

Powerlifting India
National Women's Equipped Bench Press Championship 2021
Madgaon, Goa - 16-11-2021 to 20-11-2021
Detailed Results

Place	Name	DOB	Team	Lot	Bd. Wt.	BP1	BP2	BP3	Best	Points
47kg - Open										
1	SHIPRA	13-10-2003	RAJ	4	46.70	70.0	77.5	82.5	77.5	12
2	NITHYA SURESH	27-06-1992	KER	2	46.10	55.0	60.0	60.0	60.0	9
3	POOJA MALI	03-06-1997	M P	3	46.50	42.5	50.0	55.0	50.0	8
4	HEENA NAZ	15-05-1999	J&K	1	46.00	40.0	42.5	42.5	42.5	7
52kg - Open										
1	SAVITA KUMARI	12-12-1983	DEL	6	50.95	90.0	95.0	100.0	95.0	12
2	AKSHATHA POOJARTHI	08-08-1987	KAR	8	51.60	80.0	85.0	90.0	90.0	9
3	JYOTI KANDHARE	19-10-1980	MAH	10	50.70	82.5	87.5	87.5	82.5	8
4	PISTA BAI GURJAR	01-07-1997	RAJ	12	49.70	77.5	80.0	85.0	80.0	7
5	SHRADDHA S NAIK	01-12-1997	KAR	9	51.20	80.0	80.0	87.5	80.0	6
	SUSHMITA DESHMUKH	09-11-1997	MAH	11	49.70	77.5	77.5	85.0	-	-
57kg - Open										
1	SONAL SAWANT	01-10-1998	MAH	16	57.00	115.0	115.0	115.0	115.0	12
2	HARSHITHA K L	12-10-2000	KAR	15	56.50	90.0	90.0	92.5	92.5	9
3	JYOTI SINGH	01-01-1997	U P	20	55.85	82.5	87.5	90.0	90.0	8
4	LOGAPRIYA S	07-04-2000	T N	18	54.45	70.0	75.0	75.0	70.0	7
5	RINKI CHOUDHARY	04-07-1997	RAJ	17	52.25	60.0	65.0	70.0	60.0	6
6	ARPITA CHATTERJEE	04-04-1989	W B	22	55.85	60.0	60.0	72.5	60.0	5
7	BANDI KUMARI	15-08-1996	TEL	19	54.90	40.0	40.0	45.0	40.0	4
63kg - Open										
1	SUDHA KUMARI	01-06-1979	BIH	23	61.10	102.5	110.0	122.5	110.0	12
2	AISHWARYA K	21-12-1992	KAR	24	60.30	97.5	97.5	100.0	97.5	9
3	KHUSHBOO SOLANKI	31-05-1994	RAJ	28	62.00	75.0	80.0	90.0	80.0	8
4	PRIYA GANPAT KANDALKAR	16-12-1984	MAH	26	62.90	80.0	80.0	87.5	80.0	7
5	HARSHA YADAV	20-12-1994	M P	25	62.00	75.0	82.5	87.5	75.0	6
6	CHANDNI SIROHI	10-06-1992	U P	29	61.70	55.0	55.0	60.0	60.0	5
7	NAMEIRAKPAM IBECHAObI DEVI	01-03-1974	MAN	27	61.50	30.0	35.0	40.0	40.0	4
69kg - Open										
1	VENIZEIA A CARLO	07-02-2000	KAR	31	68.00	102.5	110.0	110.0	102.5	12
2	OM KANWAR	10-05-1997	RAJ	35	69.00	75.0	82.5	90.0	90.0	9
3	ARATHI ARUN	13-03-1975	T N	36	65.20	75.0	80.0	87.5	80.0	8
4	SIMA DUTTA CHATTERJEE	31-12-1977	W B	37	64.00	65.0	70.0	70.0	65.0	7
5	ANURADHA PANDEY	12-12-1986	MAH	33	67.00	57.5	60.0	62.5	60.0	6
6	SHIKHA ARYA	20-09-1985	DEL	30	67.75	55.0	57.5	80.0	57.5	5
7	ASHWATHY VINOD	21-06-1991	KER	32	68.15	30.0	40.0	45.0	40.0	4
8	SARANGTHEM DAINA DEVI	15-01-1996	MAN	34	69.00	30.0	30.0	37.5	30.0	3
76kg - Open										
1	JANHVI SAVARDEKAR	19-09-2001	MAH	41	76.00	115.0	120.0	125.0	120.0	12
2	MENAKA V	18-04-2000	T N	44	74.75	100.0	105.0	107.5	107.5	9
3	SNEHA SHINDE	31-03-2000	MAH	42	75.75	90.0	95.0	102.5	102.5	8
4	VIJAYA VANI	05-06-1993	KAR	40	72.50	90.0	95.0	100.0	100.0	7
5	RAJ KUMARI YADAV	15-08-1989	RAJ	43	76.00	70.0	75.0	82.5	70.0	6
6	RAKHI SARMA	31-12-1971	ASA	38	69.35	60.0	65.0	65.0	65.0	5
84kg - Open										
1	SHOVITA	29-08-1997	DEL	52	81.35	150.0	157.5	165.0	165.0	12
2	SHRISHIT CHOUHAN	04-01-1995	RAJ	55	80.15	90.0	100.0	112.5	100.0	9
3	SANGEETA GOGOI	15-06-1990	DEL	53	78.25	75.0	77.5	80.0	80.0	8
84+Kg - Open										
1	MEGHA NAYAK	18-03-2000	M P	48	106.00	120.0	127.5	132.5	132.5	12
2	DEEPTHIKA J P	07-06-2002	KAR	46	84.50	105.0	105.0	120.0	120.0	9

Place	Name	DOB	Team	Lot	Bd. Wt.	BP1	BP2	BP3	Best	Points
3	PRATHIKSHA	11-09-1998	KAR	47	104.15	120.0	127.5	127.5	120.0	8
4	PRATIKSHA PRADEEP SALVI	11-07-1997	MAH	49	84.50	100.0	107.5	117.5	100.0	7
5	MANISHA PRAJAPAT	03-06-1992	RAJ	51	93.55	75.0	82.5	82.5	75.0	6