

Powerlifting India
National Women's Classic Powerlifting Championship 2023
Rajam, Andhra Pradesh - 12-07-2023 to 16-07-2023
Detailed Results

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
47kg - Master 1																						
1	SAPNA JAIN	09-08-1976	J&K	1	46.18	0.282142	77.5	77.5	80.0	77.5 [2]	47.5	50.0	52.5	52.5 [2]	115.0	120.0	125.0	120.0 [1]	250.0	12	70.535500	7
2	SHIKHA GARHEWAL	21-11-1983	M P	2	46.50	0.280179	80.0	85.0	85.0	85.0 [1]	50.0	55.0	57.5	55.0 [1]	95.0	107.5	115.0	95.0 [2]	235.0	9	65.842065	9
52kg - Master 1																						
1	NEETA MEHTA	07-04-1977	MAH	5	48.94	0.266611	97.5	102.5	107.5	107.5 [1]	52.5	55.0	57.5	55.0 [1]	125.0	130.0	132.5	132.5 [1]	295.0	12	78.650245	2 <u>🏆</u>
2	SMURTI SAHOO	24-01-1981	TEL	4	51.40	0.255055	77.5	82.5	85.0	85.0 [2]	47.5	50.0	50.0	47.5 [2]	102.5	107.5	115.0	115.0 [2]	247.5	9	63.126113	16
57kg - Master 1																						
1	DR. SHARVARI INAMDAR	21-02-1983	MAH	13	55.00	0.241107	117.5	125.0	130.0	130.0 [1]	65.0	70.0	72.5	72.5 [1]	135.0	147.5	152.5	152.5 [1]	355.0	12	85.592985	1 <u>🏆</u>
2	EKTA VISHNOI	03-06-1974	DEL	12	54.86	0.241594	100.0	110.0	115.0	115.0 [2]	55.0	60.0	62.5	62.5 [2]	130.0	140.0	142.5	142.5 [2]	320.0	9	77.310080	3 <u>🏆</u>
3	ASHWINI DESAI	12-11-1982	GOA	8	56.55	0.235972	80.0	87.5	95.0	95.0 [4]	40.0	45.0	50.0	45.0 [5]	90.0	115.0	117.5	117.5 [3]	257.5	8	60.762790	19
4	SONIA KAMAT	28-08-1981	TEL	10	56.59	0.235846	92.5	100.0	105.0	105.0 [3]	40.0	45.0	47.5	47.5 [4]	97.5	105.0	112.5	105.0 [4]	257.5	7	60.730345	20
5	BHULAKSHMI S	04-06-1978	KAR	11	56.56	0.235941	60.0	67.5	77.5	77.5 [5]	30.0	37.5	40.0	37.5 [7]	80.0	95.0	100.0	100.0 [5]	215.0	6	50.727315	27
6	RASHMI RAWAT	14-06-1982	M P	9	55.66	0.238864	65.0	70.0	75.0	75.0 [6]	37.5	42.5	45.0	42.5 [6]	80.0	87.5	90.0	90.0 [6]	207.5	5	49.564280	31
7	VARSHA SHELKE	13-07-1976	VID	7	56.29	0.236802	60.0	70.0	77.5	70.0 [7]	45.0	47.5	50.0	50.0 [3]	80.0	85.0	90.0	85.0 [7]	205.0	4	48.544410	32
-	ANITA RATHI	04-04-1982	RAJ	14	56.35	0.236609	70.0	80.0	80.0	70.0 [8]	45.0	45.0	45.0	-	90.0	X	X	-	-	-	-	-
63kg - Master 1																						
1	MEENA SHARMA	01-01-1974	M P	21	61.61	0.222005	122.5	127.5	132.5	132.5 [1]	70.0	75.0	77.5	75.0 [1]	132.5	140.0	142.5	140.0 [1]	347.5	12	77.146738	4
2	SHIKHA SINGH	16-09-1981	U P	22	61.73	0.221717	92.5	97.5	102.5	102.5 [3]	52.5	55.0	57.5	55.0 [2]	122.5	130.0	135.0	135.0 [2]	292.5	9	64.852223	12
3	BARKHA PAI	15-08-1980	DEL	24	58.55	0.229985	85.0	92.5	100.0	100.0 [4]	52.5	60.0	60.0	52.5 [4]	120.0	125.0	130.0	130.0 [3]	282.5	8	64.970763	11
4	MEGHANA DINAR VAIKUL	12-10-1982	MAH	23	62.80	0.219233	97.5	107.5	110.0	110.0 [2]	50.0	55.0	60.0	55.0 [3]	100.0	110.0	117.5	117.5 [4]	282.5	7	61.933323	17
5	RUBY S	12-11-1976	KER	19	61.74	0.221693	60.0	67.5	77.5	67.5 [5]	30.0	40.0	40.0	30.0 [7]	80.0	90.0	105.0	90.0 [5]	187.5	6	41.567438	37
6	ANUPAMA ROY VAIKUNTAPU	15-06-1977	TEL	18	61.83	0.221479	50.0	60.0	65.0	65.0 [6]	35.0	40.0	40.0	35.0 [5]	70.0	80.0	X	80.0 [6]	180.0	5	39.866220	39
7	ANITA GUPTA	18-02-1981	CHN	20	61.51	0.222245	40.0	50.0	60.0	50.0 [7]	25.0	27.5	32.5	32.5 [6]	65.0	72.5	80.0	72.5 [7]	155.0	4	34.447975	41
69kg - Master 1																						
1	ROHINI BANSAL	05-07-1976	MAH	37	68.82	0.207475	120.0	130.0	137.5	137.5 [1]	60.0	65.0	70.0	70.0 [1]	130.0	147.5	160.0	160.0 [1]	367.5	12	76.247063	5
2	PARVATHI SRIRAM	12-07-1978	TEL	36	67.68	0.209447	95.0	102.5	102.5	102.5 [2]	40.0	47.5	52.5	47.5 [3]	100.0	110.0	120.0	120.0 [3]	270.0	9	56.550690	22
3	CHITRA NAIDU	21-06-1975	M P	35	68.09	0.208726	85.0	90.0	92.5	90.0 [3]	45.0	50.0	50.0	45.0 [4]	110.0	120.0	125.0	125.0 [2]	260.0	8	54.268760	26
4	REKHA AGRAWAL	15-03-1979	M P	34	68.60	0.207848	70.0	85.0	85.0	85.0 [4]	52.5	57.5	60.0	57.5 [2]	90.0	100.0	110.0	100.0 [4]	242.5	7	50.403140	29
5	DODLA VIJAYA	16-01-1981	TEL	33	65.00	0.214529	30.0	45.0	55.0	55.0 [5]	30.0	35.0	37.5	30.0 [5]	70.0	80.0	87.5	87.5 [5]	172.5	6	37.006253	40
-	SONIA MANGWANI	13-07-1980	RAJ	31	67.84	0.209164	110.0	115.0	115.0	-	X	X	X	-	X	X	X	-	-	-	-	-
76kg - Master 1																						
1	MAYANI HEMANT KAMBLE	20-06-1983	MAH	53	72.65	0.201562	130.0	137.5	145.5	145.5 [1]	70.0	77.5	80.0	80.0 [1]	145.0	152.5	162.5	152.5 [2]	378.0	12	76.190436	6
2	ALIFIYA VAGH	25-12-1976	KAR	50	74.54	0.198997	122.5	132.5	135.0	132.5 [2]	57.5	62.5	65.0	62.5 [2]	130.0	155.0	161.0	155.0 [1]	350.0	9	69.648950	8
3	ARATHI ARUN	13-03-1975	T N	51	76.00	0.197156	110.0	120.0	130.0	120.0 [3]	50.0	57.5	62.5	62.5 [3]	132.5	145.0	155.0	145.0 [5]	327.5	8	64.568590	13

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
4	SARMISTHA SENAPATI	07-04-1974	ODI	46	71.45	0.203305	100.0	107.5	112.5	112.5 [4]	47.5	52.5	57.5	52.5 [5]	130.0	142.5	150.0	150.0 [3]	315.0	7	64.041075	14
5	RUPA BANERJEE	24-08-1977	W B	52	74.36	0.199233	90.0	100.0	107.5	107.5 [5]	50.0	55.0	57.5	57.5 [4]	120.0	137.5	145.0	145.0 [4]	310.0	6	61.762230	18
6	SAPNA KHATRI	03-09-1981	M P	48	73.45	0.200450	70.0	82.5	92.5	92.5 [6]	42.5	45.0	50.0	50.0 [6]	110.0	120.0	127.5	110.0 [6]	252.5	5	50.613625	28
7	RAJNI MALIK	15-10-1975	DEL	49	75.00	0.198405	75.0	85.0	95.0	85.0 [7]	42.5	45.0	47.5	47.5 [7]	90.0	95.0	105.0	95.0 [7]	227.5	4	45.137138	35
84kg - Master 1																						
1	ANIL KUMARI	05-04-1974	DEL	63	80.47	0.192180	115.0	130.0	140.0	140.0 [1]	52.5	60.0	60.0	52.5 [4]	135.0	145.0	150.0	150.0 [1]	342.5	12	65.821650	10
2	RENU ASNANI	13-03-1981	M P	59	83.88	0.188954	120.0	125.0	130.0	130.0 [3]	60.0	65.0	70.0	70.0 [1]	127.5	137.5	145.0	137.5 [2]	337.5	9	63.771975	15
3	MANJUSHRI PURANIK	11-07-1976	MAH	62	83.15	0.189608	120.0	130.0	137.5	130.0 [2]	50.0	55.0	57.5	55.0 [3]	125.0	137.5	137.5	125.0 [3]	310.0	8	58.778480	21
4	AMUTHA S	05-06-1977	T N	60	81.28	0.191373	110.0	110.0	115.0	115.0 [4]	40.0	50.0	57.5	50.0 [5]	105.0	120.0	125.0	120.0 [4]	285.0	7	54.541305	25
5	PRAGATHI MAHAVADI	16-04-1975	TEL	61	78.60	0.194149	90.0	100.0	107.5	100.0 [5]	40.0	45.0	47.5	45.0 [6]	90.0	105.0	107.5	105.0 [5]	250.0	6	48.537250	33
6	MANISHA MUKESH GIRAP	30-12-1981	GOA	58	79.00	0.193715	50.0	60.0	70.0	70.0 [6]	50.0	55.0	57.5	55.0 [2]	80.0	90.0	100.0	100.0 [6]	225.0	5	43.585875	36
84+Kg - Master 1																						
1	PREETHA JAGADEESH	21-04-1983	T N	69	101.25	0.177757	100.0	112.5	120.0	120.0 [2]	45.0	52.5	57.5	57.5 [2]	115.0	125.0	132.5	132.5 [1]	310.0	12	55.104670	24
2	VAISHALI TANDEL	20-10-1982	MAH	71	92.30	0.182620	105.0	115.0	125.0	125.0 [1]	45.0	52.5	57.5	52.5 [3]	107.5	120.0	130.0	130.0 [2]	307.5	9	56.155650	23
3	BHARATI MAHAPATRA	23-10-1981	MAH	67	94.90	0.181039	80.0	92.5	105.0	92.5 [4]	55.0	60.0	62.5	62.5 [1]	110.0	120.0	120.0	120.0 [3]	275.0	8	49.785725	30
4	PADMINI SHARMA	26-03-1978	CHT	70	103.78	0.176644	90.0	90.0	110.0	110.0 [3]	50.0	52.5	55.0	52.5 [5]	97.5	102.5	105.0	105.0 [4]	267.5	7	47.252270	34
5	MUTHUKUMARI THAVASIMUTHU	26-02-1983	T N	68	100.97	0.177887	75.0	80.0	80.0	80.0 [5]	50.0	50.0	52.5	52.5 [4]	95.0	95.0	100.0	100.0 [5]	232.5	6	41.358728	38

Best Lifter - Master 1

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	DR. SHARVARI INAMDAR	MAH	57kg	55.00	0.241107	355.0	85.592985
2	NEETA MEHTA	MAH	52kg	48.94	0.266611	295.0	78.650245
3	EKTA VISHNOI	DEL	57kg	54.86	0.241594	320.0	77.310080

Team Championship - Master 1

Place	Team	Points	Best Points	IPF GL Points
1	MAHARASHTRA	57	12+12+12+12+9	372.836379
2	MADHYA PRADESH	45	12+9+9+8+7	311.432678
3	TELANGANA	37	9+9+7+6+6	265.950651
4	DELHI	33	12+9+8+4	253.239631
5	TAMIL NADU	33	12+8+7+6	215.573293
6	KARNATAKA	15	9+6	120.376265
7	GOA	13	8+5	104.348665
8	JAMMU AND KASHMIR	12	12	70.535500
9	UTTAR PRADESH	9	9	64.852223
10	ODISHA	7	7	64.041075
11	CHHATTISGARH	7	7	47.252270
12	WEST BENGAL	6	6	61.762230
13	KERALA	6	6	41.567438

Team Championship - Master 1				
Place	Team	Points	Best Points	IPF GL Points
14	VIDARBHA	4	4	48.544410
15	CHANDIGARH	4	4	34.447975
-	RAJASTHAN	-	-	-

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total Points	IPF GL Points	Place	
52kg - Master 2																						
1	SNEHA KARNALE	15-08-1972	MAH	6	51.92	0.252842	50.0	60.0	70.0	50.0 [1]	25.0	25.0	30.0	25.0 [1]	50.0	X	X	50.0 [1]	125.0	12	31.605250	17
57kg - Master 2																						
1	VINUTHA RAGHUNATH	22-04-1968	MAH	17	56.38	0.236513	110.0	120.0	125.0	120.0 [1]	50.0	55.0	57.5	55.0 [1]	120.0	130.0	133.0	133.0 [1]	308.0	12	72.846004	1 <u>☺</u>
2	REGINA LUCINDA DOURADO	04-05-1967	GOA	16	53.36	0.247079	50.0	60.0	65.0	65.0 [2]	30.0	40.0	42.5	40.0 [2]	70.0	80.0	85.0	85.0 [2]	190.0	9	46.945010	11
3	DAVE MINAXIBEN MANHARLAL	06-07-1971	GUJ	15	55.34	0.239940	25.0	40.0	50.0	40.0 [3]	25.0	25.0	27.5	25.0 [3]	40.0	50.0	60.0	50.0 [3]	115.0	8	27.593100	18
63kg - Master 2																						
1	ANINDITA P DAS	31-10-1967	ASA	28	61.24	0.222902	105.0	115.0	120.0	120.0 [1]	50.0	55.0	57.5	57.5 [1]	110.0	120.0	130.0	130.0 [1]	307.5	12	68.542365	4
2	INDIRA L	10-05-1967	KER	27	62.75	0.219346	70.0	80.0	80.0	80.0 [2]	35.0	40.0	42.5	40.0 [2]	100.0	110.0	120.0	120.0 [2]	240.0	9	52.643040	9
3	SUSHMA SHARMA	05-10-1973	CHN	26	62.60	0.219687	70.0	70.0	80.0	70.0 [4]	32.5	37.5	40.0	37.5 [3]	90.0	100.0	105.0	100.0 [3]	207.5	8	45.585053	12
4	KANCHERLA GEETHAVANI	06-10-1970	DEL	30	62.80	0.219233	65.0	65.0	75.0	65.0 [5]	30.0	30.0	37.5	37.5 [4]	80.0	90.0	95.0	95.0 [4]	197.5	7	43.298518	14
5	SUSHMA SARULKAR	13-12-1972	MAH	29	62.75	0.219346	50.0	55.0	60.0	55.0 [6]	30.0	35.0	40.0	35.0 [5]	75.0	82.5	85.0	85.0 [6]	175.0	6	38.385550	15
-	POOJA MALVIYA	05-09-1972	M P	25	61.80	0.221551	70.0	70.0	72.5	72.5 [3]	35.0	35.0	35.0	-	80.0	90.0	100.0	90.0 [5]	-	-	-	-
69kg - Master 2																						
1	GITANJALI DASTOOR	18-06-1971	MAH	41	68.90	0.207341	110.0	120.0	125.0	120.0 [1]	60.0	65.0	67.5	67.5 [1]	110.0	120.0	131.0	131.0 [1]	318.5	12	66.038109	6
2	SUJATA KAUL	18-11-1973	UTK	40	68.92	0.207307	75.0	85.0	85.0	85.0 [2]	32.5	37.5	40.0	37.5 [2]	87.5	100.0	110.0	110.0 [2]	232.5	9	48.198878	10
3	MAYURA ANGAT	10-08-1972	MAH	38	65.18	0.214167	60.0	70.0	75.0	60.0 [3]	30.0	40.0	40.0	30.0 [3]	60.0	65.0	72.5	72.5 [3]	162.5	8	34.802138	16
76kg - Master 2																						
1	RUBY DAS	14-07-1972	MAH	56	72.72	0.201463	130.0	140.0	147.5	140.0 [1]	60.0	60.0	67.5	67.5 [1]	135.0	145.0	152.5	152.5 [1]	360.0	12	72.526680	2 <u>☺</u>
2	SHOBHA MATHUR	24-02-1972	RAJ	54	71.42	0.203350	90.0	100.0	110.0	110.0 [3]	40.0	45.0	47.5	47.5 [2]	100.0	120.0	125.0	125.0 [2]	282.5	9	57.446375	7
3	NAZNIN CHOUDHURY	21-01-1970	ASA	55	72.78	0.201378	97.5	112.5	115.0	112.5 [2]	47.5	47.5	52.5	47.5 [3]	95.0	107.5	112.5	112.5 [3]	272.5	8	54.875505	8
84kg - Master 2																						
1	RANJITA MISHRA	27-03-1972	MAH	65	82.25	0.190441	120.0	135.0	150.0	150.0 [1]	65.0	70.0	75.0	70.0 [1]	150.0	160.0	160.0	150.0 [1]	370.0	12	70.463170	3 <u>☺</u>
2	GITANJALI NAYAK	10-11-1973	ODI	64	82.71	0.190011	65.0	70.0	77.5	70.0 [2]	47.5	52.5	55.0	52.5 [2]	85.0	100.0	107.5	107.5 [2]	230.0	9	43.702530	13
-	SHEEJA PANACHI	02-05-1973	KER	66	83.53	0.189265	70.0	70.0	70.0	-	X	X	X	-	X	X	X	-	-	-	-	-
84+Kg - Master 2																						
1	MARY BEENA	31-05-1965	KER	72	91.15	0.183369	142.5	150.0	155.5	150.0 [1]	62.5	67.5	71.5	71.5 [1]	145.0	150.5	152.5	150.5 [1]	372.0	12	68.213268	5

Best Lifter - Master 2							
Place	Name	Team	Wt. Cat.	Bd. Wt.	Coeff.	Total	IPF GL Points
1	VINUTHA RAGHUNATH	MAH	57kg	56.38	0.236513	308.0	72.846004
2	RUBY DAS	MAH	76kg	72.72	0.201463	360.0	72.526680
3	RANJITA MISHRA	MAH	84kg	82.25	0.190441	370.0	70.463170

Team Championship - Master 2

Place	Team	Points	Best Points	IPF GL Points
1	MAHARASHTRA	60	12+12+12+12+12	313.479213
2	KERALA	21	12+9	120.856308
3	ASSAM	20	12+8	123.417870
4	RAJASTHAN	9	9	57.446375
5	UTTARAKHAND	9	9	48.198878
6	GOA	9	9	46.945010
7	ODISHA	9	9	43.702530
8	CHANDIGARH	8	8	45.585053
9	GUJARAT	8	8	27.593100
10	DELHI	7	7	43.298518
-	MADHYA PRADESH	-	-	-

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
69kg - Master 3																						
1	MEERA RAZDAN	07-11-1958	M P	44	66.70	0.211230	65.0	70.0	72.5	72.5 [1]	35.0	40.0	40.0	40.0 [2]	95.0	102.5	105.0	105.0 [1]	217.5	12	45.942525	2 <u>☺</u>
2	DR. PURNA BHARDE	28-07-1958	MAH	45	64.39	0.215782	45.0	57.5	62.5	62.5 [2]	35.0	37.5	40.0	40.0 [1]	67.5	77.5	82.5	82.5 [3]	185.0	9	39.919670	4
3	REENI THARAKAN	08-03-1960	KER	42	68.00	0.208883	40.0	50.0	50.0	40.0 [4]	30.0	37.5	40.0	37.5 [3]	80.0	95.0	95.0	95.0 [2]	172.5	8	36.032318	5
4	MANJULLATA INGLE	16-07-1962	M P	43	66.18	0.212210	50.0	60.0	65.0	60.0 [3]	25.0	27.5	30.0	27.5 [4]	60.0	67.5	72.5	72.5 [4]	160.0	7	33.953600	6
76kg - Master 3																						
1	BIDYA PHUKAN	31-12-1961	ASA	57	74.87	0.198571	75.0	85.0	90.0	90.0 [1]	45.0	47.5	52.5	52.5 [1]	85.0	97.5	102.5	102.5 [1]	245.0	12	48.649895	1 <u>☺</u>
84+Kg - Master 3																						
1	NAMRTA GAUTAM	02-08-1962	U P	73	87.37	0.186077	60.0	70.0	80.0	80.0 [1]	30.0	35.0	40.0	40.0 [1]	80.0	90.0	100.0	100.0 [1]	220.0	12	40.936940	3 <u>☺</u>

Best Lifter - Master 3

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	BIDYA PHUKAN	ASA	76kg	74.87	0.198571	245.0	48.649895
2	MEERA RAZDAN	M P	69kg	66.70	0.211230	217.5	45.942525
3	NAMRTA GAUTAM	U P	84+kg	87.37	0.186077	220.0	40.936940

Team Championship - Master 3

Place	Team	Points	Best Points	IPF GL Points
1	MADHYA PRADESH	19	12+7	79.896125
2	ASSAM	12	12	48.649895
3	UTTAR PRADESH	12	12	40.936940
4	MAHARASHTRA	9	9	39.919670
5	KERALA	8	8	36.032318

Abbreviations:

ASA = Assam CHN = Chandigarh CHT = Chhattisgarh DEL = Delhi GOA = Goa GUJ = Gujarat J&K = Jammu and Kashmir KAR = Karnataka KER = Kerala M P = Madhya Pradesh MAH = Maharashtra ODI = Odisha RAJ = Rajasthan T N = Tamil Nadu TEL = Telangana U P = Uttar Pradesh UTK = Uttarakhand VID = Vidarbha W B = West Bengal