

**West India Sub Junior, Junior & Senior (Men&Women)**

**Classic Powerlifting Championship 2024**

**From 02-04 August 2024 Sanwaliya Ji VishrantiGrah , Kila Road, Chittorgarh , Rajasthan**

**PROVISIONAL PROGRAMME**

<b>01/08/2024(Friday)</b>				
<b>Reporting</b>		<b>06.00 PM</b>		
<b>02/08/2024 (Friday)</b>				
<b>Technical Committee</b>		<b>10.00 AM</b>		
Weigh in	10.30 am	53 &59 Kg	<b>Men</b>	
<b>Opening Ceremony</b>		<b>11.00 AM</b>		
		<b>PLAT FORM 1</b>	<b>PLAT FORM 2</b>	
Competition	12.30 pm	53 Kg	59 Kg	All Age Group
Weigh in	01.30 pm	66&74 Kg	<b>Men</b>	
Competition	03.30 pm	66 Kg	74 Kg	All Age Group
<b>03/08/2024 (Saturday)</b>				
Weigh in	07.00 am	43,47&52 Kg	<b>Women</b>	
Competition	09.00 am	43&47 Kg	52 Kg	All Age Group
Weigh in	10.00 am	83&93 Kg	<b>Men</b>	
Competition	12.00 noon	83 Kg	93 Kg	All Age Group
Weigh in	02.00 pm	57,63&69 Kg	<b>Women</b>	
Competition	04.00pm	57,63&69 Kg Open	57,63&69 Kg Sub Junior& Junior	All Age Group
<b>04/08/2024 (Sunday)</b>				
Weigh in	07.00 am	105,120,120+ Kg	<b>Men</b>	
Competition	09.00 am	105 Kg	120 &120+ Kg	All Age Group
Weigh in	10.00 am	76,84,84+ Kg	<b>Women</b>	
Competition	12.00 Noon	76 Kg	84 &84+ Kg	All Age Group
<b>Closing Ceremony</b>		<b>04.00 pm</b>		

Programme subject to change at the discretion of the Organizers.



P.J. Joseph (Arjuna)  
Secretary General