

Powerlifting India
National Sub Junior & Junior Equipped Powerlifting Championship 2024
Patiala Punjab - 16-06-2024 to 21-06-2024
Detailed Results

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
Women																						
Sub Junior - 43kg											Sub Junior - 43kg											
1	SUBASRI P	22-08-2008	T N	7	42.21	0.238672	90.0	92.5	100.0	100.0 [2]	40.0	45.0	50.0	45.0 [2]	90.0	100.0	110.0	110.0 [2]	255.0	12	60.861360	12
2	GAYATRI BADEKAR	06-01-2008	MAH	1	42.19	0.238766	92.5	100.0	105.0	100.0 [1]	32.5	40.0	42.5	42.5 [4]	100.0	107.5	110.0	110.0 [1]	252.5	9	60.288415	15
3	GOWRI S R	27-01-2008	KER	3	42.01	0.239620	80.0	80.0	95.0	80.0 [3]	40.0	42.5	45.0	42.5 [3]	90.0	100.0	107.5	107.5 [3]	230.0	8	55.112600	28
4	SADHANA KHOIWAL	05-01-2008	RAJ	6	42.38	0.237875	70.0	70.0	72.5	72.5 [4]	42.5	47.5	47.5	47.5 [1]	90.0	95.0	95.0	95.0 [5]	215.0	7	51.143125	37
5	PANDRILA SRAVANI	16-01-2006	A P	2	37.08	0.267527	70.0	70.0	75.0	70.0 [5]	25.0	27.5	30.0	30.0 [7]	75.0	85.0	100.0	85.0 [6]	185.0	6	49.492495	42
6	MUSKAN KAUR	08-03-2007	PUN	4	42.91	0.235446	55.0	62.5	65.0	55.0 [6]	32.5	X	X	32.5 [6]	65.0	67.5	X	65.0 [7]	152.5	5	35.905515	58
-	NIDHI RATHODE	07-05-2012	HAR	5	32.26	-	40.0	40.0	40.0	-	25.0	27.5	27.5	-	45.0	X	X	-	-	-	-	-
-	SUJITHA KANNAPPAN	19-08-2006	T N	8	40.36	0.247933	90.0	92.5	92.5	-	40.0	40.0	42.5	40.0 [5]	92.5	100.0	105.0	105.0 [4]	-	-	-	-
Sub Junior - 47kg											Sub Junior - 47kg											
1	MUSKAN SHARMA	11-01-2008	PUN	19	46.90	0.219471	110.0	120.0	125.0	125.0 [1]	32.5	37.5	42.5	37.5 [4]	100.0	107.5	112.5	107.5 [3]	270.0	12	59.257170	18
2	M REKHA	15-02-2009	CHT	17	45.99	0.222790	95.0	95.0	100.0	95.0 [2]	40.0	45.0	47.5	45.0 [1]	100.0	110.0	117.5	110.0 [2]	250.0	9	55.697500	26
3	MATHUSRI MAHENDIRAN	18-02-2011	PUD	20	45.95	0.222940	85.0	92.5	97.5	92.5 [3]	37.5	40.0	40.0	37.5 [3]	100.0	107.5	112.5	112.5 [1]	242.5	8	54.062950	31
4	HARSHITA KASHVAP	28-02-2007	CHN	16	46.23	0.221898	87.5	95.0	95.0	87.5 [4]	35.0	40.0	45.0	40.0 [2]	87.5	95.0	105.0	105.0 [4]	232.5	7	51.591285	36
5	SANSKRUTI BAIT	25-09-2007	MAH	13	44.15	0.230066	75.0	85.0	95.0	85.0 [5]	27.5	30.0	32.5	32.5 [5]	80.0	90.0	95.0	90.0 [6]	207.5	6	47.738695	46
6	BHUKYA SRAVANI	31-07-2007	TEL	18	45.93	0.223015	60.0	70.0	70.0	60.0 [7]	25.0	30.0	32.5	32.5 [6]	85.0	95.0	105.0	95.0 [5]	187.5	5	41.815313	54
7	ARUSHI RAJAK	17-08-2008	M P	14	45.91	0.223091	70.0	75.0	75.0	75.0 [6]	30.0	35.0	37.5	30.0 [7]	70.0	85.0	85.0	70.0 [8]	175.0	4	39.040925	55
-	SANIYA M	06-04-2007	KAR	15	46.83	0.219720	40.0	40.0	40.0	-	25.0	27.5	30.0	27.5 [8]	60.0	70.0	80.0	80.0 [7]	-	-	-	-
Sub Junior - 52kg											Sub Junior - 52kg											
1	VARSHA	24-07-2006	HAR	31	51.00	0.206428	125.0	130.0	130.0	130.0 [1]	55.0	57.5	60.0	60.0 [1]	120.0	120.0	130.0	120.0 [2]	310.0	12	63.992680	10
2	AKANKSHA KUMAWAT	07-03-2007	RAJ	29	51.80	0.204198	112.5	115.0	120.0	115.0 [3]	60.0	60.0	62.5	60.0 [2]	112.5	117.5	122.5	122.5 [1]	297.5	9	60.748905	13
3	TAPASYA MATE	26-02-2009	MAH	27	50.85	0.206857	115.0	122.5	122.5	115.0 [2]	52.5	57.5	57.5	52.5 [3]	105.0	112.5	120.0	112.5 [3]	280.0	8	57.919960	20
4	RANIA NEHA FERRAO	13-06-2007	KAR	30	52.00	0.203655	50.0	50.0	65.0	50.0 [4]	27.5	32.5	37.5	32.5 [4]	72.5	82.5	92.5	92.5 [4]	175.0	7	35.639625	60
-	NABEEHA MOMIN KHULAKPAM	06-09-2010	MAN	28	50.93	0.206628	50.0	X	X	-	X	X	X	-	X	X	X	-	-	-	-	-
Sub Junior - 57kg											Sub Junior - 57kg											
1	PREET KAUR	09-06-2007	PUN	50	56.27	0.193254	115.0	135.0	147.5	147.5 [1]	57.5	65.0	67.5	65.0 [3]	125.0	140.0	155.0	155.0 [1]	367.5	12	71.020845	7
2	DEEPANA S R	15-06-2009	T N	49	52.90	0.201277	130.0	140.0	145.0	140.0 [2]	70.0	70.0	72.5	72.5 [1]	140.0	147.5	152.5	147.5 [2]	360.0	9	72.459720	5
3	SAEE SHINDE	06-10-2009	MAH	40	53.17	0.200585	115.0	122.5	125.0	125.0 [3]	45.0	47.5	50.0	50.0 [7]	117.5	122.5	125.0	122.5 [4]	297.5	8	59.674038	17
4	KAVIYA D	06-03-2009	T N	48	54.84	0.196499	110.0	120.0	125.0	125.0 [4]	47.5	55.0	57.5	57.5 [6]	105.0	115.0	117.5	115.0 [6]	297.5	7	58.458453	19
5	DHISHA MOHAN	26-04-2006	KAR	43	55.78	0.194341	115.0	120.0	125.0	120.0 [5]	65.0	65.0	65.0	65.0 [2]	110.0	117.5	117.5	110.0 [8]	295.0	6	57.330595	22
6	KAVYENDU S	19-02-2006	KER	41	55.90	0.194073	110.0	117.5	120.0	117.5 [6]	40.0	47.5	62.5	47.5 [8]	105.0	105.0	122.5	122.5 [5]	287.5	5	55.795988	25
7	CHAHATPREET KAUR	24-08-2007	CHN	45	55.06	0.195986	70.0	80.0	90.0	90.0 [7]	50.0	57.5	60.0	60.0 [4]	90.0	110.0	125.0	125.0 [3]	275.0	4	53.896150	32

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL	Points	Place
8	TRIVENI SILAWAT	14-10-2007	M P	42	56.30	0.193188	90.0	90.0	102.5	90.0 [8]	40.0	45.0	47.5	47.5 [9]	100.0	115.0	122.5	115.0 [7]	252.5	3	48.779970	45	
-	NIKITA	26-02-2008	RAJ	47	56.52	0.192709	85.0	87.5	95.0	-	55.0	60.0	65.0	60.0 [5]	X	X	X	-	-	-	-	-	
Sub Junior - 63kg																						Sub Junior - 63kg	
1	THENMOZHI S	14-07-2006	T N	70	60.35	0.185095	155.0	165.0	173.0	165.0 [1]	77.5	82.5	85.5	85.5 [1]	160.0	167.5	170.0	170.0 [1]	420.5	12	77.832448	1 <u>☺</u>	
2	PAYAL NAMDEV	31-07-2006	M P	65	61.25	0.183487	155.0	165.0	165.0	165.0 [2]	60.0	72.5	75.0	72.5 [2]	145.0	160.0	162.5	162.5 [2]	400.0	9	73.394800	4	
3	NAINA KUMARI	04-08-2006	HAR	66	61.70	0.182707	150.0	160.0	160.0	160.0 [3]	65.0	70.0	75.0	70.0 [3]	150.0	160.0	171.5	160.0 [3]	390.0	8	71.255730	6	
4	HANSIKA	16-10-2006	DEL	68	62.34	0.181623	80.0	100.0	110.0	110.0 [5]	40.0	50.0	50.0	40.0 [7]	100.0	125.0	130.0	125.0 [4]	275.0	7	49.946325	39	
5	NIDHINA B MANOJ	25-09-2007	KER	64	58.10	0.189406	95.0	110.0	120.0	110.0 [4]	47.5	57.5	57.5	57.5 [4]	100.0	117.5	117.5	100.0 [6]	267.5	6	50.666105	38	
6	GOPIKA DEVI S	23-12-2009	T N	67	58.36	0.188886	90.0	100.0	100.0	90.0 [6]	45.0	47.5	50.0	47.5 [6]	85.0	90.0	100.0	100.0 [7]	237.5	5	44.860425	51	
7	TANUSHREE	20-11-2007	RAJ	69	59.09	0.187456	80.0	95.0	105.0	80.0 [7]	52.5	57.5	57.5	52.5 [5]	90.0	105.0	127.5	105.0 [5]	237.5	4	44.520800	52	
Sub Junior - 69kg																						Sub Junior - 69kg	
1	RADHIKA HURRIA	17-10-2007	HAR	95	66.00	0.175954	145.0	157.5	183.0	157.5 [1]	55.0	65.0	72.5	72.5 [1]	135.0	142.5	152.5	152.5 [1]	382.5	12	67.302405	9	
2	SANJANY V V	06-09-2007	T N	94	68.02	0.173170	115.0	125.0	125.0	125.0 [2]	57.5	62.5	65.0	62.5 [3]	120.0	127.5	127.5	120.0 [3]	307.5	9	53.249775	33	
3	TANUSHKA CHOUHAN	13-05-2007	RAJ	91	68.82	0.172129	105.0	117.5	122.5	117.5 [3]	60.0	65.0	70.0	70.0 [2]	102.5	112.5	120.0	112.5 [5]	300.0	8	51.638700	35	
4	VAISHNAVI KHARVI	03-06-2007	KAR	90	66.04	0.175896	115.0	115.0	115.0	115.0 [4]	50.0	52.5	55.0	52.5 [4]	115.0	122.5	122.5	115.0 [4]	282.5	7	49.690620	40	
5	AANCHAL MISHRA	15-11-2007	CHN	89	64.31	0.178464	110.0	122.5	122.5	110.0 [5]	40.0	45.0	47.5	40.0 [7]	110.0	127.5	150.0	127.5 [2]	277.5	6	49.523760	41	
6	KAVITA BAINS	01-08-2007	PUN	93	68.07	0.173104	110.0	120.0	125.0	110.0 [6]	45.0	50.0	52.5	50.0 [5]	105.0	115.0	115.0	105.0 [6]	265.0	5	45.872560	49	
7	SHREYA SONAWANE	26-06-2007	MAH	87	65.10	0.177269	70.0	70.0	75.0	70.0 [8]	42.5	45.0	45.0	42.5 [6]	75.0	85.0	90.0	90.0 [7]	202.5	4	35.896973	59	
8	ASHWANI HARIKUMAR	10-01-2008	KER	88	63.94	0.179038	65.0	75.0	80.0	80.0 [7]	27.5	35.0	40.0	35.0 [8]	50.0	X	X	50.0 [8]	165.0	3	29.541270	61	
-	NITO RANI	08-02-2006	PUN	92	65.54	0.176620	90.0	90.0	90.0	-	40.0	40.0	40.0	-	X	X	X	-	-	-	-	-	
Sub Junior - 76kg																						Sub Junior - 76kg	
1	SNEHA GHARAMI	27-03-2006	W B	115	74.92	0.165157	185.0	197.5	200.0	200.0 [1]	85.0	95.0	107.5	95.0 [1]	170.0	182.5	182.5	170.0 [2]	465.0	12	76.798005	2 <u>☺</u>	
2	KADAMBARI RAUT	09-09-2007	MAH	109	73.30	0.166855	175.0	187.5	197.5	197.5 [2]	75.0	85.0	85.0	85.0 [3]	170.0	170.0	172.5	170.0 [1]	452.5	9	75.501888	3 <u>☺</u>	
3	MEHAK	28-03-2008	PUN	114	75.30	0.164773	160.0	160.0	190.0	190.0 [3]	60.0	72.5	82.5	72.5 [5]	120.0	135.0	147.5	147.5 [3]	410.0	8	67.556930	8	
4	CHANDRALEKHA J	24-04-2009	KER	111	73.70	0.166426	160.0	170.0	170.0	160.0 [4]	75.0	82.5	90.0	90.0 [2]	120.0	130.0	130.0	130.0 [6]	380.0	7	63.241880	11	
5	SANIKA JATHAR	17-04-2006	MAH	108	75.62	0.164454	137.5	147.5	155.0	147.5 [5]	75.0	75.0	80.0	80.0 [4]	125.0	137.5	145.0	137.5 [5]	365.0	6	60.025710	16	
6	RIYA KANWAR SHEKHAWAT	04-04-2007	RAJ	112	73.68	0.166447	130.0	130.0	130.0	130.0 [6]	65.0	70.0	77.5	70.0 [6]	120.0	130.0	145.0	145.0 [4]	345.0	5	57.424215	21	
7	SATHIKA AJI M	17-02-2009	KER	110	73.73	0.166394	110.0	115.0	115.0	115.0 [7]	40.0	42.5	45.0	42.5 [7]	90.0	102.5	107.5	107.5 [7]	265.0	4	44.094410	53	
8	SIGINAM LAVANYA	10-06-2006	CHT	113	76.00	0.164079	70.0	70.0	90.0	90.0 [8]	40.0	42.5	45.0	42.5 [8]	70.0	82.5	90.0	90.0 [8]	222.5	3	36.507578	57	
Sub Junior - 84kg																						Sub Junior - 84kg	
1	SONAM	19-11-2007	PUN	136	81.12	0.159503	150.0	170.0	170.0	170.0 [1]	60.0	70.0	75.0	75.0 [1]	125.0	135.0	135.0	135.0 [2]	380.0	12	60.611140	14	
2	GOWRI KRISHNA R S	08-04-2008	KER	131	81.06	0.159552	130.0	137.5	147.5	147.5 [2]	55.0	60.0	65.0	65.0 [4]	117.5	125.0	135.0	135.0 [1]	347.5	9	55.444320	27	
3	AKSHITA SHRIVASTAVA	03-03-2006	M P	132	83.30	0.157790	97.5	110.0	115.0	115.0 [5]	57.5	65.0	70.0	70.0 [2]	115.0	122.5	125.0	125.0 [4]	310.0	8	48.914900	44	
4	MIRUDHULA M	07-10-2007	PUD	135	78.09	0.162111	100.0	115.0	125.0	125.0 [3]	50.0	60.0	65.0	65.0 [3]	100.0	110.0	120.0	100.0 [5]	290.0	7	47.012190	47	
5	BHUMI	29-03-2008	CHN	134	78.38	0.161849	80.0	95.0	115.0	115.0 [4]	45.0	47.5	50.0	47.5 [5]	110.0	120.0	125.0	125.0 [3]	287.5	6	46.531588	48	
6	MANVI BOHAT	14-04-2011	HAR	130	83.60	0.157564	60.0	X	X	60.0 [6]	30.0	X	X	30.0 [6]	65.0	X	X	65.0 [7]	155.0	5	24.422420	62	
-	MONALIKA ACHARYA	30-08-2011	RAJ	133	81.91	0.158867	130.0	130.0	130.0	-	52.5	52.5	52.5	-	85.0	90.0	X	85.0 [6]	-	-	-	-	
Sub Junior - 84+Kg																						Sub Junior - 84+Kg	
1	DEVIKA ASHWIN DESAI	06-04-2006	KAR	151	113.79	0.143021	145.0	155.0	162.5	162.5 [2]	60.0	67.5	67.5	67.5 [7]	142.5	150.0	152.5	152.5 [1]	382.5	12	54.705533	29	

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
2	NANCY KEWAT	09-05-2007	M P	148	101.93	0.147211	160.0	160.0	170.0	160.0 [4]	60.0	67.5	72.5	72.5 [4]	125.0	132.5	135.0	135.0 [3]	367.5	9	54.100043	30
3	AVLEEN KAUR	24-07-2009	PUN	154	88.63	0.154094	135.0	150.0	162.5	162.5 [1]	50.0	60.0	72.5	72.5 [2]	147.5	122.5	127.5	127.5 [5]	362.5	8	55.859075	24
4	JAGREET KAUR	03-02-2006	PUN	153	84.69	0.156762	150.0	160.0	162.5	160.0 [3]	67.5	67.5	67.5	67.5 [6]	120.0	130.0	132.5	132.5 [4]	360.0	7	56.434320	23
5	SATHVI P SALIAN	08-03-2008	KAR	150	91.40	0.152414	135.0	135.0	142.5	142.5 [5]	55.0	62.5	72.5	72.5 [3]	125.0	135.0	135.0	125.0 [6]	340.0	6	51.820760	34
6	ABHYARTHANA NANDY	17-07-2006	W B	155	96.76	0.149554	130.0	130.0	130.0	130.0 [6]	45.0	50.0	52.5	52.5 [9]	135.0	145.0	147.5	147.5 [2]	330.0	5	49.352820	43
7	NAMITHA PV	25-03-2006	KER	146	88.73	0.154031	110.0	127.5	135.0	127.5 [7]	70.0	80.0	82.5	70.0 [5]	100.0	110.0	110.0	100.0 [9]	297.5	4	45.824223	50
8	DAKSHITA TRIVEDI	01-06-2008	M P	149	94.25	0.150833	95.0	105.0	107.5	95.0 [8]	45.0	50.0	52.5	52.5 [8]	95.0	100.0	105.0	105.0 [7]	252.5	3	38.085333	56
-	YASHTIKA ACHARYA	04-03-2007	RAJ	152	102.54	0.146958	200.5	200.5	200.5	-	100.0	100.0	112.5	112.5 [1]	102.5	122.5	X	102.5 [8]	-	-	-	-

Best Lifter - Sub Junior

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	THENMOZHI S	T N	63kg	60.35	0.185095	420.5	77.832448
2	SNEHA GHARAMI	W B	76kg	74.92	0.165157	465.0	76.798005
3	KADAMBARI RAUT	MAH	76kg	73.30	0.166855	452.5	75.501888

Team Championship - Sub Junior

Place	Team	Points	Best Points	IPF GL Points
1	PUNJAB	52	12+12+12+8+8	314.305160
2	TAMIL NADU	49	12+12+9+9+7	322.861756
3	MAHARASHTRA	40	9+9+8+8+6	313.410011
4	KARNATAKA	38	12+7+7+6+6	249.187133
5	HARYANA	37	12+12+8+5	226.973235
6	KERALA	35	9+8+7+6+5	280.260893
7	MADHYA PRADESH	33	9+9+8+4+3	264.230638
8	RAJASTHAN	33	9+8+7+5+4	265.475745
9	CHANDIGARH	23	7+6+6+4	201.542783
10	WEST BENGAL	17	12+5	126.150825
11	PUDUCHERRY	15	8+7	101.075140
12	CHHATTISGARH	12	9+3	92.205078
13	DELHI	7	7	49.946325
14	ANDHRA PRADESH	6	6	49.492495
15	TELANGANA	5	5	41.815313
-	MANIPUR	-	-	-

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
Junior - 43kg																						
1	MANSI SANJAY HANDE	21-07-2004	MAH	9	42.41	0.237736	105.0	112.5	117.5	112.5 [1]	52.5	57.5	57.5	52.5 [1]	107.5	112.5	117.5	112.5 [1]	277.5	12	65.971740	48
2	VIDHI	26-10-2002	HAR	12	42.29	0.238296	90.0	102.5	102.5	90.0 [3]	40.0	45.0	47.5	47.5 [2]	102.5	107.5	112.5	107.5 [2]	245.0	9	58.382520	60
Junior - 43kg																						

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place	
3	AKHILA J	20-12-2005	KER	10	42.25	0.238484	85.0	95.0	102.5	95.0 [2]	30.0	45.0	45.0	30.0 [3]	80.0	90.0	95.0	95.0 [3]	220.0	8	52.466480	65	
4	INIYA V	15-08-2005	T N	11	41.45	0.242341	65.0	75.0	82.5	75.0 [4]	25.0	30.0	30.0	25.0 [4]	75.0	85.0	92.5	92.5 [4]	192.5	7	46.650643	74	
Junior - 47kg																						Junior - 47kg	
1	HARSHADA GHOLE	30-05-2002	MAH	22	44.00	0.230696	150.0	160.0	167.5	160.0 [1]	75.0	75.0	75.0	75.0 [1]	140.0	150.0	150.0	140.0 [1]	375.0	12	86.511000	4	
2	AMRUTA BHAGAT	03-10-2001	MAH	21	45.46	0.224806	115.0	122.5	127.5	122.5 [2]	55.0	62.5	67.5	62.5 [4]	120.0	127.5	132.5	132.5 [2]	317.5	9	71.375905	33	
3	DURGA KUMAWAT	04-03-2004	RAJ	25	46.53	0.220800	105.0	117.5	125.0	117.5 [3]	57.5	62.5	65.0	65.0 [3]	107.5	117.5	125.0	117.5 [4]	300.0	8	66.240000	46	
4	PRAGATHI P NAIR	05-05-2005	KER	23	46.17	0.222120	115.0	115.0	127.5	115.0 [4]	40.0	52.5	52.5	40.0 [6]	115.0	125.0	135.0	125.0 [3]	280.0	7	62.193600	54	
5	SHALAN PINTO	29-09-2001	KAR	24	46.24	0.221861	95.0	105.0	115.0	105.0 [5]	55.0	60.0	65.0	65.0 [2]	95.0	107.5	107.5	95.0 [6]	265.0	6	58.793165	59	
6	KHUSHI PATHAK	09-03-2004	U P	26	45.72	0.223809	80.0	80.0	100.0	80.0 [6]	42.5	47.5	52.5	52.5 [5]	90.0	90.0	100.0	100.0 [5]	232.5	5	52.035593	66	
Junior - 52kg																						Junior - 52kg	
1	ASHIKA SANTHOSH K C	28-01-2001	KER	33	51.19	0.205890	155.0	165.0	170.0	170.0 [1]	70.0	75.0	77.5	77.5 [2]	150.0	160.0	160.0	150.0 [1]	397.5	12	81.841275	11	
2	SEEMA KUNTAL	28-11-2001	RAJ	38	51.20	0.205862	150.0	160.0	160.0	160.0 [3]	80.0	85.0	87.5	87.5 [1]	150.0	155.0	155.0	150.0 [2]	397.5	9	81.830145	12	
3	RITIKA	22-01-2003	HAR	36	51.70	0.204472	150.0	165.0	172.5	165.0 [2]	65.0	75.0	80.0	75.0 [3]	130.0	140.0	145.0	145.0 [3]	385.0	8	78.721720	18	
4	ANAGHA A	25-09-2003	KER	32	49.84	0.209831	137.5	150.0	162.5	150.0 [4]	40.0	55.0	65.0	55.0 [5]	135.0	142.5	145.0	142.5 [4]	347.5	7	72.916273	28	
5	THUDI SIRI CHANDANA	24-09-2003	TEL	37	51.73	0.204390	135.0	145.0	145.0	135.0 [5]	70.0	75.0	80.0	75.0 [4]	120.0	X	X	120.0 [7]	330.0	6	67.448700	43	
6	POOJA POOJARY	10-02-2002	KAR	34	50.14	0.208931	115.0	130.0	140.0	115.0 [6]	55.0	67.5	67.5	55.0 [6]	115.0	130.0	132.5	130.0 [6]	300.0	5	62.679300	53	
7	KOMALPREET KAUR	24-07-2004	PUN	39	50.70	0.207288	115.0	115.0	132.5	115.0 [7]	52.5	57.5	57.5	52.5 [7]	120.0	132.5	137.5	132.5 [5]	300.0	4	62.186400	55	
-	SHYAMRAO AISHWARYA	17-05-2005	TEL	35	49.82	0.209891	125.0	125.0	125.0	-	60.0	X	X	-	125.0	125.0	X	-	-	-	-	-	
Junior - 57kg																						Junior - 57kg	
1	MUBEEN	06-03-2002	PUN	62	56.00	0.193850	190.0	190.0	200.0	200.0 [1]	110.0	110.0	117.5	117.5 [1]	160.0	170.0	175.0	170.0 [3]	487.5	12	94.501875	1 <u>☺</u>	
2	SHUBHANGI PATIL	03-03-2001	MAH	51	55.73	0.194454	160.0	170.0	177.5	170.0 [4]	95.0	100.0	100.0	100.0 [2]	167.5	175.0	183.0	175.0 [1]	445.0	9	86.532030	3 <u>☺</u>	
3	SHAIK SADIYA ALMAS	27-10-2002	A P	52	55.14	0.195800	182.5	182.5	190.0	182.5 [2]	90.0	90.0	95.0	90.0 [4]	160.0	160.0	177.5	160.0 [4]	432.5	8	84.683500	6	
4	AISHWARYA	05-03-2001	KAR	53	55.60	0.194747	165.0	172.5	177.5	172.5 [3]	70.0	77.5	80.0	77.5 [6]	170.0	180.0	183.0	170.0 [2]	420.0	7	81.793740	13	
5	RAVEENA	15-08-2002	DEL	57	54.72	0.196782	150.0	150.0	157.5	150.0 [5]	90.0	90.0	97.5	97.5 [3]	155.0	167.5	167.5	155.0 [5]	402.5	6	79.204755	16	
6	BHUMIKA SARSWAT	05-03-2005	RAJ	60	52.90	0.201277	130.0	142.5	152.5	130.0 [6]	55.0	60.0	72.5	60.0 [7]	110.0	120.0	127.5	127.5 [7]	317.5	5	63.905448	50	
7	JANVI SONKAR	11-10-2005	M P	54	55.46	0.195065	90.0	100.0	100.0	100.0 [7]	50.0	55.0	55.0	50.0 [8]	100.0	110.0	112.5	110.0 [8]	260.0	4	50.716900	68	
8	SHEELA K	22-07-2003	PUD	61	56.96	0.191765	95.0	102.5	102.5	95.0 [8]	40.0	40.0	40.0	40.0 [10]	100.0	110.0	115.0	110.0 [9]	245.0	3	46.982425	73	
9	DEVI PRIYA A	10-05-2004	T N	58	55.51	0.194951	80.0	80.0	90.0	90.0 [9]	35.0	40.0	45.0	45.0 [9]	95.0	100.0	105.0	100.0 [10]	235.0	2	45.813485	76	
-	AMRITA KUMARI	06-03-2002	BIH	56	56.89	0.191914	162.5	162.5	162.5	-	75.0	85.0	90.0	85.0 [5]	120.0	130.0	X	130.0 [6]	-	-	-	-	
Junior - 63kg																						Junior - 63kg	
1	NEHA RANI	19-04-2003	BIH	78	57.69	0.190240	180.0	192.5	192.5	192.5 [1]	85.0	95.0	102.5	102.5 [3]	162.5	170.0	172.5	172.5 [3]	467.5	12	88.937200	2 <u>☺</u>	
2	SEJAL MAKWANA	01-10-2001	MAH	72	62.61	0.181174	170.0	182.5	192.5	192.5 [2]	105.5	105.5	111.0	111.0 [1]	155.0	162.5	162.5	162.5 [5]	466.0	9	84.427084	7	
3	MEENU	26-08-2003	HAR	80	61.49	0.183069	170.0	177.5	185.0	185.0 [3]	95.0	102.5	106.0	102.5 [4]	155.0	165.0	172.5	172.5 [4]	460.0	8	84.211740	8	
4	VIDYA GOLE	15-07-2002	MAH	71	61.59	0.182896	155.0	167.5	180.0	167.5 [5]	77.5	82.5	85.0	85.0 [6]	165.0	172.5	177.5	177.5 [2]	430.0	7	78.645280	19	
5	ANOOJA A	11-08-2005	KER	73	62.48	0.181389	150.0	150.0	162.5	162.5 [7]	90.0	95.0	97.5	95.0 [5]	150.0	162.5	167.5	150.0 [6]	407.5	6	73.916018	25	
6	NIRAI MATHI S	03-11-2002	T N	82	62.09	0.182043	162.5	177.5	182.5	177.5 [4]	70.0	75.0	75.0	70.0 [9]	140.0	165.0	165.0	140.0 [7]	387.5	5	70.541663	36	
7	RAJNI MALLAH	24-07-2002	KAR	79	62.30	0.181689	165.0	172.5	175.0	165.0 [6]	75.0	82.5	85.0	75.0 [7]	125.0	X	X	125.0 [10]	365.0	4	66.316485	45	
8	PRACHI SONI	12-12-2001	RAJ	84	61.74	0.182638	140.0	150.0	155.0	155.0 [8]	65.0	72.5	77.5	72.5 [8]	135.0	145.0	145.0	135.0 [8]	362.5	3	66.206275	47	
9	SONAL CHHETRI	20-06-2003	M P	74	61.68	0.182741	105.0	110.0	120.0	110.0 [10]	55.0	62.5	62.5	62.5 [10]	95.0	95.0	105.0	95.0 [11]	267.5	2	48.883218	72	

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place	
10	GAGANDEEP KAUR	03-08-2004	PUN	85	62.90	0.180698	100.0	105.0	110.0	110.0 [11]	45.0	50.0	50.0	50.0 [11]	85.0	95.0	130.0	95.0 [12]	255.0	1	46.077990	75	
-	MEENAKSHI SINHA	12-06-2004	BIH	77	62.09	0.182043	125.0	125.0	140.0	140.0 [9]	50.0	50.0	50.0	-	130.0	135.0	142.5	135.0 [9]	-	-	-	-	
-	SALONI TYAGI	01-12-2005	DEL	81	62.28	0.181723	205.0	215.0	X	-	95.0	105.0	107.5	107.5 [2]	170.0	180.0	197.5	180.0 [1]	-	-	-	-	
Junior - 69kg																						Junior - 69kg	
1	KAJAL	02-07-2003	HAR	101	68.84	0.172103	185.0	202.5	207.5	202.5 [1]	90.0	108.0	112.5	112.5 [1]	180.0	196.0	197.5	180.0 [2]	495.0	12	85.190985	5	
2	PRERANA SALVI	31-08-2003	MAH	96	67.84	0.173409	185.0	192.5	200.0	200.0 [2]	100.0	105.0	110.0	110.0 [2]	165.0	172.5	177.5	172.5 [3]	482.5	9	83.669843	9	
3	RAJESWARI VINAYAGAMOORTHY	03-03-2002	T N	105	68.90	0.172026	192.5	192.5	197.5	197.5 [3]	72.5	75.0	75.0	75.0 [9]	192.5	198.0	210.5	198.0 [1]	470.5	8	80.938233	14	
4	ANJALI S	08-08-2002	KER	97	68.30	0.172802	180.0	197.5	197.5	180.0 [4]	105.0	115.0	0.0	105.0 [3]	150.0	162.5	162.5	150.0 [6]	435.0	7	75.168870	23	
5	BEENA PARIHAR	20-06-2002	DEL	100	68.61	0.172399	160.0	172.5	177.5	177.5 [5]	97.5	107.5	108.5	97.5 [4]	150.0	170.0	177.5	150.0 [7]	425.0	6	73.269575	27	
6	YASHICA	05-11-2005	DEL	99	67.34	0.174082	170.0	170.0	170.0	170.0 [7]	80.0	87.5	92.5	87.5 [5]	160.0	170.0	170.0	160.0 [4]	417.5	5	72.679235	29	
7	SANDEEP RANI	25-09-2004	PUN	107	65.99	0.175968	170.0	190.0	202.5	170.0 [6]	70.0	80.0	80.0	80.0 [7]	120.0	140.0	160.0	140.0 [9]	390.0	4	68.627520	41	
8	KIRUTHIKA M	26-06-2005	PUD	106	68.88	0.172052	150.0	162.5	175.0	162.5 [8]	60.0	70.0	75.0	75.0 [8]	140.0	150.0	155.0	150.0 [8]	387.5	3	66.670150	44	
9	AYUSHI TIWARI	21-11-2004	UTK	104	66.11	0.175796	125.0	135.0	150.0	150.0 [9]	70.0	85.0	85.0	85.0 [6]	115.0	125.0	135.0	125.0 [10]	360.0	2	63.286560	52	
10	UJALA BISHNOI	16-08-2005	RAJ	103	64.06	0.178851	147.5	117.5	130.0	117.5 [11]	60.0	67.5	72.5	67.5 [10]	150.0	157.5	157.5	157.5 [5]	342.5	1	61.256468	57	
11	NUTAN	27-05-2005	CHT	102	67.51	0.173852	95.0	120.0	137.5	120.0 [10]	47.5	52.5	52.5	52.5 [12]	115.0	125.0	125.0	115.0 [11]	287.5	1	49.982450	69	
12	SAKSHI NARWARIYA	14-01-2005	M P	98	65.01	0.177403	92.5	102.5	110.0	102.5 [12]	50.0	60.0	60.0	60.0 [11]	95.0	105.0	105.0	95.0 [12]	257.5	1	45.681273	77	
Junior - 76kg																						Junior - 76kg	
1	ANJALI P R	11-01-2004	KER	120	75.10	0.164974	165.0	180.0	195.0	195.0 [3]	105.0	105.0	110.0	110.0 [2]	160.0	175.0	187.5	175.0 [1]	480.0	12	79.187520	17	
2	ANUSHIYA K	09-05-2005	PUD	128	75.56	0.164513	180.0	195.0	205.0	195.0 [4]	90.0	100.0	105.0	105.0 [4]	165.0	170.0	185.0	170.0 [2]	470.0	9	77.321110	22	
3	SEJAL MOIKAR	28-09-2002	MAH	117	73.93	0.166182	175.0	185.0	195.0	195.0 [2]	90.0	102.5	107.5	107.5 [3]	135.0	145.0	165.0	145.0 [5]	447.5	8	74.366445	24	
4	ANGEL P A	01-11-2002	KER	119	75.90	0.164177	175.0	190.0	197.5	197.5 [1]	85.0	90.0	90.0	90.0 [5]	125.0	135.0	142.5	142.5 [7]	430.0	7	70.596110	35	
5	MAMTA	10-09-2001	UTK	127	73.34	0.166812	167.5	177.5	187.5	177.5 [6]	72.5	85.0	95.0	85.0 [7]	145.0	160.0	165.0	160.0 [3]	422.5	6	70.478070	38	
6	SANIKA RAJENDRA MALUSARE	11-08-2003	MAH	116	76.00	0.164079	160.0	172.5	172.5	160.0 [8]	102.5	110.0	115.0	115.0 [1]	130.0	140.0	145.0	140.0 [9]	415.0	5	68.092785	42	
7	SUHANI	20-09-2003	DEL	125	69.74	0.170970	160.0	180.0	190.0	180.0 [5]	50.0	60.0	70.0	70.0 [8]	140.0	155.0	162.5	155.0 [4]	405.0	4	69.242850	40	
8	TUPAKULA NAGA JYOTHI	16-03-2004	A P	118	74.50	0.165587	155.0	165.0	175.0	175.0 [7]	55.0	60.0	60.0	55.0 [11]	135.0	142.5	145.0	142.5 [6]	372.5	3	61.681158	56	
9	KUMMARI PUJITHA	31-07-2004	TEL	121	74.63	0.165453	130.0	140.0	147.5	140.0 [10]	65.0	70.0	72.5	70.0 [9]	130.0	140.0	145.0	140.0 [8]	350.0	2	57.908550	62	
10	PALAKPREET KAUR	03-09-2005	PUN	126	69.79	0.170909	115.0	120.0	122.5	122.5 [12]	45.0	50.0	52.5	52.5 [12]	125.0	132.5	137.5	132.5 [10]	307.5	1	52.554518	64	
11	AFRIZA AHMED	05-04-2004	ASA	129	70.45	0.170104	125.0	135.0	147.5	135.0 [11]	40.0	50.0	55.0	55.0 [10]	100.0	115.0	130.0	115.0 [11]	305.0	1	51.881720	67	
12	FARHANA AZ ALTA FHUSSAIN PINJAR	20-07-2002	KAR	123	74.12	0.165983	100.0	100.0	115.0	100.0 [13]	50.0	55.0	55.0	50.0 [13]	110.0	130.0	130.0	110.0 [12]	260.0	1	43.155580	79	
-	POOJA ACHARYA	22-01-2003	RAJ	124	72.71	0.167499	125.0	140.0	155.0	155.0 [9]	75.0	85.0	92.5	85.0 [6]	135.0	135.0	135.0	-	-	-	-	-	
Junior - 84kg																						Junior - 84kg	
1	MAHESH VAISHNAVI	03-01-2003	TEL	142	82.70	0.158249	185.0	192.5	202.5	202.5 [2]	100.0	110.0	117.5	110.0 [2]	165.0	175.0	182.5	182.5 [1]	495.0	12	78.333255	20	
2	JYOTI	28-02-2002	HAR	145	78.48	0.161759	190.0	200.0	207.5	207.5 [1]	100.0	107.5	112.5	112.5 [1]	155.0	162.5	172.5	172.5 [2]	492.5	9	79.666308	15	
3	PRIYANKA	10-12-2005	HAR	140	83.54	0.157609	180.0	195.0	200.0	200.0 [3]	90.0	100.0	105.0	105.0 [4]	147.5	157.5	160.0	160.0 [5]	465.0	8	73.288185	26	
4	BHUMIKA DAGAR	16-06-2003	DEL	141	82.50	0.158404	175.0	187.5	202.5	187.5 [6]	95.0	102.5	107.5	107.5 [3]	152.5	160.0	170.0	152.5 [6]	447.5	7	70.885790	34	
5	AMSAVALLI SARAVANAN	18-06-2001	T N	143	83.80	0.157414	175.0	187.5	197.5	197.5 [4]	70.0	77.5	82.5	77.5 [8]	170.0	180.0	180.0	170.0 [3]	445.0	6	70.049230	39	
6	SHAIK SHABEENA	04-01-2005	A P	137	81.24	0.159406	170.0	185.0	195.0	195.0 [5]	80.0	85.0	87.5	87.5 [5]	160.0	170.0	170.0	160.0 [4]	442.5	5	70.537155	37	
7	HARSHITHA V SALIAN	19-03-2005	KAR	139	83.42	0.157699	137.5	137.5	147.5	147.5 [8]	82.5	92.5	92.5	82.5 [7]	137.5	147.5	152.5	147.5 [7]	377.5	4	59.531373	58	
8	HARSHI BOLIA	03-05-2005	RAJ	144	83.48	0.157654	165.0	165.0	172.5	165.0 [7]	85.0	90.0	90.0	85.0 [6]	140.0	110.0	120.0	120.0 [8]	370.0	3	58.331980	61	

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place	
9	KANAK SHARMA	06-05-2004	KAR	138	81.20	0.159438	90.0	100.0	110.0	110.0 [9]	50.0	60.0	60.0	60.0 [9]	90.0	100.0	112.5	112.5 [9]	282.5	2	45.041235	78	
Junior - 84+Kg																						Junior - 84+Kg	
1	MOUMITA GHOSH	12-03-2002	W B	169	104.20	0.146292	225.0	245.0	255.0	245.0 [1]	112.5	117.5	122.5	122.5 [2]	180.0	190.0	200.0	200.0 [1]	567.5	12	83.020710	10	
2	AMEYA V	10-03-2005	KER	158	97.18	0.149350	210.0	220.0	225.0	225.0 [4]	120.0	125.0	130.0	130.0 [1]	160.0	160.0	165.0	165.0 [4]	520.0	9	77.662000	21	
3	NEELAM DANGI	02-04-2001	RAJ	166	96.70	0.149583	200.0	215.0	230.0	230.0 [2]	95.0	105.0	110.0	95.0 [5]	145.0	152.5	160.0	160.0 [5]	485.0	8	72.547755	30	
4	RANGU VIRINCHI SWAPNIKA	31-12-2002	TEL	165	95.65	0.150107	200.0	217.5	225.0	225.0 [3]	80.0	92.5	102.5	92.5 [6]	165.0	172.5	172.5	165.0 [3]	482.5	7	72.426628	31	
5	VANSHIKA JAIN	21-02-2003	U P	164	94.48	0.150712	210.0	230.0	230.0	210.0 [5]	105.0	112.5	112.5	105.0 [3]	150.0	165.0	175.0	165.0 [2]	480.0	6	72.341760	32	
6	NAGAM GNANA DIVYA	12-05-2005	A P	156	100.16	0.147972	190.0	197.5	205.0	197.5 [6]	75.0	80.0	80.0	80.0 [8]	160.0	167.5	167.5	160.0 [6]	437.5	5	64.737750	49	
7	YASHIKA SHARMA	18-02-2001	M P	159	92.34	0.151877	175.0	190.0	195.0	195.0 [7]	85.0	90.0	95.0	95.0 [4]	120.0	130.0	140.0	130.0 [8]	420.0	4	63.788340	51	
8	N MANISRAVANI	23-06-2004	A P	157	110.89	0.143916	170.0	187.5	X	170.0 [8]	82.5	92.5	100.0	92.5 [7]	132.5	X	X	132.5 [7]	395.0	3	56.846820	63	
9	AMISHA KACHI	13-11-2005	RAJ	160	125.56	0.140054	155.0	155.0	155.0	155.0 [10]	70.0	75.0	80.0	80.0 [9]	110.0	117.5	122.5	117.5 [10]	352.5	2	49.369035	70	
10	HARSHDEEP KAUR	18-12-2005	PUN	167	105.86	0.145658	150.0	160.0	160.0	160.0 [9]	60.0	65.0	65.0	60.0 [10]	90.0	110.0	117.5	117.5 [9]	337.5	1	49.159575	71	
11	JASHANPREET KAUR	27-07-2005	CHN	161	91.14	0.152565	100.0	100.0	107.5	107.5 [11]	40.0	50.0	55.0	50.0 [11]	95.0	105.0	107.5	105.0 [11]	262.5	1	40.048313	80	
-	JASJYOT KAUR WILKHO	09-01-2004	CHN	162	93.60	0.151181	105.0	105.0	105.0	-	40.0	42.5	45.0	42.5 [12]	90.0	95.0	100.0	100.0 [12]	-	-	-	-	

Best Lifter - Junior

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	MUBEEN	PUN	57kg	56.00	0.193850	487.5	94.501875
2	NEHA RANI	BIH	63kg	57.69	0.190240	467.5	88.937200
3	SHUBHANGI PATIL	MAH	57kg	55.73	0.194454	445.0	86.532030

Team Championship - Junior

Place	Team	Points	Best Points	IPF GL Points
1	MAHARASHTRA	51	12+12+9+9+9	407.111697
2	KERALA	48	12+12+9+8+7	366.326145
3	HARYANA	46	12+9+9+8+8	386.173273
4	RAJASTHAN	33	9+8+8+5+3	350.729623
5	TAMIL NADU	28	8+7+6+5+2	313.993254
6	DELHI	28	7+6+6+5+4	365.282205
7	TELANGANA	27	12+7+6+2	276.117133
8	KARNATAKA	26	7+6+5+4+4	329.114063
9	ANDHRA PRADESH	24	8+5+5+3+3	338.486383
10	PUNJAB	22	12+4+4+1+1	327.029888
11	PUDUCHERRY	15	9+3+3	190.973685
12	BIHAR	12	12	88.937200
13	WEST BENGAL	12	12	83.020710
14	UTTAR PRADESH	11	6+5	124.377353
15	MADHYA PRADESH	11	4+4+2+1	209.069731
16	UTTARAKHAND	8	6+2	133.764630

Team Championship - Junior				
Place	Team	Points	Best Points	IPF GL Points
17	ASSAM	1	1	51.881720
18	CHHATTISGARH	1	1	49.982450
19	CHANDIGARH	1	1	40.048313

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
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Abbreviations:

A P = Andhra Pradesh ASA = Assam BIH = Bihar CHN = Chandigarh CHT = Chhattisgarh DEL = Delhi HAR = Haryana KAR = Karnataka KER = Kerala M P = Madhya Pradesh MAH = Maharashtra MAN = Manipur PUD = Puducherry PUN = Punjab RAJ = Rajasthan T N = Tamil Nadu TEL = Telangana U P = Uttar Pradesh UTK = Uttarakhand W B = West Bengal