

**Powerlifting India**  
**Federation Cup Men's Equipped Powerlifting Championship 2022-23**  
**Jammu, Jammu and Kashmir - 23-02-2023 to 26-02-2023**  
**Detailed Results**

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total Points	IPF GL Points	Place	
<b>59kg - Open</b>																						
1	SURESH P	27-05-1981	T N	5	58.90	0.145783	<del>260.0</del>	260.0	<del>270.0</del>	260.0 [2]	<del>180.0</del>	180.0	185.0	185.0 [1]	200.0	212.5	220.0	220.0 [4]	665.0	12	96.945695	1 <u>☞</u>
2	DHARMENDRA KUMAR RAMNAYAN YADAV	01-10-1993	MAH	4	58.90	0.145783	245.0	255.0	262.5	262.5 [1]	145.0	<del>155.0</del>	<del>155.0</del>	145.0 [2]	220.0	232.5	<del>257.5</del>	232.5 [1]	640.0	9	93.301120	4
3	PRASHANT DHUMDE	27-06-1981	MAH	3	58.10	0.147348	<del>235.0</del>	235.0	<del>250.0</del>	235.0 [3]	125.0	<del>130.0</del>	130.0	130.0 [4]	205.0	217.5	227.5	227.5 [2]	592.5	8	87.303690	10
4	KHUSHAL PATEL	11-02-2002	CHT	10	58.60	0.146364	<del>190.0</del>	200.0	215.0	215.0 [4]	110.0	120.0	<del>127.5</del>	120.0 [5]	210.0	222.5	<del>227.5</del>	222.5 [3]	557.5	7	81.597930	18
5	NEERAJ KUMAR YADAV	30-06-2002	MAH	8	58.60	0.146364	190.0	210.0	<del>227.5</del>	210.0 [5]	122.5	132.5	<del>137.5</del>	132.5 [3]	207.5	<del>220.0</del>	<del>222.5</del>	207.5 [6]	550.0	6	80.500200	22
6	SEBASTIAN I	12-11-1954	KER	13	57.50	0.148558	140.0	<del>150.0</del>	150.0	150.0 [6]	65.0	70.0	77.5	77.5 [7]	165.0	175.0	177.5	177.5 [7]	405.0	5	60.165990	57
7	ANILKUMAR M P	05-05-1967	KER	26	58.60	0.146364	<del>150.0</del>	150.0	X	150.0 [7]	70.0	77.5	82.5	82.5 [6]	170.0	<del>180.0</del>	<del>180.0</del>	170.0 [8]	402.5	4	58.911510	59
8	BABU V	03-11-1964	KER	12	54.30	0.155588	115.0	125.0	132.5	132.5 [8]	65.0	75.0	<del>82.5</del>	75.0 [8]	125.0	140.0	147.5	147.5 [9]	355.0	3	55.233740	63
9	GIRIDHARA GHOSH C V	28-10-1962	KER	14	58.20	0.147149	<del>100.0</del>	115.0	<del>125.0</del>	115.0 [10]	60.0	<del>62.5</del>	<del>62.5</del>	60.0 [10]	120.0	130.0	140.0	140.0 [10]	315.0	2	46.351935	73
10	GAURAV PACHORI	04-09-2002	M P	2	53.00	0.158755	120.0	<del>180.0</del>	<del>180.0</del>	120.0 [9]	60.0	<del>80.0</del>	X	60.0 [9]	120.0	X	X	120.0 [11]	300.0	1	47.626500	72
-	GAURAV SAHU	26-10-2001	RAJ	9	57.40	0.148763	<del>180.0</del>	X	X	-	X	X	X	-	X	X	X	-	-	-	-	-
-	DHRUV RAJ KURE	02-06-2002	M P	6	59.00	0.145591	<del>245.0</del>	<del>245.0</del>	<del>245.0</del>	-	<del>140.0</del>	<del>140.0</del>	X	-	X	X	X	-	-	-	-	-
-	HARSHUL SHARMA	20-09-1998	J&K	7	59.00	0.145591	<del>180.0</del>	<del>190.0</del>	<del>190.0</del>	-	<del>130.0</del>	<del>130.0</del>	X	-	200.0	212.5	<del>222.5</del>	212.5 [5]	-	-	-	-
<b>66kg - Open</b>																						
1	PRAKASH B	23-06-1996	T N	17	64.60	0.136022	240.0	<del>250.0</del>	260.0	260.0 [1]	140.0	<del>142.5</del>	155.0	155.0 [2]	240.0	262.5	<del>287.5</del>	262.5 [1]	677.5	12	92.154905	5
2	SANDESH KUMAR	18-01-2001	DEL	22	65.60	0.134527	215.0	225.0	<del>232.5</del>	225.0 [5]	135.0	<del>142.5</del>	142.5	142.5 [4]	245.0	<del>255.0</del>	<del>255.0</del>	245.0 [2]	612.5	9	82.397788	15
3	M VAMSI	10-08-2003	TEL	23	64.10	0.136791	230.0	242.5	252.5	252.5 [2]	115.0	117.5	127.5	127.5 [6]	190.0	210.0	220.0	220.0 [4]	600.0	8	82.074600	16
4	AKSHAYKUMAR PRAJAPATI	10-09-2001	MAH	21	66.00	0.133945	250.0	<del>257.5</del>	X	250.0 [3]	145.0	150.0	<del>152.5</del>	150.0 [3]	200.0	<del>227.5</del>	<del>227.5</del>	200.0 [8]	600.0	7	80.367000	23
5	R DINESH	10-04-2006	T N	1	65.30	0.134969	210.0	225.0	<del>235.0</del>	225.0 [4]	110.0	125.0	130.0	130.0 [5]	200.0	220.0	<del>247.5</del>	220.0 [5]	575.0	6	77.607175	26
6	MANAN KAPOOR	03-05-2000	U P	20	66.00	0.133945	220.0	225.0	<del>232.5</del>	225.0 [6]	<del>110.0</del>	<del>110.0</del>	110.0	110.0 [8]	210.0	<del>220.0</del>	X	210.0 [7]	545.0	5	73.000025	37
7	BINOD KUMAR PATRA	23-11-1969	JHA	25	65.60	0.134527	200.0	220.0	X	220.0 [7]	120.0	127.5	X	127.5 [7]	180.0	<del>190.0</del>	X	180.0 [9]	527.5	4	70.962993	42
8	RAHUL ROHITH GS	06-04-2005	T N	18	64.10	0.136791	160.0	<del>180.0</del>	185.0	185.0 [9]	80.0	90.0	100.0	100.0 [10]	190.0	210.0	215.0	215.0 [6]	500.0	3	68.395500	45
9	ARVIND KUMAR KUSHWAHA	05-09-1975	U P	24	66.00	0.133945	170.0	180.0	187.5	187.5 [8]	90.0	100.0	110.0	110.0 [9]	180.0	<del>195.0</del>	<del>195.0</del>	180.0 [10]	477.5	2	63.958738	51
10	AMAL GHOSH	15-01-1962	TRI	29	61.70	0.140705	130.0	137.5	150.0	150.0 [10]	85.0	90.0	X	90.0 [11]	130.0	140.0	<del>150.0</del>	140.0 [11]	380.0	1	53.467900	67
-	SHAILENDRA BAGHEL	15-12-1997	U P	15	64.90	0.135567	<del>282.5</del>	<del>282.5</del>	<del>282.5</del>	-	142.5	<del>157.5</del>	157.5	157.5 [1]	220.0	235.0	<del>242.5</del>	235.0 [3]	-	-	-	-
<b>74kg - Open</b>																						
1	RAHUL SAJI	04-12-1999	KER	30	72.72	0.125346	<del>270.0</del>	270.0	282.5	282.5 [1]	150.0	160.0	165.0	165.0 [1]	<del>235.0</del>	235.0	<del>242.5</del>	235.0 [3]	682.5	12	85.548645	12
2	BAJRANG	07-06-1986	HAR	31	73.40	0.124585	<del>250.0</del>	<del>250.0</del>	250.0	250.0 [3]	125.0	135.0	145.0	145.0 [3]	220.0	252.5	267.5	267.5 [1]	662.5	9	82.537563	14
3	ABHISHEK	26-07-2000	PUN	35	73.92	0.124014	<del>255.0</del>	<del>255.0</del>	255.0	255.0 [2]	<del>145.0</del>	145.0	<del>150.0</del>	145.0 [4]	200.0	X	X	200.0 [7]	600.0	8	74.408400	33
4	MAHALINGAM A	18-07-1981	T N	38	72.66	0.125414	220.0	235.0	<del>245.0</del>	235.0 [4]	130.0	<del>140.0</del>	<del>140.0</del>	130.0 [6]	190.0	<del>210.0</del>	<del>210.0</del>	190.0 [9]	555.0	7	69.604770	44
5	ASHOK MATE	05-10-1972	MAH	40	72.92	0.125120	185.0	<del>200.0</del>	200.0	200.0 [6]	125.0	130.0	132.5	132.5 [5]	180.0	190.0	200.0	200.0 [6]	532.5	6	66.626400	47
6	SANTOSH SHETTY	01-06-1979	KAR	37	71.58	0.126663	175.0	185.0	200.0	200.0 [5]	<del>115.0</del>	<del>115.0</del>	115.0	115.0 [8]	180.0	190.0	<del>200.0</del>	190.0 [8]	505.0	5	63.964815	50
7	SHAIK ABDUL MATEEN	27-09-2005	A P	34	73.24	0.124762	<del>170.0</del>	170.0	<del>190.0</del>	170.0 [8]	80.0	<del>90.0</del>	<del>90.0</del>	80.0 [10]	240.0	250.0	<del>267.5</del>	250.0 [2]	500.0	4	62.381000	54

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total Points	IPF GL	Points	Place
8	JAYAPPA LAMANI	23-07-1972	KAR	41	72.64	0.125436	170.0	<del>180.0</del>	<del>185.0</del>	170.0 [7]	115.0	<del>122.5</del>	122.5	122.5 [7]	180.0	195.0	205.0	205.0 [5]	497.5	3	62.404410	53
9	KOLAN RAVINDER REDDY	28-09-1969	TEL	39	71.94	0.126241	125.0	140.0	152.5	152.5 [9]	80.0	90.0	<del>100.0</del>	90.0 [9]	130.0	145.0	160.0	160.0 [10]	402.5	2	50.812003	70
-	J BHAGWAT RAO	14-07-1995	CHT	33	72.40	0.125710	<del>240.0</del>	<del>240.0</del>	<del>240.0</del>	-	150.0	155.0	<del>160.0</del>	155.0 [2]	210.0	220.0	<del>225.0</del>	220.0 [4]	-	-	-	-
-	ALEX V MINJ	27-07-2000	M P	36	73.24	0.124762	<del>250.0</del>	<del>250.0</del>	<del>250.0</del>	-	<del>165.0</del>	X	X	-	X	X	X	-	-	-	-	-
83kg - Open																						
1	SHANMUGAM RAMASAMY	24-01-1989	T N	44	83.00	0.115477	322.5	<del>347.5</del>	<del>347.5</del>	322.5 [3]	205.0	<del>220.0</del>	<del>220.0</del>	205.0 [1]	285.0	302.5	307.5	307.5 [2]	835.0	12	96.423295	2 <u>☺</u>
2	ANSU SINGH	05-07-1992	W B	46	83.00	0.115477	327.5	340.0	350.0	350.0 [1]	165.0	<del>170.0</del>	<del>170.0</del>	165.0 [7]	285.0	307.5	<del>322.5</del>	307.5 [1]	822.5	9	94.979833	3 <u>☺</u>
3	JEYATHDEV U S	08-05-1999	T N	47	82.46	0.115919	315.0	330.0	<del>337.5</del>	330.0 [2]	167.5	175.0	<del>180.0</del>	175.0 [4]	282.5	<del>295.0</del>	<del>295.0</del>	282.5 [4]	787.5	8	91.286213	6
4	G RAMESH	19-12-1993	TEL	45	82.04	0.116268	275.0	295.0	307.5	307.5 [5]	150.0	165.0	<del>175.0</del>	165.0 [6]	270.0	285.0	<del>295.0</del>	285.0 [3]	757.5	7	88.073010	8
5	BIJIN SANKI	20-03-2000	KER	48	82.09	0.116226	<del>280.0</del>	280.0	<del>290.0</del>	280.0 [6]	175.0	<del>185.0</del>	185.0	185.0 [2]	265.0	272.5	277.5	277.5 [5]	742.5	6	86.297805	11
6	ABHISHEK SHARMA	01-07-2001	PUN	49	81.80	0.116470	260.0	275.0	<del>287.5</del>	275.0 [8]	160.0	172.5	180.0	180.0 [3]	240.0	270.0	<del>287.5</del>	270.0 [6]	725.0	5	84.440750	13
7	M ARIHARAN	10-12-2000	PUD	51	83.00	0.115477	<del>300.0</del>	300.0	310.0	310.0 [4]	105.0	112.5	117.5	117.5 [11]	270.0	<del>280.0</del>	<del>280.0</del>	270.0 [7]	697.5	4	80.545208	20
8	PAPPU	09-05-1980	DEL	55	82.00	0.116302	260.0	265.0	<del>275.0</del>	265.0 [9]	150.0	160.0	170.0	170.0 [5]	210.0	222.5	<del>230.0</del>	222.5 [10]	657.5	3	76.468565	30
9	ROSHAN FERRAO	15-02-1979	KAR	52	82.64	0.115771	<del>260.0</del>	<del>260.0</del>	260.0	260.0 [10]	115.0	122.5	<del>125.0</del>	122.5 [9]	225.0	235.0	<del>240.0</del>	235.0 [9]	617.5	2	71.488593	39
10	RAVINDRA SALVE	03-12-1979	MAH	53	82.60	0.115804	<del>180.0</del>	180.0	200.0	200.0 [12]	140.0	<del>150.0</del>	150.0	150.0 [8]	190.0	200.0	<del>210.0</del>	200.0 [12]	550.0	1	63.692200	52
11	TANAJI PATIL	01-06-1966	MAH	57	81.90	0.116385	190.0	200.0	210.0	210.0 [11]	120.0	<del>125.0</del>	<del>125.0</del>	120.0 [10]	<del>185.0</del>	185.0	200.0	200.0 [11]	530.0	1	61.684050	55
12	NAVNATH SHINDE	14-10-1970	MAH	56	80.05	0.117984	130.0	140.0	<del>150.0</del>	140.0 [14]	110.0	<del>115.0</del>	115.0	115.0 [12]	170.0	180.0	<del>187.5</del>	180.0 [13]	435.0	1	51.323040	69
13	KANTILAL TAKALE	01-05-1959	MAH	59	78.05	0.119821	140.0	155.0	165.0	165.0 [13]	80.0	90.0	<del>97.5</del>	90.0 [13]	140.0	155.0	165.0	165.0 [14]	420.0	1	50.324820	71
-	SHIVAM	08-11-1996	BIH	43	78.18	0.119698	260.0	275.0	<del>290.0</del>	275.0 [7]	<del>170.0</del>	<del>170.0</del>	<del>175.0</del>	-	<del>245.0</del>	X	X	-	-	-	-	-
-	RAVINDER	18-05-1981	HAR	54	79.84	0.118172	<del>247.5</del>	<del>247.5</del>	<del>247.5</del>	-	<del>142.5</del>	<del>142.5</del>	<del>142.5</del>	-	250.0	<del>270.0</del>	<del>272.5</del>	250.0 [8]	-	-	-	-
-	B ANIL KUMAR	22-03-2000	A P	50	82.04	0.116268	<del>250.0</del>	<del>250.0</del>	X	-	X	X	X	-	X	X	X	-	-	-	-	-
93kg - Open																						
1	ARIVALAGAN C	26-09-1995	A&N	62	91.90	0.109126	340.0	365.0	X	365.0 [1]	172.5	180.0	X	180.0 [5]	280.0	<del>305.0</del>	<del>305.0</del>	280.0 [3]	825.0	12	90.028950	7
2	GOVINDARAJ KALIYAMOORTHY	21-11-1988	A&N	61	87.70	0.111919	<del>300.0</del>	302.5	<del>340.0</del>	302.5 [3]	185.0	192.5	197.5	197.5 [1]	285.0	<del>302.5</del>	X	285.0 [2]	785.0	9	87.856415	9
3	ADIL ASHRAF KHAN	04-03-1988	J&K	65	91.90	0.109126	270.0	280.0	290.0	290.0 [4]	180.0	<del>190.0</del>	<del>190.0</del>	180.0 [4]	230.0	240.0	245.0	245.0 [6]	715.0	8	78.025090	25
4	SHAIK ALEEM	05-04-1999	TEL	63	92.90	0.108508	290.0	310.0	325.0	325.0 [2]	140.0	<del>147.5</del>	<del>147.5</del>	140.0 [11]	250.0	<del>260.0</del>	<del>260.0</del>	250.0 [4]	715.0	7	77.583220	27
5	VENKATESH PRABHU	29-03-1981	KAR	72	91.80	0.109189	260.0	<del>280.0</del>	<del>285.0</del>	260.0 [10]	145.0	150.0	155.0	155.0 [7]	260.0	282.5	290.0	290.0 [1]	705.0	6	76.978245	29
6	JITENDRA YADAV	12-05-1982	MAH	71	88.00	0.111708	260.0	<del>277.5</del>	277.5	277.5 [5]	165.0	175.0	182.5	182.5 [3]	220.0	232.5	<del>247.5</del>	232.5 [9]	692.5	5	77.357790	28
7	M DURGA PRASAD	14-07-2002	A P	68	91.20	0.109569	270.0	<del>280.0</del>	<del>280.0</del>	270.0 [7]	150.0	162.5	170.0	170.0 [6]	220.0	232.5	240.0	240.0 [8]	680.0	4	74.506920	32
8	MAHENDIRAN A	03-11-1981	PUD	73	90.50	0.110020	260.0	270.0	<del>277.5</del>	270.0 [6]	150.0	<del>160.0</del>	<del>160.0</del>	150.0 [8]	240.0	<del>247.5</del>	<del>250.0</del>	240.0 [7]	660.0	3	72.613200	38
9	ANURAG MAGOTRA	06-03-2000	J&K	67	87.40	0.112132	230.0	240.0	<del>250.0</del>	240.0 [11]	<del>180.0</del>	180.0	187.5	187.5 [2]	210.0	<del>222.5</del>	X	210.0 [11]	637.5	2	71.484150	40
10	SAHIL SOFAT	29-07-2006	PUN	66	85.50	0.113523	245.0	260.0	267.5	267.5 [9]	132.5	137.5	140.0	140.0 [9]	202.5	215.0	<del>220.0</del>	215.0 [10]	622.5	1	70.668068	43
11	SHALLINDER SINGH	17-10-1980	J&K	70	92.90	0.108508	190.0	215.0	230.0	230.0 [12]	140.0	<del>152.5</del>	<del>152.5</del>	140.0 [12]	240.0	250.0	<del>260.0</del>	250.0 [5]	620.0	1	67.274960	46
12	MEHENDALE RAJHANS	26-03-1972	MAH	74	88.30	0.111499	<del>200.0</del>	<del>200.0</del>	200.0	200.0 [13]	130.0	135.0	140.0	140.0 [10]	<del>200.0</del>	200.0	<del>220.0</del>	200.0 [12]	540.0	1	60.209460	56
-	HRITTIK MAJI	23-01-2000	W B	69	92.60	0.108692	<del>270.0</del>	270.0	<del>285.0</del>	270.0 [8]	<del>165.0</del>	<del>165.0</del>	<del>165.0</del>	-	X	X	X	-	-	-	-	-
105kg - Open																						
1	RUTURAJ PRAKASH PATIL	26-11-1999	MAH	75	97.30	0.105983	292.5	307.5	<del>320.0</del>	307.5 [3]	172.5	<del>177.5</del>	180.0	180.0 [3]	275.0	<del>285.0</del>	X	275.0 [1]	762.5	12	80.812038	19
2	VIKRAM DEEP	23-04-1995	J&K	77	104.30	0.102526	280.0	295.0	310.0	310.0 [2]	170.0	<del>230.0</del>	230.0	230.0 [1]	<del>180.0</del>	<del>180.0</del>	180.0	180.0 [7]	720.0	9	73.818720	36
3	YOGESH G	04-12-2000	PUD	78	105.00	0.102213	290.0	320.0	<del>335.0</del>	320.0 [1]	120.0	130.0	135.0	135.0 [5]	240.0	<del>252.5</del>	<del>267.5</del>	240.0 [2]	695.0	8	71.038035	41

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total Points	IPF GL Points	Place	
4	RAVI SINGH BIDLAN	29-04-1972	TEL	82	93.10	0.108387	200.0	207.5	217.5	217.5 [6]	140.0	150.0	162.5	162.5 [4]	<del>240.0</del>	210.0	230.0	230.0 [3]	610.0	7	66.116070	48
5	LINGESAN VELOU S	06-06-1971	PUD	83	100.10	0.104524	<del>225.0</del>	225.0	235.0	235.0 [5]	115.0	122.5	<del>127.5</del>	122.5 [7]	200.0	<del>207.5</del>	<del>207.5</del>	200.0 [6]	557.5	6	58.272130	60
6	UMESH RAINA	25-03-1979	J&K	80	93.10	0.108387	170.0	190.0	210.0	210.0 [7]	120.0	130.0	<del>135.0</del>	130.0 [6]	170.0	190.0	210.0	210.0 [4]	550.0	5	59.612850	58
7	BASUDEB DAS	02-04-1958	W B	84	100.10	0.104524	150.0	180.0	190.0	190.0 [8]	90.0	100.0	105.0	105.0 [8]	160.0	190.0	205.0	205.0 [5]	500.0	4	52.262000	68
-	SRINU	11-11-2001	CHT	79	101.70	0.103738	250.0	275.0	300.0	300.0 [4]	160.0	185.0	<del>195.0</del>	185.0 [2]	<del>220.0</del>	<del>220.0</del>	<del>220.0</del>	-	-	-	-	-
-	SANKET CHAVAN	18-05-1990	MAH	76	104.70	0.102346	<del>320.0</del>	X	X	-	X	X	X	-	X	X	X	-	-	-	-	-

120kg - Open																						
1	SHUBHAM GAIKWAD	11-09-2000	MAH	92	117.40	0.097474	<del>290.0</del>	290.0	X	290.0 [3]	190.0	200.0	<del>240.0</del>	200.0 [1]	250.0	270.0	X	270.0 [1]	760.0	12	74.080240	34
2	HANUMANTHU GANESH	14-09-1990	A P	87	115.00	0.098285	270.0	X	X	270.0 [4]	160.0	<del>167.5</del>	X	160.0 [3]	230.0	237.5	242.5	242.5 [2]	672.5	9	66.096663	49
3	PARMINDER SINGH	16-08-1981	PUN	95	116.80	0.097673	240.0	<del>260.0</del>	<del>260.0</del>	240.0 [7]	140.0	<del>147.5</del>	147.5	147.5 [4]	197.5	207.5	<del>240.0</del>	207.5 [4]	595.0	8	58.115435	61
4	RAJESH SHIRISH SHETYE	07-06-1981	MAH	97	117.10	0.097573	220.0	235.0	250.0	250.0 [5]	105.0	115.0	<del>125.0</del>	115.0 [6]	200.0	220.0	<del>232.5</del>	220.0 [3]	585.0	7	57.080205	62
5	MONISH CHAKRAWARTY	06-03-2005	M P	90	113.50	0.098816	<del>242.5</del>	242.5	X	242.5 [6]	107.5	<del>182.5</del>	<del>190.0</del>	107.5 [7]	192.5	202.5	<del>207.5</del>	202.5 [5]	552.5	6	54.595840	65
6	GIRISH BINJWE	01-10-1971	MAH	98	105.70	0.101906	<del>180.0</del>	180.0	200.0	200.0 [8]	115.0	125.0	135.0	135.0 [5]	170.0	190.0	200.0	200.0 [6]	535.0	5	54.519710	66
7	AMARDIP DEBBARMA	31-05-1962	TRI	100	108.70	0.100647	80.0	90.0	100.0	100.0 [10]	85.0	90.0	<del>92.5</del>	90.0 [8]	100.0	120.0	X	120.0 [8]	310.0	4	31.200570	74
8	KUNNA SAI PRASAD	01-04-1972	TEL	99	116.90	0.097640	<del>110.0</del>	<del>120.0</del>	120.0	120.0 [9]	40.0	<del>50.0</del>	50.0	50.0 [9]	110.0	125.0	135.0	135.0 [7]	305.0	3	29.780200	75
-	RONIT VERMA	19-02-1999	J&K	85	105.10	0.102169	<del>292.5</del>	300.0	310.0	310.0 [2]	150.0	155.0	160.0	160.0 [2]	<del>220.0</del>	<del>220.0</del>	<del>220.0</del>	-	-	-	-	-
-	SANJAYKUMAR T	29-10-2001	T N	94	117.60	0.097409	<del>350.0</del>	<del>350.0</del>	<del>350.0</del>	-	<del>170.0</del>	X	X	-	X	X	X	-	-	-	-	-
-	SACHIN	15-07-2001	UTK	88	119.00	0.096958	<del>340.0</del>	340.0	355.0	355.0 [1]	<del>190.0</del>	<del>190.0</del>	<del>190.0</del>	-	X	X	X	-	-	-	-	-
-	SAHIL	07-08-2004	HAR	93	106.20	0.101689	290.0	<del>300.0</del>	<del>300.0</del>	290.0	165.0	172.5	<del>180.0</del>	172.5	<del>225.0</del>	225.0	X	225.0	TD	-	-	-

120+Kg - Open																						
1	VICKRAM JEET SINGH	06-04-1996	J&K	103	159.00	0.088487	<del>320.0</del>	340.0	380.0	380.0 [2]	180.0	200.0	260.0	260.0 [1]	270.0	<del>285.0</del>	285.0	285.0 [4]	925.0	12	81.850475	17
2	ASWALT PRAVEENRAJ I	01-04-2002	T N	102	150.00	0.089833	352.5	367.5	380.0	380.0 [1]	192.5	<del>205.0</del>	<del>205.0</del>	192.5 [4]	285.0	<del>300.0</del>	300.0	300.0 [1]	872.5	9	78.379293	24
3	APOORV DUBEY	28-03-1993	M P	101	133.30	0.093084	330.0	350.0	<del>365.0</del>	350.0 [3]	215.0	<del>225.0</del>	225.0	225.0 [2]	290.0	<del>307.5</del>	<del>307.5</del>	290.0 [2]	865.0	8	80.517660	21
4	VINOTH GANESAN	06-01-2001	T N	104	130.00	0.093873	<del>320.0</del>	325.0	<del>350.0</del>	325.0 [4]	200.0	215.0	<del>222.5</del>	215.0 [3]	240.0	260.0	270.0	270.0 [5]	810.0	7	76.037130	31
5	MOHAMMAD SALMAN	16-05-2001	UTK	105	128.70	0.094200	300.0	<del>320.0</del>	320.0	320.0 [5]	170.0	180.0	<del>185.0</del>	180.0 [5]	270.0	285.0	<del>340.0</del>	285.0 [3]	785.0	6	73.947000	35
6	ANNEX ALAKKAL	02-02-2005	KER	91	127.70	0.094458	<del>245.0</del>	215.0	230.0	230.0 [6]	110.0	<del>120.0</del>	<del>120.0</del>	110.0 [6]	215.0	230.0	242.5	242.5 [6]	582.5	5	55.021785	64

Best Lifter - Open							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	SURESH P	T N	59kg	58.90	0.145783	665.0	96.945695
2	SHANMUGAM RAMASAMY	T N	83kg	83.00	0.115477	835.0	96.423295
3	ANSU SINGH	W B	83kg	83.00	0.115477	822.5	94.979833

Team Championship - Open				
Place	Team	Points	Best Points	IPF GL Points
1	TAMIL NADU	53	12+12+12+9+8	455.189401
2	MAHARASHTRA	48	12+12+9+8+7	415.864088
3	JAMMU AND KASHMIR	36	12+9+8+5+2	364.791285
4	KERALA	32	12+6+5+5+4	345.945735

Team Championship - Open				
Place	Team	Points	Best Points	IPF GL Points
5	TELANGANA	32	8+7+7+7+3	343.627100
6	PUNJAB	22	8+8+5+1	287.632653
7	ANDAMAN & NICOBAR	21	12+9	177.885365
8	PUDUCHERRY	21	8+6+4+3	282.468573
9	ANDHRA PRADESH	17	9+4+4	202.984583
10	KARNATAKA	16	6+5+3+2	274.836063
11	MADHYA PRADESH	15	8+6+1	182.740000
12	WEST BENGAL	13	9+4	147.241833
13	DELHI	12	9+3	158.866353
14	HARYANA	9	9	82.537563
15	CHHATTISGARH	7	7	81.597930
16	UTTAR PRADESH	7	5+2	136.958763
17	UTTARAKHAND	6	6	73.947000
18	TRIPURA	5	4+1	84.668470
19	JHARKHAND	4	4	70.962993
-	BIHAR	-	-	-
-	RAJASTHAN	-	-	-

Abbreviations:

A&N = Andaman & Nicobar    A P = Andhra Pradesh    BIH = Bihar    CHT = Chhattisgarh    DEL = Delhi    HAR = Haryana    J&K = Jammu and Kashmir    JHA = Jharkhand    KAR = Karnataka    KER = Kerala    M P = Madhya Pradesh    MAH = Maharashtra    PUD = Puducherry    PUN = Punjab    RAJ = Rajasthan    T N = Tamil Nadu    TEL = Telangana    TRI = Tripura    U P = Uttar Pradesh    UTK = Uttarakhand    W B = West Bengal

TD = Technical Disqualification