

**Powerlifting India**  
**Federation Cup Men's Equipped Powerlifting Championship 2023**  
**Indore, Madhya Pradesh - 27-12-2023 to 29-12-2023**  
**Detailed Results**

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total Points	IPF GL Points	Place	
<b>59kg - Open</b>																						
1	DHARMENDRA KUMAR RAMNAYAN YADAV	01-10-1993	MAH	8	58.90	0.145783	240.0	<del>252.5</del>	<del>262.5</del>	240.0 [1]	167.5	175.0	<del>180.0</del>	175.0 [1]	220.0	235.0	<del>242.5</del>	235.0 [2]	650.0	12	94.758950	2 <u>☺</u>
2	DHRUV RAJ KURE	02-06-2002	M P	11	58.20	0.147149	220.0	<del>230.0</del>	<del>230.0</del>	220.0 [2]	120.0	125.0	<del>130.0</del>	125.0 [5]	220.0	235.0	242.5	242.5 [1]	587.5	9	86.450038	10
3	VAIBHAV THORAT	18-06-1999	MAH	6	58.80	0.145976	200.0	<del>212.5</del>	<del>212.5</del>	200.0 [6]	150.0	<del>160.0</del>	160.0	160.0 [2]	220.0	<del>230.0</del>	<del>235.0</del>	220.0 [5]	580.0	8	84.666080	14
4	YUVARAJ M	01-10-2003	KAR	9	58.70	0.146169	205.0	215.0	<del>220.0</del>	215.0 [3]	95.0	100.0	102.5	102.5 [7]	205.0	215.0	<del>220.0</del>	215.0 [6]	532.5	7	77.834993	26
5	KOSHAL JHA	20-01-2004	M P	4	57.50	0.148558	200.0	<del>215.0</del>	<del>215.0</del>	200.0 [5]	100.0	120.0	125.0	125.0 [4]	180.0	200.0	205.0	205.0 [7]	530.0	6	78.735740	24
6	GAURAV SAHU	26-10-2001	RAJ	10	57.00	0.149591	187.5	197.5	205.0	205.0 [4]	92.5	<del>100.0</del>	100.0	100.0 [8]	205.0	217.5	222.5	222.5 [4]	527.5	5	78.909253	23
7	CHANDRASHEKARA K	26-03-1998	KAR	5	57.50	0.148558	<del>190.0</del>	<del>190.0</del>	192.5	192.5 [7]	<del>95.0</del>	95.0	<del>102.5</del>	95.0 [10]	200.0	<del>220.0</del>	<del>220.0</del>	200.0 [8]	487.5	4	72.422025	39
8	ADITYA SHARMA	20-03-1996	J&K	7	58.70	0.146169	160.0	170.0	180.0	180.0 [8]	<del>130.0</del>	<del>130.0</del>	130.0	130.0 [3]	150.0	160.0	165.0	165.0 [12]	475.0	3	69.430275	50
9	AMALJITH S	02-09-2004	KER	3	52.70	0.159515	165.0	175.0	<del>182.5</del>	175.0 [9]	<del>82.5</del>	85.0	92.5	92.5 [11]	180.0	190.0	<del>202.5</del>	190.0 [9]	457.5	2	72.978113	37
10	HARSHIT JAT	25-03-2006	M P	2	52.60	0.159770	145.0	152.5	160.0	160.0 [11]	90.0	90.0	97.5	97.5 [9]	170.0	175.0	180.0	180.0 [11]	437.5	1	69.899375	48
11	SAYAN GHARAMI	09-03-2006	W B	1	52.40	0.160285	150.0	150.0	162.5	162.5 [10]	70.0	77.5	80.0	80.0 [12]	160.0	180.0	<del>195.0</del>	180.0 [10]	422.5	1	67.720413	52
12	AJAIKUMAR M	08-09-1971	KER	13	57.00	0.149591	95.0	110.0	120.0	120.0 [12]	65.0	70.0	75.0	75.0 [13]	100.0	115.0	130.0	130.0 [13]	325.0	1	48.617075	67
-	P BHARATH KUMAR	08-03-2002	A P	12	59.00	0.145591	<del>180.0</del>	<del>192.5</del>	<del>192.5</del>	-	100.0	110.0	<del>120.0</del>	110.0 [6]	200.0	215.0	225.0	225.0 [3]	-	-	-	-
<b>66kg - Open</b>																						
1	VENKATESH KONAR	07-04-2002	MAH	17	66.00	0.133945	<del>260.0</del>	<del>260.0</del>	270.0	270.0 [2]	140.0	152.5	160.0	160.0 [1]	260.0	270.0	<del>275.0</del>	270.0 [1]	700.0	12	93.761500	3 <u>☺</u>
2	M VAMSI	10-08-2003	TEL	15	63.80	0.137260	<del>280.0</del>	280.0	<del>290.0</del>	280.0 [1]	125.0	132.5	140.0	140.0 [3]	225.0	235.0	<del>242.5</del>	235.0 [2]	655.0	9	89.905300	4
3	J BHAGWAT RAO	14-07-1995	CHT	16	66.00	0.133945	210.0	225.0	232.5	232.5 [3]	140.0	145.0	150.0	150.0 [2]	190.0	205.0	<del>215.0</del>	205.0 [4]	587.5	8	78.692688	25
4	MANAN KAPOOR	03-05-2000	U P	19	65.50	0.134674	210.0	222.5	<del>235.0</del>	222.5 [4]	110.0	115.0	<del>117.5</del>	115.0 [4]	210.0	222.5	<del>227.5</del>	222.5 [3]	560.0	7	75.417440	33
5	MOHAMMAD SAMEER	04-11-2006	UTK	18	66.00	0.133945	<del>190.0</del>	190.0	200.0	200.0 [5]	90.0	<del>105.0</del>	105.0	105.0 [5]	170.0	190.0	<del>200.0</del>	190.0 [6]	495.0	6	66.302775	54
6	LAXMAN P GUTAM	10-02-1977	M P	21	65.20	0.135118	155.0	165.0	172.5	172.5 [6]	85.0	<del>87.5</del>	<del>97.5</del>	85.0 [7]	180.0	190.0	195.0	195.0 [5]	452.5	5	61.140895	59
7	SANJAY JAGDISH SHARMA	19-09-1972	MAH	22	64.90	0.135567	100.0	120.0	X	120.0 [7]	80.0	90.0	95.0	95.0 [6]	100.0	120.0	140.0	140.0 [7]	355.0	4	48.126285	68
-	SHAILENDRA BAGHEL	15-12-1997	U P	14	65.80	0.134235	<del>285.0</del>	<del>290.0</del>	<del>290.0</del>	-	<del>147.5</del>	X	X	-	X	X	X	-	-	-	-	
<b>74kg - Open</b>																						
1	SHAILENDRA SEWATHIYA	02-02-1995	M P	25	73.32	0.124673	<del>300.0</del>	<del>300.0</del>	300.0	300.0 [1]	170.0	<del>180.0</del>	180.0	180.0 [1]	260.0	287.5	<del>300.0</del>	287.5 [1]	767.5	12	95.686528	1 <u>☺</u>
2	AMAN BHAGAT	06-04-2001	M P	30	72.54	0.125550	<del>260.0</del>	260.0	<del>270.0</del>	260.0 [4]	<del>160.0</del>	160.0	<del>170.0</del>	160.0 [4]	<del>200.0</del>	255.0	277.5	277.5 [2]	697.5	9	87.571125	7
3	ROHITH S	26-04-2001	KER	2	73.44	0.124540	275.0	<del>285.0</del>	290.0	290.0 [2]	<del>145.0</del>	145.0	152.5	152.5 [6]	235.0	245.0	255.0	255.0 [4]	697.5	8	86.866650	9
4	ARJI BALAKRISHNA	20-10-1995	A P	24	73.92	0.124014	<del>270.0</del>	270.0	<del>280.0</del>	270.0 [3]	160.0	<del>170.0</del>	<del>170.0</del>	160.0 [5]	235.0	245.0	250.0	250.0 [5]	680.0	7	84.329520	15
5	ASIF	08-11-2001	UTK	29	73.04	0.124985	245.0	<del>255.0</del>	255.0	255.0 [5]	160.0	167.5	172.5	172.5 [2]	<del>240.0</del>	<del>240.0</del>	240.0	240.0 [6]	667.5	6	83.427488	18
6	MOHD ASHRAF	07-02-2000	UTK	23	71.66	0.126569	190.0	210.0	<del>230.0</del>	210.0 [6]	155.0	160.0	<del>165.0</del>	160.0 [3]	245.0	260.0	<del>267.5</del>	260.0 [3]	630.0	5	79.738470	21
7	VINOD SATAV	02-06-1960	MAH	31	73.46	0.124518	125.0	135.0	140.0	140.0 [7]	77.5	82.5	<del>87.5</del>	82.5 [8]	135.0	<del>145.0</del>	150.0	150.0 [8]	372.5	4	46.382955	69
8	ABDUL AZEEM C C	15-07-1950	KER	32	72.12	0.126032	70.0	80.0	82.5	82.5 [8]	65.0	72.5	<del>75.0</del>	72.5 [9]	80.0	<del>90.0</del>	90.0	90.0 [9]	245.0	3	30.877840	74
-	PRADUL A K	08-01-2005	KER	26	69.94	0.128652	<del>220.0</del>	<del>220.0</del>	<del>220.0</del>	-	97.5	102.5	<del>105.0</del>	102.5 [7]	210.0	220.0	<del>240.0</del>	220.0 [7]	-	-	-	-
<b>83kg - Open</b>																						

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total Points	IPF	GL Points	Place
1	PRADEEP KUMAR	04-05-1988	KAR	33	82.98	0.115494	<del>280.0</del>	<del>292.5</del>	292.5	292.5 [2]	<del>220.0</del>	<del>220.0</del>	220.0	220.0 [1]	245.0	255.0	265.0	265.0 [6]	777.5	12	89.796585	5
2	G RAMESH	19-12-1993	TEL	37	82.20	0.116135	280.0	300.0	<del>340.0</del>	300.0 [1]	150.0	165.0	175.0	175.0 [4]	270.0	277.5	<del>280.0</del>	277.5 [2]	752.5	9	87.391588	8
3	PILLY UDAY KIRAN	21-04-2001	TEL	38	83.00	0.115477	260.0	280.0	292.5	292.5 [3]	160.0	165.0	<del>172.5</del>	165.0 [5]	260.0	277.5	285.0	285.0 [1]	742.5	8	85.741673	11
4	BHARATH RAVI	11-02-2000	T N	44	83.00	0.115477	275.0	287.5	<del>302.5</del>	287.5 [5]	175.0	180.0	<del>195.0</del>	180.0 [3]	265.0	272.5	<del>280.0</del>	272.5 [5]	740.0	7	85.452980	12
5	JAYAMARUTHI M	04-07-2004	T N	45	82.38	0.115985	287.5	<del>290.0</del>	<del>307.5</del>	287.5 [4]	152.5	157.5	162.5	162.5 [6]	272.5	<del>287.5</del>	<del>290.0</del>	272.5 [4]	722.5	6	83.799163	16
6	MOHAMAD IHSAN S	22-02-2002	KER	42	82.60	0.115804	<del>250.0</del>	250.0	<del>270.0</del>	250.0 [7]	160.0	<del>175.0</del>	<del>177.5</del>	160.0 [7]	250.0	260.0	275.0	275.0 [3]	685.0	5	79.325740	22
7	MOHD KADIR	22-05-1998	UTK	36	75.62	0.122218	250.0	270.0	<del>280.0</del>	270.0 [6]	155.0	170.0	180.0	180.0 [2]	180.0	<del>190.0</del>	<del>190.0</del>	180.0 [12]	630.0	4	76.997340	29
8	MIHIRKUMAR TIRGAR	27-05-2005	GUJ	41	82.24	0.116101	230.0	<del>245.0</del>	245.0	245.0 [8]	140.0	145.0	<del>150.0</del>	145.0 [9]	220.0	235.0	<del>240.0</del>	235.0 [8]	625.0	3	72.563125	38
9	RAVINDRA SALVE	03-12-1979	MAH	46	82.00	0.116302	200.0	<del>215.0</del>	220.0	220.0 [9]	150.0	<del>160.0</del>	<del>160.0</del>	150.0 [8]	200.0	220.0	227.5	227.5 [9]	597.5	2	69.490445	49
10	YUVRAJ SINGH	11-09-2005	RAJ	40	76.24	0.121588	<del>245.0</del>	<del>245.0</del>	215.0	215.0 [10]	80.0	<del>90.0</del>	90.0	90.0 [12]	<del>225.0</del>	235.0	<del>240.0</del>	235.0 [7]	540.0	1	65.657520	55
11	PARESH PRAJAPATI	10-10-1992	GUJ	34	82.80	0.115640	<del>170.0</del>	<del>175.0</del>	175.0	175.0 [12]	102.5	107.5	<del>115.0</del>	107.5 [10]	<del>197.5</del>	205.0	<del>215.0</del>	205.0 [10]	487.5	1	56.374500	63
12	KESAV KARTHICK N	07-12-2006	T N	39	78.78	0.119137	175.0	190.0	<del>200.0</del>	190.0 [11]	85.0	92.5	97.5	97.5 [11]	170.0	182.5	190.0	190.0 [11]	477.5	1	56.887918	62
-	UDAI PRATAP SINGH	02-12-1961	M P	49	75.70	0.122136	X	X	X	-	X	X	X	-	X	X	X	-	-	-	-	-
-	AMIT KUMAR	18-07-1989	UTK	35	76.34	0.121488	X	X	X	-	X	X	X	-	X	X	X	-	-	-	-	-
93kg - Open																						
1	KRISHNAKUMAR C	22-03-1991	KER	51	92.28	0.108889	310.0	<del>330.0</del>	340.0	340.0 [1]	160.0	180.0	<del>187.5</del>	180.0 [2]	260.0	280.0	290.0	290.0 [2]	810.0	12	88.200090	6
2	ASHWIN SOLANKI	30-03-1998	MAH	54	92.50	0.108753	300.0	<del>340.0</del>	<del>340.0</del>	300.0 [3]	<del>180.0</del>	<del>180.0</del>	180.0	180.0 [3]	290.0	300.0	<del>310.0</del>	300.0 [1]	780.0	9	84.827340	13
3	CHANDAN KUMAR SINGH	03-05-1998	BIH	53	85.00	0.113902	260.0	<del>280.0</del>	280.0	280.0 [4]	150.0	162.5	170.0	170.0 [4]	270.0	285.0	<del>295.0</del>	285.0 [3]	735.0	8	83.717970	17
4	SHARATH KUMAR K	31-01-2001	KAR	59	85.80	0.113298	<del>255.0</del>	260.0	280.0	280.0 [5]	160.0	<del>170.0</del>	<del>172.5</del>	160.0 [5]	225.0	240.0	<del>250.0</del>	240.0 [5]	680.0	7	77.042640	28
5	RAJAN SINGH NAMDHARI	14-06-1980	DEL	62	92.20	0.108939	255.0	<del>275.0</del>	<del>275.0</del>	255.0 [8]	145.0	150.0	<del>160.0</del>	150.0 [7]	240.0	255.0	<del>265.0</del>	255.0 [4]	660.0	6	71.899740	41
6	YASH CHAVAN	22-10-2001	GUJ	61	89.70	0.110547	250.0	260.0	270.0	270.0 [6]	130.0	140.0	147.5	147.5 [8]	215.0	222.5	227.5	227.5 [6]	645.0	5	71.302815	44
7	RAJ M	18-03-2005	T N	55	90.80	0.109826	260.0	<del>280.0</del>	<del>290.0</del>	260.0 [7]	150.0	160.0	<del>165.0</del>	160.0 [6]	220.0	<del>232.5</del>	<del>232.5</del>	220.0 [7]	640.0	4	70.288640	47
8	PAWAN PRAJAPATI	17-12-2006	M P	57	91.26	0.109530	<del>230.0</del>	230.0	250.0	250.0 [9]	130.0	<del>145.0</del>	<del>145.0</del>	130.0 [9]	190.0	<del>192.5</del>	X	190.0 [9]	570.0	3	62.432100	57
9	AKSHAY RASTOGI	08-09-2001	UTK	60	84.54	0.114256	190.0	<del>210.0</del>	<del>210.0</del>	190.0 [10]	70.0	X	X	70.0 [10]	190.0	X	X	190.0 [8]	450.0	2	51.415200	66
-	PRINCE	01-10-2005	RAJ	56	91.74	0.109226	<del>260.0</del>	<del>270.0</del>	<del>270.0</del>	-	X	X	X	-	X	X	X	-	-	-	-	-
-	PARDUMAN	16-04-2001	HAR	52	93.00	0.108448	<del>330.0</del>	340.0	<del>355.0</del>	340.0 [2]	200.0	220.0	X	220.0 [1]	<del>140.0</del>	X	X	-	-	-	-	-
105kg - Open																						
1	ARPAN MAJUMDER	19-04-2001	W B	68	99.00	0.105085	280.0	295.0	<del>305.0</del>	295.0 [4]	165.0	175.0	182.5	182.5 [3]	225.0	240.0	250.0	250.0 [2]	727.5	12	76.449338	30
2	ADIL ASHRAF KHAN	04-03-1988	J&K	66	95.20	0.107151	270.0	<del>280.0</del>	280.0	280.0 [6]	180.0	190.0	200.0	200.0 [2]	<del>220.0</del>	225.0	240.0	240.0 [5]	720.0	9	77.148720	27
3	RONIT VERMA	19-02-1999	J&K	67	104.30	0.102526	290.0	310.0	330.0	330.0 [1]	<del>150.0</del>	150.0	<del>160.0</del>	150.0 [9]	190.0	220.0	240.0	240.0 [6]	720.0	8	73.818720	35
4	SRINU	11-11-2001	CHT	71	101.90	0.103641	280.0	295.0	<del>305.0</del>	295.0 [5]	180.0	195.0	202.5	202.5 [1]	202.5	<del>205.0</del>	212.5	212.5 [9]	710.0	7	73.585110	36
5	AKHILESH KUMAR	07-08-1991	U P	64	97.30	0.105983	260.0	275.0	<del>285.0</del>	275.0 [8]	160.0	180.0	<del>187.5</del>	180.0 [4]	230.0	240.0	247.5	247.5 [4]	702.5	6	74.453058	34
6	SNEHRAJ SINGH PANWAR	02-12-2000	M P	63	102.60	0.103309	290.0	300.0	307.5	307.5 [3]	<del>150.0</del>	155.0	160.0	160.0 [7]	210.0	230.0	<del>255.0</del>	230.0 [7]	697.5	5	72.058028	40
7	PRAJWAL M K	23-02-2000	KAR	70	104.36	0.102499	250.0	270.0	<del>280.0</del>	270.0 [9]	<del>150.0</del>	150.0	160.0	160.0 [8]	250.0	<del>265.0</del>	265.0	265.0 [1]	695.0	4	71.236805	45
8	VINAY	07-09-1990	DEL	65	105.00	0.102213	255.0	270.0	280.0	280.0 [7]	160.0	165.0	X	165.0 [5]	215.0	250.0	<del>277.5</del>	250.0 [3]	695.0	3	71.038035	46
9	SHASHANK JOSHI	13-05-2002	M P	69	97.80	0.105715	285.0	297.5	307.5	307.5 [2]	142.5	<del>155.0</del>	<del>155.0</del>	142.5 [10]	180.0	225.0	<del>275.0</del>	225.0 [8]	675.0	2	71.357625	43
10	RAJESH MADIVAL	02-07-1981	KAR	73	93.20	0.108326	180.0	<del>205.0</del>	205.0	205.0 [11]	150.0	160.0	<del>170.0</del>	160.0 [6]	190.0	192.5	210.0	210.0 [10]	575.0	1	62.287450	58
11	SUGESH KUMAR N C	28-05-1976	KER	72	98.00	0.105608	190.0	210.0	225.0	225.0 [10]	125.0	<del>140.0</del>	140.0	140.0 [11]	180.0	192.5	<del>212.5</del>	192.5 [12]	557.5	1	58.876460	60
12	UDAY KUMARAN PONNU SWAMI	20-09-1973	MAH	74	94.70	0.107439	190.0	202.5	<del>210.0</del>	202.5 [12]	120.0	130.0	137.5	137.5 [12]	190.0	205.0	<del>217.5</del>	205.0 [11]	545.0	1	58.554255	61

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total Points	IPF GL Points	Place	
<b>120kg - Open</b>																						
1	SACHIN	15-07-2001	UTK	81	119.66	0.096751	300.0	340.0	360.0	360.0 [1]	180.0	195.0	210.0	210.0 [1]	250.0	270.0	X	270.0 [3]	840.0	12	81.270840	19
2	GANESH B HORKERI	21-03-2001	KAR	79	107.00	0.101349	315.0	<del>330.0</del>	330.0	330.0 [2]	160.0	<del>167.5</del>	167.5	167.5 [3]	270.0	285.0	300.0	300.0 [1]	797.5	9	80.825828	20
3	MAYANK SONI	27-02-2001	CHT	82	119.20	0.096895	<del>320.0</del>	320.0	<del>340.0</del>	320.0 [3]	180.0	185.0	192.5	192.5 [2]	250.0	270.0	<del>285.0</del>	270.0 [2]	782.5	8	75.820338	32
4	HIMESH KUMAR	12-07-2006	UTK	77	115.16	0.098230	230.0	250.0	265.0	265.0 [4]	120.0	132.5	142.5	142.5 [4]	220.0	240.0	<del>250.0</del>	240.0 [4]	647.5	7	63.603925	56
5	ANOOP KUMAR P	30-03-1968	KER	83	118.70	0.097054	170.0	<del>180.0</del>	190.0	190.0 [6]	90.0	95.0	97.5	97.5 [6]	160.0	180.0	<del>190.0</del>	180.0 [5]	467.5	6	45.372745	70
6	KALAKURI SATYANARAYANA	15-05-1961	TEL	75	105.70	0.101906	130.0	140.0	X	140.0 [7]	80.0	90.0	100.0	100.0 [5]	<del>130.0</del>	140.0	X	140.0 [6]	380.0	5	38.724280	72
7	MONISH CHAKRAWARTY	06-03-2005	M P	78	118.04	0.097266	230.0	250.0	<del>267.5</del>	250.0 [5]	80.0	X	X	80.0 [7]	50.0	X	X	50.0 [7]	380.0	4	36.961080	73
<b>120+Kg - Open</b>																						
1	APOORV DUBEY	28-03-1993	M P	84	125.80	0.094963	<del>285.0</del>	285.0	300.0	300.0 [2]	185.0	200.0	X	200.0 [3]	270.0	280.0	302.5	302.5 [1]	802.5	12	76.207808	31
2	MOHIT KUMAR	21-06-1989	HAR	85	125.04	0.095171	<del>300.0</del>	<del>300.0</del>	300.0	300.0 [1]	200.0	<del>220.0</del>	<del>220.0</del>	200.0 [2]	250.0	<del>272.5</del>	<del>275.0</del>	250.0 [3]	750.0	9	71.378250	42
3	ASIF ALI KHAN	06-09-1994	CHT	86	145.20	0.090656	280.0	300.0	<del>320.0</del>	300.0 [4]	200.0	220.0	<del>230.0</del>	220.0 [1]	<del>220.0</del>	220.0	230.0	230.0 [4]	750.0	8	67.992000	51
4	HARMEET SINGH	19-08-2003	UTK	89	134.50	0.092811	250.0	280.0	300.0	300.0 [3]	155.0	162.5	165.0	165.0 [4]	230.0	250.0	260.0	260.0 [2]	725.0	7	67.287975	53
5	YOGENDRA HARDIYA	17-08-1983	M P	90	126.60	0.094748	155.0	175.0	205.0	205.0 [6]	135.0	140.0	142.5	142.5 [6]	155.0	<del>195.0</del>	202.5	202.5 [5]	550.0	6	52.111400	64
6	JITENDRA SHARMA	04-07-2005	RAJ	87	120.56	0.096473	<del>200.0</del>	<del>210.0</del>	210.0	210.0 [5]	130.0	140.0	145.0	145.0 [5]	160.0	180.0	<del>205.0</del>	180.0 [6]	535.0	5	51.613055	65
7	DEEPESH MOR	12-11-2005	HAR	88	136.66	0.092336	<del>165.0</del>	165.0	180.0	180.0 [7]	100.0	<del>107.5</del>	<del>107.5</del>	100.0 [7]	165.0	<del>180.0</del>	<del>180.0</del>	165.0 [7]	445.0	4	41.089520	71

#### Best Lifter - Open

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	SHAILENDRA SEWATHIYA	M P	74kg	73.32	0.124673	767.5	95.686528
2	DHARMENDRA KUMAR RAMNAYAN YADAV	MAH	59kg	58.90	0.145783	650.0	94.758950
3	VENKATESH KONAR	MAH	66kg	66.00	0.133945	700.0	93.761500

#### Team Championship - Open

Place	Team	Points	Best Points	IPF GL Points
1	MADHYA PRADESH	48	12+12+9+9+6	424.651239
2	MAHARASHTRA	45	12+12+9+8+4	406.140155
3	KARNATAKA	39	12+9+7+7+4	397.922071
4	UTTARAKHAND	38	12+7+7+6+6	361.893003
5	KERALA	34	12+8+6+5+3	330.643065
6	TELANGANA	31	9+9+8+5	301.762841
7	CHHATTISGARH	31	8+8+8+7	296.090136
8	JAMMU AND KASHMIR	20	9+8+3	220.397715
9	TAMIL NADU	18	7+6+4+1	296.428701
10	WEST BENGAL	13	12+1	144.169751
11	HARYANA	13	9+4	112.467770
12	UTTAR PRADESH	13	7+6	149.870498
13	RAJASTHAN	11	5+5+1	196.179828
14	DELHI	9	6+3	142.937775

Team Championship - Open				
Place	Team	Points	Best Points	IPF GL Points
15	GUJARAT	9	5+3+1	200.240440
16	BIHAR	8	8	83.717970
17	ANDHRA PRADESH	7	7	84.329520

Abbreviations:

A P = Andhra Pradesh    BIH = Bihar    CHT = Chhattisgarh    DEL = Delhi    GUJ = Gujarat    HAR = Haryana    J&K = Jammu and Kashmir    KAR = Karnataka    KER = Kerala    M P = Madhya Pradesh    MAH = Maharashtra    RAJ = Rajasthan    T N = Tamil Nadu    TEL = Telangana    U P = Uttar Pradesh    UTK = Uttarakhand    W B = West Bengal