Powerlifting India

South India Women's Powerlifting Championship 2019-20

Hyderabad, Telangana - 02-01-2020 to 05-01-2020

Detailed Results

Place	Name	DOB	Team	Lot	Bd. Wt.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points
47kg - Open																			
1	SUMANA	06-10-2000	KAR	2	46.40	115.0	~~117.5~~	~~117.5~~	115.0 [1]	50.0	~~52.5~~	52.5	52.5 [1]	115.0	122.5	127.5	127.5 [1]	295.0	12
2	M.MINIMATHI	25-07-2000	PUD	4	45.00	100.0	~~105.0~~	~~105.0~~	100.0 [2]	42.5	47.5	50.0	50.0 [2]	100.0	107.5	110.0	110.0 [2]	260.0	9
3	T.TAMILSELVI	15-03-1996	PUD	3	42.90	90.0	~~95.0~~	~~95.0~~	90.0 [3]	37.5	40.0	~~42.5~~	40.0 [3]	100.0	105.0	~~110.0~~	105.0 [3]	235.0	8
-	T.ALEKYA	13-02-2003	TEL	1	47.00	~~90.0~~	~~90.0~~	~~90.0~~	-	~~35.0~~	X	X	-	~~100.0~~	X	X	-	-	-
52kg - Open																			
1	R.POORNA	18-12-1998	AP	8	52.00	160.0	~~170.0~~	~~170.0~~	160.0 [1]	55.0	60.0	~~65.0~~	60.0 [1]	140.0	150.0	~~155.0~~	150.0 [1]	370.0	12
2	A.ASHIGA	12-02-2004	PUD	11	50.90	~~105.0~~	110.0	120.0	120.0 [3]	35.0	40.0	~~42.5~~	40.0 [3]	110.0	117.5	122.5	122.5 [2]	282.5	9
3	G.SAMUKTHA	04-01-2002	PUD	10	51.00	110.0	~~125.0~~	125.0	125.0 [2]	40.0	~~42.5~~	42.5	42.5 [2]	105.0	110.0	~~117.5~~	110.0 [4]	277.5	8
4	AISHWARYA	05-03-2001	KAR	7	51.40	90.0	~~105.0~~	105.0	105.0 [4]	37.5	~~40.0~~	~~40.0~~	37.5 [4]	105.0	115.0	~~122.5~~	115.0 [3]	257.5	7
-	CH	04-01-2002	TEL	5	52.00	~~90.0~~	X	X	-	~~30.0~~	X	X	-	~~100.0~~	X	X	-	-	-
57kg - Open																			
1	M.PRAGATHISWARI	25-10-2000	PUD	13	57.00	100.0	125.0	130.0	130.0 [1]	45.0	50.0	~~52.5~~	50.0 [1]	100.0	105.0	110.0	110.0 [1]	290.0	12
2	L.MONISHA	07-10-1999	TN	12	52.50	110.0	112.5	122.5	122.5 [2]	40.0	45.0	~~47.5~~	45.0 [2]	100.0	~~105.0~~	~~105.0~~	100.0 [2]	267.5	9
63kg - Open																			
1	V.AGILANDESWARI	19-06-1985	PUD	14	62.00	100.0	~~110.0~~	~~110.0~~	100.0 [1]	40.0	50.0	~~55.0~~	50.0 [1]	100.0	110.0	115.0	115.0 [1]	265.0	12
2	AMRUTHA	14-01-1999	KER	15	59.50	80.0	90.0	~~100.0~~	90.0 [2]	35.0	~~40.0~~	~~40.0~~	35.0 [2]	90.0	100.0	~~125.0~~	100.0 [2]	225.0	9
72kg - Open																			
1	V.MALLIKAYADAV	01-01-1900	TEL	16	72.00	210.0	230.0	245.0	245.0 [1]	85.0	95.0	105.0	105.0 [1]	205.0	215.0	225.0	225.0 [1]	575.0	12
2	PRATHIKSHA	01-01-1900	KAR	18	72.00	150.0	~~157.5~~	165.0	165.0 [2]	70.0	75.0	77.5	77.5 [2]	145.0	155.0	160.0	160.0 [2]	402.5	9
3	REHANA A R	13-11-1997	KER	20	70.20	110.0	~~120.0~~	127.5	127.5 [3]	37.5	~~40.0~~	~~40.0~~	37.5 [3]	105.0	115.0	~~125.0~~	115.0 [3]	280.0	8
84kg - Open																			
1	S.GAYATHRI	02-11-2004	PUD	23	82.00	110.0	120.0	125.0	125.0 [1]	60.0	65.0	~~70.0~~	65.0 [1]	110.0	120.0	~~125.0~~	120.0 [2]	310.0	12
2	ANILA	31-01-1998	KER	24	78.80	110.0	~~120.0~~	120.0	120.0 [2]	42.5	47.5	~~50.0~~	47.5 [2]	110.0	125.0	~~140.0~~	125.0 [1]	292.5	9
3	R.SUBARANJANI	01-01-1900	TN	21	78.40	~~100.0~~	115.0	~~127.5~~	115.0 [3]	35.0	37.5	~~40.0~~	37.5 [3]	100.0	115.0	~~132.5~~	115.0 [3]	267.5	8
84+Kg - Open																			
1	V.MENAKA	01-01-1900	TN	27	85.50	170.0	~~180.0~~	180.0	180.0 [1]	75.0	80.0	85.0	85.0 [2]	125.0	~~132.5~~	132.5	132.5 [3]	397.5	12
2	PRATHEEKSHA	11-09-1998	KAR	26	104.30	155.0	~~165.0~~	~~167.5~~	155.0 [3]	85.0	92.5	97.5	97.5 [1]	125.0	135.0	~~147.5~~	135.0 [2]	387.5	9
3	S.MEHARAJ	01-01-1900	TN	28	94.10	167.5	172.5	~~177.5~~	172.5 [2]	62.5	65.0	~~67.5~~	65.0 [3]	137.5	~~142.5~~	~~142.5~~	137.5 [1]	375.0	8
4	V.PAVITHRA	31-12-2001	PUD	29	88.30	80.0	~~90.0~~	90.0	90.0 [4]	35.0	40.0	~~42.5~~	40.0 [4]	100.0	110.0	120.0	120.0 [4]	250.0	7
43kg - Sub Junior																			
1	M.MINIMATHI	25-07-2004	PUD	4	42.70	105.0	~~112.5~~	~~112.5~~	105.0 [1]	45.0	~~50.0~~	~~50.0~~	45.0 [1]	100.0	~~110.0~~	~~110.0~~	100.0 [1]	250.0	12
2	RASHMITHA	07-01-2003	KAR	1	42.40	70.0	80.0	~~87.5~~	80.0 [2]	32.5	37.5	~~40.0~~	37.5 [2]	90.0	97.5	~~102.5~~	97.5 [2]	215.0	9

Place	Name	DOB	Team	Lot	Bd. Wt.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points
3	RIZWANA	04-08-2006	TN	2	39.20	50.0	52.5	~~62.5~~	52.5 [3]	~~20.0~~	20.0	22.5	22.5 [3]	50.0	57.5	62.5	62.5 [3]	137.5	8
47kg - Sub Junior																			
1	A.JYOSHNA	30-01-2006	AP	7	47.00	100.0	110.0	115.0	115.0 [1]	45.0	50.0	~~52.5~~	50.0 [1]	100.0	107.5	110.0	110.0 [2]	275.0	12
2	T.ALEKYA	13-02-2003	TEL	9	47.00	85.0	~~92.5~~	~~92.5~~	85.0 [3]	35.0	~~37.5~~	~~37.5~~	35.0 [2]	100.0	110.0	117.5	117.5 [1]	237.5	9
3	P.JASMINE	15-06-2006	TN	5	45.70	~~80.0~~	80.0	85.0	85.0 [2]	25.0	~~32.5~~	~~32.5~~	25.0 [4]	82.5	85.0	~~87.5~~	85.0 [3]	195.0	8
4	S.PRAVALIKA	06-07-2003	TEL	8	47.00	50.0	~~60.0~~	60.0	60.0 [4]	30.0	~~35.0~~	~~35.0~~	30.0 [3]	60.0	70.0	80.0	80.0 [4]	170.0	7
-	S.SWATHIKA	11-11-2004	TN	6	46.80	~~70.0~~	~~70.0~~	~~75.0~~	-	X	X	X	-	X	X	X	-	-	-
-	N.VISITHIRA	13-05-2006	PUD	10	47.00	~~120.0~~	~~120.0~~	~~120.0~~	-	X	X	X	-	X	X	X	-	-	-
52kg - Sub Junior																			
1	A.ASHIGA	12-02-2004	PUD	13	50.30	95.0	110.0	~~122.5~~	110.0 [3]	35.0	40.0	~~42.5~~	40.0 [1]	110.0	120.0	~~125.0~~	120.0 [1]	270.0	12
2	V.PAVITHRA	26-09-2003	TEL	15	52.00	90.0	~~100.0~~	~~100.0~~	90.0 [4]	~~30.0~~	30.0	35.0	35.0 [3]	90.0	102.5	~~110.0~~	102.5 [2]	227.5	9
3	CH.PRATHUSHA	12-07-2003	TEL	16	51.50	~~80.0~~	80.0	~~92.5~~	80.0 [5]	30.0	35.0	~~40.0~~	35.0 [2]	~~90.0~~	90.0	100.0	100.0 [3]	215.0	8
4	SWETHA	21-06-2001	KER	17	50.70	~~50.0~~	50.0	60.0	60.0 [6]	20.0	22.5	~~25.0~~	22.5 [5]	60.0	75.0	90.0	90.0 [4]	172.5	7
-	G	01-01-1900	PUD	14	49.80	120.0	~~130.0~~	~~130.0~~	120.0 [2]	X	X	X	-	X	X	X	-	-	-
-	G.SAMUKTHA	20-01-2002	PUD	58	49.80	120.0	~~130.0~~	130.0	130.0 [1]	X	X	X	-	X	X	X	-	-	-
-	V.PREETHI	18-05-2004	TN	11	51.00	~~85.0~~	~~85.0~~	~~85.0~~	-	25.0	X	X	25.0 [4]	X	X	X	-	-	-
57kg - Sub Junior																			
1	SADIYA	27-10-2002	AP	19	56.70	155.0	162.5	170.0	170.0 [1]	~~65.0~~	65.0	70.0	70.0 [1]	135.0	142.5	150.0	150.0 [1]	390.0	12
2	G.HELANJI	01-02-2003	PUD	20	52.20	105.0	~~110.0~~	~~110.0~~	105.0 [2]	35.0	~~37.5~~	~~37.5~~	35.0 [2]	90.0	100.0	105.0	105.0 [2]	245.0	9
3	A.DEVIPRIYA	10-05-2004	TN	18	55.70	~~65.0~~	65.0	~~70.0~~	65.0 [3]	22.5	27.5	~~30.0~~	27.5 [3]	70.0	75.0	~~80.0~~	75.0 [3]	167.5	8
63kg - Sub Junior																			
1	G.NAGA SAI GEETHIKA	01-08-2004	AP	23	61.50	90.0	105.0	~~117.5~~	105.0 [1]	30.0	32.5	~~37.5~~	32.5 [1]	100.0	110.0	~~115.0~~	110.0 [1]	247.5	12
2	A.ARCHANA	02-07-2003	TEL	22	59.20	60.0	70.0	80.0	80.0 [2]	30.0	~~32.5~~	~~32.5~~	30.0 [2]	70.0	80.0	90.0	90.0 [2]	200.0	9
72kg - Sub Junior																			
1	S.DWARAKA	13-03-2001	AP	26	67.80	140.0	155.0	165.0	165.0 [1]	60.0	70.0	75.0	75.0 [1]	~~150.0~~	150.0	160.0	160.0 [1]	400.0	12
2	E.KOMALA	03-06-2003	PUD	29	70.70	90.0	100.0	115.0	115.0 [4]	37.5	~~42.5~~	~~42.5~~	37.5 [6]	130.0	~~140.0~~	140.0	140.0 [2]	292.5	9
3	S.AMIRTHA	24-02-2005	TN	25	64.50	102.5	115.0	120.0	120.0 [3]	~~40.0~~	~~40.0~~	40.0	40.0 [4]	110.0	117.5	~~120.0~~	117.5 [3]	277.5	8
4	S.R.PAYAL	13-09-2005	TN	24	69.00	100.0	120.0	125.0	125.0 [2]	35.0	40.0	~~45.0~~	40.0 [5]	100.0	110.0	~~117.5~~	110.0 [4]	275.0	7
-	K.PRAVALIKA	23-12-2005	AP	27	65.10	100.0	~~110.0~~	~~117.5~~	100.0 [5]	40.0	45.0	~~47.5~~	45.0 [2]	~~122.5~~	~~122.5~~	~~122.5~~	-	-	-
-	PRAVALIKA	23-12-2005	AP	27	65.10	100.0	~~110.0~~	~~117.5~~	100.0 [6]	40.0	45.0	~~47.5~~	45.0 [3]	~~122.5~~	~~122.5~~	~~122.5~~	-	-	-
84kg - Sub Junior																			
1	S.GAYATHRI	02-11-2004	PUD	30	83.10	110.0	120.0	~~125.0~~	120.0 [1]	60.0	65.0	70.0	70.0 [1]	110.0	120.0	125.0	125.0 [1]	315.0	12
2	D.APARNA	23-08-2001	AP	32	72.80	~~80.0~~	80.0	100.0	100.0 [2]	40.0	47.5	50.0	50.0 [2]	90.0	110.0	120.0	120.0 [2]	270.0	9
3	K.INDHUMATHI	08-01-2005	PUD	31	75.50	70.0	75.0	85.0	85.0 [3]	35.0	~~40.0~~	~~40.0~~	35.0 [3]	90.0	100.0	105.0	105.0 [3]	225.0	8
84+Kg - Sub Junior																			
1	V.SMIRTHI	25-06-2001	TEL	35	94.70	110.0	120.0	~~130.0~~	120.0 [1]	30.0	35.0	37.5	37.5 [2]	90.0	102.5	115.0	115.0 [2]	272.5	12
2	DEVIKA	08-02-2001	KER	34	85.80	~~90.0~~	~~90.0~~	90.0	90.0 [3]	35.0	~~40.0~~	~~40.0~~	35.0 [3]	115.0	122.5	~~152.5~~	122.5 [1]	247.5	9
3	A.GAYATHRI	19-09-2003	TEL	36	96.60	~~80.0~~	80.0	100.0	100.0 [2]	40.0	42.5	~~45.0~~	42.5 [1]	80.0	85.0	90.0	90.0 [3]	232.5	8

Place	Name	DOB	Team	Lot	Bd. Wt.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points
43kg - Junior																			
1	V.BHAGYALAXMI	23-04-2000	TEL	39	41.10	80.0	~~90.0~~	92.5	92.5 [1]	30.0	~~37.5~~	37.5	37.5 [1]	90.0	97.5	~~102.5~~	97.5 [1]	227.5	12
2	V.DHARSHIDHA	18-11-2005	PUD	38	42.30	40.0	~~50.0~~	~~50.0~~	40.0 [2]	20.0	22.5	~~25.0~~	22.5 [2]	50.0	60.0	70.0	70.0 [2]	132.5	9
47kg - Junior																			
1	T.PARVATHI	19-06-2000	AP	42	46.40	125.0	~~135.0~~	135.0	135.0 [1]	55.0	~~60.0~~	60.0	60.0 [1]	~~120.0~~	~~120.0~~	120.0	120.0 [2]	315.0	12
2	SUMANA	06-10-2000	KAR	40	46.20	110.0	~~117.5~~	~~117.5~~	110.0 [2]	50.0	~~52.5~~	52.5	52.5 [2]	117.5	127.5	~~132.5~~	127.5 [1]	290.0	9
3	S.BHARATHI	24-10-1997	TN	41	45.30	80.0	87.5	~~90.0~~	87.5 [3]	27.5	~~32.5~~	~~32.5~~	27.5 [3]	90.0	100.0	110.0	110.0 [3]	225.0	8
4	JOSHINI	07-07-1999	KER	43	44.60	~~45.0~~	45.0	57.5	57.5 [4]	25.0	~~30.0~~	~~30.0~~	25.0 [4]	85.0	90.0	~~95.0~~	90.0 [4]	172.5	7
52kg - Junior																			
1	R.POORNA	18-12-1998	AP	45	51.70	150.0	160.0	170.0	170.0 [1]	60.0	~~65.0~~	~~65.0~~	60.0 [1]	150.0	~~157.5~~	~~157.5~~	150.0 [1]	380.0	12
2	AISHWARYA	05-03-2001	KAR	44	51.30	~~90.0~~	90.0	100.0	100.0 [2]	37.5	~~40.0~~	~~40.0~~	37.5 [2]	102.5	112.5	120.0	120.0 [2]	257.5	9
57kg - Junior																			
1	M.PRAGATHSWARI	25-10-2000	PUD	46	56.70	100.0	125.0	~~132.5~~	125.0 [1]	45.0	~~50.0~~	50.0	50.0 [1]	105.0	110.0	115.0	115.0 [1]	290.0	12
2	L.MONISHA	07-10-1999	TN	48	52.70	100.0	110.0	120.0	120.0 [2]	40.0	42.5	45.0	45.0 [2]	95.0	102.5	~~105.0~~	102.5 [2]	267.5	9
3	U.NIKITHA	27-09-2003	TEL	47	55.40	50.0	60.0	70.0	70.0 [3]	20.0	25.0	~~27.5~~	25.0 [3]	70.0	~~85.0~~	~~85.0~~	70.0 [3]	165.0	8
63kg - Junior																			
1	AMRUTHA	14-01-1999	KER	52	61.10	90.0	105.0	112.5	112.5 [1]	35.0	42.5	~~47.5~~	42.5 [1]	100.0	112.5	122.5	122.5 [1]	277.5	12
2	V.MAHESWARI	11-04-2003	PUD	51	63.00	~~55.0~~	60.0	~~65.0~~	60.0 [2]	25.0	27.5	~~32.5~~	27.5 [2]	~~75.0~~	75.0	80.0	80.0 [2]	167.5	9
72kg - Junior																			
1	PRATHEEKSHA	31-05-2000	KAR	57	72.00	155.0	162.5	~~172.5~~	162.5 [2]	70.0	75.0	~~80.0~~	75.0 [1]	~~150.0~~	150.0	~~157.5~~	150.0 [1]	387.5	12
2	V.VISHNUPRIYA	15-04-2000	PUD	55	72.00	160.0	170.0	~~180.0~~	170.0 [1]	50.0	57.5	~~62.5~~	57.5 [2]	~~130.0~~	130.0	~~140.0~~	130.0 [3]	357.5	9
3	R.PRANEETHA	19-01-2000	TEL	57	72.00	110.0	125.0	~~132.5~~	125.0 [4]	40.0	47.5	~~50.0~~	47.5 [3]	122.5	135.0	~~140.0~~	135.0 [2]	307.5	8
4	REHANA.A.R	13-11-1997	KER	56	71.10	100.0	115.0	127.5	127.5 [3]	37.5	45.0	~~50.0~~	45.0 [4]	120.0	127.5	~~132.5~~	127.5 [4]	300.0	7
5	SRIKARI	22-12-1998	AP	54	67.90	65.0	72.5	~~77.5~~	72.5 [5]	~~25.0~~	25.0	30.0	30.0 [5]	75.0	85.0	90.0	90.0 [5]	192.5	6
84kg - Junior																			
1	ANILA	31-01-1998	KER	60	79.40	100.0	112.5	125.0	125.0 [1]	42.5	50.0	55.0	55.0 [1]	110.0	120.0	~~130.0~~	120.0 [1]	300.0	12
2	A.KARTHIKA	05-12-1998	TN	58	77.90	85.0	95.0	~~105.0~~	95.0 [2]	25.0	27.5	30.0	30.0 [2]	80.0	95.0	~~105.0~~	95.0 [2]	220.0	9
3	A.KAVYA	04-03-2001	AP	59	80.30	55.0	62.5	~~70.0~~	62.5 [3]	25.0	30.0	~~32.5~~	30.0 [3]	60.0	72.5	80.0	80.0 [3]	172.5	8
84+Kg - Junior																			
1	PRATHEEKSHA	11-09-1998	KAR	61	104.00	160.0	170.0	~~175.0~~	170.0 [1]	85.0	~~90.0~~	90.0	90.0 [1]	~~130.0~~	130.0	135.0	135.0 [3]	395.0	12
2	V.MENAKA	18-04-2000	TN	62	85.70	165.0	~~180.0~~	~~180.0~~	165.0 [2]	60.0	75.0	80.0	80.0 [2]	120.0	130.0	135.0	135.0 [2]	380.0	9
3	S.MEHARAJ	18-11-1998	TN	63	93.80	165.0	~~177.5~~	~~177.5~~	165.0 [3]	65.0	67.5	~~70.0~~	67.5 [3]	~~145.0~~	145.0	~~150.0~~	145.0 [1]	377.5	8
4	I.NARMADHA	19-01-2001	PUD	65	106.80	95.0	105.0	~~110.0~~	105.0 [4]	45.0	50.0	~~55.0~~	50.0 [4]	100.0	110.0	~~115.0~~	110.0 [5]	265.0	7
5	V.PAVITHRA	31-12-2001	PUD	64	89.50	75.0	85.0	95.0	95.0 [5]	30.0	35.0	40.0	40.0 [5]	100.0	110.0	117.5	117.5 [4]	252.5	6