

Powerlifting India
National Women's Equipped Bench Press Championship 2023
Bengaluru, Karnataka - 22-11-2023 to 26-11-2023
Final Results

Place	Name	DOB	Team	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF	GL	Points	Place
47kg - Open														
1	NEETU KHATRI	29-09-1995	RAJ	43.70	0.813633	32.5	37.5	37.5	37.5	12	30.511238			31
2	AISHWARYA KRISHNAN	06-04-2006	KER	46.86	0.759459	22.5	25.0	27.5	25.0	9	18.986475			38
52kg - Open														
1	AKSHATHA POOJARTHI	08-08-1987	KAR	52.00	0.692980	85.0	90.0	92.5	92.5	12	64.100650			3 ☺
2	NIVEDITA DEHARIYA	13-08-1995	M P	51.66	0.696736	75.0	80.0	82.5	75.0	9	52.255200			14
3	ANSHWI BADIGER	16-03-1998	GOA	51.00	0.704255	60.0	65.0	67.5	65.0	8	45.776575			18
4	PRAJKTA BILIYE	08-04-1991	GOA	49.28	0.725386	45.0	50.0	50.0	45.0	7	32.642370			28
5	NGANGRANABI THOKCHOM	07-06-1999	MAN	52.00	0.692980	30.0	37.5	45.0	30.0	6	20.789400			37
57kg - Open														
1	SHRADDHA S NAIK	01-12-1997	KAR	55.10	0.662031	112.5	112.5	112.5	112.5	12	74.478488			2 ☺
2	RANJEETA	15-06-1984	UTK	56.10	0.653173	45.0	50.0	55.0	50.0	9	32.658650			27
3	TAOREM AMBRABATI DEVI	02-04-1994	MAN	53.91	0.673250	25.0	30.0	X	25.0	8	16.831250			40
	NIKITA	26-02-2008	RAJ	55.76	0.656129	60.0	60.0	60.0	-	-	-			-
	MITHILA B CHAVAN	09-05-1984	MAH	56.50	0.649767	70.0	70.0	70.0	-	-	-			-
63kg - Open														
1	POONAM	20-08-1990	RAJ	61.84	0.610648	112.5	122.5	128.0	122.5	12	74.804380			1 ☺
2	SAKSHI MOR	19-08-1999	DEL	62.42	0.607013	90.0	97.5	102.5	97.5	9	59.183768			5
3	JAYA DIXIT	25-08-2000	M P	62.30	0.607757	90.0	90.0	95.0	90.0	8	54.698130			9
4	RANI KUMARI	06-04-1994	JHA	62.92	0.603962	82.5	87.5	92.5	87.5	7	52.846675			12
5	KRISHNA	01-03-1995	HAR	62.40	0.607137	80.0	90.0	95.0	80.0	6	48.570960			17
6	SWATI KHOPKAR	28-03-1984	MAH	61.80	0.610903	47.5	52.5	57.5	52.5	5	32.072408			29
7	MAYA C	15-03-1994	KER	60.46	0.619737	40.0	50.0	60.0	50.0	4	30.986850			30
8	TONGBRAM ANITA DEVI	01-03-1984	MAN	60.24	0.621246	20.0	20.0	25.0	25.0	3	15.531150			41
	JYOTHI M V	10-02-1998	KAR	63.00	0.603481	87.5	87.5	92.5	-	-	-			-
69kg - Open														
1	ADITI RAJASHEKHAR PARSHETTY	20-08-1997	MAH	67.34	0.579975	90.0	95.0	100.0	95.0	12	55.097625			7
2	SARITA SARVA	02-04-1990	RAJ	65.90	0.587244	85.0	85.0	90.0	90.0	9	52.851960			11
3	TRUPTI ABAJI SAWANT	03-05-1985	MAH	68.90	0.572628	77.5	85.0	90.0	85.0	8	48.673380			16
4	POOJA JOSHI	07-01-1994	RAJ	68.94	0.572446	72.5	77.5	87.5	77.5	7	44.364565			21
5	ANITAM DALVI	15-08-1994	M P	69.00	0.572175	60.0	65.0	67.5	67.5	6	38.621813			24
6	NAMITHA AZEEZ	16-03-2006	KER	64.10	0.597053	40.0	45.0	47.5	45.0	5	26.867385			34
7	REETY MEIKAM	21-08-2005	MAN	66.68	0.583246	27.5	32.5	40.0	32.5	4	18.955495			39
	AISHWARYA K	21-12-1992	KAR	68.90	0.572628	117.5	125.0	125.0	-	-	-			-
76kg - Open														
1	VAISHALI B M	20-07-1997	KAR	74.16	0.551304	100.0	107.5	112.5	107.5	12	59.265180			4
2	SHWETHA SHWETHA	10-03-1999	KAR	75.85	0.545416	95.0	97.5	107.5	107.5	9	58.632220			6
3	TEJAVATH SUKANYA	15-12-1995	TEL	76.00	0.544914	85.0	92.5	97.5	97.5	8	53.129115			10
4	BITHIKA MONDAL	12-09-1992	W B	74.20	0.551159	85.0	90.0	95.0	95.0	7	52.360105			13
5	SUMAN RANI	06-09-1987	HAR	75.60	0.546261	92.5	92.5	92.5	92.5	6	50.529143			15
6	PAYAL NALWAYA	31-07-1982	RAJ	69.30	0.570827	60.0	60.0	62.5	62.5	5	35.676688			25
7	GOMATHI PANNEERSELVAM	25-06-1997	T N	70.92	0.563852	50.0	50.0	62.5	50.0	4	28.192600			33
84kg - Open														
1	BHAVNA SHARMA	01-12-1992	M P	84.00	0.522093	102.5	105.0	110.0	105.0	12	54.819765			8
2	ANGEL GINO FERNANDES	23-06-1999	KAR	83.90	0.522336	67.5	72.5	77.5	77.5	9	40.481040			23
3	MANSI TRIPATHI	08-09-1989	UTK	78.10	0.538194	55.0	65.0	75.0	65.0	8	34.982610			26
4	ANNU SONI	10-11-1992	RAJ	83.74	0.522727	50.0	57.5	57.5	57.5	7	30.056803			32
5	AISHU A	29-10-1997	KER	83.50	0.523317	35.0	37.5	40.0	40.0	6	20.932680			36
	PORNIMA SHINDE	31-12-1998	MAH	83.00	0.524565	X	X	X	-	-	-			-
84+Kg - Open														
1	KONSAM ROSIDA DEVI	23-09-1991	MAN	102.10	0.490137	80.0	87.5	92.5	92.5	12	45.337673			19
2	SUCHETA CHATTERJEE	13-10-1987	JHA	94.46	0.501134	82.5	90.0	92.5	90.0	9	45.102060			20
3	MANISHA PRAJAPAT	03-06-1992	RAJ	94.14	0.501663	75.0	82.5	87.5	82.5	8	41.387198			22
4	CHHAYA RAGHUNANDAN BHATT	27-08-1969	FCI	111.70	0.479853	50.0	52.5	52.5	50.0	7	23.992650			35
	FARHEEN DEHALVI	03-04-1983	M P	86.56	0.516182	80.0	90.0	90.0	-	-	-			-
	PRATHIKSHA	11-09-1998	KAR	102.30	0.489887	130.0	130.0	130.0	-	-	-			-

Best Lifter - Open							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	POONAM	RAJ	63kg	61.84	0.610648	122.5	74.804380
2	SHRADDHA S NAIK	KAR	57kg	55.10	0.662031	112.5	74.478488
3	AKSHATHA POOJARTHI	KAR	52kg	52.00	0.692980	92.5	64.100650

Team Championship - Open				
Place	Team	Points	Best Points	IPF GL Points
1	KARNATAKA	54	12+12+12+9+9	296.957578
2	RAJASTHAN	48	12+12+9+8+7	243.919341
3	MADHYA PRADESH	35	12+9+8+6	200.394908
4	MANIPUR	33	12+8+6+4+3	117.444968
5	MAHARASHTRA	25	12+8+5	135.843413
6	KERALA	24	9+6+5+4	97.773390
7	UTTARAKHAND	17	9+8	67.641260
8	JHARKHAND	16	9+7	97.948735
9	GOA	15	8+7	78.418945
10	HARYANA	12	6+6	99.100103
11	DELHI	9	9	59.183768
12	TELANGANA	8	8	53.129115
13	WEST BENGAL	7	7	52.360105
14	F C I	7	7	23.992650
15	TAMIL NADU	4	4	28.192600

Place	Name	DOB	Team	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best Points	IPF Points	Place	
43kg - Sub Junior												
1	RIDDHI DILIP GUPTA	31-08-2005	MAH	41.90	0.850807	55.0	60.0	65.0	60.0	12	51.048420	3 <u>☺</u>
2	KAYENPAIBAM VELENA DEVI	05-02-2006	MAN	42.50	0.837822	35.0	42.5	42.5	35.0	9	29.323770	37
	SINCHANA K H	20-06-2009	KAR	40.70	0.878778	42.5	42.5	42.5	-	-	-	-
	MARY JASMIN	20-09-2007	KER	41.80	0.853033	37.5	40.0	40.0	-	-	-	-
47kg - Sub Junior												
1	LAVANYA K	27-03-2005	T N	45.50	0.781256	50.0	52.5	57.5	52.5	12	41.015940	10
2	PRIYANSHI RAJPUT	27-03-2005	RAJ	46.70	0.761916	45.0	50.0	55.0	45.0	9	34.286220	24
3	KOMAL	15-10-2005	HAR	46.90	0.758849	37.5	45.0	47.5	45.0	8	34.148205	25
4	MEENAKSHI RAVI	26-09-2008	KER	43.56	0.816341	37.5	40.0	40.0	37.5	7	30.612788	32
5	SHRUTHI SREE R	29-12-2008	T N	47.00	0.757331	37.5	42.5	47.5	37.5	6	28.399913	39
52kg - Sub Junior												
1	PAMELA MARICK	23-01-2006	JHA	51.32	0.700571	62.5	67.5	70.0	70.0	12	49.039970	4
2	TAPASYA MATE	26-02-2009	MAH	50.12	0.714777	50.0	52.5	55.0	55.0	9	39.312735	15
3	ARDRA S	08-05-2006	KER	51.50	0.698531	47.5	50.0	55.0	50.0	8	34.926550	22
4	TANUSHREE	20-11-2007	RAJ	52.00	0.692980	40.0	47.5	47.5	40.0	7	27.719200	40
5	BLESSZENDRA CARVALHO	29-09-2006	GOA	47.98	0.742998	30.0	35.0	37.5	35.0	6	26.004930	42
57kg - Sub Junior												
1	PAYAL MALIK	07-09-2005	RAJ	56.94	0.646106	75.0	80.0	88.0	80.0	12	51.688480	2 <u>☺</u>
2	SONALAKSHMI V	12-03-2005	T N	57.00	0.645613	70.0	72.5	75.0	72.5	9	46.806943	5
3	DHISHA MOHAN	26-04-2006	KAR	56.18	0.652486	55.0	60.0	65.0	60.0	8	39.149160	17
4	AKANKSHA KUMAWAT	07-03-2007	RAJ	53.42	0.678100	45.0	52.5	60.0	52.5	7	35.600250	21
5	VRUNDA CHANDGUDE	06-05-2009	MAH	53.24	0.679917	50.0	55.0	55.0	50.0	6	33.995850	26
6	GOURI SHANKAR C S	23-09-2007	KER	54.28	0.669679	50.0	52.5	52.5	50.0	5	33.483950	30
7	BHUMIKA SHANKAR KOLSE	17-02-2005	MAH	53.62	0.676104	35.0	37.5	45.0	45.0	4	30.424680	34
8	LEISHANGTHEM OPHELLIA DEVI	08-04-2011	MAN	56.60	0.648927	25.0	25.0	30.0	25.0	3	16.223175	46
63kg - Sub Junior												
1	SARJUBALA SAGOLSHEM	05-03-2005	MAN	62.80	0.604688	50.0	60.0	65.0	65.0	12	39.304720	16
2	AARTHI N	05-06-2005	T N	58.92	0.630671	57.5	57.5	62.5	62.5	9	39.416938	14
3	PURVA PATIL	09-06-2006	MAH	60.72	0.617975	47.5	55.0	60.0	55.0	8	33.988625	27
4	NANCY JANGID	23-06-2007	RAJ	59.72	0.624882	45.0	50.0	57.5	50.0	7	31.244100	31
5	VAIBHAVI PATIL	29-10-2009	MAH	57.74	0.639671	22.5	25.0	27.5	27.5	6	17.590953	45
6	SERAM SNEHA DEVI	01-02-2006	MAN	59.30	0.627891	20.0	25.0	30.0	25.0	5	15.697275	47
69kg - Sub Junior												
1	YASHICA	05-11-2005	DEL	69.00	0.572175	77.5	77.5	85.5	77.5	12	44.343563	8

Place	Name	DOB	Team	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF Points	Place
2	NAINA KUMARI	04-08-2006	HAR	63.50	0.600517	65.0	70.0	70.0	65.0	9	39.033605	18
3	VAISHNAVI KHARVI	03-06-2007	KAR	68.20	0.575860	45.0	50.0	60.0	60.0	8	34.551600	23
4	KEISHAM ARIKA DEVI	20-10-2007	MAN	65.00	0.592043	50.0	57.5	57.5	50.0	7	29.602150	36
5	LAISHRAM TARSHI CHANU	29-06-2008	MAN	63.40	0.601104	30.0	35.0	40.0	35.0	6	21.038640	44
	PRAJAKTHA GADHAVE	08-01-2009	MAH	68.58	0.574093	65.0	67.5	67.5	-	-	-	-
76kg - Sub Junior												
1	PAYAL S R	13-09-2005	T N	72.30	0.558291	62.5	70.0	75.0	75.0	12	41.871825	9
2	BRAHMACHARIMAYUM NIMI CHANU	09-07-2005	MAN	71.38	0.561961	72.5	80.0	80.0	72.5	9	40.742173	11
3	NEHAL AGRAWAL	01-09-2006	RAJ	74.30	0.550800	65.0	65.0	72.5	72.5	8	39.933000	13
4	SANDRA TREASA FRANCIS	26-12-2007	KER	72.20	0.558683	55.0	60.0	70.0	60.0	7	33.520980	29
5	CHANDNI	17-10-2005	RAJ	71.62	0.560989	30.0	42.5	55.0	42.5	6	23.842033	43
84kg - Sub Junior												
1	YAGYA	20-03-2005	DEL	84.00	0.522093	65.0	65.0	65.0	65.0	12	33.936045	28
2	PRAJNA NAIK	12-01-2006	GOA	80.96	0.529919	50.0	57.5	60.0	57.5	9	30.470343	33
3	THENMOZHI G	18-08-2005	T N	83.40	0.523565	50.0	55.0	60.0	55.0	8	28.796075	38
4	SILKY THANGJAM	15-09-2006	MAN	82.00	0.527136	40.0	50.0	75.0	50.0	7	26.356800	41
84+Kg - Sub Junior												
1	AMEYA V	10-03-2005	KER	96.52	0.497872	107.5	110.0	110.0	110.0	12	54.765920	1 <u>☺</u>
2	RESHIEAL R M	07-12-2005	KAR	104.00	0.487828	80.0	85.0	95.0	95.0	9	46.343660	6
3	YASHTIKA ACHARYA	04-03-2007	RAJ	96.40	0.498055	92.5	107.5	107.5	92.5	8	46.070088	7
4	UMA MAHESWARI	14-06-2005	T N	91.20	0.506819	80.0	85.0	85.0	80.0	7	40.545520	12
5	HARSHITHA V SALIAN	19-03-2005	KAR	89.54	0.509984	75.0	80.0	80.0	75.0	6	38.248800	19
6	RABIHA PATKA	13-08-2009	MAH	93.24	0.503183	67.5	75.0	82.5	75.0	5	37.738725	20
7	DIVYA KUMAWAT	30-05-2008	RAJ	91.70	0.505903	50.0	55.0	60.0	60.0	4	30.354180	35

Best Lifter - Sub Junior

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	AMEYA V	KER	84+kg	96.52	0.497872	110.0	54.765920
2	PAYAL MALIK	RAJ	57kg	56.94	0.646106	80.0	51.688480
3	RIDDHI DILIP GUPTA	MAH	43kg	41.90	0.850807	60.0	51.048420

Team Championship - Sub Junior

Place	Team	Points	Best Points	IPF GL Points
1	TAMIL NADU	50	12+12+9+9+8	197.907721
2	MANIPUR	44	12+9+9+7+7	165.329613
3	RAJASTHAN	44	12+9+8+8+7	207.578038
4	MAHARASHTRA	41	12+9+8+6+6	175.936583
5	KERALA	39	12+8+7+7+5	187.310188
6	KARNATAKA	31	9+8+8+6	158.293220
7	DELHI	24	12+12	78.279608
8	HARYANA	17	9+8	73.181810
9	GOA	15	9+6	56.475273
10	JHARKHAND	12	12	49.039970

Place	Name	DOB	Team	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF Points	Place
43kg - Junior												
1	SWETA RAJPUT	06-12-2000	M P	42.56	0.836558	52.5	57.5	60.0	57.5	12	48.102085	18
	LEENA DEVATWAL	07-08-2003	RAJ	41.80	0.853033	47.5	47.5	47.5	-	-	-	-
47kg - Junior												
1	YATIKSHA RAO	03-01-2001	J&K	46.30	0.768180	47.5	50.0	52.5	52.5	12	40.329450	26
2	SHALAN PINTO	29-09-2001	KAR	46.92	0.758544	50.0	52.5	55.0	52.5	9	39.823560	27
3	NEHA BERA	07-10-2004	GOA	46.90	0.758849	25.0	27.5	30.0	27.5	8	20.868348	42
52kg - Junior												
1	MUSKAN	08-02-2004	HAR	52.00	0.692980	60.0	67.5	70.0	70.0	12	48.508600	17
2	RAGSHREE KORI	28-01-2000	M P	50.88	0.705656	55.0	60.0	67.5	67.5	9	47.631780	19
3	MANALI GHODKE	20-02-2000	KAR	51.58	0.697631	60.0	67.5	72.5	67.5	8	47.090093	20
4	SUPRIYA PANDURANG SUPEKAR	10-10-2001	MAH	50.74	0.707304	57.5	62.5	65.0	65.0	7	45.974760	22
5	MUKKADALA ANUSHA	07-12-2003	A P	50.78	0.706831	45.0	45.0	65.0	45.0	6	31.807395	35
6	NISHMITHA N	27-09-2001	KAR	51.60	0.697407	40.0	45.0	47.5	45.0	5	31.383315	37

Place	Name	DOB	Team	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF Points	Place
57kg - Junior												
1	AISHWARYA	05-03-2001	KAR	56.64	0.648592	70.0	75.0	77.5	75.0	12	48.644400	14
2	VANSHIKA PATIDAR	29-09-2003	M P	54.60	0.666651	45.0	47.5	50.0	50.0	9	33.332550	33
3	RESHMI SALAM	16-03-2001	MAN	56.50	0.649767	30.0	35.0	40.0	35.0	8	22.741845	41
63kg - Junior												
1	SANGAM NAGAR	14-11-2004	HAR	62.96	0.603722	85.0	87.5	95.0	95.0	12	57.353590	5
2	RENU CHAUHAN	12-06-2000	PUN	61.42	0.613347	77.5	80.0	92.5	92.5	9	56.734598	6
3	PREETHI V	18-05-2004	T N	63.00	0.603481	75.0	77.5	92.5	92.5	8	55.821993	7
4	SAKSHI ROHIDAS MHALASKAR	20-12-2004	MAH	61.52	0.612699	72.5	75.0	77.5	75.0	7	45.952425	23
5	KAVITHA K	19-07-2000	T N	58.10	0.636865	67.5	72.5	77.5	72.5	6	46.172713	21
6	PRACHI SONI	12-12-2001	RAJ	62.00	0.609635	65.0	70.0	80.0	70.0	5	42.674450	25
69kg - Junior												
1	KAJAL	02-07-2003	HAR	68.00	0.576803	85.0	92.5	102.5	102.5	12	59.122308	3 <u>≡</u>
2	PRERANA SALVI	31-08-2003	MAH	68.58	0.574093	90.0	97.5	102.5	102.5	9	58.844533	4
3	PRIYA M	01-06-2000	T N	68.84	0.572901	85.0	90.0	95.0	95.0	8	54.425595	8
4	HEMA KRIPLANI	20-10-2000	RAJ	69.00	0.572175	87.5	90.0	97.5	90.0	7	51.495750	12
5	NEERAJ KUMARI	11-09-2000	RAJ	65.36	0.590099	82.5	87.5	92.5	87.5	6	51.633663	11
6	VAISHNAVI SHETTY	07-06-2001	MAH	68.52	0.574370	85.0	90.0	95.0	85.0	5	48.821450	13
7	REVATHY K	14-12-2002	KER	64.76	0.593358	60.0	65.0	80.0	65.0	4	38.568270	28
76kg - Junior												
1	SEJAL MOIKAR	28-09-2002	MAH	73.24	0.554690	90.0	90.0	110.0	110.0	12	61.015900	1 <u>≡</u>
2	VENIZEIA A CARLO	07-02-2000	KAR	72.40	0.557901	107.5	112.5	112.5	107.5	9	59.974358	2 <u>≡</u>
3	RUTHRA R	12-02-2004	T N	69.01	0.572129	80.0	85.0	85.0	85.0	8	48.630965	15
4	KIRAN	01-11-2003	HAR	74.52	0.550014	70.0	72.5	80.0	80.0	7	44.001120	24
5	VAISHIKA B H	01-01-2003	KER	76.00	0.544914	60.0	70.0	72.5	60.0	6	32.694840	34
6	ADEL CARVALHO	26-10-2000	GOA	75.30	0.547287	40.0	45.0	47.5	45.0	5	24.627915	40
84kg - Junior												
1	SONAL SINGH CHANDEL	28-08-2000	M P	80.90	0.530083	97.5	102.5	102.5	102.5	12	54.333508	9
2	BHUMIKA DAGAR	16-06-2003	DEL	84.00	0.522093	92.5	97.5	102.5	102.5	9	53.514533	10
3	JYOTI	28-02-2002	HAR	77.60	0.539742	90.0	90.0	90.0	90.0	8	48.576780	16
4	INDHUMATHI U	17-05-2004	T N	79.94	0.532762	60.0	65.0	65.0	65.0	7	34.629530	30
5	PRATIBHA ARUN LONE	16-03-2001	MAH	80.40	0.531465	65.0	65.0	65.0	65.0	6	34.545225	32
84+Kg - Junior												
1	ANUSHKA KHOPIKAR	19-06-2002	MAH	90.70	0.507752	60.0	67.5	70.0	70.0	12	35.542640	29
2	SIYA NARVEKAR	06-06-2003	GOA	88.60	0.511865	60.0	65.0	67.5	67.5	9	34.550888	31
3	RAKSHA BEKAL	21-10-2002	KAR	92.30	0.504825	52.5	57.5	62.5	62.5	8	31.551563	36
4	ANANYA GUPTA	20-09-2004	M P	123.50	0.470967	50.0	52.5	57.5	52.5	7	24.725768	39
5	DEVANSHI JAIN	03-01-2004	M P	88.00	0.513101	45.0	50.0	57.5	50.0	6	25.655050	38

Best Lifter - Junior

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best	IPF GL
						BP	Points
1	SEJAL MOIKAR	MAH	76kg	73.24	0.554690	110.0	61.015900
2	VENIZEIA A CARLO	KAR	76kg	72.40	0.557901	107.5	59.974358
3	KAJAL	HAR	69kg	68.00	0.576803	102.5	59.122308

Team Championship - Junior

Place	Team	Points	Best Points	IPF GL Points
1	HARYANA	51	12+12+12+8+7	257.562398
2	MADHYA PRADESH	49	12+12+9+9+7	208.125691
3	MAHARASHTRA	47	12+12+9+7+7	247.330258
4	KARNATAKA	46	12+9+9+8+8	227.083974
5	TAMIL NADU	37	8+8+8+7+6	239.680796
6	GOA	22	9+8+5	80.047151
7	RAJASTHAN	18	7+6+5	145.803863
8	JAMMU AND KASHMIR	12	12	40.329450
9	KERALA	10	6+4	71.263110
10	PUNJAB	9	9	56.734598
11	DELHI	9	9	53.514533
12	MANIPUR	8	8	22.741845
13	ANDHRA PRADESH	6	6	31.807395

Place	Name	DOB	Team	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF Points	Place
47kg - Master 1												
1	PRITI CHAUDHARI	06-05-1979	MAH	46.00	0.772996	30.0	32.5	32.5	32.5	12	25.122370	18
2	SWARUPA PRASHANT RAIKAR	22-08-1982	GOA	45.30	0.784645	20.0	22.5	25.0	22.5	9	17.654513	21
52kg - Master 1												
1	JYOTI KANDHARE	19-10-1980	MAH	51.32	0.700571	77.5	82.5	85.0	82.5	12	57.797108	1 <u>☺</u>
2	NILIMA PATIL	15-08-1978	MAH	50.90	0.705422	62.5	67.5	67.5	67.5	9	47.615985	5
57kg - Master 1												
1	DR. SHARVARI INAMDAR	21-02-1983	MAH	55.58	0.657717	75.0	80.0	85.0	85.0	12	55.905945	2 <u>☺</u>
2	ANITA RATHI	04-04-1982	RAJ	56.32	0.651290	60.0	65.0	67.5	65.0	9	42.333850	6
3	LALITA MADHWAL	21-07-1978	DEL	56.20	0.652315	55.0	62.5	65.0	55.0	8	35.877325	13
4	RAJASHRI PELNEKAR	06-03-1981	MAH	56.20	0.652315	55.0	62.5	65.0	55.0	7	35.877325	14
63kg - Master 1												
1	MEENA SHARMA	01-01-1974	M P	62.10	0.609006	80.0	80.0	90.0	80.0	12	48.720480	4
2	MAIBAM BRAJESHWORI DEVI	01-03-1979	MAN	62.10	0.609006	25.0	32.5	35.0	35.0	9	21.315210	19
3	ATHOKPAM ROSY	14-11-1975	MAN	62.80	0.604688	25.0	35.0	37.5	25.0	8	15.117200	22
69kg - Master 1												
1	DEEPA AJAY	18-12-1979	KAR	67.94	0.577087	60.0	70.0	72.5	70.0	12	40.396090	9
2	POONAM KOKANE	31-03-1980	MAH	68.58	0.574093	67.5	67.5	67.5	67.5	9	38.751278	10
3	BANU S	26-04-1982	T N	63.34	0.601457	50.0	55.0	62.5	62.5	8	37.591063	12
4	LOUKRAKAM SANJARANI DEVI	01-02-1979	MAN	68.90	0.572628	30.0	35.0	40.0	35.0	7	20.041980	20
76kg - Master 1												
1	VIJAYA VANI	05-06-1983	KAR	73.34	0.554316	85.0	92.5	100.0	92.5	12	51.274230	3 <u>☺</u>
2	MAYA KUMARI JOSHI	07-09-1980	RAJ	73.94	0.552101	75.0	75.0	93.0	75.0	9	41.407575	7
3	RAJNI MALIK	15-10-1975	DEL	73.90	0.552247	55.0	55.0	57.5	57.5	8	31.754203	16
84kg - Master 1												
1	KIRAN TYAGI	11-07-1980	MAH	82.40	0.526096	77.5	77.5	82.5	77.5	12	40.772440	8
2	DEEPA K S	23-02-1978	KAR	76.10	0.544580	62.5	70.0	70.0	70.0	9	38.120600	11
3	UMAIRA C K	28-10-1983	KER	77.44	0.540244	50.0	60.0	70.0	60.0	8	32.414640	15
84+Kg - Master 1												
1	JYOTI BHADEKAR	20-10-1977	MAH	89.00	0.511057	57.5	62.5	62.5	57.5	12	29.385778	17

Best Lifter - Master 1

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	JYOTI KANDHARE	MAH	52kg	51.32	0.700571	82.5	57.797108
2	DR. SHARVARI INAMDAR	MAH	57kg	55.58	0.657717	85.0	55.905945
3	VIJAYA VANI	KAR	76kg	73.34	0.554316	92.5	51.274230

Team Championship - Master 1

Place	Team	Points	Best Points	IPF GL Points
1	MAHARASHTRA	60	12+12+12+12+12	208.983641
2	KARNATAKA	33	12+12+9	129.790920
3	MANIPUR	24	9+8+7	56.474390
4	RAJASTHAN	18	9+9	83.741425
5	DELHI	16	8+8	67.631528
6	MADHYA PRADESH	12	12	48.720480
7	GOA	9	9	17.654513
8	TAMIL NADU	8	8	37.591063
9	KERALA	8	8	32.414640

Place	Name	DOB	Team	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF Points	Place
52kg - Master 2												
1	NICEY K L	07-04-1968	KER	50.00	0.716257	27.5	30.0	32.5	32.5	12	23.278353	5
63kg - Master 2												
1	DIMPLE KASANA	15-07-1967	DEL	61.60	0.612183	47.5	52.5	52.5	47.5	12	29.078693	4
69kg - Master 2												
1	RUBY DAS	14-07-1972	MAH	69.00	0.572175	77.5	85.0	90.0	90.0	12	51.495750	1 <u>☺</u>
76kg - Master 2												
1	RAKHI SARMA	31-12-1971	ASA	71.30	0.562287	52.5	55.0	60.0	60.0	12	33.737220	2 <u>☺</u>
2	SHABNAM PEERZADE	21-01-1972	MAH	70.30	0.566462	32.5	37.5	37.5	37.5	9	21.242325	6
3	PIE DADE CARVALHO	13-04-1972	GOA	74.62	0.549659	35.0	37.5	40.0	37.5	8	20.612213	8

Place	Name	DOB	Team	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF Points	Place
84kg - Master 2												
1	SHEEJA PANACHI	02-05-1973	KER	83.40	0.523565	45.0	55.0	58.0	58.0	12	30.366770	3 <u>☺</u>
2	MAYANGLAMBAM SOBITA DEVI	01-02-1969	MAN	76.50	0.543260	20.0	22.5	25.0	25.0	9	13.581500	9
84+Kg - Master 2												
1	NENA AHEIBAM	01-10-1965	MAN	84.50	0.520893	20.0	27.5	40.0	40.0	12	20.835720	7

Best Lifter - Master 2							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	RUBY DAS	MAH	69kg	69.00	0.572175	90.0	51.495750
2	RAKHI SARMA	ASA	76kg	71.30	0.562287	60.0	33.737220
3	SHEEJA PANACHI	KER	84kg	83.40	0.523565	58.0	30.366770

Team Championship - Master 2				
Place	Team	Points	Best Points	IPF GL Points
1	KERALA	24	12+12	53.645123
2	MAHARASHTRA	21	12+9	72.738075
3	MANIPUR	21	12+9	34.417220
4	ASSAM	12	12	33.737220
5	DELHI	12	12	29.078693
6	GOA	8	8	20.612213

Place	Name	DOB	Team	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF Points	Place
47kg - Master 3												
1	IROM INDRANI DEVI	14-08-1957	MAN	46.20	0.769774	20.0	20.0	22.5	22.5	12	17.319915	6
52kg - Master 3												
1	SORAISEM IBETOMBI DEVI	26-10-1955	MAN	51.40	0.699661	20.0	22.5	X	22.5	12	15.742373	7
69kg - Master 3												
1	DR. PURNA BHARDE	28-07-1958	MAH	67.20	0.580661	30.0	37.5	40.5	40.5	12	23.516771	2 <u>☺</u>
2	LONGJAM BORMANI DEVI	01-03-1957	MAN	65.30	0.590421	25.0	27.5	30.0	30.0	9	17.712630	5
3	S. TAMPHASANA DEVI	01-02-1963	MAN	66.00	0.586723	20.0	25.0	30.0	25.0	8	14.668075	8
76kg - Master 3												
1	PRAPULLA K M	17-09-1954	KAR	73.96	0.552029	35.0	37.5	37.5	37.5	12	20.701088	3 <u>☺</u>
2	KANGABAM MANIKHOMBI DEVI	01-01-1962	MAN	74.60	0.549730	30.0	32.5	40.0	32.5	9	17.866225	4
84kg - Master 3												
1	SALAM LENA DEVI	01-01-1960	MAN	79.50	0.534024	35.0	40.0	45.0	45.0	12	24.031080	1 <u>☺</u>

Best Lifter - Master 3							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	SALAM LENA DEVI	MAN	84kg	79.50	0.534024	45.0	24.031080
2	DR. PURNA BHARDE	MAH	69kg	67.20	0.580661	40.5	23.516771
3	PRAPULLA K M	KAR	76kg	73.96	0.552029	37.5	20.701088

Team Championship - Master 3				
Place	Team	Points	Best Points	IPF GL Points
1	MANIPUR	54	12+12+12+9+9	92.672223
2	MAHARASHTRA	12	12	23.516771
3	KARNATAKA	12	12	20.701088

Place	Name	DOB	Team	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF Points	Place
57kg - Master 4												
	HEIKRUJAM MEMTOMBI LEIMA	01-03-1947	MAN	55.00	0.662944	20.0	20.0	X	-	-	-	-
63kg - Master 4												
1	TH SUBADANI DEVI	01-02-1951	MAN	63.00	0.603481	20.0	22.5	22.5	20.0	12	12.069620	1 <u>☺</u>
69kg - Master 4												
1	RAJKUMARI SANATOMBI DEVI	01-02-1946	MAN	63.50	0.600517	20.0	20.0	20.0	20.0	12	12.010340	2 <u>☺</u>

Best Lifter - Master 4							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best	IPF GL
						BP	Points
1	TH SUBADANI DEVI	MAN	63kg	63.00	0.603481	20.0	12.069620
2	RAJKUMARI SANATOMBI DEVI	MAN	69kg	63.50	0.600517	20.0	12.010340

Team Championship - Master 4				
Place	Team	Points	Best	IPF GL Points
			Points	
1	MANIPUR	24	12+12	24.079960

Abbreviations:

A P = Andhra Pradesh ASA = Assam DEL = Delhi FCI = F C I GOA = Goa HAR = Haryana J&K = Jammu and Kashmir
 JHA = Jharkhand KAR = Karnataka KER = Kerala M P = Madhya Pradesh MAH = Maharashtra MAN = Manipur
 PUN = Punjab RAJ = Rajasthan T N = Tamil Nadu TEL = Telangana UTK = Uttarakhand W B = West Bengal