

Powerlifting India
National Classic Women's Benchpress Championship 2019
New Delhi, India - 23-11-2019 to 27-11-2019
Detailed Results

Place	Name	DOB	Team	Lot	Bd. Wt.	BP1	BP2	BP3	Best	Points
47kg - Open										
1	USHA ROHINI	01-05-1993	KAR	1	46.80	45.0	50.0	52.5	52.5	12
2	MEENAKSHI JOSHI	04-01-1991	DEL	2	46.00	40.0	42.5	42.5	40.0	9
52kg - Open										
1	AKSHATHA POOJARY	08-08-1987	KAR	5	52.00	62.5	67.5	70.0	70.0	12
2	SAVITA KUMARI	12-12-1983	DEL	4	50.60	60.0	65.0	67.5	65.0	9
3	JYOTI KANDHARE	19-10-1980	MAH	8	50.70	57.5	62.5	65.0	62.5	8
4	KRITI KUMARI	07-11-1998	KER	7	50.20	55.0	57.5	60.0	57.5	7
5	NEEMA KUMARI	06-01-1997	KAR	6	51.30	50.0	55.0	57.5	55.0	6
6	AMITA DEVI	26-04-1986	J&K	9	51.82	47.5	52.5	60.0	52.5	5
7	SHRUNGITA JOSHI	30-05-1991	M P	10	50.10	45.0	47.5	50.0	50.0	4
8	DEEKSHA SHARMA	20-12-1991	U P	12	51.50	50.0	55.0	62.5	50.0	3
9	NILESHWARI SHANKHLA	30-07-1995	M P	11	50.39	37.5	40.0	40.0	37.5	2
57kg - Open										
1	SUDHA KUMARI	01-06-1979	BIH	13	55.00	77.5	85.0	90.0	85.0	12
2	RAJANI UPADHYAY	01-01-1979	RAJ	15	57.00	60.0	67.5	72.5	67.5	9
3	PUJA KUMARI	02-04-1985	M P	16	57.00	50.0	55.0	55.0	55.0	8
4	SAPNA BHARTI	27-08-2000	U P	18	55.75	45.0	47.5	47.5	45.0	7
5	PREETI RANI	08-04-1990	DEL	17	55.88	42.5	45.0	47.5	45.0	6
6	MONIKA SHUKLA	07-08-1995	M P	19	53.40	40.0	45.0	45.0	40.0	5
7	SHALINI SHARMA	08-12-1983	J&K	21	56.00	35.0	37.5	40.0	40.0	4
8	SUMAN LATA	15-11-1995	J&K	20	53.80	25.0	27.5	30.0	30.0	3
63kg - Open										
1	TAPASI CHAKRABORTY	04-12-1985	W B	30	60.70	67.5	70.0	70.0	70.0	12
2	PRIYA KANDALKAN	16-12-1985	MAH	58	62.80	65.0	70.0	72.5	70.0	9
3	RONI SHIRAT	22-09-1991	MAH	57	60.10	60.0	62.5	62.5	62.5	8
4	VENIZEIA A CARLO	07-02-2000	KAR	26	63.00	60.0	62.5	67.5	62.5	7
5	SONIA SHARMA	26-02-1985	HAR	28	62.20	60.0	60.0	65.0	60.0	6
6	AISHWARYA K	21-12-1992	KAR	25	62.58	55.0	60.0	67.5	60.0	5
7	SANJANA VERMA	08-09-1986	RAJ	29	62.70	50.0	50.0	55.0	50.0	4
8	NEHA SAHU	25-02-1992	M P	32	61.68	40.0	45.0	47.5	47.5	3
9	MALIKA TANEJA	18-10-1987	CCS	31	57.40	45.0	50.0	50.0	45.0	2
	SURBHI BALI	19-11-1997	J&K	27	62.00	70.0	X	X	-	-
	POONAM SHARMA	01-12-1975	DEL	22	62.70	75.0	85.0	85.0	DD	-
72kg - Open										
1	PARNEET KAUR	29-01-1998	DEL	34	65.90	70.0	75.0	80.0	75.0	12
2	RUBY SHARMA	15-10-1988	J&K	36	72.00	67.5	70.0	70.0	67.5	9
3	NEELAM SINGH	05-02-1980	HAR	37	70.00	65.0	70.0	70.0	65.0	8
4	SUNITA PUNCH	25-07-1974	M P	40	70.30	60.0	65.0	70.0	65.0	7
5	SHRUTHI K V	03-09-1993	KAR	39	64.60	47.5	52.5	55.0	52.5	6
6	OM KANWAR	10-05-1997	RAJ	35	70.00	50.0	X	X	50.0	5
	KULWINDER KAUR	15-05-1982	PUN	33	63.10	75.0	85.0	87.5	DD	-
84kg - Open										
1	JUHI GUPTA	05-10-1993	J&K	41	81.30	75.0	80.0	82.5	82.5	12
2	GEETA TEOTIA	06-07-1990	U P	43	83.20	70.0	75.0	82.5	82.5	9
3	GAYATRI TOMAR	25-07-1974	M P	38	83.50	60.0	67.5	72.5	67.5	8
4	SAJIDA NEFEES	17-11-1989	DEL	42	83.90	65.0	72.5	75.0	65.0	7
5	RAJ KUMARI YADAV	02-07-1981	RAJ	45	72.90	55.0	60.0	X	55.0	6
6	TRIPARNA GHOSAL CHAKRABORTY	09-11-1984	W B	46	82.40	45.0	45.0	52.5	52.5	5
7	VIAJYAVANI VIAJYAVANI	06-05-1983	KAR	47	75.50	45.0	50.0	55.0	50.0	4
	MANISHA EKKA	25-10-1995	JHA	44	82.60	82.5	87.5	92.5	DD	-

Place	Name	DOB	Team	Lot	Bd. Wt.	BP1	BP2	BP3	Best	Points
84+Kg - Open										
1	RAJNI PARIHAR	24-10-1980	DEL	49	95.90	77.5	82.5	82.5	77.5	12
2	CHHAYA BHATT	14-07-1965	FCI	54	116.20	65.0	70.0	75.0	70.0	9
3	MANISHA PRAJAPAT	03-06-1992	RAJ	52	88.70	60.0	65.0	65.0	65.0	8
4	RACHAEL NORONHA	08-12-1999	KAR	53	115.50	55.0	62.5	72.5	62.5	7
5	PRANJAL SOLANKI	03-12-2001	M P	51	105.40	57.5	60.0	60.0	57.5	6
6	UPASANA MAHAJAN	15-08-1989	J&K	55	135.90	55.0	60.0	60.0	55.0	5
7	GAYATHRI S	22-05-1985	T N	56	87.60	40.0	45.0	50.0	45.0	4

Abbreviations:

BIH = Bihar CCS = C C S C S B DEL = Delhi FCI = F C I HAR = Haryana J&K = Jammu and Kashmir
 JHA = Jharkhand KAR = Karnataka KER = Kerala M P = Madhya Pradesh MAH = Maharashtra
 PUN = Punjab RAJ = Rajasthan T N = Tamil Nadu U P = Uttar Pradesh W B = West Bengal

DD = Doping Disqualification