

Powerlifting India
East India Men's Powerlifting Championship 2021
Dhanbad, Jharkhand - 17-12-2021 to 19-12-2021
Detailed Results

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total Points	IPF GL Points	Place	
59kg - Open																						
1	GOVIND KUMAR	15-01-1994	BIH	1	57.37	0.148824	235.0	250.0	257.5	250.0 [1]	110.0	117.5	122.5	122.5 [2]	220.0	240.0	247.5	240.0 [1]	612.5	12	91.154700	2 <u>☺</u>
2	MD. SHAKRUDDIN SHAH	15-02-2004	JHA	2	59.00	0.145591	210.0	217.5	220.0	210.0 [3]	120.0	130.0	140.0	130.0 [1]	190.0	200.0	205.0	205.0 [2]	545.0	9	79.347095	9
3	JITENDAR KEWAT	18-09-1997	JHA	3	58.91	0.145764	205.0	215.0	222.5	222.5 [2]	105.0	115.0	115.0	105.0 [5]	200.0	200.0	200.0	200.0 [3]	527.5	8	76.890510	12
4	SAAHIL SIVAKOTI	01-01-1900	GRK	4	58.15	0.147249	140.0	150.0	150.0	150.0 [5]	95.0	100.0	105.0	105.0 [4]	185.0	195.0	195.0	195.0 [4]	450.0	7	66.262050	29
5	CHANDAN KUMAR	04-10-1995	BIH	5	57.75	0.148050	165.0	165.0	165.0	165.0 [4]	62.5	65.0	67.5	67.5 [6]	185.0	187.5	192.5	192.5 [5]	425.0	6	62.921250	31
6	KUNDAN KUMAR	26-12-1994	BIH	6	57.40	0.148763	120.0	135.0	150.0	135.0 [6]	105.0	112.5	115.0	112.5 [3]	160.0	170.0	175.0	175.0 [6]	422.5	5	62.852368	32
7	YUHENBA LONGJAM	14-07-2008	MAN	7	46.72	0.177320	55.0	60.0	70.0	70.0 [7]	50.0	55.0	65.0	55.0 [7]	60.0	70.0	75.0	75.0 [7]	200.0	4	35.464000	42
66kg - Open																						
1	AJAY KUMAR	05-01-1991	BIH	8	66.00	0.133945	230.0	235.0	235.0	235.0 [1]	120.0	130.0	137.5	130.0 [2]	220.0	230.0	230.0	220.0 [2]	585.0	12	78.357825	10
2	ABHISHEK KUMAR SINGH	09-11-2000	JHA	9	66.00	0.133945	190.0	200.0	215.0	215.0 [3]	120.0	130.0	140.0	140.0 [1]	180.0	200.0	215.0	200.0 [4]	555.0	9	74.339475	16
3	SAKIL ALAM	02-09-1992	BIH	10	64.98	0.135447	230.0	250.0	250.0	230.0 [2]	85.0	92.5	97.5	92.5 [3]	210.0	222.5	232.5	222.5 [1]	545.0	8	73.818615	18
4	AJUBA PRIYADARSI	15-01-1994	BIH	13	64.35	0.136405	167.5	175.0	182.5	182.5 [4]	75.0	82.5	90.0	90.0 [5]	205.0	215.0	220.0	215.0 [3]	487.5	7	66.497438	28
5	ABDUL MUKIM	11-02-1992	TRI	11	65.23	0.135073	150.0	150.0	160.0	160.0 [5]	80.0	87.5	92.5	92.5 [4]	160.0	170.0	180.0	170.0 [5]	422.5	6	57.068343	34
6	ELANGBAM THOUNGAMBA MEITEI	17-04-2001	MAN	12	63.76	0.137323	70.0	100.0	X	70.0 [6]	60.0	60.0	80.0	80.0 [6]	100.0	120.0	120.0	120.0 [6]	270.0	5	37.077210	41
-	MRINAL SAIKIA	15-10-1995	ASA	14	64.20	0.136636	160.0	160.0	160.0	-	X	X	X	-	X	X	X	-	-	-	-	-
74kg - Open																						
1	SHIVAM	08-11-1996	BIH	15	73.50	0.124474	255.0	270.0	282.5	270.0 [1]	155.0	170.0	177.5	177.5 [1]	225.0	237.5	245.0	237.5 [1]	685.0	12	85.264690	3 <u>☺</u>
2	MANISH KUMAR	17-04-1998	BIH	16	73.10	0.124918	240.0	255.0	265.0	255.0 [2]	140.0	145.0	145.0	140.0 [2]	200.0	210.0	210.0	200.0 [5]	595.0	9	74.326210	17
3	PAWAN KUMAR BAURI	14-11-1992	JHA	17	73.00	0.125030	230.0	240.0	250.0	250.0 [3]	110.0	120.0	120.0	110.0 [3]	180.0	190.0	200.0	200.0 [4]	560.0	8	70.016800	23
4	AMARJIT DAS	28-03-1995	TRI	18	72.30	0.125825	180.0	195.0	205.0	205.0 [4]	95.0	105.0	110.0	105.0 [4]	185.0	205.0	220.0	220.0 [2]	530.0	7	66.687250	27
5	AKASH PAUL	27-12-1997	TRI	19	74.00	0.123927	155.0	160.0	160.0	160.0 [5]	80.0	85.0	90.0	90.0 [6]	180.0	190.0	205.0	205.0 [3]	455.0	6	56.386785	35
6	SUBHODEEP MONDOL	01-01-1900	W B	22	70.00	0.128577	120.0	132.5	132.5	132.5 [6]	70.0	82.5	90.0	90.0 [5]	150.0	160.0	160.0	160.0 [6]	382.5	5	49.180703	39
7	NINGTHOUJAM RAHUL SINGH	30-12-2000	MAN	20	74.00	0.123927	100.0	110.0	X	110.0 [7]	70.0	80.0	90.0	80.0 [7]	120.0	140.0	160.0	160.0 [7]	350.0	4	43.374450	40
8	AKHAM SIMPLEJIT KHUMAN	10-02-1996	MAN	21	69.00	0.129846	70.0	80.0	X	80.0 [8]	50.0	55.0	60.0	55.0 [8]	70.0	80.0	90.0	90.0 [8]	225.0	3	29.215350	43
9	OINAM RONAT SINGH	23-12-2007	MAN	23	69.80	0.128827	30.0	50.0	60.0	60.0 [9]	30.0	40.0	X	40.0 [9]	90.0	X	X	90.0 [9]	190.0	2	24.477130	44
83kg - Open																						
1	ANSU SINGH	07-05-1992	W B	24	80.50	0.117587	335.0	350.0	360.0	350.0 [1]	145.0	155.0	160.0	160.0 [2]	280.0	292.5	300.0	292.5 [1]	802.5	12	94.363568	1 <u>☺</u>
2	CHANDAN KUMAR SINGH	03-05-1998	BIH	25	82.00	0.116302	265.0	275.0	290.0	275.0 [2]	155.0	165.0	175.0	175.0 [1]	250.0	270.0	275.0	270.0 [2]	720.0	9	83.737440	5
3	KAMAYANEE KUMAR SINGH	02-05-1976	JHA	26	83.00	0.115477	230.0	240.0	250.0	250.0 [3]	140.0	147.5	155.0	155.0 [3]	200.0	215.0	215.0	200.0 [4]	605.0	8	69.863585	24
4	SOURAV SUBHAM	09-05-2001	BIH	27	81.20	0.116980	205.0	225.0	240.0	240.0 [4]	105.0	115.0	125.0	125.0 [4]	200.0	210.0	215.0	215.0 [3]	580.0	7	67.848400	26
93kg - Open																						
1	ALOK RAJ	16-01-1989	BIH	28	91.60	0.109315	290.0	310.0	320.0	320.0 [1]	140.0	190.0	202.5	190.0 [1]	210.0	225.0	235.0	225.0 [5]	735.0	12	80.346525	8
2	GAURAV KUMAR MISHRA	07-06-2000	JHA	29	87.00	0.112418	290.0	300.0	300.0	290.0 [2]	150.0	155.0	155.0	150.0 [5]	240.0	250.0	260.0	250.0 [1]	690.0	9	77.568420	11

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
3	YASWANT SINGH	22-02-1986	JHA	30	90.20	0.110216	280.0	300.0	300.0	280.0 [3]	150.0	160.0	170.0	170.0 [3]	240.0	255.0	255.0	240.0 [3]	690.0	8	76.049040	13
4	MADHAWI BILOCHAN	21-05-1996	JHA	31	85.70	0.113373	220.0	240.0	270.0	270.0 [4]	140.0	160.0	170.0	170.0 [2]	210.0	230.0	255.0	230.0 [4]	670.0	7	75.959910	14
5	ATUL RAJ ATUL	16-09-1997	BIH	32	86.00	0.113149	255.0	255.0	265.0	255.0 [5]	135.0	135.0	145.0	135.0 [6]	230.0	245.0	252.5	245.0 [2]	635.0	6	71.849615	20
6	RAJESH SARMA	22-02-1988	TRI	33	84.40	0.114365	220.0	235.0	250.0	235.0 [6]	110.0	120.0	120.0	120.0 [7]	220.0	240.0	240.0	220.0 [6]	575.0	5	65.759875	30
7	NISHANT KUMAR	02-03-1982	BIH	34	84.00	0.114678	190.0	200.0	X	190.0 [7]	145.0	155.0	160.0	155.0 [4]	180.0	190.0	X	180.0 [7]	525.0	4	60.205950	33
-	THOUDAM SURAJ KUMAR SINGH	03-07-1999	MAN	35	89.50	0.110681	240.0	240.0	240.0	-	X	X	X	-	X	X	X	-	-	-	-	-
105kg - Open																						
1	MUKESH KUMAR SINGH	05-10-2000	JHA	36	93.20	0.108326	280.0	290.0	297.5	290.0 [2]	190.0	195.0	200.0	195.0 [1]	280.0	292.5	300.0	292.5 [1]	777.5	12	84.223465	4
2	NITISH KUMAR	02-10-1993	BIH	37	101.20	0.103980	320.0	340.0	340.0	340.0 [1]	152.5	165.0	170.0	165.0 [4]	250.0	270.0	275.0	270.0 [4]	775.0	9	80.584500	7
3	MD FAIZAN REZA	10-01-1997	JHA	38	93.90	0.107908	270.0	275.0	290.0	290.0 [3]	170.0	185.0	192.5	192.5 [2]	260.0	260.0	272.5	272.5 [3]	755.0	8	81.470540	6
4	MAEKMA DORJEE LAMA	01-01-1900	GRK	39	99.40	0.104879	220.0	235.0	240.0	240.0 [5]	150.0	160.0	160.0	150.0 [5]	245.0	265.0	280.0	280.0 [2]	670.0	7	70.268930	22
5	PRASANTA NATH	01-01-1985	ASA	40	96.80	0.106255	230.0	240.0	250.0	250.0 [4]	150.0	160.0	165.0	165.0 [3]	220.0	230.0	240.0	230.0 [5]	645.0	6	68.534475	25
6	PRIYATOSH DAS	12-04-1988	TRI	41	93.20	0.108326	175.0	200.0	230.0	200.0 [6]	90.0	110.0	X	90.0 [6]	170.0	X	X	170.0 [6]	460.0	5	49.829960	38
120kg - Open																						
1	VIKASH KUMAR	27-07-1992	BIH	42	112.20	0.099291	292.5	305.0	315.0	315.0 [1]	190.0	202.5	240.0	202.5 [1]	220.0	235.0	245.0	235.0 [2]	752.5	12	74.716478	15
2	SIDDHARTH SAIKIA	20-04-1993	ASA	43	108.40	0.100769	267.5	277.5	287.5	287.5 [2]	165.0	170.0	175.0	175.0 [2]	257.5	262.5	X	262.5 [1]	725.0	9	73.057525	19
3	SUMIT DAS	01-01-1900	W B	44	113.20	0.098924	180.0	200.0	210.0	210.0 [3]	125.0	140.0	145.0	145.0 [3]	180.0	190.0	200.0	200.0 [3]	555.0	8	54.902820	36
120+Kg - Open																						
1	BHUPENDRA PRATAP SINGH	15-12-1983	BIH	45	121.00	0.096339	320.0	340.0	350.0	350.0 [1]	130.0	140.0	X	140.0 [1]	250.0	275.0	X	250.0 [1]	740.0	12	71.290860	21
2	DIVYANSHU ANAND	08-08-2001	JHA	46	123.00	0.095748	200.0	210.0	220.0	220.0 [2]	110.0	120.0	130.0	120.0 [2]	170.0	180.0	190.0	190.0 [2]	530.0	9	50.746440	37

Best Lifter - Open

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	ANSU SINGH	W B	83kg	80.50	0.117587	802.5	94.363568
2	GOVIND KUMAR	BIH	59kg	57.37	0.148824	612.5	91.154700
3	SHIVAM	BIH	74kg	73.50	0.124474	685.0	85.264690

Abbreviations:

ASA = Assam BIH = Bihar GRK = Gorkhaland JHA = Jharkhand MAN = Manipur TRI = Tripura W B = West Bengal