



POWERLIFTING INDIA

Affiliated to : International Powerlifting Federation
Affiliated to : Asian Powerlifting Federation
Affiliated to : Commonwealth Powerlifting Federation

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05/10/2024

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The Secretary

_____ Powerlifting Association

Dear Sir,

Federation Cup (Men & Women)
Equipped Powerlifting Championship to be held @ New Delhi
from 16th to 19th December 2024.

It's a matter of pleasure to inform you that Federation Cup Powerlifting Championship for the current year will be held in **Multi Purpose Hall at Karnali Singh Stadium, New Delhi Railway Station, Railway Colony, Paharganj, New Delhi – 110055 during 16 – 19 December 2024** under the joint auspices of the Ad-Hoc Committee of Powerlifting Sports Association Delhi and Powerlifting India.

The eligibility for participation for competitors being the medal winning performance in the immediately previous National Equipped Powerlifting Championship in Sub Junior, Junior, Senior & Masters and one more medal prospects may also be included in a team despite being no medal winner in the reckoned championship.

The Indian equipped team for the ensuing Asian Equipped & Classic Powerlifting Championship for the Sub Junior & Junior age categories will be selected from this Federation Cup Championship. Hence, those who are desirous of getting selected shall unfailingly attend this Federation Cup Championship. Age norms will be as under :

- a. Sub Junior – 12 to 18 Years (2007 to 2013)
- b. Junior – 19 to 23 years (2002 to 2006)

As you know, this Federation Cup Powerlifting Championship holds importance for many reasons and as such all previous medal winners are expected to participate. The Preliminary and final entry dates are as under.

Preliminary Entry date : 25/11/2024

Final Entry date : 05/12/2024

Organizers have promised food for all, but accommodation is restricted to officials only.

Since selection of Indian team is scheduled, Dope Test by NADA will be mandatory for all.

For any assistance, you may contact

Mr. Puran Singh
Chairman, Ad-Hoc Committee
Powerlifting Sports Association Delhi
Mob : 9818810767, 8851755213

Soliciting the co-operation of all.

Thanking you,

Yours sincerely,



P.J. Joseph (Arjuna)
Secretary General

