

Powerlifting India
National Women's Classic Bench Press Championship 2021
Madgaon, Goa - 16-11-2021 to 20-11-2021
Detailed Results

Place	Name	DOB	Team	Lot	Bd. Wt.	BP1	BP2	BP3	Best	Points
47kg - Open										
1	SHIPRA	13-10-2003	RAJ	7	46.65	65.0	70.0	75.0	70.0	12
2	PURNIMA KANDULNA	28-01-1987	JHA	4	45.00	57.5	62.5	65.0	62.5	9
3	NITHYA SURESH	27-06-1992	KER	5	46.20	60.0	60.0	60.0	60.0	8
4	RAMYA S	06-02-2000	T N	8	47.00	45.0	47.5	50.0	47.5	7
5	LAKHIMANI MUNDA	10-12-1994	JHA	3	45.00	42.5	45.0	47.5	45.0	6
6	SHRUNGITA JOSHI	30-05-1991	M P	6	45.15	45.0	47.5	47.5	45.0	5
7	ANKITA GHOSH	20-06-1990	W B	11	45.20	37.5	40.0	40.0	37.5	4
8	HEENA NAZ	15-05-1999	J&K	2	46.00	30.0	35.0	35.0	35.0	3
9	ROOPA ADAGAL	26-11-1997	GOA	1	45.25	30.0	35.0	35.0	30.0	2
10	B SWETHA	18-11-2003	TEL	9	44.50	25.0	30.0	30.0	25.0	1
	HIMANSHI SHARMA	12-03-1995	U P	10	47.00	45.0	45.0	45.0	-	-
52kg - Open										
1	AKSHATHA POOJARTHI	08-08-1987	KAR	18	52.00	70.0	75.0	75.0	75.0	12
2	SHRADDHA S NAIK	01-12-1997	KAR	19	51.10	65.0	70.0	72.5	70.0	9
3	SAVITA KUMARI	12-12-1983	DEL	14	51.25	70.0	75.0	75.0	70.0	8
4	SUSHMITA DESHMUKH	09-11-1997	MAH	20	49.50	67.5	72.5	72.5	67.5	7
5	AMITA DEVI	26-04-1986	J&K	16	51.20	57.5	62.5	65.0	65.0	6
6	PISTA BAI GURJAR	01-07-1997	RAJ	23	49.25	55.0	60.0	62.5	62.5	5
7	ASRITA TIRKEY	07-01-1992	JHA	17	49.25	60.0	65.0	65.0	60.0	4
8	LOGAPRIYA S	07-04-2000	T N	24	49.25	60.0	65.0	65.0	60.0	3
9	ANGEL MARY MYLLIEM UMLONG KHUNSYIEM	17-01-1978	MEG	22	52.00	50.0	55.0	57.5	57.5	2
10	SHASHI KUMARI	23-08-1995	U P	25	51.75	47.5	50.0	55.0	50.0	1
11	DIPSIKHA LAHON	22-08-1996	ASA	12	51.50	42.5	47.5	50.0	47.5	1
12	MERINA PADUN	12-08-1997	ASA	13	49.10	27.5	30.0	32.5	30.0	1
13	NINGTHOUJAM BHANUPATI DEVI	01-03-1990	MAN	21	52.00	20.0	30.0	30.0	30.0	1
57kg - Open										
1	DR. SHARVARI IMANDAR	21-02-1983	MAH	35	55.80	70.0	72.5	72.5	70.0	12
2	ARPITA CHATTERJEE	04-04-1989	W B	42	55.25	60.0	67.5	70.0	67.5	9
3	JYOTI SINGH	01-01-1997	U P	41	56.20	67.5	67.5	70.0	67.5	8
4	POOJA SINGH	04-04-1990	GUJ	31	57.00	62.5	67.5	72.5	67.5	7
5	HARSHITHA K L	12-10-2000	KAR	33	57.10	60.0	65.0	67.5	65.0	6
6	SAPNA SINGH VERMA	18-09-1989	DEL	28	53.00	55.0	60.0	65.0	60.0	5
7	SHOBHA KHALKHO	10-01-1986	JHA	32	55.50	47.5	52.5	57.5	52.5	4
8	V NISHANKA	17-04-1994	TEL	40	55.40	45.0	47.5	50.0	47.5	3
9	SUKMIT LEPCHA	26-04-1994	SIK	37	55.70	47.5	50.0	50.0	47.5	2
10	TIYARA RANA	29-08-2003	M P	34	56.00	47.5	52.5	X	47.5	1
11	INDHUMATHI K	01-03-2001	T N	38	54.90	45.0	47.5	X	45.0	1
12	SHABANA NAIK	11-02-1990	GOA	29	57.00	40.0	40.0	40.0	40.0	1
13	U NIKITHA BABY	07-09-2003	TEL	39	56.00	30.0	35.0	35.0	30.0	1
14	ARSHI NAAZ	11-11-1988	CHT	27	56.25	30.0	30.0	45.0	30.0	1
15	HITISHA BAROLIYA	14-03-1995	GUJ	30	54.80	22.5	25.0	32.5	25.0	1
63kg - Open										
1	SUDHA KUMARI	01-06-1979	BIH	43	60.70	70.0	82.5	87.5	87.5	12
2	PARNEET KAUR	29-01-1988	DEL	45	62.50	72.5	82.5	87.5	82.5	9
3	SARGAM CHOUHAN	15-06-1997	M P	52	61.30	75.0	75.0	77.5	75.0	8
4	AISHWARYA K	21-12-1992	KAR	50	62.40	65.0	72.5	72.5	72.5	7
5	ANKITA POKHARE	12-03-1993	MAH	53	59.15	62.5	67.5	75.0	67.5	6
6	J SONAL KUMARI	25-03-1996	TEL	58	58.90	50.0	60.0	60.0	60.0	5
7	KHUSHBOO SOLANKI	31-05-1994	RAJ	55	61.40	55.0	60.0	65.0	60.0	4
8	KAVITHA K	19-07-2000	T N	57	58.40	47.5	X	X	47.5	3

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9	ritu DEVI	20-10-1985	J&K	49	62.10	42.5	45.0	47.5	47.5	2
10	SANYUKTA GUPTA	04-09-1986	CHT	44	56.90	40.0	45.0	50.0	40.0	1
11	RANI	01-01-1991	HAR	47	58.40	35.0	40.0	45.0	40.0	1
12	TREEZA PRADHAN	25-07-1993	SIK	56	61.10	37.5	40.0	42.5	40.0	1
13	NEHA KHAN	06-04-1994	TEL	59	63.50	40.0	45.0	45.0	40.0	1
14	KONIKA SUMBRIA	11-11-1996	J&K	48	61.45	35.0	37.5	37.5	37.5	1
	ANNU DEVI	10-05-1995	HAR	46	62.50	47.5	47.5	47.5	-	-
	HARSHA YADAV	20-12-1994	M P	51	63.00	62.5	65.0	65.0	-	-
69kg - Open										
1	VENIZEIA A CARLO	07-02-2000	KAR	66	67.85	70.0	77.5	80.0	77.5	12
2	TEJASWINI PANDIT	04-12-1994	MAH	68	68.10	75.0	80.0	80.0	75.0	9
3	BINDIYA BHANDRI	07-01-1980	DEL	62	66.70	67.5	72.5	75.0	72.5	8
4	POOJA JOSHI	07-01-1994	RAJ	70	68.20	57.5	60.0	60.0	60.0	7
5	SAI KEERTHANA	15-06-1997	TEL	71	64.50	45.0	45.0	52.5	52.5	6
6	SHIKHA ARYA	20-09-1985	DEL	63	68.50	50.0	50.0	57.5	50.0	5
7	LINA FERNANDES	10-02-1990	GOA	64	66.50	40.0	47.5	47.5	47.5	4
8	GAYTARI KUMARI	15-01-1998	BIH	61	66.30	32.5	37.5	40.0	37.5	3
9	ASHWATHY VINOD	21-06-1991	KER	67	68.00	35.0	37.5	40.0	37.5	2
	OM KANWAR	10-05-1997	RAJ	69	68.65	55.0	55.0	55.0	-	-
	RANUSAYA PATIL	14-05-1997	GOA	65	69.00	40.0	42.5	42.5	-	-
76kg - Open										
1	SURBHI BALI	19-11-1997	J&K	77	72.10	80.0	85.0	87.5	85.0	12
2	RANI SHIRSAT	22-09-1991	MAH	81	73.80	75.0	80.0	82.5	82.5	9
3	JANHVI SAVARDEKAR	19-09-2001	MAH	80	76.00	80.0	82.5	87.5	82.5	8
4	MENAKA V	18-04-2000	T N	86	74.60	80.0	80.0	85.0	80.0	7
5	SONAL SHARMA	03-09-1996	RAJ	85	73.20	60.0	70.0	77.5	77.5	6
6	SWATI	01-02-1994	DEL	75	73.60	70.0	75.0	80.0	75.0	5
7	AYUSHI AGRAWAL	24-04-1995	M P	79	71.90	60.0	67.5	70.0	70.0	4
8	DIBYALEKHA MISHRA	05-10-1999	ODI	84	74.35	60.0	67.5	67.5	60.0	3
9	VIJAYA VANI	05-06-1993	KAR	78	72.85	57.5	70.0	70.0	57.5	2
10	PRIYANKA DUTTA	01-12-1992	ASA	73	72.15	47.5	47.5	55.0	47.5	1
11	NABANITA PHUKAN HANDIQUE	26-05-1990	ASA	72	74.20	40.0	45.0	45.0	45.0	1
12	CHANCHAL RANI	22-10-1990	CCSCSB	74	73.70	40.0	40.0	42.5	40.0	1
13	PANTHOIBI CHANU ARAMBAM	13-03-1981	MAN	83	69.20	20.0	22.5	X	22.5	1
14	LEIMAPOKPAM LINTHOINGAMBI DEVI	01-04-1997	MAN	82	67.90	20.0	20.0	X	20.0	1
84kg - Open										
1	SHUBHAANGI PANT	24-09-1986	MAH	101	81.15	72.5	75.0	77.5	75.0	12
2	FARHEEN DEHALVI	03-04-1983	M P	99	81.65	65.0	75.0	77.5	75.0	9
3	SHRISHIT CHOUHAN	04-01-1995	RAJ	103	79.50	70.0	70.0	72.5	70.0	8
4	ISHA SINGH	13-12-1993	M P	100	79.25	62.5	67.5	70.0	62.5	7
5	VAISHALI V NERKAR	05-06-1987	GOA	98	80.00	45.0	47.5	50.0	47.5	6
6	E SHRUTHI	16-06-2004	TEL	104	76.80	42.5	45.0	47.5	45.0	5
84+Kg - Open										
1	PRATHIKSHA	11-09-1998	KAR	93	105.00	85.0	90.0	92.5	92.5	12
2	DEEPTHIKA J P	07-06-2002	KAR	92	84.00	70.0	72.5	72.5	72.5	9
3	MADHAVI VERMA	11-08-1993	HAR	91	91.00	55.0	65.0	70.0	65.0	8
4	CHANDRAKALA CHANDRAKALA	04-01-1988	CHT	88	107.00	65.0	67.2	67.5	65.0	7
5	SUSMITA DAS	21-08-1997	W B	96	108.50	65.0	70.0	70.0	65.0	6
6	CHHAYA RAGHUNANDAN BHATT	27-08-1969	FCI	89	114.40	55.0	62.5	67.5	62.5	5
7	ARTI EKNATH CHOUDHARY	15-09-1986	MAH	94	114.20	50.0	52.5	65.0	52.5	4
	MANISHA PRAJAPAT	03-06-1992	RAJ	95	92.30	65.0	65.0	65.0	-	-