

F4/4853/PI/204

01/10/2025

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The Secretary

_____ Powerlifting Association

Dear Sir,

Federation Cup (Men & Women)
Classic & Equipped Powerlifting Championships
to be held @ Himachal Pradesh from 02nd to 06th November 2025.

Glad to inform all Stake holders that the Federation Cup Powerlifting Championship 2025 is at the door-step with certain changes.

From this year onwards, the Federation Cup Powerlifting Championships will be held under two formats viz, both in Classic & Equipped formats. Other details are as under:

Hosts : Himachal Pradesh Powerlifting Association.

Venue : Govt. Senior Secondary School, Rait, Himachal Pradesh.

Nearest Railway Station : Pathankot Railway Station. 68 Km away from the venue.

Nearest Airport : Dharmashala, 7 Km away from the venue.
Buses are also available from Pathankot to the venue.

Eligibility Conditions:

1. Competitors shall be holders of 1st, 2nd or 3rd places of immediately previous National Classic Sub Junior, Junior, Open or Masters Championships.
2. Competitors shall be holders of 1st, 2nd or 3rd places of immediately previous National Equipped Sub Junior, Junior, Open or Masters Championships.

3. An extra Powerlifter with medal winning best performance but not with medals of previous Classic & Equipped Championships can also be included from all age groups in the Equipped & Classic teams.
4. There shall not be more one competitor in one Age category from a state.
5. Dope Testing by NADA/IPF will be compulsory for all as decided by NADA/IPF.
6. The Organizers will be providing food and school accommodation for the competitors in the venue itself. Besides, hotel rooms are available nearby itself, but payment shall be made by occupants.

Nominated Referees will get food and hotel accommodation arranged by organizers.

7. Competition schedule will be as follows-

Date : 2025 November 2nd to November 6th

Technical Committee : 08.00 AM on 2nd November 2025

Preliminary Entry date : 18/10/2025

Final Entry date : 25/10/2025

8. The following are the contact persons for the championship:

Sh. Kewal Singh Pathania

President, Himachal Pradesh Powerlifting Association

Mob : 9418034500

Sh. Ajith Singh

Secretary, Himachal Pradesh Powerlifting Association

Mob : 9418314108

With thanks and regards,



P.J. Joseph (Arjuna)
Secretary General

