


Powerlifting India
National Sub Junior & Junior Women's Equipped Powerlifting Championship 2023
Courtallam, Tamil Nadu - 12-05-2023 to 17-05-2023
Detailed Results

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
43kg - Sub Junior																						
1	AKSHAYA P	16-08-2006	T N	1	43.00	0.235042	105.0	117.5	117.5	117.5 [1]	45.0	52.5	55.0	52.5 [1]	110.0	123.0	125.0	123.0 [1]	293.0	12	68.867306	8
2	ROSHNI PACHOURI	27-11-2008	M P	7	37.25	0.266394	112.5	112.5	115.0	115.0 [2]	40.0	40.0	42.5	40.0 [3]	90.0	102.5	107.5	107.5 [2]	262.5	9	69.928425	6
3	RIDDHI DILIP GUPTA	31-08-2005	MAH	5	42.45	0.237550	90.0	97.5	97.5	97.5 [3]	45.0	50.0	50.0	50.0 [2]	95.0	100.0	100.0	100.0 [3]	247.5	8	58.793625	23
4	HANSIKA KAMOYA	05-07-2008	RAJ	8	42.40	0.237782	82.5	87.5	92.5	92.5 [4]	27.5	30.0	30.0	27.5 [6]	95.0	100.0	102.5	95.0 [4]	215.0	7	51.123130	35
5	SINCHANA K H	20-06-2009	KAR	9	40.55	0.246929	65.0	75.0	82.5	75.0 [5]	32.5	32.5	35.0	35.0 [4]	82.5	92.5	97.5	92.5 [5]	202.5	6	50.003123	36
6	VAIBHAVI UGADEKAR	20-09-2005	GOA	10	42.50	0.237318	55.0	65.0	70.0	70.0 [6]	27.5	27.5	27.5	27.5 [7]	65.0	77.5	87.5	77.5 [8]	175.0	5	41.530650	48
7	PURVI LASHKARI	23-03-2008	M P	6	37.85	0.262507	45.0	52.5	52.5	52.5 [8]	27.5	30.0	30.0	27.5 [5]	70.0	72.5	77.5	77.5 [7]	157.5	4	41.344853	49
-	BUPATHI DEEKSHITHA	28-01-2008	A P	2	41.95	0.239907	40.0	50.0	60.0	60.0 [7]	27.5	27.5	27.5	-	80.0	80.0	90.0	80.0 [6]	-	-	-	-
47kg - Sub Junior																						
1	ANJANA KRISHNA V K	12-09-2006	KER	22	45.00	0.226606	127.5	140.0	147.5	140.0 [1]	52.5	55.0	57.5	57.5 [1]	127.5	145.0	151.0	145.0 [1]	342.5	12	77.612555	1 🏆
2	LAVANYA K	27-03-2005	T N	18	46.75	0.220006	100.0	107.5	107.5	100.0 [3]	50.0	55.0	55.0	55.0 [2]	100.0	107.5	107.5	107.5 [4]	262.5	9	57.751575	27
3	S BAVADHARANI B	24-11-2006	T N	19	47.00	0.219117	100.0	100.0	100.0	100.0 [4]	50.0	50.0	52.5	52.5 [3]	105.0	110.0	115.0	110.0 [3]	262.5	8	57.518213	28
4	KEERTHIKA M	27-08-2005	PUD	23	46.80	0.219827	80.0	87.5	95.0	95.0 [5]	35.0	42.5	42.5	35.0 [7]	95.0	105.0	112.5	112.5 [2]	242.5	7	53.308048	31
5	NANCY	16-10-2008	HAR	25	46.35	0.221456	85.0	87.5	100.0	100.0 [2]	40.0	47.5	47.5	40.0 [4]	90.0	100.0	105.0	100.0 [5]	240.0	6	53.149440	32
6	KHUSHI	03-04-2005	HAR	20	45.35	0.225232	70.0	85.0	100.0	85.0 [6]	35.0	37.5	37.5	35.0 [6]	85.0	95.0	95.0	85.0 [6]	205.0	5	46.172560	44
7	DIVYANSHI SELAR	07-10-2006	M P	24	46.00	0.222753	75.0	75.0	92.5	75.0 [7]	27.5	30.0	30.0	27.5 [8]	80.0	85.0	85.0	80.0 [7]	182.5	4	40.652423	53
8	LARISA NADAR	21-10-2010	MAH	21	46.35	0.221456	50.0	60.0	75.0	75.0 [8]	30.0	37.5	45.0	37.5 [5]	60.0	70.0	X	60.0 [8]	172.5	3	38.201160	54
52kg - Sub Junior																						
1	DEEPANA S R	15-06-2009	T N	35	49.50	0.210868	125.0	130.0	135.0	130.0 [3]	57.5	62.5	65.0	65.0 [1]	135.0	135.0	140.0	140.0 [1]	335.0	12	70.640780	4
2	DANIYA ANTONY	17-01-2005	KER	40	50.45	0.208016	125.0	137.5	147.5	147.5 [1]	50.0	57.5	57.5	57.5 [3]	120.0	130.0	140.0	130.0 [3]	335.0	9	69.685360	7
3	JASMINE P	15-06-2006	T N	34	50.70	0.207288	120.0	130.0	135.0	130.0 [4]	60.0	65.0	67.5	65.0 [2]	122.5	132.5	137.5	132.5 [2]	327.5	8	67.886820	9
4	PRAGATHI P NAIR	05-05-2005	KER	38	47.55	0.217203	110.0	125.0	130.0	130.0 [2]	35.0	45.0	45.0	45.0 [7]	115.0	125.0	130.0	125.0 [4]	300.0	7	65.160900	12
5	P PRAVALLIKA	10-01-2007	A P	36	51.25	0.205721	110.0	117.5	122.5	122.5 [6]	50.0	55.0	60.0	55.0 [4]	110.0	122.5	132.5	122.5 [6]	300.0	6	61.716300	18
6	SHYAMRAO AISHWARYA	17-05-2005	TEL	43	50.25	0.208604	105.0	115.0	125.0	125.0 [5]	40.0	45.0	55.0	45.0 [8]	110.0	120.0	130.0	120.0 [7]	290.0	5	60.495160	19
7	TAPASYA MATE	26-02-2009	MAH	39	49.45	0.211023	120.0	120.0	125.0	120.0 [7]	47.5	52.5	57.5	52.5 [5]	112.5	117.5	117.5	112.5 [8]	285.0	4	60.141555	20
8	SOUDA MALAXMI	24-02-2005	TEL	44	50.80	0.207000	105.0	115.0	120.0	105.0 [8]	47.5	52.5	57.5	52.5 [6]	115.0	122.5	132.5	122.5 [5]	280.0	3	57.960000	26
9	CHAITANYA PARMAR	25-05-2006	M P	42	51.10	0.206144	97.5	110.0	110.0	97.5 [9]	37.5	40.0	40.0	37.5 [9]	97.5	105.0	105.0	97.5 [10]	232.5	2	47.928480	41
10	ISHIKA LASHKARI	14-12-2005	M P	41	50.10	0.209050	70.0	87.5	87.5	70.0 [11]	30.0	37.5	37.5	30.0 [10]	95.0	100.0	105.0	100.0 [9]	200.0	1	41.810000	47
11	AAYUSHI MEMANE	08-11-2008	MAH	37	51.40	0.205302	80.0	95.0	100.0	80.0 [10]	30.0	40.0	40.0	30.0 [11]	90.0	100.0	100.0	90.0 [12]	200.0	1	41.060400	52
-	VAISHNAVI MUKESH GIRAP	01-07-2007	GOA	46	51.30	0.205581	45.0	45.0	50.0	45.0 [12]	30.0	30.0	30.0	-	70.0	80.0	90.0	90.0 [11]	-	-	-	-
57kg - Sub Junior																						
1	ASHAMSA M R	08-08-2007	KER	67	57.00	0.191680	140.0	150.0	160.0	150.0 [1]	72.5	82.5	85.0	85.0 [1]	140.0	150.0	157.5	150.0 [1]	385.0	12	73.796800	2 🏆
2	ANOOJA A	11-08-2005	KER	66	56.10	0.193628	130.0	140.0	147.5	140.0 [3]	75.0	80.0	82.5	82.5 [2]	140.0	152.5	152.5	140.0 [2]	362.5	9	70.190150	5

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
3	SAIMA	30-09-2006	JHA	69	56.60	0.192536	145.0	145.0	160.0	145.0 [2]	60.0	60.0	60.0	60.0 [4]	117.5	127.5	127.5	117.5 [3]	322.5	8	62.092860	17
4	PRAVINYA D	05-04-2022	T N	62	56.30	0.193188	117.5	127.5	135.0	135.0 [4]	62.5	70.0	70.0	62.5 [3]	105.0	140.0	125.0	105.0 [6]	302.5	7	58.439370	24
5	VAISHNAVI SANGLE	10-07-2007	GUJ	64	54.85	0.196476	117.5	125.0	125.0	117.5 [5]	50.0	55.0	57.5	57.5 [5]	105.0	140.0	110.0	110.0 [4]	285.0	6	55.995660	29
6	ROSHNI SILAWAT	21-05-2005	M P	68	57.00	0.191680	95.0	107.5	107.5	95.0 [6]	45.0	45.0	50.0	50.0 [7]	105.0	107.5	110.0	107.5 [5]	252.5	5	48.399200	40
7	JAANVHI KALE	31-03-2007	MAH	65	54.75	0.196711	90.0	105.0	105.0	90.0 [7]	50.0	52.5	52.5	52.5 [6]	80.0	95.0	95.0	80.0 [8]	222.5	4	43.768198	45
8	SENAPATHI KRISHNAVENI	31-08-2005	A P	63	55.15	0.195777	70.0	80.0	85.0	70.0 [8]	35.0	37.5	40.0	40.0 [8]	80.0	90.0	100.0	100.0 [7]	210.0	3	41.113170	51
9	DHARANA SAIKIA	16-04-2009	ASA	70	52.10	0.203385	50.0	60.0	67.5	67.5 [9]	32.5	35.0	35.0	32.5 [9]	60.0	70.0	77.5	77.5 [9]	177.5	2	36.100838	56
63kg - Sub Junior																						
1	SWETHA R	02-04-2005	KER	93	60.30	0.185186	130.0	130.0	140.0	140.0 [4]	62.5	67.5	72.5	72.5 [2]	137.5	147.5	155.0	147.5 [2]	360.0	12	66.666960	10
2	THENMOZHI S	14-07-2006	T N	87	60.20	0.185369	140.0	140.0	150.0	140.0 [3]	55.0	60.0	62.5	62.5 [5]	140.0	140.0	147.5	147.5 [1]	350.0	9	64.879150	13
3	S LAKSHMI	20-08-2006	A P	88	59.90	0.185923	132.5	140.0	145.0	145.0 [2]	55.0	60.0	65.0	65.0 [3]	122.5	132.5	140.0	132.5 [4]	342.5	8	63.678628	15
4	HARSHITA TIWARI	18-09-2006	A P	89	58.20	0.189205	125.0	135.0	140.0	135.0 [5]	57.5	62.5	65.0	62.5 [4]	130.0	142.5	152.5	142.5 [3]	340.0	7	64.329700	14
5	RADHIKA SURESH	06-04-2006	KER	92	62.50	0.181356	130.0	130.0	147.5	130.0 [6]	60.0	70.0	75.0	75.0 [1]	110.0	125.0	137.5	125.0 [5]	330.0	6	59.847480	21
6	PURVA PATIL	09-06-2006	MAH	90	59.95	0.185830	80.0	95.0	102.5	95.0 [8]	45.0	50.0	55.0	55.0 [7]	90.0	105.0	115.0	105.0 [7]	255.0	5	47.386650	42
7	PALAK SHARMA	28-05-2007	RAJ	91	58.10	0.189406	100.0	100.0	107.5	100.0 [7]	42.5	X	X	42.5 [8]	95.0	100.0	105.0	105.0 [6]	247.5	4	46.877985	43
8	BHAKTI VARLANI	08-04-2008	M P	94	62.70	0.181026	55.0	65.0	75.0	65.0 [9]	32.5	35.0	35.0	32.5 [9]	65.0	75.0	80.0	80.0 [8]	177.5	3	32.132115	59
-	C.H AKHILA	01-04-2005	TEL	95	62.80	0.180861	140.0	150.0	152.5	150.0 [1]	60.0	65.0	65.0	60.0 [6]	140.0	140.0	140.0	-	-	-	-	-
69kg - Sub Junior																						
1	KALAISELVI I	25-01-2007	PUD	112	64.30	0.178479	125.0	132.5	137.5	137.5 [1]	50.0	55.0	57.5	57.5 [1]	120.0	130.0	135.0	130.0 [1]	325.0	12	58.005675	25
2	NAINA KUMARI	04-08-2006	HAR	114	63.10	0.180373	90.0	95.0	100.0	100.0 [3]	45.0	50.0	55.0	50.0 [2]	105.0	115.0	125.0	125.0 [2]	275.0	9	49.602575	37
3	KALAISELVI A	02-07-2005	PUD	113	63.25	0.180131	100.0	112.5	117.5	112.5 [2]	35.0	40.0	42.5	40.0 [4]	120.0	125.0	125.0	120.0 [3]	272.5	8	49.085698	38
4	NANCY JANGID	23-06-2007	RAJ	115	63.05	0.180454	60.0	67.5	70.0	67.5 [4]	40.0	40.0	40.0	40.0 [3]	65.0	75.0	85.0	85.0 [4]	192.5	7	34.737395	57
76kg - Sub Junior																						
1	PAYAL S R	13-09-2005	T N	131	74.30	0.165795	125.0	140.0	140.0	140.0 [1]	50.0	60.0	65.0	65.0 [1]	115.0	127.5	132.5	132.5 [1]	337.5	12	55.955813	30
2	A MADHURI	26-03-2007	A P	132	76.00	0.164079	120.0	137.5	150.0	137.5 [2]	45.0	52.5	55.0	55.0 [2]	120.0	135.0	135.0	120.0 [2]	312.5	9	51.274688	34
3	SUKRUTHA G R	13-03-2011	KAR	135	75.05	0.165025	70.0	85.0	102.5	85.0 [3]	35.0	37.5	37.5	35.0 [5]	80.0	100.0	107.5	107.5 [3]	227.5	8	37.543188	55
4	SANIKA JATHAR	17-04-2006	MAH	133	75.10	0.164974	70.0	70.0	90.0	70.0 [4]	37.5	42.5	45.0	42.5 [3]	80.0	90.0	102.5	90.0 [4]	202.5	7	33.407235	58
-	ANJALI GHANGHAURIYA	03-05-2007	M P	134	69.80	0.170896	105.0	105.0	105.0	-	35.0	40.0	47.5	40.0 [4]	85.0	95.0	100.0	85.0 [5]	-	-	-	-
84kg - Sub Junior																						
1	SHAIK SHABEENA	04-01-2005	A P	147	80.90	0.159683	160.0	172.5	180.0	180.0 [1]	65.0	70.0	72.5	72.5 [3]	150.0	150.0	157.5	157.5 [1]	410.0	12	65.470030	11
2	PRIYANKA	10-12-2005	HAR	149	82.30	0.158560	160.0	175.0	185.0	175.0 [2]	75.0	85.0	92.5	85.0 [1]	130.0	140.0	152.5	140.0 [3]	400.0	9	63.424000	16
3	HARSHI BOLIA	03-05-2005	RAJ	150	83.15	0.157904	160.0	167.5	170.0	170.0 [3]	65.0	72.5	75.0	75.0 [2]	122.5	127.5	132.5	127.5 [4]	372.5	8	58.819240	22
4	ANUSHKA NAIK	12-02-2006	GOA	151	79.20	0.161123	90.0	105.0	105.0	105.0 [4]	55.0	62.5	62.5	55.0 [4]	95.0	110.0	120.0	110.0 [5]	270.0	7	43.503210	46
-	NIKHITHA D N	03-04-2005	KER	148	76.50	0.163595	170.0	170.0	175.0	-	40.0	40.0	X	40.0 [5]	132.5	140.0	147.5	140.0 [2]	-	-	-	-
84+Kg - Sub Junior																						
1	AMEYA V	10-03-2005	KER	163	92.55	0.151759	160.0	185.0	200.0	200.0 [1]	110.0	117.5	120.0	120.0 [1]	145.0	155.0	162.5	155.0 [2]	475.0	12	72.085525	3 
2	VIDHI GAONKAR	05-09-2005	GOA	167	90.40	0.153003	135.0	145.0	145.0	145.0 [3]	45.0	50.0	50.0	45.0 [4]	155.0	162.5	162.5	155.0 [1]	345.0	9	52.786035	33
3	UMA MAHESWARI	14-06-2005	T N	161	88.45	0.154208	135.0	150.0	150.0	150.0 [2]	55.0	62.5	65.0	65.0 [2]	100.0	100.0	125.0	100.0 [5]	315.0	8	48.575520	39
4	AKSHITA SHRIVASTAVA	03-03-2006	M P	165	84.45	0.156936	97.5	105.0	105.0	105.0 [4]	32.5	37.5	42.5	42.5 [5]	100.0	115.0	127.5	115.0 [4]	262.5	7	41.195700	50

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
5	ANUSHKA P SHIRODKAR	19-06-2006	GOA	166	84.85	0.156646	60.0	75.0	82.5	75.0 [5]	32.5	35.0	40.0	40.0 [6]	65.0	75.0	90.0	75.0 [6]	190.0	6	29.762740	60
-	INDHUMATHI K	08-01-2005	PUD	164	85.35	0.156290	430.0	430.0	430.0	-	50.0	55.0	62.5	55.0 [3]	110.0	122.5	145.0	122.5 [3]	-	-	-	-

Best Lifter - Sub Junior

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	ANJANA KRISHNA V K	KER	47kg	45.00	0.226606	342.5	77.612555
2	ASHAMSA M R	KER	57kg	57.00	0.191680	385.0	73.796800
3	AMEYA V	KER	84+kg	92.55	0.151759	475.0	72.085525

Team Championship - Sub Junior

Place	Team	Points	Best Points	IPF GL Points
1	KERALA	57	12+12+12+12+9	360.351990
2	TAMIL NADU	54	12+12+12+9+9	318.094624
3	ANDHRA PRADESH	42	12+9+8+7+6	306.469346
4	HARYANA	29	9+9+6+5	212.348575
5	MADHYA PRADESH	29	9+7+5+4+4	241.520601
6	MAHARASHTRA	28	8+7+5+4+4	243.497263
7	PUDUCHERRY	27	12+8+7	160.399421
8	GOA	27	9+7+6+5	167.582635
9	RAJASTHAN	26	8+7+7+4	191.557750
10	KARNATAKA	14	8+6	87.546311
11	JHARKHAND	8	8	62.092860
12	TELANGANA	8	5+3	118.455160
13	GUJARAT	6	6	55.995660
14	ASSAM	2	2	36.100838

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
43kg - Junior																						
1	BHAGYA LAXMI VAISHANAV	23-04-2000	TEL	16	43.00	0.235042	100.0	102.5	112.5	102.5 [1]	40.0	45.0	45.0	45.0 [2]	110.0	120.0	122.5	122.5 [1]	270.0	12	63.461340	45
2	SWETA RAJPUT	06-12-2000	M P	15	42.50	0.237318	90.0	97.5	100.0	100.0 [2]	42.5	50.0	50.0	50.0 [1]	95.0	110.0	110.0	95.0 [5]	245.0	9	58.142910	51
3	ABHIRAMI A	23-08-2003	KER	13	42.65	0.236628	85.0	92.5	95.0	85.0 [3]	35.0	40.0	42.5	42.5 [3]	90.0	102.5	110.0	102.5 [4]	230.0	8	54.424440	56
4	BHUMI CHAVDA	02-02-2002	GUJ	12	39.00	0.255512	65.0	75.0	80.0	75.0 [4]	30.0	30.0	32.5	30.0 [5]	65.0	67.5	75.0	75.0 [6]	180.0	7	45.992160	65
-	ANAMIKA TICHAKULE	01-07-2004	VID	17	42.40	0.237782	72.5	75.0	75.0	-	30.0	32.5	32.5	30.0 [6]	90.0	102.5	110.0	102.5 [3]	-	-	-	-
-	M JYOTHI	07-07-2003	A P	11	42.95	0.235266	95.0	95.0	95.0	-	35.0	40.0	42.5	42.5 [4]	110.0	115.0	115.0	110.0 [2]	-	-	-	-
47kg - Junior																						
1	HARSHADA GHOLE	30-05-2002	MAH	28	45.10	0.226211	130.0	140.0	152.5	152.5 [1]	65.0	75.0	80.0	80.0 [1]	135.0	150.0	155.0	150.0 [1]	382.5	12	86.525708	2
2	ANAGHA A	25-09-2003	KER	29	46.10	0.222380	130.0	140.0	150.0	150.0 [2]	50.0	60.0	65.0	60.0 [2]	125.0	130.0	132.5	132.5 [2]	342.5	9	76.165150	17
3	AMRUTA BHAGAT	03-10-2001	MAH	27	44.55	0.228416	107.5	112.5	115.0	115.0 [3]	42.5	45.0	50.0	50.0 [4]	117.5	122.5	127.5	127.5 [3]	292.5	8	66.811680	37

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
4	RASHMITHA	07-01-2003	KAR	32	46.90	0.219471	85.0	95.0	105.0	105.0 [4]	47.5	50.0	52.5	52.5 [3]	95.0	105.0	105.0	95.0 [5]	252.5	7	55.416428	54
5	SWATI NAIK	08-07-2003	GOA	33	44.80	0.227405	80.0	80.0	80.0	80.0 [5]	35.0	37.5	37.5	35.0 [5]	95.0	100.0	110.0	100.0 [4]	215.0	6	48.892075	59
-	SEEMA DONDE	20-10-2002	GUJ	26	46.25	0.221824	55.0	60.0	60.0	-	X	X	X	-	X	X	X	-	-	-	-	-
-	THUDI SIRI CHANDANA	24-09-2003	TEL	31	46.55	0.220727	107.5	110.0	110.0	-	40.0	X	X	-	X	X	X	-	-	-	-	-
52kg - Junior																						
1	KOMAL	10-06-2000	HAR	55	51.65	0.204609	165.0	175.0	175.0	165.0 [2]	75.0	82.5	87.5	82.5 [2]	130.0	170.0	177.5	177.5 [1]	425.0	12	86.958825	1 <u>☺</u>
2	PRATHEEKSHA SAJIKUMAR	14-03-2001	KER	52	51.25	0.205721	155.0	165.0	167.5	167.5 [1]	70.0	77.5	82.5	82.5 [1]	145.0	155.0	167.5	155.0 [2]	405.0	9	83.317005	5
3	LOGAPRIYA S	07-04-2000	T N	48	51.80	0.204198	145.0	157.5	162.5	157.5 [3]	72.5	80.0	80.0	72.5 [3]	125.0	135.0	135.0	125.0 [6]	355.0	8	72.490290	24
4	AISHWARYA	05-03-2001	KAR	57	51.60	0.204747	110.0	120.0	127.5	127.5 [6]	50.0	55.0	60.0	55.0 [8]	132.5	145.0	152.5	145.0 [3]	327.5	7	67.054643	35
5	HELANJI G	01-02-2003	PUD	53	50.35	0.208309	120.0	130.0	132.5	130.0 [5]	52.5	57.5	60.0	57.5 [6]	135.0	145.0	150.0	135.0 [4]	322.5	6	67.179653	33
6	SARITA KUMARI	15-08-2001	M P	54	51.15	0.206003	115.0	122.5	127.5	122.5 [7]	55.0	60.0	60.0	60.0 [5]	125.0	130.0	132.5	130.0 [5]	312.5	5	64.375938	40
7	PRERNA NATHWANI	28-12-2002	CHT	58	51.10	0.206144	110.0	120.0	120.0	120.0 [8]	50.0	57.5	60.0	57.5 [7]	90.0	105.0	112.5	112.5 [8]	290.0	4	59.781760	49
8	KOMALPREET KAUR	24-07-2004	PUN	47	51.00	0.206428	105.0	112.5	112.5	112.5 [9]	40.0	42.5	42.5	42.5 [9]	105.0	112.5	115.0	112.5 [7]	267.5	3	55.219490	55
9	MUKKADALA ANUSHA	07-12-2003	A P	49	47.45	0.217546	70.0	85.0	90.0	85.0 [10]	40.0	40.0	45.0	40.0 [10]	92.5	102.5	102.5	92.5 [10]	217.5	2	47.316255	62
-	VIDHYA V	21-07-2002	PUD	50	50.40	0.208162	70.0	70.0	77.5	70.0 [11]	40.0	40.0	40.0	-	90.0	90.0	110.0	110.0 [9]	-	-	-	-
-	ASHIKA SANTHOSH K C	28-01-2001	KER	51	50.95	0.206571	140.0	140.0	147.5	147.5 [4]	65.0	70.0	72.5	70.0 [4]	140.0	140.0	140.0	-	-	-	-	-
57kg - Junior																						
1	SHAIK SADIYA ALMAS	27-10-2002	A P	75	55.45	0.195088	182.5	190.0	195.5	190.0 [1]	70.0	77.5	80.0	80.0 [5]	162.5	167.5	170.0	170.0 [2]	440.0	12	85.838720	3 <u>☺</u>
2	NEHA RANI	19-04-2003	BIH	85	56.35	0.193079	165.0	177.5	177.5	177.5 [2]	70.0	80.0	85.0	85.0 [3]	155.0	165.0	167.5	167.5 [3]	430.0	9	83.023970	6
3	NARSAMMA BASWAL	05-01-2001	MAH	76	56.55	0.192644	160.0	175.0	182.5	175.0 [3]	72.5	77.5	82.5	82.5 [4]	160.0	172.5	177.5	172.5 [1]	430.0	8	82.836920	7
4	MUBEEN	06-03-2002	PUN	71	56.80	0.192106	160.0	167.5	170.0	170.0 [5]	95.0	100.0	105.0	105.0 [1]	140.0	150.0	155.0	140.0 [8]	415.0	7	79.723990	10
5	POOJA M A	15-02-2000	T N	73	54.80	0.196593	162.5	172.5	175.0	162.5 [6]	80.0	85.0	85.0	85.0 [2]	155.0	165.0	165.0	155.0 [4]	402.5	6	79.128683	11
6	JOTHIKA R	18-06-2003	T N	72	54.10	0.198268	165.0	170.0	170.0	170.0 [4]	60.0	65.0	72.5	72.5 [7]	135.0	147.5	152.5	152.5 [5]	395.0	5	78.315860	13
7	RIYA KALYANE	23-03-2004	M P	80	56.30	0.193188	145.0	145.0	160.0	145.0 [7]	75.0	75.0	82.5	75.0 [6]	140.0	150.0	155.0	150.0 [6]	370.0	4	71.479560	27
8	MUDDA TIRUPATHAMMA	08-02-2002	A P	74	55.55	0.194860	130.0	135.0	135.0	130.0 [8]	50.0	57.5	62.5	57.5 [9]	135.0	142.5	147.5	142.5 [7]	330.0	3	64.303800	41
9	AGALYA A	10-11-2004	PUD	78	54.20	0.198026	100.0	115.0	117.5	117.5 [9]	40.0	45.0	45.0	45.0 [11]	110.0	125.0	140.0	125.0 [9]	287.5	2	56.932475	52
10	SEEMA	10-09-2003	HAR	79	56.20	0.193408	110.0	110.0	117.5	110.0 [11]	40.0	45.0	50.0	50.0 [10]	110.0	117.5	117.5	110.0 [10]	270.0	1	52.220160	58
-	MUSKAN SHAIKH	23-07-2002	GOA	86	54.00	0.198512	60.0	62.5	62.5	60.0 [12]	40.0	40.0	X	-	75.0	75.0	82.5	82.5 [11]	-	-	-	-
-	AMRITA KUMARI	06-03-2002	BIH	77	55.20	0.195661	145.0	145.0	145.0	-	60.0	60.0	72.5	60.0 [8]	85.0	X	X	-	-	-	-	-
-	APEKSHA PANWAR	21-06-2004	RAJ	82	56.15	0.193518	115.0	115.0	X	115.0 [10]	X	X	X	-	X	X	X	-	-	-	-	-
63kg - Junior																						
1	NANDANA K V	15-01-2003	KER	102	62.20	0.181857	172.5	182.5	187.5	182.5 [2]	77.5	82.5	87.5	87.5 [3]	177.5	185.0	185.0	177.5 [1]	447.5	12	81.381008	8
2	JEEVITHA P	21-05-2004	T N	99	62.35	0.181606	165.0	172.5	180.0	172.5 [4]	70.0	82.5	90.0	90.0 [1]	160.0	170.0	187.5	170.0 [2]	432.5	9	78.544595	12
3	ISHITA GHOSH	05-02-2001	MAH	101	61.60	0.182879	165.0	177.5	182.5	182.5 [1]	75.0	82.5	85.0	85.0 [4]	150.0	157.5	165.0	157.5 [3]	425.0	8	77.723575	14
4	PRIYA KALYANE	23-03-2004	M P	104	58.55	0.188509	160.0	160.0	170.0	160.0 [5]	85.0	87.5	90.0	87.5 [2]	155.0	165.0	177.5	155.0 [4]	402.5	7	75.874873	18
5	SUMERIA KHATOON	07-11-2000	TEL	105	61.85	0.182450	160.0	175.0	180.0	180.0 [3]	70.0	70.0	72.5	72.5 [7]	140.0	145.0	145.0	140.0 [6]	392.5	6	71.611625	26
6	KAVITHA D	31-01-2000	T N	98	62.50	0.181356	150.0	160.0	160.0	160.0 [6]	80.0	87.5	90.0	80.0 [6]	140.0	145.0	152.5	145.0 [5]	385.0	5	69.822060	31
7	MAHAK YADAV	15-12-2003	RAJ	106	57.80	0.190015	125.0	137.5	150.0	150.0 [8]	72.5	77.5	82.5	82.5 [5]	120.0	120.0	125.0	120.0 [9]	352.5	4	66.980288	36
8	SANDEEP RANI	25-09-2004	PUN	97	61.90	0.182365	135.0	152.5	157.5	157.5 [7]	55.0	60.0	65.0	60.0 [10]	125.0	130.0	130.0	125.0 [8]	342.5	3	62.460013	46

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
9	SHAIK ASIYA	15-05-2001	A P	100	62.50	0.181356	440.0	445.0	145.0	145.0 [9]	60.0	65.0	67.5	67.5 [8]	120.0	430.0	432.5	120.0 [11]	332.5	2	60.300870	48
10	SOWMYA B	23-10-2003	KAR	108	62.20	0.181857	425.0	125.0	435.0	125.0 [10]	65.0	70.0	72.5	65.0 [9]	125.0	137.5	442.5	137.5 [7]	327.5	1	59.558168	50
11	DEBALAKHI CHUNGKRANG	20-11-2004	ASA	109	60.85	0.184194	95.0	95.0	97.5	97.5 [11]	45.0	50.0	52.5	50.0 [11]	110.0	420.0	420.0	110.0 [12]	257.5	1	47.429955	61
12	URVASHI PATIL	03-03-2001	GOA	110	61.55	0.182965	70.0	82.5	95.0	82.5 [12]	45.0	47.5	50.0	50.0 [12]	100.0	120.0	427.5	120.0 [10]	252.5	1	46.198663	64
69kg - Junior																						
1	RAJESWARI VINAYAGAMOORTHY	03-03-2002	T N	116	68.70	0.172283	160.0	172.5	480.0	172.5 [4]	60.0	65.0	65.0	65.0 [7]	470.0	182.5	187.5	187.5 [1]	425.0	12	73.220275	22
2	PRIYA M	01-06-2000	T N	117	68.30	0.172802	170.0	182.5	490.0	182.5 [1]	85.0	90.0	92.5	90.0 [3]	150.0	457.5	457.5	150.0 [4]	422.5	9	73.008845	23
3	ALKA RAGHAV	30-04-2004	KER	120	68.25	0.172868	165.0	472.5	175.0	175.0 [3]	67.5	67.5	70.0	70.0 [6]	167.5	172.5	477.5	172.5 [2]	417.5	8	72.172390	25
4	ANJALI S	08-08-2002	KER	121	68.40	0.172671	150.0	170.0	177.5	177.5 [2]	90.0	90.0	100.0	100.0 [1]	130.0	445.0	447.5	130.0 [7]	407.5	7	70.363433	29
5	BHAGYASHRI	05-10-2000	RAJ	128	67.40	0.174001	455.0	155.0	470.0	155.0 [5]	75.0	82.5	90.0	82.5 [4]	440.0	150.0	157.5	157.5 [3]	395.0	6	68.730395	32
6	ADITI BAIRAGI	28-09-2002	M P	124	68.30	0.172802	450.0	150.0	460.0	150.0 [6]	95.0	400.0	400.0	95.0 [2]	130.0	440.0	452.5	130.0 [6]	375.0	5	64.800750	39
7	VIDYA GOLE	15-07-2002	MAH	118	63.10	0.180373	120.0	140.0	452.5	140.0 [7]	65.0	72.5	77.5	72.5 [5]	130.0	142.5	450.0	142.5 [5]	355.0	4	64.032415	42
8	RUTHU	10-09-2002	KAR	127	64.85	0.177643	105.0	117.5	122.5	122.5 [8]	50.0	50.0	57.5	50.0 [8]	110.0	115.0	122.5	122.5 [8]	295.0	3	52.404685	57
9	ISHALI THAKUR	01-01-2004	U P	123	65.95	0.176025	100.0	440.0	445.0	100.0 [9]	50.0	55.0	57.5	50.0 [9]	100.0	115.0	420.0	115.0 [9]	265.0	2	46.646625	63
10	RACHNA	17-08-2003	HAR	122	65.60	0.176532	70.0	75.0	80.0	80.0 [10]	45.0	47.5	47.5	45.0 [10]	92.5	100.0	105.0	105.0 [10]	230.0	1	40.602360	67
76kg - Junior																						
1	JANHVI SAVARDEKAR	19-09-2001	MAH	140	76.00	0.164079	130.0	160.0	190.0	190.0 [2]	105.0	112.5	120.0	120.0 [1]	460.0	160.0	177.5	177.5 [1]	487.5	12	79.988513	9
2	VISHNUPRIYA V	15-04-2000	PUD	142	74.15	0.165951	180.0	190.0	197.5	197.5 [1]	80.0	87.5	90.0	90.0 [2]	140.0	150.0	160.0	160.0 [2]	447.5	9	74.263073	19
3	JYOTI	28-02-2002	HAR	141	76.00	0.164079	145.0	155.0	165.0	165.0 [3]	70.0	80.0	85.0	85.0 [3]	140.0	445.0	445.0	140.0 [4]	390.0	8	63.990810	43
4	SEJAL MOIKAR	28-09-2002	MAH	139	69.85	0.170835	147.5	157.5	465.0	157.5 [4]	70.0	77.5	82.5	82.5 [4]	135.0	142.5	147.5	147.5 [3]	387.5	7	66.198563	38
5	DIMPI DEKA	28-10-2002	ASA	144	73.55	0.166586	440.0	140.0	155.0	155.0 [5]	50.0	55.0	55.0	55.0 [5]	130.0	445.0	445.0	130.0 [5]	340.0	6	56.639240	53
6	CHANCHAL	08-05-2002	RAJ	145	69.60	0.171144	105.0	442.5	442.5	105.0 [6]	45.0	52.5	52.5	52.5 [6]	110.0	120.0	435.0	120.0 [7]	277.5	5	47.492460	60
-	ALMA SORENG	14-10-2004	GOA	146	71.90	0.168407	445.0	445.0	445.0	-	45.0	50.0	55.0	50.0 [7]	120.0	127.5	430.0	127.5 [6]	-	-	-	-
84kg - Junior																						
1	S DWARAKA	13-03-2001	A P	153	76.95	0.163166	207.5	220.0	230.0	230.0 [1]	82.5	92.5	97.5	97.5 [1]	187.5	197.5	202.5	197.5 [1]	525.0	12	85.662150	4
2	AMSAVALLI SARAVANAN	18-06-2001	T N	152	83.50	0.157639	185.0	200.0	210.0	210.0 [3]	75.0	75.0	75.0	75.0 [4]	160.0	170.0	180.0	180.0 [2]	465.0	9	73.302135	21
3	MAHESH VAISHNAVI	03-01-2003	TEL	158	82.15	0.158678	190.0	200.0	200.0	200.0 [4]	85.0	92.5	97.5	97.5 [2]	450.0	155.0	165.0	165.0 [3]	462.5	8	73.388575	20
4	ABHIRAMI S	04-11-2003	KER	155	83.00	0.158018	190.0	200.0	210.0	210.0 [2]	70.0	77.5	77.5	77.5 [3]	140.0	157.5	477.5	157.5 [4]	445.0	7	70.318010	30
5	PRANALI MANE	03-07-2004	MAH	154	76.80	0.163308	405.0	405.0	105.0	105.0 [6]	45.0	50.0	50.0	45.0 [6]	100.0	102.5	440.0	102.5 [5]	252.5	6	41.235270	66
-	KAMNA	26-12-2004	HAR	156	80.80	0.159766	150.0	165.0	475.0	165.0 [5]	65.0	72.5	72.5	65.0 [5]	430.0	430.0	X	-	-	-	-	
84+Kg - Junior																						
1	MOUMITA GHOSH	12-03-2002	W B	176	101.30	0.147477	215.0	227.5	235.0	227.5 [2]	95.0	105.0	442.5	105.0 [3]	175.0	190.0	192.5	192.5 [1]	525.0	12	77.425425	15
2	ELAKEYA J	21-03-2000	T N	168	98.65	0.148654	245.0	215.0	227.5	227.5 [1]	115.0	425.0	425.0	115.0 [1]	155.0	172.5	480.0	172.5 [3]	515.0	9	76.556810	16
3	MEGHA NAYAK	18-03-2000	M P	172	103.30	0.146649	480.0	190.0	212.5	212.5 [3]	100.0	445.0	115.0	115.0 [2]	130.0	450.0	450.0	130.0 [7]	457.5	8	67.091918	34
4	RANGU VIRINCHI SWAPNIKA	31-12-2002	TEL	173	84.55	0.156863	175.0	190.0	205.0	190.0 [4]	70.0	77.5	80.0	80.0 [5]	160.0	180.0	487.5	180.0 [2]	450.0	7	70.588350	28
5	YASHIKA SHARMA	18-02-2001	M P	171	88.60	0.154113	175.0	487.5	187.5	187.5 [5]	77.5	82.5	87.5	87.5 [4]	440.0	140.0	447.5	140.0 [5]	415.0	6	63.956895	44
6	GOURI NAIR A	04-04-2003	KER	170	88.40	0.154240	440.0	140.0	170.0	170.0 [6]	70.0	75.0	77.5	77.5 [6]	140.0	150.0	155.0	155.0 [4]	402.5	5	62.081600	47
-	MATTA SRIYA	18-11-2004	A P	169	106.40	0.145459	440.0	447.5	447.5	-	47.5	50.0	52.5	52.5 [7]	120.0	130.0	132.5	132.5 [6]	-	-	-	-

Best Lifter - Junior							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	KOMAL	HAR	52kg	51.65	0.204609	425.0	86.958825
2	HARSHADA GHOLE	MAH	47kg	45.10	0.226211	382.5	86.525708
3	SHAIK SADIYA ALMAS	A P	57kg	55.45	0.195088	440.0	85.838720

Team Championship - Junior				
Place	Team	Points	Best Points	IPF GL Points
1	MAHARASHTRA	48	12+12+8+8+8	393.886396
2	TAMIL NADU	48	12+9+9+9+9	374.632660
3	KERALA	46	12+9+9+8+8	367.459993
4	MADHYA PRADESH	35	9+8+7+6+5	329.867346
5	TELANGANA	33	12+8+7+6	279.049890
6	ANDHRA PRADESH	31	12+12+3+2+2	343.421795
7	HARYANA	22	12+8+1+1	243.772155
8	KARNATAKA	18	7+7+3+1	234.433924
9	PUDUCHERRY	17	9+6+2	198.375201
10	RAJASTHAN	15	6+5+4	183.203143
11	PUNJAB	13	7+3+3	197.403493
12	WEST BENGAL	12	12	77.425425
13	BIHAR	9	9	83.023970
14	GUJARAT	7	7	45.992160
15	ASSAM	7	6+1	104.069195
16	GOA	7	6+1	95.090738
17	CHHATTISGARH	4	4	59.781760
18	UTTAR PRADESH	2	2	46.646625
-	VIDARBHA	-	-	-

Abbreviations:

A P = Andhra Pradesh ASA = Assam BIH = Bihar CHT = Chhattisgarh GOA = Goa GUJ = Gujarat HAR = Haryana JHA = Jharkhand KAR = Karnataka KER = Kerala M P = Madhya Pradesh MAH = Maharashtra PUD = Puducherry PUN = Punjab RAJ = Rajasthan T N = Tamil Nadu TEL = Telangana U P = Uttar Pradesh VID = Vidarbha W B = West Bengal