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F4/4860/PI/2024

03/10/2025

The Secretary

_____ Powerlifting Association

Dear Sir,

34th National Sub Junior, Junior, Senior & Masters
(Men & Women) Classic & Equipped Bench Press Championships
from 07th to 11th January 2026 @ Haryana.

It is a matter of pleasure to inform all concerned that the Powerlifting Association Haryana has been conferred with the proud onus of hosting the above national championship as under:

Venue : Aggarwal College. Ballabgarh, Faridabad, Haryana.

Date : 07– 11 January 2026.

Distance from Delhi International Air Port : 53 Km

Distance from Delhi Railway Station : 30 Km

Distance from Faridabad Railway Station : 7 Km

The organizers have assured food for all, but accommodation is restricted to International Referees, National Referees, other Officials and Powerlifting India Officials.

However the organizers will be of help to the visiting teams for finding hotels with reasonable room rent. Plenty of hotels of all range are available in and around the venue.

Preliminary Entry date : 07/12/2025

Final Entry date : 22/12/2025

The following are the contact persons for the championship :

Mr. Gopal Krishnan, Mob : **9466310788**

Ms. Rajani Rathi, Mob : **7217773089**

All stake holders may be kept informed accordingly.
More details will follow soon.

Thanking you,

Yours faithfully,



P. J. Joseph (Arjuna)
Secretary General

