00	0.133945	100.0	115.0	130.0	130.0 [4]	70.0	75.0	82.5	82.5 [4]	150.0	160.0	172.5	172.5 [4]	385.0	7	51.568825	24
5	BHASKAR BORA	10-04-1986	ASA	5	65.70	0.134380	120.0	125.0	<del>130.0</del>	125.0 [5]	75.0	77.5	<del>80.0</del>	77.5 [5]	150.0	155.0	160.0	160.0 [5]	362.5	6	48.712750	26
<b>Open - 74kg</b>																						
1	RAJU CHAKRABORTY	11-10-1981	W B	12	73.15	0.124862	250.0	270.0	<del>285.0</del>	270.0 [1]	155.0	162.5	167.5	167.5 [1]	<del>230.0</del>	<del>230.0</del>	230.0	230.0 [2]	667.5	12	83.345385	3
2	ABHISHEK KUMAR SINGH	09-11-2000	JHA	10	71.40	0.126875	220.0	235.0	250.0	250.0 [2]	140.0	<del>150.0</del>	150.0	150.0 [2]	230.0	240.0	<del>250.0</del>	240.0 [1]	640.0	9	81.200000	6
3	MANISH KUMAR	17-04-1998	BIH	9	73.80	0.124145	<del>225.0</del>	225.0	235.0	235.0 [3]	130.0	140.0	147.5	147.5 [3]	210.0	220.0	<del>225.0</del>	220.0 [3]	602.5	8	74.797363	9
<b>Open - 83kg</b>																						
1	VIVEK KUMAR GUPTA	05-12-1995	BIH	14	79.70	0.118297	257.5	272.5	285.0	285.0 [2]	<del>167.5</del>	167.5	177.5	177.5 [1]	232.5	245.0	252.5	252.5 [2]	715.0	12	84.582355	2
2	CHANDAN KUMAR SINGH	03-05-1998	BIH	13	82.90	0.115559	<del>280.0</del>	285.0	290.0	290.0 [1]	150.0	<del>157.5</del>	<del>157.5</del>	150.0 [3]	262.5	272.5	<del>277.5</del>	272.5 [1]	712.5	9	82.335788	4
3	RANA HARSHVEER	01-01-1994	JHA	16	82.00	0.116302	260.0	<del>270.0</del>	<del>270.0</del>	260.0 [3]	150.0	<del>160.0</del>	160.0	160.0 [2]	220.0	<del>240.0</del>	<del>240.0</del>	220.0 [4]	640.0	8	74.433280	11
4	AMARJIT DAS	28-03-1995	TRI	17	81.05	0.117109	235.0	245.0	250.0	250.0 [4]	122.5	127.5	<del>135.0</del>	127.5 [4]	230.0	<del>245.0</del>	<del>250.0</del>	230.0 [3]	607.5	7	71.143718	14
5	PAWAN KHATI	11-08-1982	W B	15	77.30	0.120541	140.0	150.0	<del>160.0</del>	150.0 [5]	<del>140.0</del>	110.0	112.5	112.5 [5]	160.0	170.0	<del>175.0</del>	170.0 [5]	432.5	6	52.133983	23
<b>Open - 93kg</b>																						
1	RAJESH SHARMA	22-02-1988	TRI	19	91.60	0.109315	<del>250.0</del>	250.0	270.0	270.0 [1]	130.0	137.5	140.0	140.0 [1]	230.0	250.0	<del>270.0</del>	250.0 [1]	660.0	12	72.147900	13
2	MANODEEP SHIL	27-12-1997	W B	18	83.10	0.115396	200.0	225.0	<del>250.0</del>	225.0 [2]	120.0	130.0	<del>135.0</del>	130.0 [3]	200.0	230.0	<del>242.5</del>	230.0 [2]	585.0	9	67.506660	17
3	TAKHENCHANGBAM PRINCE SHARMA	22-02-2003	MAN	1	83.50	0.115075	170.0	185.0	<del>195.0</del>	185.0 [3]	125.0	<del>132.5</del>	132.5	132.5 [2]	180.0	190.0	<del>200.0</del>	190.0 [3]	507.5	8	58.400563	21
<b>Open - 105kg</b>																						
1	ARPAN MAJUMDER	19-04-2001	W B	23	100.00	0.104575	280.0	305.0	320.0	320.0 [1]	185.0	195.0	X	195.0 [1]	240.0	255.0	260.0	260.0 [1]	775.0	12	81.045625	7
2	ALOK RAJ	16-01-1989	BIH	21	95.30	0.107094	<del>270.0</del>	270.0	290.0	290.0 [2]	172.5	182.5	192.5	192.5 [2]	202.5	212.5	<del>220.0</del>	212.5 [3]	695.0	9	74.430330	12
3	NITISH KUMAR	02-10-1993	BIH	20	99.90	0.104625	280.0	<del>290.0</del>	<del>290.0</del>	280.0 [3]	140.0	<del>147.5</del>	147.5	147.5 [3]	220.0	<del>250.0</del>	<del>250.0</del>	220.0 [2]	647.5	8	67.744688	16
4	LONGJAM PRASHANT	10-06-2005	MAN	22	101.00	0.104078	150.0	<del>175.0</del>	<del>175.0</del>	150.0 [4]	100.0	102.5	<del>105.0</del>	102.5 [4]	190.0	<del>200.0</del>	<del>200.0</del>	190.0 [4]	442.5	7	46.054515	27
<b>Open - 120kg</b>																						
1	RAHUL KUMAR	03-04-2005	JHA	26	110.80	0.099820	240.0	255.0	270.0	270.0 [1]	175.0	<del>190.0</del>	<del>200.0</del>	175.0 [1]	235.0	250.0	<del>260.0</del>	250.0 [1]	695.0	12	69.374900	15
2	MANOJ SHIL	01-01-1973	W B	24	108.00	0.100933	<del>200.0</del>	200.0	<del>240.0</del>	200.0 [2]	95.0	100.0	<del>105.0</del>	100.0 [3]	180.0	190.0	X	190.0 [2]	490.0	9	49.457170	25
3	ADITIYA ARYA	09-11-2005	JHA	25	115.00	0.098285	150.0	160.0	170.0	170.0 [3]	95.0	100.0	105.0	105.0 [2]	180.0	185.0	<del>190.0</del>	185.0 [3]	460.0	8	45.211100	28

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total Points	IPF GL Points	Place	
<b>Open - 120+Kg</b>																						
1	VISHWAJEET SINGH	17-06-1998	BIH	28	130.30	0.093799	240.0	255.0	270.0	270.0 [1]	125.0	135.0	X	135.0 [2]	<del>280.0</del>	280.0	300.0	300.0 [1]	705.0	12	66.128295	18
2	DIVYANSHU ANAND	08-08-2001	JHA	30	139.00	0.091846	<del>250.0</del>	250.0	<del>270.0</del>	250.0 [2]	<del>240.0</del>	210.0	220.0	220.0 [1]	<del>200.0</del>	200.0	<del>240.0</del>	200.0 [3]	670.0	9	61.536820	20
3	PALASH SIL	18-03-2000	TRI	29	126.10	0.094882	190.0	<del>200.0</del>	210.0	210.0 [3]	115.0	122.5	130.0	130.0 [3]	200.0	215.0	230.0	230.0 [2]	570.0	8	54.082740	22

**Best Lifter - Open**

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	GOVIND KUMAR	BIH	59kg	59.00	0.145591	612.5	89.174488
2	VIVEK KUMAR GUPTA	BIH	83kg	79.70	0.118297	715.0	84.582355
3	RAJU CHAKRABORTY	W B	74kg	73.15	0.124862	667.5	83.345385

**Team Championship - Open**

Place	Team	Points	Best Points	IPF GL Points
1	BIHAR	54	12+12+12+9+9	396.895264
2	JHARKHAND	50	12+12+9+9+8	368.876090
3	WEST BENGAL	50	12+12+9+9+8	356.678330
4	TRIPURA	36	12+9+8+7	259.787123
5	MANIPUR	22	8+7+7	156.023903
6	ASSAM	6	6	48.712750

Abbreviations:

ASA = Assam    BIH = Bihar    JHA = Jharkhand    MAN = Manipur    TRI = Tripura    W B = West Bengal