

F4 /691/ PI/2022

05/07/2023

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Sri. PRAKASH MEHTA
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Sri. S. KOTESHWAR RAO (S)
Sri. C. SWAIN (E)
Sri. SACHIN MATHANE (W)

Dear All,

West India Sub Junior, Junior & Senior (Men & Women)
Classic Powerlifting Championship 2023
from 27 - 29 September 2023 @ Goa

Goa Super Bodies Powerlifting Association is hosting the said championship at Ponda Sports Complex, Sports Authority of Goa, North Goa (Nearest Railway Station Margon Jn.) from 27 to 29 September 2023.

At the request of various state associations we are liberalizing the rules for number of participants from states. Accordingly, as a special case, we are permitting all interested Powerlifters to represent their states irrespective of the maximum permissible limit for number of participants in a team from a state.

The following shall be the different age categories for competitions.

- Sub Junior – 12 to 18 Years, 2005 to 2011
- Junior – 19 to 23 years, 2000 to 2004

The entries shall be uploaded online as follows:

- Preliminary – On or before 01.09.2023**
Final – On or before 13.09.2023
Entry fee – @ Rs. 800/- per competitor

The contact address are given below:

Meet Director : Sri. K. Prasad Babu Naik
Mob : 9823029684

Zonal Secretary : Sri. Sachin Mathane

Thanking You,

Yours faithfully,



P.J. Joseph (Arjuna)
Secretary General

