

Powerlifting India
National Senior Men's Equipped Powerlifting Championship 2023
Kashipur, Uttarakhand - 08-08-2023 to 13-08-2023
Detailed Results

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL	Points	Place
59kg - Open																							
1	P SURESH	27-05-1981	RSPB	1	59.00	0.145591	272.5	282.5	282.5	272.5 [1]	170.0	177.5	182.5	177.5 [1]	200.0	242.5	215.0	215.0 [6]	665.0	12	96.818015	7	
2	DHARMENDRA KUMAR RAMNAYAN YADAV	01-10-1993	MAH	14	59.00	0.145591	247.5	247.5	247.5	247.5 [3]	162.5	170.0	177.5	177.5 [2]	225.0	225.0	242.5	225.0 [3]	650.0	9	94.634150	15	
3	KANNAN VIJAYAN	08-11-1994	A&N	5	59.00	0.145591	250.0	250.0	250.0	250.0 [2]	140.0	150.0	155.0	155.0 [3]	205.0	212.5	220.0	220.0 [4]	625.0	8	90.994375	19	
4	D MURALIKRISHNA	20-08-2001	A P	9	58.68	0.146208	225.0	225.0	232.5	225.0 [5]	120.0	120.0	120.0	120.0 [6]	230.0	230.0	240.0	240.0 [1]	585.0	7	85.531680	35	
5	SURAJ MALLIK	29-01-2002	CHT	17	58.80	0.145976	190.0	190.0	200.0	190.0 [7]	95.0	95.0	105.0	105.0 [7]	210.0	217.5	227.5	217.5 [5]	512.5	6	74.812700	64	
6	SAHIL BATRA	17-10-1997	HAR	10	57.04	0.149507	175.0	175.0	185.0	175.0 [8]	85.0	90.0	97.5	90.0 [9]	195.0	202.5	207.5	195.0 [7]	460.0	5	68.773220	72	
7	ADITYA SHARMA	20-03-1996	J&K	15	58.45	0.146657	170.0	185.0	185.0	170.0 [9]	125.0	130.0	135.0	130.0 [5]	150.0	160.0	170.0	160.0 [8]	460.0	4	67.462220	73	
-	YUVARAJ M	01-10-2003	KAR	3	58.60	0.146364	195.0	195.0	202.5	195.0 [6]	115.0	115.0	115.0	-	X	X	X	-	-	-	-	-	
-	BHOLA	05-05-1999	U P	6	58.80	0.145976	160.0	160.0	160.0	-	120.0	120.0	X	-	X	X	X	-	-	-	-	-	
-	PARAMESH S	19-01-1999	T N	18	58.90	0.145783	230.0	230.0	230.0	-	X	X	X	-	X	X	X	-	-	-	-	-	
-	KUNDAN KUMAR	26-12-1994	BIH	4	58.98	0.145629	190.0	190.0	190.0	-	130.0	130.0	X	-	X	X	X	-	-	-	-	-	
-	NAVEEN KUMAR	18-06-1994	DEL	7	59.00	0.145591	235.0	235.0	235.0	-	135.0	135.0	X	-	X	X	X	-	-	-	-	-	
-	DHRUV RAJ KURE	02-06-2002	M P	12	59.00	0.145591	230.0	237.5	237.5	237.5 [4]	125.0	132.5	135.0	132.5 [4]	240.0	240.0	257.5	-	-	-	-	-	
-	VAIBHAV THORAT	18-06-1999	MAH	13	59.00	0.145591	217.5	217.5	217.5	-	170.0	170.0	170.0	-	X	X	X	-	-	-	-	-	
-	BAPPA TURKIV ORAON	07-06-1996	W B	16	59.00	0.145591	230.0	230.0	250.0	-	100.0	X	X	100.0 [8]	230.0	235.0	235.0	230.0 [2]	-	-	-	-	-
66kg - Open																							
1	PRAKASH B	23-06-1996	T N	34	65.24	0.135058	260.0	275.0	285.0	275.0 [7]	155.0	165.0	170.0	170.0 [1]	270.0	280.0	287.5	280.0 [1]	725.0	12	97.917050	4	
2	SAHIL MANGESH UTEKAR	27-10-1996	MAH	31	65.62	0.134497	285.0	295.0	295.0	285.0 [3]	155.0	160.0	165.0	165.0 [5]	260.0	270.0	277.5	270.0 [3]	720.0	9	96.837840	6	
3	VENKATESH KONAR	07-04-2002	MAH	32	65.14	0.135207	275.0	295.0	300.0	275.0 [6]	155.0	155.0	162.5	162.5 [6]	277.5	287.5	287.5	277.5 [2]	715.0	8	96.673005	10	
4	PRADEEP KUMAR	26-11-1991	RSPB	19	66.00	0.133945	272.5	285.0	290.0	290.0 [2]	152.5	162.5	167.5	167.5 [4]	252.5	260.0	260.0	252.5 [5]	710.0	7	95.100950	14	
5	SHEIK MOHAMMED ALI	07-10-1999	T N	29	65.60	0.134527	260.0	265.0	272.5	265.0 [9]	160.0	170.0	170.0	170.0 [2]	250.0	260.0	260.0	250.0 [6]	685.0	6	92.150995	18	
6	M VAMSI	10-08-2003	TEL	20	64.16	0.136698	265.0	275.0	282.5	282.5 [4]	125.0	135.0	142.5	142.5 [9]	225.0	225.0	245.0	225.0 [8]	650.0	5	88.853700	26	
7	HIMANSHU KHOKHAWAT	19-10-1995	RAJ	22	65.80	0.134235	260.0	270.0	270.0	270.0 [8]	130.0	137.5	137.5	130.0 [12]	240.0	245.0	245.0	240.0 [7]	640.0	4	85.910400	33	
8	SANDESH KUMAR	18-01-2001	DEL	25	65.42	0.134792	222.5	230.0	237.5	230.0 [12]	137.5	147.5	152.5	147.5 [8]	242.5	252.5	260.0	260.0 [4]	637.5	3	85.929900	32	
9	VENKATESH C	15-06-1998	J&K	26	65.70	0.134380	232.5	240.0	245.0	240.0 [10]	127.5	132.5	135.0	132.5 [11]	215.0	222.5	227.5	222.5 [9]	595.0	2	79.956100	48	
10	DEEPAK UIKEY	06-11-1992	M P	28	65.40	0.134821	215.0	225.0	230.0	225.0 [13]	115.0	120.0	127.5	127.5 [13]	205.0	215.0	222.5	215.0 [10]	567.5	1	76.510918	58	
11	JAIDEEP SAHU	23-01-1995	CHT	33	61.30	0.141395	155.0	165.0	175.0	175.0 [14]	85.0	87.5	90.0	90.0 [14]	150.0	162.5	167.5	162.5 [11]	427.5	1	60.446363	80	
-	BIBIN JOY	19-03-1996	KER	21	65.24	0.135058	280.0	290.0	290.0	280.0 [5]	160.0	160.0	160.0	160.0 [7]	240.0	240.0	240.0	-	-	-	-	-	
-	BHUPESH	09-10-1997	HAR	35	65.28	0.134999	260.0	260.0	260.0	-	155.0	155.0	162.5	-	255.0	255.0	X	-	-	-	-	-	
-	M ASHOK KUMAR	14-07-1998	A P	27	65.86	0.134147	240.0	260.0	260.0	240.0 [11]	140.0	155.0	155.0	140.0 [10]	220.0	232.5	232.5	-	-	-	-	-	
-	SHAIKENDRA BAGHEL	15-12-1997	U P	24	65.92	0.134060	292.5	302.5	310.0	292.5 [1]	162.5	162.5	167.5	167.5 [3]	247.5	255.0	255.0	-	-	-	-	-	
-	RAGHAV KUMAR	20-03-2001	PUN	23	66.00	0.133945	240.0	245.0	245.0	-	160.0	X	X	-	X	X	X	-	-	-	-	-	
74kg - Open																							

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL	Points	Place
1	SHAILENDRA SEWATHIYA	02-02-1995	M P	58	73.40	0.124585	340.0	340.0	310.0	310.0 [1]	180.0	187.5	192.5	192.5 [2]	265.0	280.0	285.0	285.0 [2]	787.5	12	98.110688	3 <u>☹</u>	
2	BHARAT BHUSHAN	21-05-1990	PUN	48	73.78	0.124167	297.5	300.0	305.0	305.0 [4]	180.0	187.5	195.0	195.0 [1]	265.0	270.0	275.0	275.0 [4]	775.0	9	96.229425	12	
3	SANKU KRUPARAO	29-04-1998	RSPB	37	73.60	0.124364	307.5	317.5	317.5	307.5 [2]	142.5	142.5	147.5	147.5 [12]	300.0	310.0	320.0	310.0 [1]	765.0	8	95.138460	13	
4	GOVINDASAMY B	16-03-1994	A&N	46	73.95	0.123982	277.5	287.5	297.5	297.5 [5]	142.5	142.5	147.5	147.5 [13]	282.5	295.0	295.0	282.5 [3]	727.5	7	90.196905	24	
5	SANJAY SHAHI	30-01-1998	PUN	49	72.22	0.125917	275.0	290.0	302.5	290.0 [6]	150.0	157.5	162.5	162.5 [8]	250.0	267.5	272.5	267.5 [5]	720.0	6	90.660240	21	
6	VIJAY FASALE	19-11-1999	MAH	63	72.40	0.125710	290.0	290.0	300.0	290.0 [7]	162.5	162.5	170.0	170.0 [5]	260.0	260.0	265.0	260.0 [9]	720.0	5	90.511200	23	
7	ARJI BALAKRISHNA	20-10-1995	A P	57	73.60	0.124364	275.0	285.0	292.5	285.0 [8]	175.0	182.5	182.5	175.0 [3]	240.0	250.0	260.0	260.0 [11]	720.0	4	89.542080	25	
8	VISHNU SHAJAN	03-10-2000	KER	40	71.98	0.126195	270.0	277.5	277.5	277.5 [10]	150.0	160.0	165.0	165.0 [7]	220.0	232.5	242.5	232.5 [15]	675.0	3	85.181625	36	
9	PUNITH RAGHAVAN	16-10-2001	KAR	44	72.10	0.126055	252.5	265.0	275.0	275.0 [11]	132.5	145.0	145.0	132.5 [18]	262.5	277.5	277.5	262.5 [7]	670.0	2	84.456850	37	
10	JAYAMARUTHI M	04-07-2004	T N	65	74.00	0.123927	262.5	262.5	262.5	262.5 [13]	142.5	145.0	145.0	142.5 [15]	265.0	265.0	272.5	265.0 [6]	670.0	1	83.031090	42	
11	J BHAGWAT RAO	14-07-1995	CHT	64	73.10	0.124918	230.0	245.0	255.0	255.0 [14]	150.0	160.0	170.0	170.0 [6]	215.0	225.0	232.5	225.0 [18]	650.0	1	81.196700	45	
12	MOHD ASHRAF	07-02-2000	UTK	55	69.94	0.128652	235.0	235.0	250.0	235.0 [16]	140.0	150.0	150.0	150.0 [10]	240.0	250.0	260.0	250.0 [12]	635.0	1	81.694020	44	
13	ANAND N P	01-06-1978	KAR	43	72.84	0.125210	250.0	250.0	250.0	250.0 [15]	115.0	115.0	120.0	120.0 [19]	250.0	260.0	272.5	260.0 [10]	630.0	1	78.882300	51	
14	SOMNATH MONDAL	26-05-1988	W B	59	73.68	0.124276	275.0	275.0	285.0	275.0 [12]	140.0	147.5	152.5	152.5 [9]	190.0	210.0	X	190.0 [22]	617.5	1	76.740430	57	
15	MUHAMMAD JAFAR R	20-09-2003	KER	39	73.62	0.124342	220.0	232.5	235.0	220.0 [18]	145.0	150.0	150.0	145.0 [14]	230.0	240.0	247.5	247.5 [13]	612.5	1	76.159475	60	
16	RAJA	17-05-1996	DEL	53	73.50	0.124474	230.0	230.0	230.0	230.0 [17]	120.0	127.5	135.0	135.0 [17]	210.0	230.0	240.0	230.0 [16]	595.0	1	74.062030	65	
-	SATENDER	08-12-2000	HAR	54	69.68	0.128978	240.0	240.0	240.0	-	190.0	190.0	190.0	-	220.0	X	X	-	-	-	-	-	
-	ELANGBAM GYANENDRO MEETEI	03-03-1982	MAN	47	70.00	0.128577	X	X	X	-	X	X	X	-	X	X	X	-	-	-	-	-	
-	BIRENDRA KARKI	15-02-2000	CHN	52	70.80	0.127594	180.0	180.0	180.0	-	100.0	112.5	120.0	112.5 [20]	180.0	195.0	210.0	195.0 [21]	-	-	-	-	
-	THAMIZHARASAN S	10-06-1990	A&N	45	72.10	0.126055	295.0	305.0	312.5	305.0 [3]	135.0	140.0	X	140.0 [16]	305.0	305.0	X	-	-	-	-	-	
-	DEEPAK	07-12-2000	CHN	51	72.10	0.126055	210.0	210.0	210.0	-	105.0	105.0	X	-	255.0	260.0	265.0	260.0 [8]	-	-	-	-	
-	PARV RANA	19-11-1995	CCS	60	72.32	0.125802	150.0	X	X	-	90.0	100.0	105.0	100.0 [21]	200.0	220.0	230.0	220.0 [19]	-	-	-	-	
-	HIMANSHU BHATI	11-09-1999	RAJ	42	72.66	0.125414	255.0	255.0	255.0	-	155.0	165.0	172.5	172.5 [4]	225.0	225.0	235.0	225.0 [17]	-	-	-	-	
-	VIJAY SHELAR	30-08-1986	MAH	61	73.14	0.124873	272.5	280.0	280.0	280.0 [9]	X	X	X	-	X	X	X	-	-	-	-	-	
-	MANISH KUMAR	17-04-1998	BIH	50	73.65	0.124309	240.0	240.0	240.0	-	130.0	142.5	150.0	150.0 [11]	215.0	225.0	225.0	215.0 [20]	-	-	-	-	
-	P VAMSHI KRISHNA	14-01-2003	A P	56	74.00	0.123927	250.0	250.0	250.0	-	X	X	X	-	250.0	250.0	285.0	-	-	-	-	-	
-	POOTHATHAN V	26-07-1996	T N	62	74.00	0.123927	260.0	260.0	260.0	-	X	X	X	-	235.0	242.5	242.5	242.5 [14]	-	-	-	-	
83kg - Open																							
1	SHANMUGAM R	24-01-1989	RSPB	69	82.44	0.115936	320.0	330.0	335.0	335.0 [1]	195.0	200.0	210.0	200.0 [3]	287.5	295.0	300.0	300.0 [2]	835.0	12	96.806560	8	
2	NILESH GARATE	05-12-1991	MAH	92	82.10	0.116218	310.0	325.0	330.0	330.0 [2]	220.0	227.5	227.5	220.0 [1]	260.0	275.0	282.5	282.5 [4]	832.5	9	96.751485	9	
3	GOVINDARAJ KALIYAMOORTHY	21-11-1988	A&N	76	82.52	0.115870	302.5	307.5	317.5	317.5 [3]	175.0	182.5	187.5	187.5 [6]	272.5	277.5	277.5	277.5 [5]	782.5	8	90.668275	20	
4	RAMOJU ARUN SAI KUMAR	25-05-1995	W B	87	81.66	0.116588	290.0	290.0	302.5	290.0 [7]	150.0	157.5	162.5	157.5 [12]	310.0	330.0	335.0	330.0 [1]	777.5	7	90.647170	22	
5	KCHETRAPAL SINGH	01-01-2001	RAJ	71	82.62	0.115788	290.0	305.0	305.0	290.0 [9]	200.0	207.5	207.5	200.0 [4]	270.0	270.0	277.5	270.0 [7]	760.0	6	87.998880	28	
6	G RAMESH	19-12-1993	TEL	70	82.24	0.116101	282.5	295.0	295.0	295.0 [6]	165.0	175.0	185.0	175.0 [9]	275.0	275.0	297.5	275.0 [6]	745.0	5	86.495245	30	
7	RANJEET KUMAR MAURYA	06-07-1993	U P	80	80.90	0.117238	252.5	267.5	277.5	267.5 [10]	195.0	202.5	205.0	205.0 [2]	252.5	265.0	265.0	265.0 [8]	737.5	4	86.463025	31	
8	BLESSON BOSCO	25-03-1995	CHT	74	81.46	0.116757	290.0	290.0	305.0	305.0 [5]	175.0	175.0	185.0	185.0 [7]	245.0	255.0	255.0	245.0 [14]	735.0	3	85.816395	34	
9	RAM SINGH	24-12-1999	HAR	90	81.92	0.116369	290.0	305.0	305.0	290.0 [8]	175.0	175.0	175.0	175.0 [8]	250.0	252.5	X	250.0 [12]	715.0	2	83.203835	40	
10	RISHABH KALA	18-08-2000	UTK	88	82.48	0.115903	305.0	315.0	315.0	315.0 [4]	140.0	150.0	150.0	140.0 [15]	255.0	255.0	275.0	255.0 [10]	710.0	1	82.291130	43	
11	VISHNU JADON	05-09-2003	RAJ	72	82.10	0.116218	250.0	250.0	262.5	262.5 [11]	145.0	152.5	160.0	160.0 [11]	250.0	262.5	280.0	250.0 [13]	672.5	1	78.156605	53	
12	ISHAAN GARG	29-03-2001	CHN	84	82.24	0.116101	245.0	245.0	255.0	245.0 [12]	115.0	117.5	125.0	125.0 [17]	230.0	240.0	252.5	252.5 [11]	622.5	1	72.272873	68	

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF	GL	Points	Place
13	AMAN TAK	15-01-2000	J&K	68	79.06	0.118879	180.0	195.0	195.0	180.0 [13]	120.0	140.0	145.0	145.0 [13]	200.0	215.0	220.0	220.0 [15]	545.0	1		64.789055	76	
14	KHUSHNEET GOYAL	07-02-1997	CHN	82	80.54	0.117552	175.0	200.0	200.0	175.0 [15]	140.0	140.0	150.0	140.0 [14]	180.0	200.0	215.0	215.0 [16]	530.0	1		62.302560	79	
15	RAKESH KUMAR MEENA	27-10-1980	BSNL	67	79.70	0.118297	155.0	165.0	175.0	175.0 [14]	125.0	125.0	130.0	130.0 [16]	180.0	192.5	202.5	202.5 [17]	507.5	1		60.035728	81	
16	ANAND S MANDIA	07-10-1971	CCS	91	82.88	0.115575	155.0	X	X	155.0 [16]	100.0	X	X	100.0 [18]	160.0	X	X	160.0 [18]	415.0	1		47.963625	83	
-	ALEX V MINJ	27-07-2000	M P	89	78.86	0.119063	275.0	275.0	275.0	-	X	X	X	-	X	X	X	-	-	-	-	-	-	
-	LAISHRAM AJITKUMAR SINGH	01-03-1986	MAN	73	79.50	0.118478	X	X	X	-	X	X	X	-	X	X	X	-	-	-	-	-	-	
-	UDHO KUMAR	03-04-1999	PUN	78	80.30	0.117763	340.0	340.0	340.0	-	150.0	X	X	-	X	X	X	-	-	-	-	-	-	
-	KULDEEP SINGH	03-03-1990	DEL	83	81.22	0.116962	305.0	305.0	305.0	-	180.0	190.0	202.5	190.0 [5]	280.0	290.0	297.5	-	-	-	-	-	-	
-	CHANDAN KUMAR SINGH	03-05-1998	BIH	79	81.50	0.116723	275.0	275.0	275.0	-	165.0	172.5	X	165.0 [10]	260.0	282.5	282.5	260.0 [9]	-	-	-	-	-	
-	LAKHVEER SINGH	10-01-1996	UTK	85	82.62	0.115788	322.5	322.5	322.5	-	X	X	X	-	297.5	300.0	302.5	300.0 [3]	-	-	-	-	-	
-	VIMAL RAJ V	08-05-1986	A&N	77	82.78	0.115656	327.5	327.5	327.5	-	X	X	X	-	X	X	X	-	-	-	-	-	-	
-	SHOMIK DAS	15-02-1995	VID	81	82.90	0.115559	250.0	250.0	250.0	-	100.0	X	X	100.0 [19]	200.0	200.0	200.0	-	-	-	-	-	-	
93kg - Open																								
1	DILSHAD HUSSAIN	10-04-1996	RSPB	94	92.72	0.108618	320.0	330.0	340.0	340.0 [6]	195.0	200.0	210.0	210.0 [3]	320.0	340.0	353.0	340.0 [1]	890.0	12		96.670020	11	
2	ARIVALAGAN C	26-09-1995	A&N	102	92.38	0.108827	365.0	382.5	400.0	382.5 [1]	180.0	190.0	195.0	195.0 [5]	275.0	287.5	342.5	287.5 [6]	865.0	9		94.135355	16	
3	AKASH SHARMA	20-06-1999	RAJ	99	90.32	0.110138	320.0	335.0	340.0	340.0 [5]	190.0	202.5	210.0	210.0 [2]	270.0	282.5	290.0	290.0 [5]	840.0	8		92.515920	17	
4	C MOHANKUMAR	26-05-1996	CHT	109	88.38	0.111444	307.5	320.0	330.0	330.0 [7]	175.0	180.0	182.5	182.5 [6]	275.0	307.5	307.5	275.0 [7]	787.5	7		87.762150	29	
5	SYED KHAJAVALI	23-01-2002	A P	111	89.78	0.110494	280.0	290.0	292.5	280.0 [11]	167.5	172.5	175.0	175.0 [10]	285.0	292.5	302.5	302.5 [2]	757.5	6		83.699205	38	
6	SHAIK ALEEM	05-04-1999	TEL	95	93.00	0.108448	300.0	300.0	330.0	300.0 [8]	150.0	160.0	167.5	167.5 [14]	260.0	260.0	267.5	260.0 [10]	727.5	5		78.895920	50	
7	HRITTIK MAJI	23-01-2000	W B	116	92.14	0.108976	290.0	290.0	302.5	290.0 [9]	175.0	182.5	X	175.0 [11]	250.0	265.0	270.0	250.0 [11]	715.0	4		77.917840	54	
8	IQBAL SINGH	04-06-1987	PUN	103	86.42	0.112839	280.0	280.0	280.0	280.0 [10]	165.0	172.5	177.5	172.5 [12]	230.0	240.0	245.0	245.0 [12]	697.5	3		78.705203	52	
9	SHOY GUPTA	14-08-1998	J&K	114	88.80	0.111155	220.0	235.0	250.0	235.0 [14]	160.0	180.0	180.0	180.0 [7]	210.0	230.0	240.0	240.0 [13]	655.0	2		72.806525	67	
10	RAVI PAL	08-01-1989	M P	112	89.98	0.110361	220.0	222.5	230.0	230.0 [15]	130.0	130.0	140.0	140.0 [15]	250.0	260.0	270.0	270.0 [8]	640.0	1		70.631040	70	
11	RAJESH SHARMA	22-02-1988	TRI	98	89.50	0.110681	240.0	240.0	250.0	250.0 [12]	120.0	122.5	130.0	122.5 [16]	225.0	250.0	250.0	225.0 [14]	597.5	1		66.131898	75	
12	YASH CHAVAN	22-10-2001	GUJ	100	89.29	0.110822	220.0	235.0	245.0	245.0 [13]	110.0	120.0	135.0	120.0 [17]	180.0	190.0	200.0	200.0 [15]	565.0	1		62.614430	78	
13	JIWAN SINGH BISHT	24-09-1968	CCS	113	89.62	0.110601	180.0	X	X	180.0 [16]	95.0	X	X	95.0 [18]	180.0	X	X	180.0 [16]	455.0	1		50.323455	82	
-	SHASHANK TARIYAL	08-10-1994	UTK	110	89.28	0.110829	320.0	320.0	320.0	-	177.5	190.0	190.0	177.5 [9]	257.5	257.5	X	-	-	-	-	-	-	
-	KRISHNAKUMAR C	22-03-1991	KER	97	91.84	0.109164	345.0	350.0	350.0	350.0 [3]	175.0	175.0	180.0	180.0 [8]	260.0	265.0	270.0	-	-	-	-	-	-	
-	VINCENT P G	08-03-1985	KER	96	91.86	0.109151	340.0	340.0	330.0	-	160.0	172.5	182.5	172.5 [13]	260.0	270.0	280.0	270.0 [9]	-	-	-	-	-	
-	VIVEK KUMAR	16-02-1997	DEL	107	92.20	0.108939	340.0	340.0	340.0	-	215.0	225.0	X	215.0 [1]	300.0	300.0	340.0	300.0 [3]	-	-	-	-	-	
-	VIKAS CHAUHAN	07-07-1995	U P	105	92.34	0.108852	352.5	352.5	360.0	360.0 [2]	185.0	185.0	185.0	-	292.5	297.5	302.5	297.5 [4]	-	-	-	-	-	
-	PARDUMAN	16-04-2001	HAR	115	92.78	0.108582	330.0	342.5	345.0	342.5 [4]	205.0	205.0	240.0	205.0 [4]	305.0	X	X	-	-	-	-	-	-	
105kg - Open																								
1	HARIOM	20-07-1996	RSPB	118	103.48	0.102899	370.0	370.0	370.0	370.0 [1]	185.0	270.0	X	270.0 [1]	250.0	280.0	310.0	310.0 [1]	950.0	12		97.754050	5	
2	VINAY	07-09-1990	DEL	124	104.62	0.102382	275.0	275.0	280.0	280.0 [9]	175.0	180.0	190.0	180.0 [6]	265.0	280.0	297.5	297.5 [2]	757.5	9		77.554365	56	
3	AKHILESH KUMAR	07-08-1991	U P	123	97.54	0.105854	320.0	320.0	320.0	320.0 [4]	195.0	205.0	210.0	210.0 [2]	190.0	200.0	200.0	190.0 [8]	720.0	8		76.214880	59	
4	ARPAN MAJUMDER	19-04-2001	W B	131	94.80	0.107381	280.0	300.0	300.0	300.0 [5]	165.0	177.5	185.0	177.5 [7]	225.0	225.0	242.5	225.0 [5]	702.5	7		75.435153	62	
5	ADIL ASHRAF KHAN	04-03-1988	J&K	129	94.40	0.107613	270.0	280.0	287.5	287.5 [7]	180.0	190.0	200.0	200.0 [3]	180.0	200.0	210.0	210.0 [7]	697.5	6		75.060068	63	
6	SNEHRAJ SINGH PANWAR	02-12-2000	M P	127	99.20	0.104982	260.0	260.0	267.5	260.0 [10]	150.0	157.5	X	150.0 [10]	262.5	275.0	285.0	285.0 [3]	695.0	5		72.962490	66	
7	GAGANDEEP	29-04-1998	CHN	125	102.90	0.103168	260.0	260.0	280.0	280.0 [8]	170.0	177.5	182.5	182.5 [5]	200.0	220.0	230.0	220.0 [6]	682.5	4		70.412160	71	

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF	GL	Points	Place
-	MOHAMMED ARIF ANWAR	15-02-2002	KER	119	96.64	0.106343	300.0	300.0	300.0	300.0 [6]	170.0	175.0	175.0	170.0 [8]	X	X	X	-	-	-	-	-	-	-
-	PUNIT KUMAR TEOTIA	23-10-1981	BSNL	117	96.90	0.106201	180.0	180.0	X	-	X	X	X	-	X	X	X	-	-	-	-	-	-	-
-	BHARANIDHARAN B	21-06-1998	T N	130	98.10	0.105555	330.0	330.0	330.0	330.0 [2]	215.0	215.0	X	-	270.0	X	X	-	-	-	-	-	-	-
-	SUNVEER SINGH	13-04-2000	CHN	126	99.62	0.104767	325.0	325.0	325.0	-	190.0	200.0	240.0	200.0 [4]	260.0	260.0	285.0	260.0 [4]	-	-	-	-	-	-
-	RONIT VERMA	19-02-1999	J&K	128	103.10	0.103075	310.0	322.5	322.5	322.5 [3]	160.0	160.0	172.5	160.0 [9]	240.0	240.0	240.0	-	-	-	-	-	-	-
-	BHASKAR SHAH	09-08-1992	PUN	121	103.70	0.102798	360.0	X	X	-	X	X	X	-	X	X	X	-	-	-	-	-	-	-
-	RAHUL SHARMA	10-07-2001	U P	122	105.00	0.102213	332.5	332.5	X	-	X	X	X	-	X	X	X	-	-	-	-	-	-	-
120kg - Open																								
1	ANGREJ SINGH	10-10-1983	RSPB	133	114.62	0.098418	380.0	400.0	410.0	410.0 [1]	242.5	250.0	255.0	255.0 [1]	310.0	335.0	X	335.0 [1]	1000.0	12	98.418000		2	<u>☺</u>
2	SANDEEP SINGH	07-10-1988	UTK	145	110.48	0.099943	370.0	382.5	382.5	370.0 [3]	190.0	202.5	240.0	202.5 [5]	300.0	312.5	X	312.5 [3]	885.0	9	88.449555		27	
3	NAVEEN	12-04-1997	HAR	150	112.40	0.099217	300.0	300.0	320.0	300.0 [9]	200.0	240.0	210.0	210.0 [3]	315.0	327.5	332.5	327.5 [2]	837.5	8	83.094238		41	
4	SACHIN	15-07-2001	UTK	146	117.80	0.097343	300.0	330.0	350.0	350.0 [6]	182.5	192.5	200.0	192.5 [8]	255.0	270.0	297.5	270.0 [7]	812.5	7	79.091188		49	
5	HARI NARAYAN DUBEY	18-09-1986	U P	142	111.12	0.099697	332.5	332.5	347.5	332.5 [8]	190.0	197.5	202.5	202.5 [6]	260.0	272.5	280.0	272.5 [6]	807.5	6	80.505328		47	
6	GOURAV SHARMA	11-09-2000	J&K	149	119.90	0.096676	350.0	370.0	370.0	370.0 [4]	180.0	200.0	200.0	180.0 [9]	255.0	255.0	285.0	255.0 [9]	805.0	5	77.824180		55	
7	ANKIT SANKHLA	13-03-1998	RAJ	137	117.46	0.097455	290.0	300.0	X	300.0 [10]	190.0	200.0	205.0	200.0 [7]	255.0	265.0	275.0	275.0 [5]	775.0	4	75.527625		61	
8	VEERPAL SINGH	19-10-1991	PUN	141	105.40	0.102037	280.0	280.0	295.0	280.0 [11]	150.0	160.0	165.0	165.0 [12]	230.0	245.0	255.0	255.0 [8]	700.0	3	71.425900		69	
9	PREMKUMAR	25-07-1980	BSNL	132	116.20	0.097874	160.0	X	X	160.0 [12]	120.0	135.0	X	135.0 [13]	160.0	175.0	X	175.0 [11]	470.0	2	46.000780		84	
-	JODHVEER SINGH KANDOLA	25-09-2001	CHN	144	107.09	0.101311	280.0	280.0	300.0	-	170.0	180.0	X	170.0 [11]	180.0	180.0	180.0	180.0 [10]	-	-	-	-	-	-
-	SUKHPAL YADAV	25-12-1999	U P	143	111.40	0.099591	350.0	350.0	350.0	-	150.0	X	X	-	X	X	X	-	-	-	-	-	-	-
-	KIRAN K P	26-01-1993	KER	135	116.14	0.097894	360.0	360.0	X	-	X	X	X	-	X	X	X	-	-	-	-	-	-	-
-	GANESH B HORKERI	21-03-2001	KAR	139	116.14	0.097894	335.0	345.0	345.0	-	167.5	175.0	177.5	175.0 [10]	295.0	302.5	302.5	295.0 [4]	-	-	-	-	-	-
-	PANKAJ TYAGI	02-11-1989	DEL	147	118.15	0.097230	350.0	350.0	375.0	375.0 [2]	250.0	265.0	X	250.0 [2]	310.0	X	X	-	-	-	-	-	-	-
-	SREERAJ PS	07-11-1995	A&N	140	119.12	0.096920	325.0	350.0	360.0	360.0 [5]	190.0	195.0	195.0	-	300.0	X	X	-	-	-	-	-	-	-
-	RAJAT DANGARE	23-03-1999	MAH	148	119.62	0.096763	350.0	370.0	370.0	350.0 [7]	205.0	205.0	215.0	205.0 [4]	260.0	260.0	X	-	-	-	-	-	-	-
120+Kg - Open																								
1	AMANPREET SINGH	24-02-1986	RSPB	151	167.20	0.087451	435.0	475.0	X	475.0 [1]	285.0	305.0	315.0	305.0 [1]	300.0	325.0	350.0	350.0 [1]	1130.0	12	98.819630		1	<u>☺</u>
2	APOORV DUBEY	28-03-1993	M P	156	126.42	0.094796	320.0	340.0	350.0	350.0 [3]	200.0	220.0	220.0	220.0 [3]	280.0	300.0	310.0	310.0 [2]	880.0	9	83.420480		39	
3	SHAIK SAQUIB BASHA	29-08-1996	A P	155	134.48	0.092816	335.0	335.0	360.0	335.0 [4]	232.5	242.5	X	242.5 [2]	275.0	290.0	310.0	290.0 [3]	867.5	8	80.517880		46	
4	MOHAMMAD SALMAN	16-05-2001	UTK	153	128.74	0.094190	310.0	320.0	327.5	320.0 [5]	165.0	175.0	175.0	165.0 [5]	230.0	230.0	X	230.0 [6]	715.0	7	67.345850		74	
5	HARMEET SINGH	19-08-2003	UTK	154	129.70	0.093948	250.0	270.0	280.0	270.0 [6]	145.0	155.0	165.0	165.0 [6]	220.0	235.0	250.0	235.0 [5]	670.0	6	62.945160		77	
-	RINKU DAGAR	05-02-1992	DEL	152	120.80	0.096400	300.0	X	X	-	195.0	207.5	212.5	207.5 [4]	277.5	285.0	302.5	277.5 [4]	-	-	-	-	-	-
-	MOHIT KUMAR	21-06-1989	HAR	158	124.18	0.095411	350.0	365.0	365.0	-	185.0	X	X	-	X	X	X	-	-	-	-	-	-	-
-	P NISHANTH	20-10-2001	T N	157	137.82	0.092090	380.0	387.5	387.5	380.0 [2]	X	X	X	-	X	X	X	-	-	-	-	-	-	-

Best Lifter - Open

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF	GL	Points
1	AMANPREET SINGH	RSPB	120+kg	167.20	0.087451	1130.0			98.819630
2	ANGREJ SINGH	RSPB	120kg	114.62	0.098418	1000.0			98.418000
3	SHAIK SAQUIB BASHA	M P	74kg	73.40	0.124585	787.5			98.110688

Team Championship - Open				
Place	Team	Points	Best Points	IPF GL Points
1	R S P B	60	12+12+12+12+12	488.616255
2	MAHARASHTRA	40	9+9+9+8+5	475.407680
3	ANDAMAN AND NICOBAR	32	9+8+8+7	365.994910
4	UTTARAKHAND	30	9+7+7+6+1	380.122883
5	MADHYA PRADESH	28	12+9+5+1+1	401.635616
6	ANDHRA PRADESH	25	8+7+6+4	339.290845
7	RAJASTHAN	23	8+6+4+4+1	420.109430
8	PUNJAB	21	9+6+3+3	337.020768
9	TAMIL NADU	19	12+6+1	273.099135
10	WEST BENGAL	19	7+7+4+1	320.740593
11	JAMMU AND KASHMIR	19	6+5+4+2+2	373.109093
12	UTTAR PRADESH	18	8+6+4	243.183233
13	CHHATTISGARH	18	7+6+3+1+1	390.034308
14	HARYANA	15	8+5+2	235.071293
15	TELANGANA	15	5+5+5	254.244865
16	DELHI	13	9+3+1	237.546295
17	CHANDIGARH	6	4+1+1	204.987593
18	KERALA	4	3+1	161.341100
19	KARNATAKA	3	2+1	163.339150
20	B S N L	3	2+1	106.036508
21	C C S C S B	2	1+1	98.287080
22	TRIPURA	1	1	66.131898
23	GUJARAT	1	1	62.614430
-	BIHAR	-	-	-
-	MANIPUR	-	-	-
-	VIDARBHA	-	-	-

Abbreviations:

A&N = Andaman and Nicobar A P = Andhra Pradesh BSNL = B S N L BIH = Bihar CCS = C C S C S B CHN = Chandigarh CHT = Chhattisgarh DEL = Delhi GUJ = Gujarat HAR = Haryana J&K = Jammu and Kashmir KAR = Karnataka KER = Kerala M P = Madhya Pradesh MAH = Maharashtra MAN = Manipur PUN = Punjab RSPB = R S P B RAJ = Rajasthan T N = Tamil Nadu TEL = Telangana TRI = Tripura U P = Uttar Pradesh UTK = Uttarakhand VID = Vidarbha W B = West Bengal