

Powerlifting India
West India Women's Powerlifting Championship 2021
Indore, Madhya Pradesh - 17-12-2021 to 19-12-2021
Detailed Results

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total Points	IPF GL Points	Place	
47kg - Open																						
1	MAHI CHOUHAN	30-04-2004	RAJ	1	47.00	0.219117	115.0	127.5	135.0	127.5 [1]	45.0	52.5	57.5	52.5 [1]	110.0	122.5	125.0	125.0 [1]	305.0	12	66.830685	9
2	SUHANI GAWADE	21-07-2005	MAH	2	39.20	0.254352	50.0	60.0	60.0	50.0 [2]	22.5	25.0	25.0	22.5 [2]	50.0	57.5	67.5	67.5 [2]	140.0	9	35.609280	23
52kg - Open																						
1	SUSHMITA DESHMUKH	09-11-1997	MAH	3	49.68	0.210317	125.0	135.0	140.0	140.0 [1]	72.5	75.0	80.0	80.0 [1]	140.0	150.0	167.5	150.0 [1]	370.0	12	77.817290	1 <u>W</u>
2	SHIVANI RAUT	15-01-1996	M P	4	49.76	0.210073	85.0	95.0	105.0	95.0 [2]	55.0	57.5	57.5	57.5 [2]	90.0	100.0	105.0	105.0 [3]	257.5	9	54.093798	16
3	SEEMA KUNTAL	28-11-2001	RAJ	5	48.94	0.212619	75.0	77.5	85.0	85.0 [3]	45.0	52.5	52.5	45.0 [3]	105.0	110.0	115.0	110.0 [2]	240.0	8	51.028560	17
57kg - Open																						
1	SARGAM CHOUHAN	15-06-1997	M P	6	56.90	0.191892	130.0	140.0	140.0	130.0 [2]	80.0	85.0	90.0	90.0 [1]	130.0	140.0	145.0	140.0 [1]	360.0	12	69.081120	6
2	RIYA KALYANE	23-03-2004	M P	7	56.20	0.193408	115.0	125.0	132.5	132.5 [1]	47.5	50.0	50.0	50.0 [3]	117.5	127.5	127.5	127.5 [2]	310.0	9	59.956480	14
3	RINKI CHOUDHARY	04-07-1997	RAJ	8	52.20	0.203117	110.0	115.0	115.0	115.0 [4]	60.0	65.0	67.5	65.0 [2]	110.0	120.0	125.0	125.0 [3]	305.0	8	61.950685	13
4	SHAILPUTRI YADAV	30-08-1999	CHT	9	54.70	0.196829	60.0	60.0	65.0	65.0 [5]	35.0	40.0	40.0	35.0 [5]	85.0	95.0	105.0	105.0 [4]	205.0	7	40.349945	22
5	SUJEN ALI	15-11-2004	RAJ	10	54.68	0.196876	40.0	50.0	60.0	50.0 [6]	35.0	37.5	37.5	35.0 [4]	60.0	72.5	77.5	77.5 [5]	162.5	6	31.992350	24
-	PADMAJA BHAGWANT CHANNEWADKAR	16-08-1997	MAH	11	55.78	0.194341	120.0	120.0	127.5	127.5 [3]	80.0	80.0	80.0	-	X	X	X	-	-	-	-	-
63kg - Open																						
1	HARSHA YADAV	20-12-1994	M P	12	63.00	0.180535	150.0	170.0	182.5	182.5 [1]	60.0	60.0	70.0	70.0 [2]	140.0	155.0	165.0	165.0 [1]	417.5	12	75.373363	2 <u>W</u>
2	KHUSHBOO SOLANKI	31-05-1994	RAJ	13	62.38	0.181556	140.0	150.0	150.0	150.0 [2]	80.0	85.0	85.0	80.0 [1]	130.0	137.5	145.0	137.5 [2]	367.5	9	66.721830	10
3	BHAGYSHRI	05-10-2000	RAJ	14	60.40	0.185004	90.0	95.0	100.0	95.0 [3]	50.0	50.0	55.0	55.0 [3]	100.0	110.0	110.0	110.0 [3]	260.0	8	48.101040	19
69kg - Open																						
1	NEELAM SHREYAM	06-03-1994	M P	15	67.46	0.173920	177.5	187.5	187.5	177.5 [1]	80.0	85.0	90.0	85.0 [1]	142.5	152.5	160.0	160.0 [1]	422.5	12	73.481200	3 <u>W</u>
2	ANJU SINGH	15-06-1977	CHT	16	69.00	0.171899	130.0	145.0	155.0	155.0 [2]	50.0	60.0	62.5	62.5 [2]	130.0	145.0	150.0	150.0 [2]	367.5	9	63.172883	12
76kg - Open																						
1	POUNIMA SHINDE	31-12-1998	MAH	17	75.78	0.164295	182.5	185.0	192.5	192.5 [1]	85.0	92.5	100.0	100.0 [1]	140.0	152.5	165.0	152.5 [2]	445.0	12	73.111275	4
2	NEHA MISHRA	27-07-1999	M P	18	75.28	0.164793	187.5	187.5	205.0	187.5 [2]	90.0	95.0	97.5	97.5 [2]	147.5	155.0	165.0	155.0 [1]	440.0	9	72.508920	5
3	SNEHA SHINDE	31-03-1996	MAH	19	75.10	0.164974	170.0	182.5	190.0	182.5 [3]	82.5	90.0	95.0	90.0 [3]	120.0	132.5	132.5	120.0 [3]	392.5	8	64.752295	11
4	SONIYA PALIWAL	29-05-2000	RAJ	20	73.10	0.167072	75.0	90.0	100.0	100.0 [4]	45.0	50.0	50.0	45.0 [4]	100.0	110.0	115.0	115.0 [4]	260.0	7	43.438720	20
84kg - Open																						
1	ISHA SINGH	13-12-1993	M P	21	80.70	0.159848	187.5	195.0	202.5	195.0 [1]	60.0	65.0	70.0	70.0 [1]	150.0	160.0	167.5	160.0 [2]	425.0	12	67.935400	8
2	DIVYA GURJAR	08-09-1997	M P	22	81.80	0.158955	140.0	150.0	160.0	150.0 [2]	45.0	50.0	55.0	50.0 [2]	145.0	155.0	165.0	165.0 [1]	365.0	9	58.018575	15
84+Kg - Open																						
1	MEGHA NAYAK	18-03-2000	M P	23	104.90	0.146021	180.0	190.0	200.0	200.0 [1]	125.0	130.0	132.5	132.5 [1]	120.0	130.0	135.0	135.0 [1]	467.5	12	68.264818	7
2	MANISHA PRAJAPAT	03-06-1992	RAJ	24	93.20	0.151399	130.0	135.0	137.5	135.0 [2]	70.0	75.0	77.5	75.0 [2]	105.0	115.0	120.0	120.0 [2]	330.0	9	49.961670	18
3	CHANDRAKALA	04-01-1988	CHT	25	93.90	0.151020	105.0	115.0	120.0	120.0 [3]	40.0	47.5	50.0	40.0 [3]	105.0	110.0	110.0	110.0 [3]	270.0	8	40.775400	21
-	TRAPTI GUPTA	24-09-2000	RAJ	26	89.20	0.153736	60.0	60.0	60.0	-	X	X	X	-	X	X	X	-	-	-	-	-

Best Lifter - Open							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	SUSHMITA DESHMUKH	MAH	52kg	49.68	0.210317	370.0	77.817290
2	HARSHA YADAV	M P	63kg	63.00	0.180535	417.5	75.373363
3	NEELAM SHREYAM	M P	69kg	67.46	0.173920	422.5	73.481200

Abbreviations:

CHT = Chhattisgarh M P = Madhya Pradesh MAH = Maharashtra RAJ = Rajasthan