

Powerlifting India
North India Women's Powerlifting Championship 2019-20
Bhiwani, Haryana - 10-01-2020 to 12-01-2020
Detailed Results

Place	Name	DOB	Team	Lot	Bd. Wt.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points
47kg - Open																			
1	SANTOSH	02-01-1997	HAR	16	46.80	50.0	55.0	55.0	50.0 [1]	27.5	30.0	30.0	30.0 [1]	70.0	80.0	80.0	70.0 [1]	150.0	12
52kg - Open																			
1	HIMANSHI	14-01-1998	DEL	17	52.00	110.0	117.5	425.0	117.5 [1]	65.0	72.5	77.5	72.5 [1]	115.0	422.5	422.5	115.0 [1]	305.0	12
2	AMITA	26-04-1986	JK	18	52.00	70.0	80.0	80.0	80.0 [2]	50.0	55.0	57.5	57.5 [2]	75.0	90.0	97.5	97.5 [2]	235.0	9
57kg - Open																			
1	MAMTA	24-04-2001	HAR	19	57.00	150.0	470.0	470.0	150.0 [1]	60.0	67.5	70.0	67.5 [2]	152.5	460.0	165.0	165.0 [2]	382.5	12
2	RIYA	22-02-1999	UP	20	55.00	130.0	140.0	450.0	140.0 [2]	65.0	70.0	72.5	70.0 [1]	460.0	160.0	170.0	170.0 [1]	380.0	9
3	SUMAN	15-11-1995	JK	21	57.00	30.0	35.0	50.0	35.0 [3]	25.0	30.0	32.5	30.0 [3]	50.0	60.0	70.0	70.0 [3]	135.0	8
63kg - Open																			
1	MANJU	27-12-1990	HAR	22	61.20	170.0	480.0	X	170.0 [1]	85.0	90.0	90.0	90.0 [1]	170.0	475.0	475.0	170.0 [1]	430.0	12
2	JASVINDER	07-06-1997	UTK	23	62.80	150.0	460.0	165.0	165.0 [2]	70.0	75.0	82.5	82.5 [2]	150.0	165.0	485.0	165.0 [2]	412.5	9
72kg - Open																			
1	SANTHOSH	02-08-1995	UTK	24	66.70	420.0	420.0	130.0	130.0 [1]	50.0	57.5	65.0	65.0 [1]	130.0	140.0	450.0	140.0 [1]	335.0	12
2	MANISHA	31-07-2003	HAR	25	63.30	70.0	75.0	80.0	80.0 [2]	30.0	35.0	40.0	40.0 [2]	90.0	100.0	110.0	110.0 [2]	230.0	9
84+Kg - Open																			
1	YOGESH	01-02-1980	HAR	26	93.00	200.0	240.0	240.0	200.0 [1]	90.0	400.0	100.0	100.0 [1]	190.0	205.0	210.0	210.0 [1]	510.0	12
2	ASHA	13-01-2004	HAR	27	84.20	120.0	430.0	430.0	120.0 [2]	45.0	50.0	55.0	50.0 [2]	120.0	140.0	145.0	145.0 [2]	315.0	9
43kg - Junior																			
1	KAJALCHIB	10-07-1998	JK	1	41.90	25.0	30.0	X	30.0 [1]	25.0	30.0	35.0	35.0 [1]	45.0	50.0	X	50.0 [1]	115.0	12
47kg - Junior																			
1	SIMRAN	15-11-2001	PUN	2	47.00	50.0	60.0	75.0	60.0 [1]	30.0	30.0	30.0	30.0 [2]	80.0	92.5	92.5	92.5 [1]	182.5	12
2	SANTHOSH	02-01-1997	HAR	3	46.80	50.0	55.0	55.0	50.0 [2]	27.5	30.0	30.0	30.0 [1]	70.0	80.0	80.0	70.0 [2]	150.0	9
52kg - Junior																			
1	HIMANSHI	14-01-1998	DEL	4	52.00	110.0	117.5	425.0	117.5 [2]	65.0	72.5	77.5	72.5 [1]	115.0	422.5	422.5	115.0 [2]	305.0	12
2	PALAK	30-07-1998	PUN	5	51.00	102.5	112.5	122.5	122.5 [1]	47.5	55.0	55.0	47.5 [2]	105.0	115.0	437.5	115.0 [1]	285.0	9
3	YUTHIKA	28-02-2005	DEL	6	48.00	55.0	55.0	65.0	65.0 [3]	25.0	30.0	30.0	25.0 [3]	90.0	95.0	97.5	95.0 [3]	185.0	8
57kg - Junior																			
1	MAMTA	24-04-2001	HAR	8	57.00	150.0	470.0	470.0	150.0 [1]	60.0	67.5	70.0	67.5 [2]	152.5	460.0	165.0	165.0 [2]	382.5	12
2	RIYA	22-02-1999	UP	9	55.00	130.0	140.0	450.0	140.0 [2]	65.0	70.0	72.5	70.0 [1]	460.0	160.0	170.0	170.0 [1]	380.0	9
63kg - Junior																			
1	MANJU	27-12-1990	HAR	10	61.20	170.0	480.0	X	170.0 [1]	85.0	90.0	90.0	90.0 [1]	170.0	475.0	475.0	170.0 [1]	430.0	12
2	JASVINDER	07-06-1997	UTK	11	62.80	150.0	460.0	165.0	165.0 [2]	70.0	75.0	82.5	82.5 [2]	150.0	165.0	485.0	165.0 [2]	412.5	9

Place	Name	DOB	Team	Lot	Bd. Wt.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points
72kg - Junior																			
1	MANISHA	31-07-2003	HAR	12	63.30	70.0	75.0	80.0	80.0 [1]	30.0	35.0	40.0	40.0 [1]	90.0	100.0	110.0	110.0 [1]	230.0	12
84kg - Junior																			
1	PREETI	01-04-1998	HAR	13	84.00	160.0	175.0	185.0	185.0 [2]	50.0	65.0	65.0	65.0 [2]	175.0	187.5	195.0	195.0 [1]	445.0	12
2	SHOVITA	29-08-1997	DEL	14	81.00	190.0	197.5	205.0	190.0 [1]	80.0	90.0	97.5	97.5 [1]	142.5	147.5	157.5	147.5 [2]	435.0	9
84+Kg - Junior																			
1	ASHA	13-01-2004	HAR	15	84.20	120.0	130.0	130.0	120.0 [1]	45.0	50.0	55.0	50.0 [1]	120.0	140.0	145.0	145.0 [1]	315.0	12