

**Powerlifting India**  
**East India Equipped Powerlifting Championship 2024**  
**Bokaro , Jharkhand - 04-09-2024 to 07-09-2024**  
**Detailed Results**

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
<b>Women</b>																						
<b>Open - 47kg</b>																						
1	MOROMI DAS	01-01-1994	ASA	1	46.30	0.221640	60.0	X	X	60.0 [1]	32.5	X	X	32.5 [1]	75.0	80.0	90.0	90.0 [1]	182.5	12	40.449300	17
<b>Open - 57kg</b>																						
1	FIROJA BEGAM KHAN	16-01-1991	W B	3	57.00	0.191680	70.0	90.0	105.0	105.0 [1]	45.0	52.5	55.0	55.0 [1]	70.0	95.0	<del>440.0</del>	95.0 [1]	255.0	12	48.878400	12
<b>Open - 63kg</b>																						
1	NEHA RANI	19-04-2003	BIH	4	58.95	0.187726	180.0	195.0	<del>200.0</del>	195.0 [1]	85.0	100.0	107.5	107.5 [1]	<del>160.0</del>	160.0	170.0	170.0 [1]	472.5	12	88.700535	1 <b>🏆</b>
2	RANI KUMARI	06-04-1994	JHA	7	63.00	0.180535	165.0	170.0	<del>175.0</del>	170.0 [2]	92.5	95.0	97.5	97.5 [2]	140.0	147.5	155.0	155.0 [2]	422.5	9	76.276038	4
3	NILANJANA MAJUMDER	23-04-1986	W B	6	62.20	0.181857	<del>140.0</del>	140.0	152.5	152.5 [3]	72.5	80.0	<del>85.0</del>	80.0 [3]	140.0	147.5	<del>152.5</del>	147.5 [3]	380.0	8	69.105660	5
<b>Open - 69kg</b>																						
1	THANGJAM LEIMA CHANU	16-02-1994	MAN	9	66.00	0.175954	120.0	140.0	<del>145.0</del>	140.0 [1]	70.0	<del>77.5</del>	<del>77.5</del>	70.0 [1]	130.0	140.0	<del>150.0</del>	140.0 [2]	350.0	12	61.583900	7
2	MEENAKSHI SINHA	12-06-2004	BIH	8	63.90	0.179100	<del>130.0</del>	<del>135.0</del>	135.0	135.0 [2]	40.0	45.0	47.5	47.5 [3]	125.0	137.5	145.0	145.0 [1]	327.5	9	58.655250	8
3	KUMARIKA MAITY	26-08-1990	W B	10	68.70	0.172283	90.0	<del>100.0</del>	100.0	100.0 [3]	45.0	50.0	55.0	55.0 [2]	110.0	120.0	<del>130.0</del>	120.0 [3]	275.0	8	47.377825	15
<b>Open - 76kg</b>																						
1	LAXMI RANI SARKAR	29-09-1994	TRI	13	73.40	0.166747	<del>115.0</del>	115.0	120.0	120.0 [1]	60.0	65.0	<del>70.0</del>	65.0 [3]	125.0	135.0	140.0	140.0 [1]	325.0	12	54.192775	9
2	PUNAM MISHRA	13-02-1979	JHA	12	75.80	0.164276	105.0	110.0	115.0	115.0 [2]	<del>65.0</del>	67.5	70.0	70.0 [2]	120.0	<del>127.5</del>	<del>130.0</del>	120.0 [2]	305.0	9	50.104180	11
3	JYOTI KUMARI	01-03-1988	JHA	11	76.00	0.164079	<del>100.0</del>	<del>100.0</del>	100.0	100.0 [3]	<del>70.0</del>	70.0	77.5	77.5 [1]	90.0	105.0	112.5	112.5 [3]	290.0	8	47.582910	14
<b>Open - 84kg</b>																						
1	SOMA SARKAR ROY	26-10-1997	W B	14	83.70	0.157489	155.0	170.0	X	170.0 [1]	75.0	85.0	90.0	90.0 [1]	145.0	155.0	X	155.0 [1]	415.0	12	65.357935	6
2	SHILPA TOPPO	16-01-1982	JHA	15	79.90	0.160520	125.0	132.5	<del>137.5</del>	132.5 [2]	<del>70.0</del>	70.0	<del>75.0</del>	70.0 [2]	80.0	90.0	100.0	100.0 [2]	302.5	9	48.557300	13
<b>Open - 84+Kg</b>																						
1	MOUMITA GHOSH	12-03-2002	W B	18	102.90	0.146810	217.5	<del>235.0</del>	235.0	235.0 [1]	110.0	120.0	<del>130.0</del>	120.0 [2]	180.0	190.0	X	190.0 [1]	545.0	12	80.011450	2 <b>🏆</b>
2	NILEEMA MINZ	28-09-1993	JHA	19	84.10	0.157192	<del>200.0</del>	<del>200.0</del>	200.0	200.0 [2]	<del>115.0</del>	115.0	120.0	120.0 [1]	170.0	180.0	<del>190.0</del>	180.0 [2]	500.0	9	78.596000	3 <b>🏆</b>
3	SIMMI ANAND	05-07-2002	JHA	16	84.10	0.157192	130.0	140.0	150.0	150.0 [3]	80.0	<del>90.0</del>	<del>90.0</del>	80.0 [3]	110.0	<del>120.0</del>	<del>120.0</del>	110.0 [3]	340.0	8	53.445280	10
4	KAKALI KASHYAP	30-01-1986	ASA	17	110.40	0.144075	100.0	110.0	<del>120.0</del>	110.0 [4]	55.0	60.0	62.5	62.5 [4]	100.0	110.0	<del>120.0</del>	110.0 [4]	282.5	7	40.701188	16

Best Lifter - Open							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	NEHA RANI	BIH	63kg	58.95	0.187726	472.5	88.700535
2	MOUMITA GHOSH	W B	84+kg	102.90	0.146810	545.0	80.011450
3	NILEEMA MINZ	JHA	84+kg	84.10	0.157192	500.0	78.596000

<b>Team Championship - Open</b>				
<b>Place</b>	<b>Team</b>	<b>Points</b>	<b>Best Points</b>	<b>IPF GL Points</b>
<b>1</b>	<b>WEST BENGAL</b>	<b>52</b>	<b>12+12+12+8+8</b>	<b>310.731270</b>
<b>2</b>	<b>JHARKHAND</b>	<b>44</b>	<b>9+9+9+9+8</b>	<b>306.978798</b>
<b>3</b>	<b>BIHAR</b>	<b>21</b>	<b>12+9</b>	<b>147.355785</b>
<b>4</b>	<b>ASSAM</b>	<b>19</b>	<b>12+7</b>	<b>81.150488</b>
<b>5</b>	<b>MANIPUR</b>	<b>12</b>	<b>12</b>	<b>61.583900</b>
<b>6</b>	<b>TRIPURA</b>	<b>12</b>	<b>12</b>	<b>54.192775</b>

Abbreviations:

ASA = Assam    BIH = Bihar    JHA = Jharkhand    MAN = Manipur    TRI = Tripura    W B = West Bengal